# Living Water from the Rock: Lessons from Striking Twice



Explore the profound lessons from Israel's water from the rock, understanding God's provision, obedience, and trust over 7 insightful days.





#### Table of contents

<u>Introduction</u>	3
<u>Day 1: ♦ God's Provision in the Wilderness</u>	4
<u>Day 2: ■ Obedience to God's Commands</u>	10
Day 3: 6 Guarding Against Frustration	16
Day 4: The Rock Symbolizes Christ	22
Day 5: Trusting God's Timing	28
Day 6: 🎇 God's Grace in Imperfection	34
<u>Day 7: <b>A</b> Walking by Faith, Not Sight</u>	40







#### Introduction

The Water from the Rock Struck Twice presents a powerful lesson in God's provision and our response to His guidance. In the wilderness, the Israelites faced desperate thirst, and God commanded Moses to *strike the rock* to provide water (Exodus 17:6). This miraculous act demonstrated God's faithfulness and care. Yet, when later in Numbers 20:7–12, Moses struck the rock twice instead of speaking to it, consequences followed. This story challenges us to reflect on our obedience, trust, and the ways we might inadvertently hinder God's work through disobedience.

Over the next seven days, we will dive deeply into this biblical episode, drawing parallels to our spiritual lives. We will explore themes of faith, obedience, frustration, God's grace, and the importance of following God's commands precisely. Each day, scripture readings, devotionals, and reflections will invite us to a richer understanding of how God's life-giving provision through Christ, the living water, sustains us when life feels dry and challenging.

Whether you've encountered moments of doubt, impatience, or confusion in your walk with God, there is comfort and correction to be found in these lessons. Let this study guide you toward honoring God's ways and embracing His abundant provision, even when the journey tests your endurance.















Day 1: \( \square\) God's Provision in the Wilderness

#### Your Verse

Exodus 17:6 - "I will stand there before you by the rock at Horeb. Strike the rock, and water will come out of it for the people to drink."

#### **Supporting Scriptures**

- Psalm 78:15 "He split the rocks in the wilderness and gave them water as abundant as the seas."
- Isaiah 43:20 "For I give water in the wilderness, rivers in the desert, to give drink to my chosen people."







#### Devotional: Trust God's Provision in Dry Seasons

God's provision is often revealed in our times of greatest need. In Exodus 17, the Israelites were thirsty and grumbled against Moses. Yet God instructed Moses to strike the rock, providing water miraculously. This act reminds us that even in barren, difficult places, God can provide refreshment and life.

Are you in a dry season where it feels no help is coming? God remains the same provider. The rock symbolizes Christ, from whom living water flows (John 4:14). Just like the water from the rock quenched Israel's thirst, Christ quenches our deepest spiritual thirst, meeting needs we cannot fulfill ourselves.

Today, reflect on God's faithfulness in your wilderness moments. Trust that God's provision is near, even if it seems impossible. God's timing and methods might surprise you but they are perfect.







## Reflect and Apply

1.	When have you experienced God's provision in an unexpected way?
2.	What does the rock symbolize in your own spiritual journey?
3.	How can you rely more fully on God's timing in your dry seasons?







## **Journaling Prompts**

1.	Write about a time when God provided for you during a difficult season.
2.	Describe what 'living water' means to you personally.
3.	List areas in your life where you need to trust God's timing more.







#### Prayer for Today

Lord, thank You for being our provider and sustainer. Even when life feels dry and challenging, help me to trust Your provision and timing fully. Teach me to seek You as the true source of living water. Fill my heart with faith and patience, so I may recognize and receive Your blessings in unexpected ways. Strengthen me to rest in Your faithfulness no matter the circumstances. In Jesus' name, Amen.  $\lozenge$ 







## Day 2: ■ Obedience to God's Commands









Day 2: ■ Obedience to God's Commands

#### Your Verse

Numbers 20:8 – "Take the staff, and you and your brother Aaron gather the assembly together. Speak to that rock before their eyes and it will pour out its water."

