



# Legacy of Faith: Leaving a Spiritual Will



Explore God's guidance for men in leaving a spiritual will, documenting convictions that impact family eternally.

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## Introduction

**Leaving a Spiritual Will** is more than just planning material inheritance—it is about passing down a legacy of faith, values, and convictions that shape generations. As men, we are called not only to lead but to leave behind a spiritual heritage that will nurture our families long after we are gone.

Documenting your deepest convictions for your loved ones provides clarity, encouragement, and direction that transcend time. It includes sharing what God has taught you through trials and victories, what character traits reflect Christ, and the faith principles you prize most. This is your spiritual will—a record of your heart.

Throughout this 7-day study, we will reflect on biblical examples of men who intentionally left spiritual legacies, learn how God’s Word encourages us to be men of integrity and faith, and discover practical ways to structure your spiritual will. By thoughtfully engaging with Scripture and prayer, you will be inspired to leave a lasting impact that blesses your family in profound ways.

Whether you are young, seasoned, or anywhere in between, this study invites men to embrace their God-given role as spiritual leaders and legacy builders.

 Let’s embark on this journey together and commit to faithfully documenting our spiritual inheritance, knowing that the greatest gift we can give our family is a rich legacy of faith and conviction rooted in Christ.





## Day 1: Remember Your Journey



Day 1: 🏔 Remember Your Journey

## Your Verse

*Psalms 78:4 – We will tell the next generation the praiseworthy deeds of the Lord, his power, and the wonders he has done.*

## Supporting Scriptures

- *Deuteronomy 6:6-7 – These commandments that I give you today are to be on your hearts. Impress them on your children.*
- *2 Timothy 1:5 – I am reminded of your sincere faith, which first lived in your grandmother Lois and in your mother Eunice.*



Day 1: 🏔️ Remember Your Journey

## Devotional: Honoring God by Sharing Your Journey

**Our spiritual journey is the foundation of the legacy we leave.** Psalm 78:4 reminds us of the importance of recounting God’s mighty works to the next generation. As men, our experiences with God—trials, victories, and moments of grace—are the stories that will shape and inspire our families.

*Document your faith journey*, remembering how God’s guidance has directed your steps. This helps your loved ones understand not only what you believe but why you believe it. These stories become the spiritual DNA you pass on.

Deuteronomy calls us to impress God’s commandments on our children’s hearts, making faith a vital and practical part of their lives. When you share your journey, you provide context and depth that set the stage for their own faith.

Consider the faith heritage Paul refers to in 2 Timothy—it’s more than theology; it’s a lived experience passed from generation to generation, often through women in the family, but also through men who lead by example.



Day 1: 🏔 Remember Your Journey

## Reflect and Apply

1. What significant moments in your spiritual journey best exemplify God's faithfulness?

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2. How can you clearly communicate the reasons behind your convictions to your family?

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3. In what ways has your faith shaped your approach to leadership and legacy?

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Day 1: 🏔️ Remember Your Journey

## Journaling Prompts

1. Write down three stories of God's faithfulness in your life.

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2. Describe how your spiritual journey influences your daily decisions.

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3. List values or lessons from your journey you want your family to remember.

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Day 1: 🏔️ Remember Your Journey

## Prayer for Today

Dear Lord, thank You for the path You have led me on. Help me to clearly see and remember Your faithfulness through every season. Give me wisdom and courage to share my story with honesty and love, so that my family may be rooted in Your truth. May my journey inspire and equip them to follow You wholeheartedly. *Guide my words and my heart* as I work to leave a meaningful spiritual legacy.

Amen. 🙏💡📖





## Day 2: Embrace Godly Character



## Your Verse

*Proverbs 20:7 – The righteous lead blameless lives; blessed are their children after them.*

## Supporting Scriptures

- *1 Corinthians 11:1 – Follow my example, as I follow the example of Christ.*
- *Galatians 5:22-23 – The fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness.*



## Devotional: Building a Legacy Through Godly Character

**Character shapes legacy more than possessions do.** Proverbs 20:7 teaches that the integrity of a righteous man blesses his children. When writing your spiritual will, emphasizing godly character communicates the kind of life you desire for your family to emulate.

