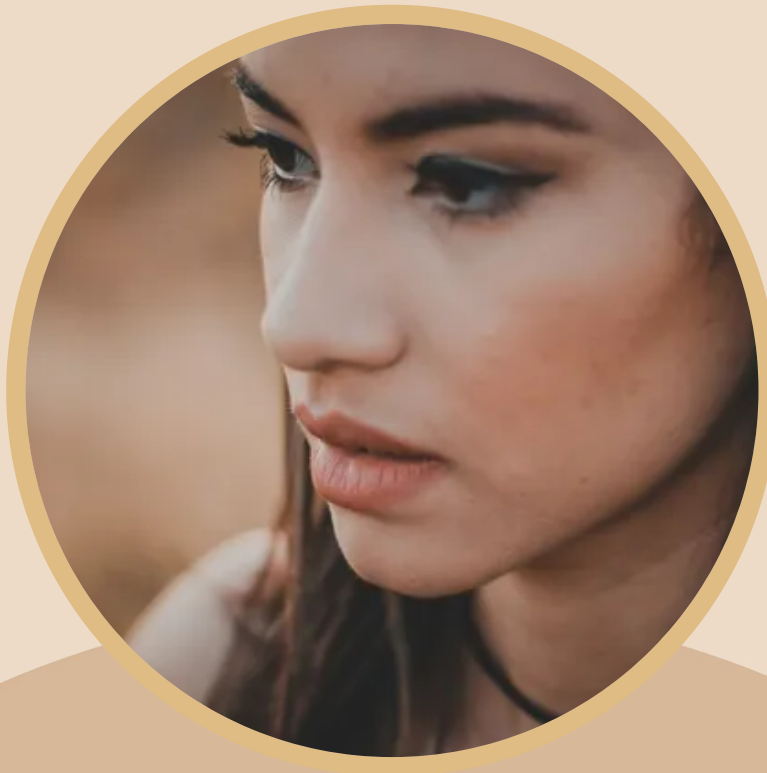




Living Justice and Mercy as a Teen



Explore Micah 6:8 to understand how teens can practice justice and mercy daily, balancing standing up for right and showing kindness like Jesus.



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Introduction

Welcome to this focused 3-day Bible study on justice and mercy, inspired by the powerful words of Micah 6:8. As a teen, you are in a unique season of life, full of opportunities to make meaningful choices that reflect God's heart. This study will help you discover what it truly means to *act justly* and *love mercy* in your daily walk.

Teens today face many challenges—pressure to conform, unfair situations, and moments requiring tough decisions. Micah's call reminds us that God desires more than rituals; He calls us to live with integrity and compassion. Justice is about standing up for what is right, especially for those who are vulnerable or overlooked. Mercy is about choosing kindness and forgiveness, even when it feels difficult or costly.

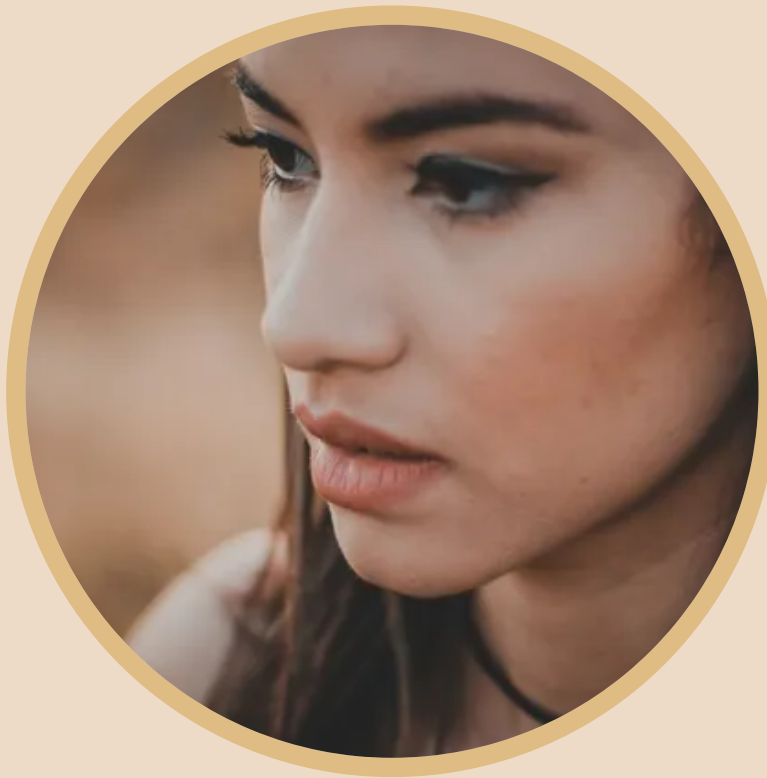
Jesus models this perfectly. He stood against injustice boldly but also reached out with tender mercy to the broken and hurting. Through the Holy Spirit, you can grow to embody both qualities, learning to balance courage and grace in your actions.

