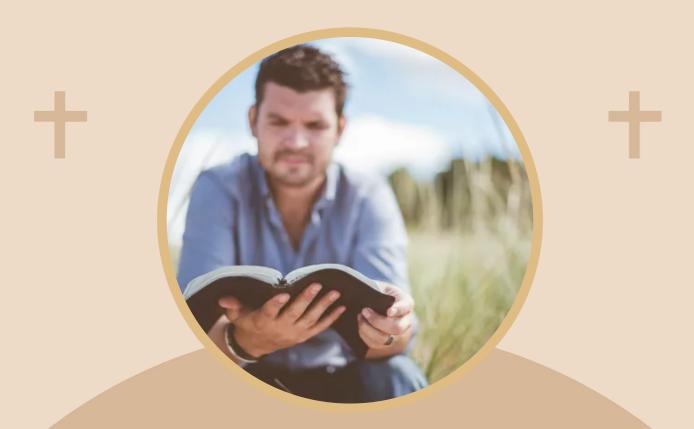
Listening with Compassion Like Jesus



Discover how to transform your relationships by learning to listen with the same compassionate heart Jesus showed in every interaction.





Table of contents

| Introduction | 3 |
|--|----|
| <u>Day 1: P Embracing the Art of Compassionate Listening</u> | 4 |
| Day 2: Seeing People Through Jesus' Eyes | 10 |
| Day 3: Speaking Words That Heal and Encourage | 16 |
| Day 4: Patience in Listening and Responding | 22 |
| Day 5: Bearing One Another's Burdens | 28 |
| Day 6: Forgiveness: The Heart of Compassionate Relationships | 34 |
| <u>Day 7: ₩ Reflecting Jesus in Every Relationship</u> | 40 |







Introduction

Welcome to this 7-day journey where we explore the powerful impact of listening with compassion in our relationships. *In a world filled with distractions and noise*, authentic listening becomes rare, yet it is one of the most profound ways to show love and care. Jesus, throughout His ministry, exemplified perfect compassion—not only speaking truth but also **listening deeply and empathetically** to those He encountered.

Listening with compassion means more than simply hearing words; it involves opening our hearts, suspending judgment, and seeking to understand the feelings and needs of others. As we study Scripture this week, you'll discover how Jesus modeled this in His conversations with children, the marginalized, His disciples, and even His adversaries.

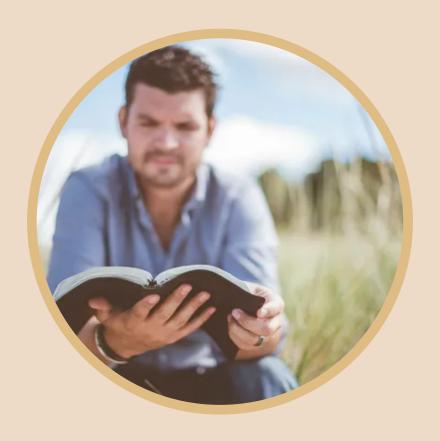
By embracing these truths and practicing them daily, you can deepen your connections, heal broken relationships, and serve as an authentic witness of God's love. Get ready to learn biblical principles and practical steps to become a compassionate listener, reflecting Christ's heart in every dialogue. Let's embark on this transformative journey together, allowing the Holy Spirit to soften our hearts and sharpen our listening skills.

















Your Verse

James 1:19 – "My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry."

Supporting Scriptures

- Proverbs 18:13 "To answer before listening— that is folly and shame."
- Psalm 34:18 "The Lord is close to the brokenhearted and saves those who are crushed in spirit."







Devotional: Quick to Listen, Slow to Speak and Anger

Listening with compassion starts with intention. James reminds us to be quick to listen and slow to speak, highlighting a fundamental part of healthy relationships. When we rush to respond or jump to conclusions, we may miss the deeper needs behind someone's words.

