Learning to Pray Together: A 7-Day Journey with Children



Explore how to nurture faith and prayer with children through Scripture, devotionals, and reflections for families and leaders.





Table of contents

<u>Introduction</u>	3
Day 1: A Embracing Children in Prayer	4
Day 2: Speaking Heartfelt Prayers	10
Day 3: P Listening with Open Hearts	16
Day 4: Praying with Joy and Thanksgiving	22
Day 5: Praying for Others Together	28
Day 6: X Praying for God's Guidance	34
Day 7: Praying Blessings and Protection	40







Introduction

Welcome to this 7-day Bible study plan focused on Children and learning to pray together. Prayer is a vital part of nurturing faith, and when we engage children in prayer, we invite them into a lifelong conversation with God. From the earliest moments, children can experience the power of prayer—expressing gratitude, asking for help, and listening for God's guidance.

Throughout these seven days, we will explore Scripture that highlights God's care for children, examples of prayer within families and communities, and practical ways to pray together. Whether you're a parent, grandparent, teacher, or mentor, this study aims to equip and inspire you to cultivate a prayerful atmosphere where children learn to approach God confidently and joyfully.

Prayer is not just about asking for things; it is about relationship. Together, through these reflections and prompts, you'll see how inviting children into prayer nurtures their spiritual growth while strengthening bonds. Remember, Jesus Himself welcomed children and encouraged His followers to do the same (Mark 10:14). What a beautiful invitation we have to lead the next generation into God's presence!

As you journey through these studies, open your heart and mind to the gentle wisdom in God's Word and the simple faith of a child. Let's grow together in learning to pray with children, fostering trust, gratitude, and praise in your home or ministry.

















Your Verse

Mark 10:13-16 NIV "Let the little children come to me..."

Supporting Scriptures

- Matthew 18:3 "...unless you change and become like little children, you will never enter the kingdom of heaven."
- Psalm 127:3 "Children are a heritage from the LORD, offspring a reward from him."







Devotional: Welcoming Children into God's Prayerful Presence

Jesus' invitation to children: In Mark 10:13–16, Jesus warmly welcomes children and highlights their special place in the kingdom of God. Too often, children might be overlooked or thought of as not yet ready for spiritual things. Yet, Jesus models how children's faith and innocence are beautiful and essential in the way we relate to God.

When praying with children, their simple honesty and trust inspire us. This passage reminds us that prayer is accessible to all ages. Children can approach God with openness, and as adults leading prayer, we are called to create space for their voices and expressions. This day invites you to embrace children's prayer as treasured, never to be rushed or dismissed.

Consider the attitude Jesus commends—a humble, trusting heart. When we pray together, we are nurturing this spirit. This mindset lays the groundwork for cultivating a prayerful life that treasures dependence on God and celebrates His love. When we learn to pray with children, we embrace a beautiful connection to God's kingdom unfolding through future generations.







Reflect and Apply

1.	How do you currently include children in your prayer life?
	What can you learn from children's simple faith that might deepen your own prayers?
	In what ways can you better create space for children to express themselves in prayer?







Journaling Prompts

1.	Write about a time when a child's prayer surprised or encouraged you.
2.	List three qualities in children's faith that you want to cultivate in yourself
	Describe how you plan to invite children into prayer in your home or ministry.







Prayer for Today

Lord, thank You for the gift of children and their precious place in Your kingdom. Help me to welcome them as Jesus did, with open arms and a loving heart. Teach me to be patient and attentive when praying together, valuing their simple, honest prayers. May our time of prayer build trust and joy in You. Fill us with Your Spirit as we grow in faith side by side. *In Jesus' name, Amen.*

















Your Verse

Philippians 4:6 NIV "Do not be anxious about anything, but in every situation... present your requests to God."

Supporting Scriptures

- 1 Thessalonians 5:17 "Pray continually."
- Matthew 6:9-13 The Lord's Prayer as a model for speaking to God.







Devotional: Teaching Children to Speak Honest Prayers

Prayer invites honest conversation. Philippians 4:6 encourages us not to be anxious but to bring every concern, big or small, to God. This openness is something children model naturally—sharing joys, fears, needs without hesitation.

When children pray, their words may be simple or even repeated, but the heart behind their prayers matters deeply. Teaching children how to express their feelings honestly before God builds their confidence and relationship with Him.

As we pray together, we can model this heartfelt communication. Use simple words, be genuine, and encourage children to share what's on their hearts. The Lord's Prayer (Matthew 6:9-13) offers a beautiful pattern that can help guide prayers with children: praising God, acknowledging His will, asking for daily needs, forgiveness, and protection.

By fostering an environment where children say what they truly feel, we help them understand that God delights in sincere prayer. This day invites you to practice speaking heartfelt prayers with children, growing trust through honest words spoken to the Father.







Reflect and Apply

How comfortable are you with sharing your honest feelings in prayer?
What are some simple ways to encourage children to pray openly?
How can the Lord's Prayer serve as a guide to praying with children?







Journaling Prompts

1.	Write a heartfelt prayer you would like to share with a child.
	Describe a prayer experience that taught you the value of honesty with God.
3.	Plan a time this week to pray the Lord's Prayer with children.