Throughout these three days, you'll delve into Scripture passages, reflect deeply on how these truths apply to your life, and be encouraged to put them into practice. Get ready to be challenged and inspired to live out God's justice and mercy in your school, friendships, family, and beyond. Let's take this journey together with open hearts and a desire to reflect Christ's love to the world around us. ✨





Day 1: 🏛️ Understanding God's Call for Justice



Day 1: ⚖️ Understanding God's Call for Justice

Your Verse

Micah 6:8 – 'He has shown you, O mortal, what is good. And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God.'

Supporting Scriptures

- *Proverbs 21:15 – 'When justice is done, it brings joy to the righteous but terror to evildoers.'*
- *Isaiah 1:17 – 'Learn to do right; seek justice. Defend the oppressed. Take up the cause of the fatherless; plead the case of the widow.'*



Day 1: ⚖️ Understanding God's Call for Justice

Devotional: God's Clear Call to Act Justly

Micah 6:8 lays out a clear and powerful instruction from God. To *act justly* means more than just fairness; it means standing up for others, especially those who are mistreated or ignored. As a teen, you might witness unfairness at school, in your circle of friends, or even in your community.

God's call is to respond with courage and integrity—speaking up for what's right even when it's difficult or unpopular. Justice involves action. It's about more than feelings; it's about making choices that reflect God's righteousness in everyday life.

Reflect on Proverbs 21:15, which shows that justice brings joy to those striving for what is right. When you choose to defend someone being wronged, you're mirroring God's heart.

Isaiah reminds us that seeking justice means actively defending others—standing beside those who can't defend themselves. This is not always easy, but God equips you with wisdom and strength to follow His ways.

As you go through today, ask yourself where you see injustices that need your voice, courage, or action.