Jesus consistently exhibited this quality by truly hearing those around Him without haste or judgment. Compassionate listening creates a safe space where people can be vulnerable and feel understood. It requires patience, humility, and the willingness to put aside our own agenda to focus on others.

Consider how God's closeness to the brokenhearted encourages us to be present for people who are hurting. When we listen compassionately, we become bearers of His comfort and healing.







Reflect and Apply

| How often do you find yourself interrupting or preparing your response before fully hearing someone? |
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| In what ways can you create a safe space for others to share their true feelings? |
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| How does knowing God is close to the brokenhearted encourage you to listen with more compassion? |
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Journaling Prompts

| 1. | Describe a recent conversation where you listened well. What made it different? |
|----|---|
| 2. | Write about a time you wished someone had listened to you more attentively. |
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| 3. | List practical ways you can slow down and listen more in your daily interactions. |
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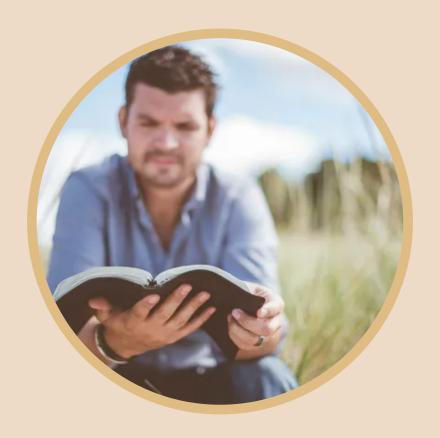
Prayer for Today

Lord Jesus, help me to become a compassionate listener. Teach me to be patient, to listen without interrupting, and to show the love You demonstrated in every conversation. *Open my heart to understand others deeply*, and guide my words so they bring healing and encouragement. May Your Spirit lead me to reflect Your grace in all my relationships. Amen. \heartsuit















Your Verse

Matthew 9:36 - "When he saw the crowds, he had compassion on them, because they were harassed and helpless, like sheep without a shepherd."

Supporting Scriptures

- Colossians 3:12 "Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience."
- Luke 6:31 "Do to others as you would have them do to you."







Devotional: Seeing Others with Compassionate Eyes

Compassion begins with perspective. Jesus' heart broke for the crowds because He saw their pain and need—not just their behavior or appearance. This compassionate vision enabled Him to meet them where they were.

We are called to adopt this perspective in our relationships. Seeing people through Jesus' eyes invites us to go beyond surface judgments and recognize the struggles and fears others carry. It opens our hearts to serve with kindness and humility, even when it's difficult.

Paul encourages us to 'clothe' ourselves in compassion. It is not a passive feeling but an active choice, shaping our thoughts and actions towards others. Responding to others as we desire to be treated fosters mutual respect and deepens relational bonds.







Reflect and Apply

| 1.] | How does seeing others' struggles change your response to them? |
|--------|---|
| - | |
| 2. | In what ways can you 'clothe' yourself with compassion daily? |
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| | Are there relationships where you need to rethink your perspective and respond with greater kindness? |
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Journaling Prompts

| 1. | Write about a person you find difficult to love. How might you see them through Jesus' eyes? |
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| 2. | Recall a moment when someone showed you unexpected kindness. How did it impact you? |
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| 3. | List practical ways to express compassion in your conversations this week. |
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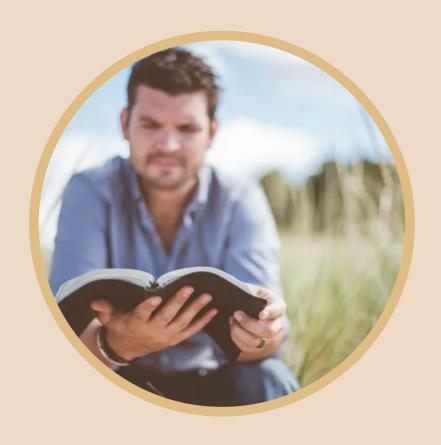
Prayer for Today

Heavenly Father, open my eyes to see others through Your compassionate gaze. Help me to recognize the hidden burdens people carry and to respond with genuine kindness and humility. May Your love shape my heart and my actions as I interact with those around me. Teach me to treat others as I want to be treated, reflecting Your grace in every relationship. Amen. ☒☒☒















Your Verse

Ephesians 4:29 - "Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen."