Prayer for Today

Father, thank You for inviting us to talk to You honestly and openly. Help me to teach children how to pray with sincere hearts, bringing every feeling and need to You without fear. May our prayers be filled with trust and love, reflecting the heart of a child. Guide our words today as we speak together and grow in faith. *In Jesus' name, Amen.* P

















Your Verse

James 1:19 NIV "Everyone should be quick to listen, slow to speak and slow to become angry."

Supporting Scriptures

- Psalm 46:10 "Be still, and know that I am God."
- John 10:27 "My sheep listen to my voice..."







Devotional: Cultivating Listening Hearts in Prayer

Prayer is a two-way conversation: talking and listening. James 1:19 reminds us to be quick to listen—a practice vital in prayer, especially with children. Listening carefully encourages children to feel heard and valued, deepening their connection with God and with us.

In our busy lives, stillness is often rare. Teaching children to pause, be quiet, and listen for God's voice builds spiritual awareness and sensitivity. Psalm 46:10 calls us to "be still" before the Lord, a discipline we can nurture together.

Jesus promises that His followers hear His voice (John 10:27), and this ability grows as we practice listening in prayer. When praying with children, pause after praying aloud to invite them to listen and share any thoughts or feelings they receive.

This day challenges you to slow down and make prayer a shared space of quiet attentiveness—a sacred moment to hear God's guidance and the Holy Spirit's gentle promptings. Through listening, children learn to trust God's presence in all circumstances.







Reflect and Apply

1.	How often do you pause to listen during your prayer time?
2.	What challenges arise when teaching children to be still in prayer?
3.	How can listening in prayer deepen your relationship with God and children?







Journaling Prompts

1.	Recall a time when you sensed God's voice during a quiet moment.
2.	List ways you can help children learn to listen in prayer.
	Describe how you will encourage stillness and attentiveness in your prayers together.







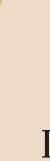
Prayer for Today

Lord, teach us to be quick to listen and slow to speak. Help us to create moments of quiet where we can hear Your voice clearly. Instill in us and the children we shepherd a hunger to listen and obey Your guidance. May our hearts be open to receive Your peace and wisdom during our prayer times. *In Jesus' name, Amen.* ① P 😂 🙏

















Your Verse

1 Thessalonians 5:16–18 NIV "Rejoice always, pray continually, give thanks in all circumstances..."

Supporting Scriptures

- Psalm 100:4 "Enter his gates with thanksgiving and his courts with praise."
- Colossians 3:17 "...do everything in the name of the Lord Jesus, giving thanks to God the Father through him."







Devotional: Cultivating Joyful, Thankful Prayer Habits

Joy and gratitude are powerful elements in prayer. The Apostle Paul encourages believers to rejoice always and give thanks in every circumstance. Children naturally delight in celebrating good things, which makes thanksgiving a wonderful way to engage them in prayer.

Praying with joy helps children develop a positive, trusting relationship with God. When we express thanks for blessings, even small ones, it opens our eyes to God's constant presence and faithfulness. Psalm 100 invites us to approach God with joyful praise and thanksgiving.

As you pray together today, invite children to name things they are grateful for —family, friendships, nature, and God's love. Together, make thanksgiving a natural and regular part of your prayers. This nurtures faith that persists through challenges, anchored in God's goodness.

Let the gratitude expressed by children encourage you, reminding you to find joy in every prayer.







Reflect and Apply

1.	How does gratitude influence your prayer life?
2.	What are some joyful thanksgiving practices you can share with children?
3.	How can regular prayers of thanks shape children's view of God?







Journaling Prompts

1.	Write three things you are thankful for right now.
2.	Describe a joyful prayer time you shared with children or family.
3.	Plan a simple thanksgiving activity to include in your next prayer time.







Prayer for Today

Thank You, God, for Your endless blessings and love. Teach us to rejoice always and give thanks with joyful hearts. Help us to see Your grace in every day and to pray continually with praise. May our prayers with children overflow with happiness and gratitude, magnifying Your goodness. *In Jesus' name, Amen.*

















Your Verse

Galatians 6:2 NIV "Carry each other's burdens, and in this way, you will fulfill the law of Christ."

Supporting Scriptures

- Ephesians 6:18 "Pray in the Spirit on all occasions with all kinds of prayers and requests."
- James 5:16 "The prayer of a righteous person is powerful and effective."







Devotional: Teaching Compassion Through Prayer for Others

Prayer for others teaches empathy and compassion. Galatians 6:2 encourages believers to carry one another's burdens through prayer, fulfilling Christ's law of love. Inviting children to pray for friends, family, or those in need helps them develop a heart of care and intercession.

Praying together for others creates unity and strengthens community. Children learn to see beyond themselves and understand God's heart for the hurting and vulnerable. Ephesians 6:18 encourages us to pray in all kinds of ways; prayers for others are a vital expression of faith.

As you pray with children today, encourage them to think about people who need God's help—whether sick, lonely, or facing challenges—and bring these requests before God. Remind them that their prayers are powerful and make a difference (James 5:16).