Paul calls men to follow Christ's example and to become role models of faith and conduct. Your lifestyle, choices, and daily attitudes form the blueprint your family will follow.

The Fruit of the Spirit in Galatians exemplifies the qualities that reflect Christ's character. As you consider which traits you want to pass on, ask God to cultivate these qualities in you so they can naturally overflow to your family.

*Strive not for perfection but for authenticity and growth.* Document how you have pursued godliness, where you have struggled, and what victories remind you of God's grace. These honest reflections foster genuine growth for future generations.



## Reflect and Apply

1. Which aspects of your character do you want your family to know and reflect?

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2. How have challenges refined your character and faith?

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3. What examples from Scripture inspire your character goals for your legacy?

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## Journaling Prompts

1. Write about a time God shaped your character through difficulty.

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2. List the fruit of the Spirit you see most in your life and areas to grow.

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3. Describe how you want your family to remember your character.

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Day 2: 🛡️ Embrace Godly Character

## Prayer for Today

**Father God**, thank You for shaping my heart and character. Help me to lead a life that reflects Your love and holiness so that my legacy isn't just words but a living example. Grow in me the fruit of Your Spirit that I might bless my family with godliness and grace. May my honesty about struggles and victories encourage them to trust You more.

Amen. 🛡️ 🌿 ❤️





## Day 3: Share Your Faith Convictions





Day 3:  Share Your Faith Convictions

## Your Verse

*Joshua 24:15 – But as for me and my household, we will serve the Lord.*

## Supporting Scriptures

- *Titus 2:6-8 – In everything set them an example by doing what is good.*
- *Psalms 119:105 – Your word is a lamp to my feet and a light to my path.*



## Devotional: Defining and Declaring Your Faith

**Faith convictions are the foundation of your spiritual will.** Joshua's declaration in Joshua 24:15 serves as a powerful statement of intentional commitment. Defining clearly what you believe as a family prepares them for challenges ahead.

Paul instructs in Titus that faithfulness extends beyond words—it is lived out visibly. Your convictions must be coupled with example. Scripture, like Psalm 119, provides the light guiding those convictions.

Consider what core truths you want to be unmistakable in your spiritual will—beliefs about God, Christ, salvation, prayer, and godly living. Write these down with clarity and passion. This creates a firm anchor for your family when they face doubts or hardships.

*Be specific and personal.* Explain why these convictions are vital, perhaps referencing your own experiences and Scripture that has been especially meaningful along your journey.



## Reflect and Apply

1. What key faith convictions have shaped your life and family?

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2. How can you ensure your convictions are clearly understood by your loved ones?

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3. What Scriptures have been especially formative in your beliefs?

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# Journaling Prompts

1. Write your personal declaration of faith like Joshua's.

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2. List Scripture verses that underpin your main convictions.

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3. Reflect on how living out your faith convictions has impacted your family.

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Day 3: 📖 Share Your Faith Convictions

## Prayer for Today

**Lord Jesus**, thank You for the gift of faith and for guiding me in Your truth. Help me to clearly articulate the convictions that Anchor my life and family. Give me boldness to declare these with clarity and courage, so that those I love will stand firm in You as I do. May Your Word continue to be a lamp guiding their path.