Supporting Scriptures

- Proverbs 16:24 "Gracious words are a honeycomb, sweet to the soul and healing to the bones."
- Colossians 4:6 "Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone."







Devotional: Healing Words That Build Up Others

After we listen, our words carry great power. Paul urges believers to speak in ways that build others up rather than tear them down. Compassionate listening naturally leads to compassionate speech—words that heal, encourage, and meet real needs.

Jesus' conversations exemplify this perfectly. He spoke truth with kindness and sensitivity, offering hope without condemnation. Our words can either deepen relationships or cause division. When seasoned with grace, they invite openness and foster connection.

Think about how your words have affected others recently. Are they sources of life, encouragement, and love? Let today be a reminder to use your speech carefully, reflecting the heart of Christ in every conversation.







Reflect and Apply

| 1. | What kinds of words do you most often use in conversations? |
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| - | |
| | How can you ensure your speech is encouraging even when discussing difficult issues? |
| - | |
| | Can you recall a time when kind words changed the course of a relationship? |
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Journaling Prompts

| 1. | Reflect on your language habits. What changes would you like to make? |
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| | Write down a list of encouraging phrases you can use when speaking with others. |
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| | Think about a recent conflict. How could compassionate speech have changed the outcome? |
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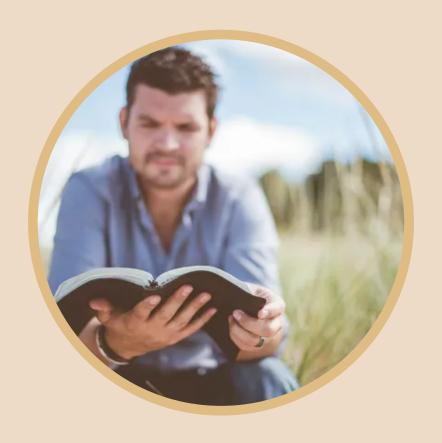
Prayer for Today

Lord, help me to speak words that heal and uplift. Teach me to listen well first and respond with grace-filled speech that meets the needs of those I engage with. Let my conversations reflect Your love and bring encouragement, hope, and peace. May my words be a light in the lives of others. Amen. \bigcirc















Your Verse

Ecclesiastes 7:8 - "The end of a matter is better than its beginning, and patience is better than pride."

Supporting Scriptures

- Proverbs 14:29 "Whoever is patient has great understanding, but one who is quick-tempered displays folly."
- Romans 12:12 "Be joyful in hope, patient in affliction, faithful in prayer."







Devotional: Choosing Patience Over Pride in Conversations

Patience is a crucial ingredient in compassionate listening. It allows us to stay present even when conversations stretch longer than expected or emotions run high. Pride often pushes us to respond quickly or dominate the discussion, but patience opens the door to understanding and healing.

Jesus modeled perfect patience—giving people time to express themselves without rushing them or showing irritation. This patience reflects godly wisdom and bears fruit in more meaningful relationships.

Cultivating patience doesn't happen overnight; it requires daily surrender and reliance on God's strength. As you practice patience in listening and responding, you mirror Christ's character and invite deeper healing within your relationships.