#### **Supporting Scriptures**

- Deuteronomy 28:1 "If you fully obey the Lord your God and carefully follow all his commands..."
- 1 Samuel 15:22 "To obey is better than sacrifice, and to heed is better than the fat of rams."







Day 2: ■ Obedience to God's Commands

#### Devotional: The Heart of True Obedience

God gave Moses specific instructions: to speak to the rock, not strike it twice. Yet, frustration led Moses to disobey, striking the rock two times. This deviation cost him entrance into the Promised Land and serves as a sobering reminder that partial obedience is still disobedience.

Obedience is not just about following rules; it is about trusting God's wisdom and authority. Often, our impatience or pride causes us to alter God's instructions. But God's commands are designed for our good and His glory.

Reflect today on areas where God is asking for obedience. Are you tempted to do things your way rather than His? Choose to trust and obey, even when you don't fully understand the reasons.







Day 2: lacktriangle Obedience to God's Commands

## Reflect and Apply

1.	What reasons might Moses have had to strike the rock twice?
2.	How do you react when God's instructions seem unclear or difficult?
3.	In what ways can partial obedience hinder your walk with God?







Day 2: ■ Obedience to God's Commands

## **Journaling Prompts**

1.	Identify a moment when you struggled with obedience to God's commands.
2.	Write about how trust and obedience are connected in your life.
3.	List practical steps to improve your obedience to God's Word.







Day 2: ■ Obedience to God's Commands

#### Prayer for Today

Father, help me to trust Your commands fully and obey with a willing heart.

When I become frustrated or confused, remind me to follow Your Word exactly. Forgive me for moments of disobedience and teach me humility. May my actions always honor You, reflecting faith in Your perfect plan. Guide me in trusting Your ways over my own understanding. In Jesus' name, Amen. ☑ ☑ ☑

















Day 3: 6 Guarding Against Frustration

#### Your Verse

Numbers 20:10 - "Listen, you rebels, must we bring you water out of this rock?" Moses said to them.

#### **Supporting Scriptures**

- Psalm 37:8 "Refrain from anger and turn from wrath; do not fret—it leads only to evil."
- Proverbs 14:29 "Whoever is patient has great understanding, but one who is quick-tempered displays folly."







Day 3: 6 Guarding Against Frustration

#### Devotional: Responding to Frustration with Faith

Moses' words reveal frustration boiling over amidst pressure and complaint. Sometimes, anger clouds our judgment and leads to poor decisions—even in leadership or spiritual matters. Frustration can cause us to act hastily or disrespectfully, which displeases God.

We all face moments when burdens feel heavy and people's attitudes exhaust our patience. Yet Scripture encourages calmness, patience, and trust. When angry impulses arise, we must pause, seek God's peace, and respond in faith, not frustration.

Today reflect on how frustration affects your trust and obedience. Are there ways you can better hand over your frustrations to God and maintain composure under pressure?







Day 3: 🖰 Guarding Against Frustration

## Reflect and Apply

1.	How do you recognize when frustration is influencing your actions?
	What healthier ways can you handle pressure instead of reacting in anger?
	Who can you seek out for support when you feel overwhelmed or impatient?







Day 3: 🖰 Guarding Against Frustration

## **Journaling Prompts**

1.	Recall a time when frustration led you to act differently than you wished.
2.	Write a prayer asking God for patience and renewed strength.
3.	List strategies to maintain peace during difficult conversations or situations.







Day 3: 6 Guarding Against Frustration

#### **Prayer for Today**

Lord, when frustration rises in me, calm my heart and mind. Teach me to respond with patience and grace, mirroring Your love even when I feel burdened. Help me rely on Your strength instead of my impulses. May Your peace guard my heart and guide my words and actions today. In Jesus' name, Amen. 🐧 🙏 🥦

















Day 4: 💝 The Rock Symbolizes Christ

#### Your Verse

1 Corinthians 10:4 - "...and that rock was Christ."

#### **Supporting Scriptures**

- John 4:13-14 "Whoever drinks the water I give them will never thirst."
- Revelation 21:6 "To the thirsty I will give water without cost from the spring of the water of life."