Amen. 📖 🙏 💡





## Day 4: 🔥 Pass On Spiritual Disciplines



Day 4: 🔥 Pass On Spiritual Disciplines

## Your Verse

*1 Timothy 4:7-8 - Train yourself to be godly. For physical training is of some value, but godliness has value for all things.*

## Supporting Scriptures

- *Psalm 1:2-3 - But whose delight is in the law of the Lord, and who meditates on his law day and night.*
- *Hebrews 10:24-25 - Let us consider how we may spur one another on toward love and good deeds.*



## Day 4: 🔥 Pass On Spiritual Disciplines

## Devotional: Equipping Others with Godly Habits

**Spiritual disciplines cultivate a deep and lasting faith.** Paul's advice to Timothy reminds us that godliness requires training and intentional effort, much like physical exercise.

In Psalm 1, delighting and meditating on God's law is portrayed as the source of spiritual vitality and fruitfulness. Teaching your family these disciplines—prayer, Bible study, fellowship—ensures they have tools to grow and persevere.

Hebrews encourages community as a vital part of faith growth. Spiritual disciplines are often passed on best in the context of loving relationships and shared encouragement.

*When you document your spiritual will, include not just beliefs but practical habits* that nurture faith daily. Share how these disciplines have strengthened your walk and offer encouragement to adopt them.





Day 4: 🔥 Pass On Spiritual Disciplines

## Reflect and Apply

1. Which spiritual disciplines have profoundly shaped your relationship with God?

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2. How do you currently encourage others to grow in spiritual habits?

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3. What practical advice would you give your family to build their spiritual lives?

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Day 4: 🔥 Pass On Spiritual Disciplines

# Journaling Prompts

1. List your top three spiritual disciplines and how they impact you.

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2. Describe ways you can teach or model these disciplines for your family.

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3. Write a letter encouraging a family member to grow spiritually.

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Day 4: 🔥 Pass On Spiritual Disciplines

## Prayer for Today

**Heavenly Father**, thank You for the gift of spiritual disciplines that draw me closer to You. Help me to be disciplined and intentional in my walk, so I can lead my family by example. Teach me how to pass on these habits, that they may grow firm in faith and love, strengthened in their daily relationship with You.


Amen. 🔥📖🙏





## Day 5: Write Your Spiritual Will



Day 5:  Write Your Spiritual Will

## Your Verse

*Proverbs 13:22 – A good person leaves an inheritance for their children's children.*

## Supporting Scriptures

- *Ecclesiastes 7:1 – A good name is better than fine perfume, and the day of death better than the day of birth.*
- *2 Corinthians 9:7 – God loves a cheerful giver.*



Day 5:  Write Your Spiritual Will

## Devotional: Crafting Your Spiritual Legacy Document

**Writing your spiritual will is a tangible expression of your faithfulness.**

Proverbs 13:22 highlights the blessing of leaving an inheritance—not just material, but intangible treasures for generations.

Ecclesiastes reminds us that the legacy of reputation and faith often outlasts physical wealth. Your spiritual will documents this inheritance clearly.

2 Corinthians encourages giving generously and joyfully. Writing your spiritual will is an act of giving—sharing wisdom, faith, and love freely for the benefit of those who follow.

*Now is the time to prayerfully draft your spiritual will.* Include the stories, convictions, character lessons, and disciplines you want your family to embrace. Think of it as a sacred gift bridging time and eternity.



## Reflect and Apply

1. What key elements must be included in your spiritual will?

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2. How does the process of writing bring clarity to your legacy?

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3. What emotions or challenges arise as you prepare this document?

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## Journaling Prompts

1. Outline the core sections you want in your spiritual will.

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2. Write a draft of one paragraph expressing your faith convictions.

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3. Reflect on what this act of writing means for your family's future.

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Day 5:  Write Your Spiritual Will

## Prayer for Today

**Lord**, thank You for the opportunity to leave a lasting spiritual inheritance. Guide my thoughts and words as I write this document. Help me communicate with love, clarity, and passion the lessons and convictions You have planted in my heart. May this be a blessing that strengthens my family for generations.

Amen.   