Reflect and Apply

| 1.] | How patient are you when someone shares difficult or lengthy concerns? |
|-----|---|
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| | n moments of frustration, what steps help you choose patience over oride? |
| _ | |
| 3.] | How can patience improve the quality of your listening and relationships? |
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Journaling Prompts

| 1. | Recall a time you lacked patience while listening. How did it affect the interaction? |
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| 2. | Write about a situation where patience brought better understanding or resolution. |
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| 3. | List practical ways to develop greater patience in your daily conversations. |
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Prayer for Today

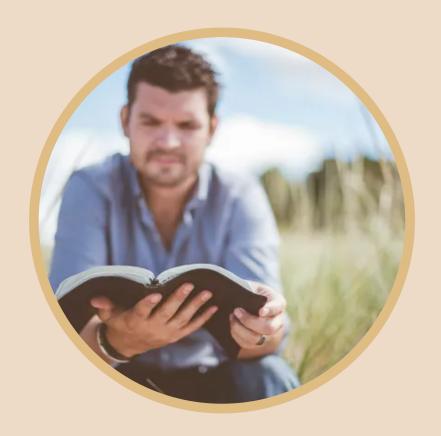
Gracious God, teach me patience in every conversation. Help me to listen fully without rushing or interrupting, especially in challenging moments. Replace pride with Your humility, and guide me to reflect Your wisdom through enduring love and patience. May my relationships deepen as I grow in this fruit of the Spirit. Amen. Σ







Day 5: OBearing One Another's Burdens









Day 5: 🎔 Bearing One Another's Burdens

Your Verse

Galatians 6:2 - "Carry each other's burdens, and in this way you will fulfill the law of Christ."

Supporting Scriptures

- Romans 15:1 "We who are strong ought to bear with the failings of the weak and not to please ourselves."
- 1 Peter 3:8 "Finally, all of you, be like-minded, be sympathetic, love one another, be compassionate and humble."







Day 5: 🎔 Bearing One Another's Burdens

Devotional: Love in Action: Carrying Others' Burdens

Listening with compassion often involves sharing the weight of others' struggles. Paul calls us to carry each other's burdens, which requires empathy and intentional presence. Compassion isn't passive; it leads us to action—supporting, encouraging, and walking alongside those who suffer.

Jesus bore the ultimate burden for us on the cross, and He invites us to share in His ministry of compassion. By bearing others' burdens, we fulfill the law of love and demonstrate Christ in practical ways.

Consider who around you may be carrying heavy burdens today. Through listening and kindness, you can offer relief and hope, becoming the hands and heart of Jesus in their lives.







Day 5: 🂢 Bearing One Another's Burdens

Reflect and Apply

| 1. | Who in your circle needs you to share in their burdens right now? |
|----|---|
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| | How does listening compassionately prepare you to support others effectively? |
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| 3. | What are some barriers that prevent you from bearing others' struggles? |
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Day 5: 🂢 Bearing One Another's Burdens

Journaling Prompts

| | Write about a time you supported someone by listening and helping carry their burden. |
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| 2. | List practical ways you can carry the burdens of those around you. |
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| | Reflect on how carrying others' burdens impacts your own spiritual growth. |
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Day 5: 🎔 Bearing One Another's Burdens

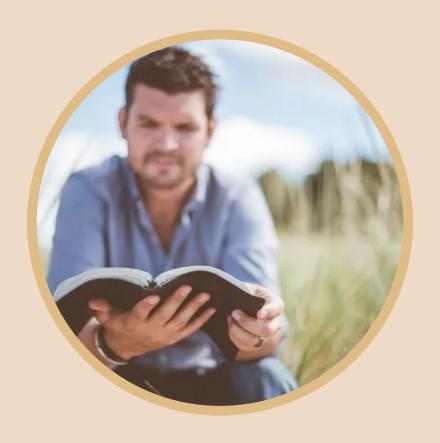
Prayer for Today

Lord Jesus, teach me to bear the burdens of those around me. Fill me with Your compassion so I can listen deeply and respond with care and support. Help me to be Your hands and feet, offering hope and love to those who feel weighed down. Strengthen me to walk beside others in their struggles and share in their healing journey. Amen. (2) (1)















Your Verse

Ephesians 4:32 – "Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."