This day invites you to strengthen bonds and faith by praying as a team for others, modeling Christ's love and mercy in your prayers.







Reflect and Apply

1.	How do you currently pray for others with children?
2.	What can children learn from interceding for friends or family?
3.	How might praying for others build community and faith?







Journaling Prompts

1.	List three people or groups you want to pray for with children.
2.	Write about a time someone's prayer made an impact on you.
3.	Plan a simple group prayer activity focused on intercession.







Prayer for Today

Lord, open our hearts to care for others as You do. Help us teach children to carry each other's burdens in prayer, showing Your love through intercession. May our prayers be powerful, uniting us in compassion and faith. Let us remember that praying together strengthens and encourages. *In Jesus' name, Amen.* 😂 🗨 🔾

















Day 6: K Praying for God's Guidance

Your Verse

Proverbs 3:5-6 NIV "Trust in the LORD with all your heart and lean not on your own understanding..."

Supporting Scriptures

- Psalm 32:8 "I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you."
- Isaiah 30:21 "Whether you turn to the right or to the left, your ears will hear a voice behind you..."







Day 6: K Praying for God's Guidance

Devotional: Encouraging Prayer for God's Direction

Seeking God's guidance is an essential aspect of prayer. Proverbs 3:5-6 calls us to trust God fully and rely not on our own understanding but acknowledge Him in every decision. Teaching children to pray for guidance helps them develop wisdom and depend on God's direction.

Children face choices daily—small and big—and prayer equips them to seek God's counsel. Scriptures like Psalm 32:8 and Isaiah 30:21 reassure believers that God actively leads and instructs His people. Praying for guidance with children nurtures their faith in God's care and wisdom.

Today, focus on praying with children about decisions, asking God for clarity and peace. Encourage them to listen for God's voice and trust His leading even when the path may not be clear. This will grow their confidence to follow God throughout life.







Day 6: 🎇 Praying for God's Guidance

Reflect and Apply

1.	How do you seek God's guidance in your life?
2.	What are some ways children can learn to pray for wisdom and direction?
3.	How can trusting God's guidance impact your family or ministry?







Day 6: 🎇 Praying for God's Guidance

Journaling Prompts

1.	Write down an area where you want God's guidance now.
2.	Describe a moment when trusting God's plan positively affected your life.
3.	Plan how you will pray for and discuss guidance with children.







Day 6: K Praying for God's Guidance

Prayer for Today

















Your Verse

Numbers 6:24–26 NIV "The LORD bless you and keep you; the LORD make his face shine on you..."

Supporting Scriptures

- Psalm 91:11 "For he will command his angels concerning you to guard you in all your ways."
- Ephesians 3:20-21 "Now to him who is able to do immeasurably more..."







Devotional: Invoking God's Blessings and Protection

Prayer is a means to ask for God's blessings and protection. The priestly blessing in Numbers 6:24–26 is a beautiful example of invoking God's favor, safety, and peace. Teaching children to pray for blessing encourages faith in God's loving care over their lives.

Protection involves trusting God's power above all difficulties. Psalm 91 reminds us of God's promise to guard His people, reassuring children that they are safe in His hands. Ephesians 3:20–21 celebrates God's ability to do far beyond what we ask or imagine.

As you conclude this study, pray blessings over the children and families you serve. Let children speak blessing prayers over themselves, others, and their day. This instills a supernatural confidence rooted in God's presence and power.

Allow this final day to be a joyful celebration of prayer's power to shield, empower, and bless future generations.







Reflect and Apply

1.	What does it mean to you to be blessed and protected by God?
	How can praying blessings over children impact their faith and confidence?
-	
	In what ways can you help children understand God's protective presence?
-	
-	







Journaling Prompts

1.	Write a blessing prayer you can share with children regularly.
2.	Reflect on a time you felt God's protection in your life.
3.	Plan a blessing ritual or prayer time to end your study or week.







Prayer for Today

Lord, we ask for Your abundant blessings and protection over our children and families. May Your face shine on them with grace and peace. Surround them with Your angels and empower them through Your Spirit to walk strong in faith. Thank You for Your immeasurable power at work in their lives. *In Jesus' name, Amen.*







Where God's Word Meets Your Daily Life



We pray this Bible Study has blessed you and drawn you closer to the heart of God. If you enjoyed this study, we'd love for you to join our growing HolyJot community online.



- 100k+ Bible Study Plans on every topic of life
- Access studies anytime on your phone, tablet, or computer
- Studies for individuals, families, small groups, and churches
- Secure online journaling or keep using print for privacy
- A place to grow your faith alongside believers worldwide

Bonus for You:

Download exclusive study bundles and resources when you create a <u>free HolyJot account</u>. No spam. No gimmicks. Just God's Word.

Visit Now:

- * www.HolyJot.com
- Scan this QR code to start your next Bible Study today:

We'd love to hear your story. Email us at info@holyjot.com.



Connect with us at:

<u>Facebook</u> • <u>Instagram</u> • <u>YouTube</u> • <u>TikTok</u>

You are welcome to share this PDF with others. ase keep it intact so the full study and credits remain.

© 2025 HolyJot LLC. All Rights Reserved.