## Day 6: Lead Your Family Spiritually



Day 6: 👨👩👧👦 Lead Your Family Spiritually

## Your Verse

*Ephesians 5:25-27 – Husbands, love your wives, just as Christ loved the church and gave himself up for her.*

## Supporting Scriptures

- *Joshua 1:9 – Be strong and courageous. Do not be frightened, and do not be dismayed, for the Lord your God is with you wherever you go.*
- *Colossians 3:21 – Fathers, do not embitter your children, or they will become discouraged.*



Day 6: 👨👩👧👦 Lead Your Family Spiritually

## Devotional: Modeling Christ's Love in Family Leadership

**Spiritual leadership within the family is a vital role for men.** Ephesians calls husbands to love selflessly and sacrificially, modeling Christ's love for the church. This love flows into leading spiritually with humility and care.

Joshua's encouragement to be strong and courageous applies to men leading their families—especially in faith. Rely on God's presence and strength as you navigate challenges.

Paul also cautions fathers to discipline with grace, ensuring children are encouraged, not discouraged. This balance fosters a nurturing spiritual environment.

*Lead your family with prayer, teaching, example, and love* while holding them close in God's grace. This leadership is a profound part of your spiritual will, demonstrating how you want your family to be cared for and grown.



## Reflect and Apply

1. How can you demonstrate sacrificial love in your family leadership?

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2. What challenges do you face in spiritual leadership, and how can God help?

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3. In what ways can you encourage your family to grow without discouragement?

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## Journaling Prompts

1. Describe how you currently lead your family spiritually and areas to improve.

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2. Write a prayer asking for wisdom and strength to lead well.

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3. List practical steps to deepen spiritual leadership at home.

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Day 6: 👨‍👩‍👧 Lead Your Family Spiritually

## Prayer for Today

**Gracious God**, thank You for calling me to lead my family with love like Christ. Fill me with courage and patience as I shepherd those You have entrusted to me. Help me balance firmness with grace so my family feels Your love through me. May my leadership point them to You each day.

Amen. 👨‍👩‍👧 ❤️ 🙏





## Day 7: Commit to Ongoing Legacy





Day 7: ☐ Commit to Ongoing Legacy

## Your Verse

*Psalm 145:4 – One generation commends your works to another; they tell of your mighty acts.*

## Supporting Scriptures

- *Hebrews 12:1 – Let us run with perseverance the race marked out for us.*
- *Philippians 1:6 – He who began a good work in you will carry it on to completion.*



Day 7: ☐ Commit to Ongoing Legacy

## Devotional: Persevering in Faith to Build Legacy

**Leaving a spiritual will is just the beginning of a continuing legacy.** Psalm 145 beautifully captures the call for each generation to share God's works and faithfulness with the next.

Hebrews encourages persevering in faith, understanding that legacy is developed over a lifetime, marked by ongoing commitment to grow and lead well.

Philippians reminds us that God who starts this good work in us is faithful to complete it. Trusting Him sustains your legacy, empowering your family and future generations to keep running the race.

*Commit today to walk forward in faith with perseverance and hope.* Your spiritual will is a sacred first step but your ongoing life and witness are equally important. Through prayer, action, and storytelling, you continue to build and inspire a godly heritage.



Day 7: ☐ Commit to Ongoing Legacy

## Reflect and Apply

1. How can you actively nurture the legacy you are creating every day?

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2. What challenges might try to hinder this ongoing commitment?

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3. How does trusting God help you persist in this journey?

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Day 7: ☐ Commit to Ongoing Legacy

## Journaling Prompts

1. Write about ways you plan to continue growing spiritually for legacy.

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2. Describe what perseverance looks like in your faith journey.

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3. List prayers or commitments to help sustain your legacy efforts.

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Day 7: ☐ Commit to Ongoing Legacy

## Prayer for Today

**Lord**, thank You for the legacy You are building through me. Help me to run this race with endurance, remaining faithful in sharing Your love and truth with my family. Strengthen me to trust Your work and to keep pressing forward, so generations to come may know Your mighty acts.

Amen.    





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