Supporting Scriptures

- Colossians 3:13 "Forgive as the Lord forgave you."
- Matthew 18:21–22 "Then Peter came to Jesus and asked, 'Lord, how many times shall I forgive my brother or sister who sins against me? Up to seven times?' Jesus answered, 'I tell you, not seven times, but seventy-seven times.'"







Devotional: Forgiving as We Have Been Forgiven

Compassionate listening opens the door to forgiveness. Holding onto offense blocks love and healing in relationships. Paul reminds us to forgive as God has forgiven us—a radical act of grace that fosters restoration.

Jesus demonstrated boundless forgiveness, even when betrayed and rejected. His model calls us to release bitterness and embrace kindness and compassion towards those who have wronged us.

Forgiveness doesn't mean ignoring pain but choosing freedom over resentment. As you listen with compassion, may your heart be soft towards forgiving, allowing God's grace to flow through you and renew your relationships.







Reflect and Apply

| 1. | Are there past hurts that hinder your ability to listen with compassion? |
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| 2. | How can forgiveness free you to build healthier relationships? |
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| 3. | What steps might you take toward extending forgiveness this week? |
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Journaling Prompts

| | Identify any relationships needing forgiveness. How can you begin this process? |
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| | Write about a personal experience of forgiveness that transformed a relationship. |
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| 3. | Reflect on how God's forgiveness motivates you to forgive others. |
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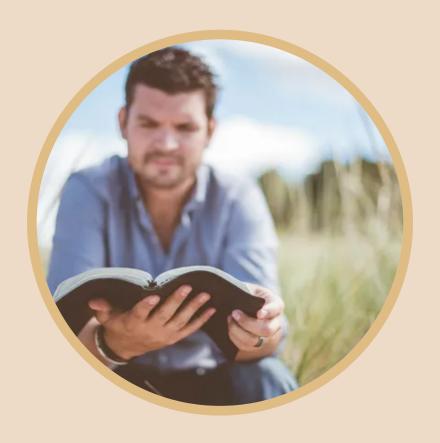
Prayer for Today

Merciful Father, help me forgive as You have forgiven me. Soften my heart where there is hurt and bitterness, and fill me with Your kindness and compassion. Teach me to listen patiently, extend grace, and restore broken relationships through Your love. May forgiveness bring healing and peace in my life. Amen. \heartsuit \bigwedge \heartsuit















Your Verse

John 13:34 – "A new command I give you: Love one another. As I have loved you, so you must love one another."

Supporting Scriptures

- 1 John 4:7 "Dear friends, let us love one another, for love comes from God."
- Philippians 2:3-4 "Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others."







Devotional: Living Out Christ's Love in All Relationships

The ultimate goal of compassionate listening is to reflect Jesus' love in every relationship. Jesus gives us a new command to love others as He has loved us —a love marked by humility, sacrifice, and grace.

When we listen compassionately, speak kindly, bear burdens, show patience, and forgive, we mirror Christ's heart in tangible ways. This kind of love transforms not only our relationships but also our communities and the world.

As you conclude this study, ask God to continually shape you into a vessel of His love. Embrace the daily opportunity to reflect Jesus' compassion and be an agent of healing and hope.







Reflect and Apply

| How has this study changed your view of compassionate listening? |
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| n what ways can you intentionally reflect Jesus' love in your daily nteractions? |
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| What spiritual practices can you adopt to grow deeper in love and compassion? |
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Journaling Prompts

| | Write a commitment statement to practice compassionate listening moving forward. |
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| 2. | Reflect on relationships where you want to show more Christlike love. |
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| 3. | Plan a specific act of love or kindness you can do this coming week. |
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Prayer for Today

Jesus, help me love others as You have loved me. Empower me to listen with compassion, speak with kindness, and serve with humility. May my life reflect Your grace and truth, drawing others closer to You. Use me as Your instrument of healing and hope in every relationship I have. Amen. \checkmark







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