Reflect and Apply

1. What does acting justly look like in your daily life right now?

2. Are there situations around you where people need someone to stand up for them?

3. How can you balance standing up for justice without becoming angry or judgmental?



Day 1: ⚖️ Understanding God's Call for Justice

Journaling Prompts

1. Write about a time when you witnessed injustice. How did you respond, or wish you had?

2. List three ways you can act justly this week.

3. Reflect on areas where you might struggle to speak up. What holds you back?



Day 1: ⚖️ Understanding God's Call for Justice

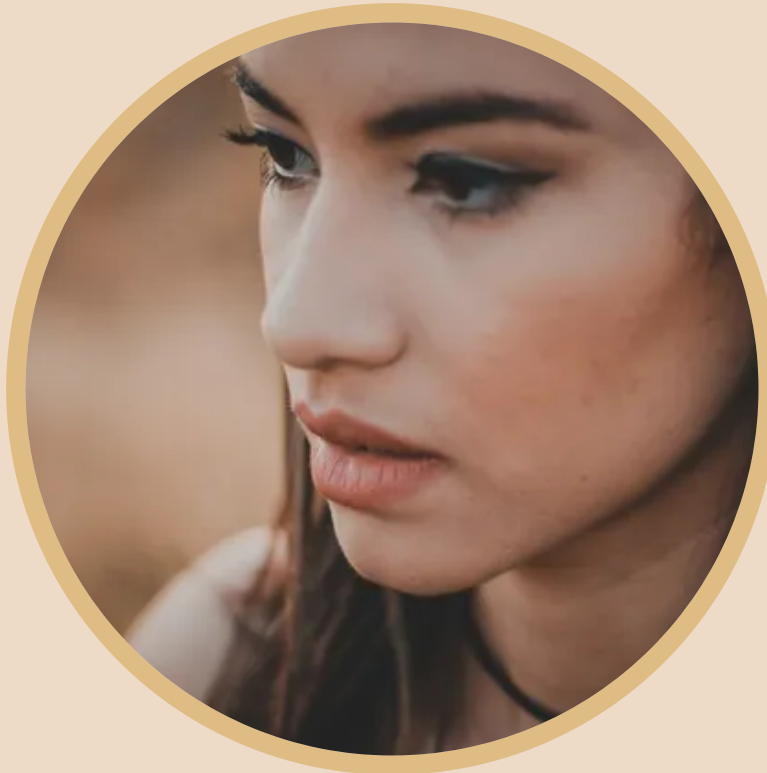
Prayer for Today

Lord, thank You for showing me what is good and right. Help me to act justly in my daily life, giving me courage to stand up for others and wisdom to know when to speak out. May I trust in Your strength rather than my own and learn to reflect Your heart of righteousness. Teach me to see those who are overlooked or treated unfairly and move me to respond with boldness and grace. *Amen.* 🙏 ⚖️ 💪





Day 2: 💖 Embracing and Loving Mercy



Day 2: ❤️ Embracing and Loving Mercy

Your Verse

Micah 6:8 – 'And what does the Lord require of you? To act justly and to love mercy...'

Supporting Scriptures

- *Luke 6:36 – 'Be merciful, just as your Father is merciful.'*
- *Ephesians 4:32 – 'Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.'*



Devotional: Growing a Heart That Loves Mercy

Alongside justice, God calls us to *love mercy*. Mercy goes beyond pardoning wrongdoing; it's a heart attitude that chooses kindness, compassion, and forgiveness even when it's undeserved or difficult.

In Luke 6:36, Jesus instructs us to be merciful as God is merciful—always ready to forgive and to extend grace. As a teen, it can be tempting to hold grudges or only show kindness when it's easy. Loving mercy challenges you to act differently.

Mercy is powerful because it breaks cycles of hurt and animosity. Ephesians 4:32 reminds us to be compassionate and forgive as God has forgiven us through Christ. This mercy reflects God's character and opens the door for healing in your relationships and within your heart.

Think about people you find hard to forgive or situations where mercy feels costly. God's love enables you to respond with kindness, showing others the hope and grace found in Him.

When we love mercy, we show our trust in God's justice while choosing to extend His grace.



Reflect and Apply

1. What does it mean for you to truly 'love mercy'?

2. Who in your life needs your forgiveness or compassion right now?

3. How does showing mercy affect your relationship with God and others?



Journaling Prompts

1. Write about a time you showed mercy and how it impacted the situation.

2. Who is someone you find difficult to forgive? What could mercy look like towards them?

3. Consider ways to practice kindness every day. List three examples.



Day 2: ❤️ Embracing and Loving Mercy

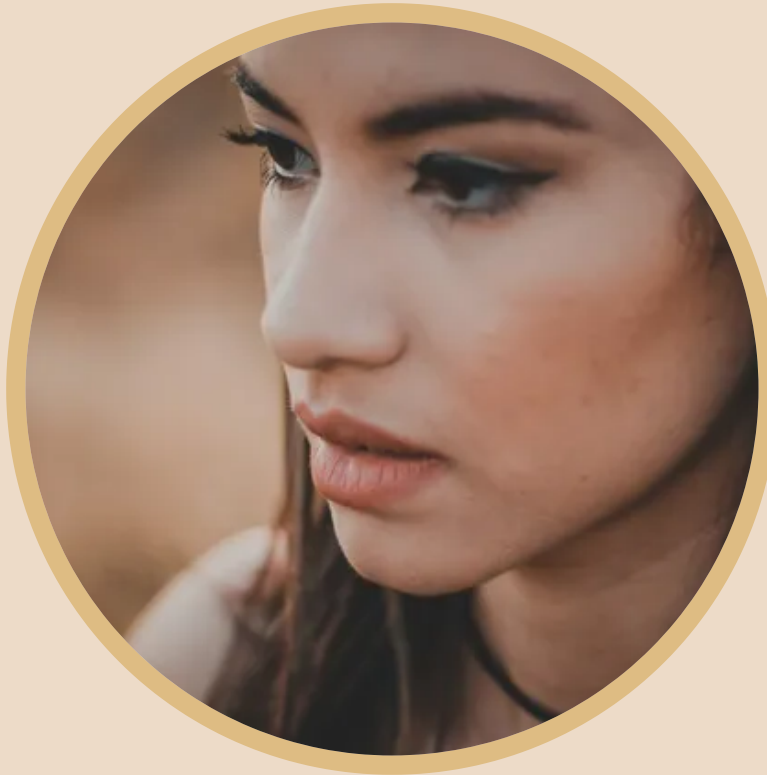
Prayer for Today

Father, teach me to love mercy as You do. Fill my heart with compassion and kindness, even when it's hard. Help me to forgive those who have hurt me and to reach out to others with grace. Let Your mercy flow through me so I can reflect Your love and bring healing to relationships around me. *Thank You for Your endless mercy towards me.* Amen. ❤️ 🙏 🌿 🙌





Day 3: Walking Humbly with God Daily



Day 3: 🧡 Walking Humbly with God Daily

Your Verse

Micah 6:8 – '...and to walk humbly with your God.'

Supporting Scriptures

- *James 4:6 – 'God opposes the proud but shows favor to the humble.'*
- *Philippians 2:3 – 'Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves.'*



Day 3: 🧡 Walking Humbly with God Daily

Devotional: Humility: The Heart of Walking with God

Micah completes his call with an invitation to walk humbly with God. Justice and mercy without humility can become prideful or self-righteous. Walking humbly means depending on God daily, recognizing our need for His guidance, mercy, and strength.

James 4:6 warns that God resists the proud but blesses the humble. Humility opens the door to receive God's wisdom and enables us to serve others in love without seeking recognition.

Philippians 2:3 calls us to value others above ourselves—a practical expression of humility that balances justice and mercy in relationships.

For teens, this might look like listening more than insisting on being right or offering help without expecting praise.

As you seek to act justly and love mercy, ask God to help you walk humbly—leaning on Him and serving others with a heart like Jesus. Your daily choices, powered by humility, can reflect God's kingdom right now.



Reflect and Apply

1. Why is humility important in practicing justice and mercy?

2. In what areas do you find it hardest to walk humbly with God?

3. How can valuing others above yourself change your outlook and actions?



Journaling Prompts

1. Write about a recent situation where humility impacted your decision.

2. Identify one prideful attitude you want to surrender to God this week.

3. List practical ways you can serve others humbly in your community.



Day 3: 🍷 Walking Humbly with God Daily

Prayer for Today

Lord, help me walk humbly with You each day. Teach me to rely on Your strength and to value others above myself. Guard my heart against pride and self-centeredness, and cultivate in me a spirit like Jesus—one of humility and sacrificial love. May my actions of justice and mercy flow from a humble heart that seeks Your will above all. *Thank You for guiding me on this journey.* Amen. 🙏👐🌿❤️





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