Day 4: 💝 The Rock Symbolizes Christ

#### Devotional: Christ: Our Eternal Living Water

The rock Moses struck was not just a source of physical water, but a profound symbol of Christ, our living water. Paul reminds us in 1 Corinthians that Christ was the rock providing for God's people in the wilderness, foreshadowing the spiritual sustenance He offers.

Jesus offered the Samaritan woman living water—eternal life and fulfillment that quenches spiritual thirst forever. Like the Israelites, we often thirst for satisfaction, peace, or purpose in temporary things, but only Christ satisfies deeply and eternally.

Reflect on your relationship with Christ, the living water. Are you seeking and trusting Him to fill your deepest needs? Today, drink deeply from the well of His grace and truth.







Day 4: 😵 The Rock Symbolizes Christ

## Reflect and Apply

1.	In what ways have you experienced Christ as the 'living water'?
2.	What temporary 'waters' have you sought that left you thirsty?
3.	How can you deepen your reliance on Christ for daily sustenance?







Day 4: 😵 The Rock Symbolizes Christ

## **Journaling Prompts**

1.	Write about a moment you felt Christ's provision in your life.
2.	List ways to remind yourself daily to seek Jesus first.
3.	Describe how the image of water helps you understand God's grace.







Day 4: 💝 The Rock Symbolizes Christ

#### Prayer for Today

**Jesus, You are the living water I need every day.** Quench my thirst for meaning, love, and peace. Help me to drink deeply and continually from Your grace and presence. Teach me to turn to You first before seeking satisfaction elsewhere. Fill me fully so I can overflow with Your love to others. In Your precious name, Amen.  $\Leftrightarrow \bigwedge$ 

















#### Your Verse

Ecclesiastes 3:1 - "There is a time for everything, and a season for every activity under the heavens."

#### **Supporting Scriptures**

- Habakkuk 2:3 "For the revelation awaits an appointed time... it will not prove false."
- Psalm 27:14 "Wait for the Lord; be strong and take heart and wait for the Lord."







#### Devotional: Patience in God's Perfect Timing

Part of Moses' mistake was impatience—he acted before God's timing was clear. Waiting on God can be hard, especially when needs feel urgent and pressure mounts. But God's timing is perfect and purposeful.

Learning to wait well is part of spiritual maturity. Trusting God means believing He sees the full picture and provides at just the right moment. Rushing ahead may cause harm, but waiting invites growth, faith, and alignment with God's plan.

Today, reflect on areas where God is asking you to wait or trust His timing. Release your need to control outcomes and rest in His sovereignty.







## Reflect and Apply

1.	What situations challenge your trust in God's timing?
2.	How have you seen God work through waiting periods?
3.	How can you cultivate patience while waiting on God?







## **Journaling Prompts**

1.	Write about a time when waiting on God led to a blessing.
2.	List scriptures that encourage patience and trust.
2	
	Reflect on feelings you experience while waiting and how to surrender them.







#### Prayer for Today

God, help me to trust Your perfect timing in all things. When I feel restless or anxious, remind me that You are in control. Strengthen my faith to wait patiently, knowing You are working all things for my good. Teach me to rest in Your sovereignty and peace. In Jesus' name, Amen. 😂 🛴 🔀















#### Your Verse

2 Corinthians 12:9 – "My grace is sufficient for you, for my power is made perfect in weakness."

#### **Supporting Scriptures**

- Lamentations 3:22–23 "Because of the Lord's great love we are not consumed... His mercies never come to an end."
- Ephesians 2:8 "For it is by grace you have been saved, through faith—and this is not from yourselves."







#### Devotional: Embracing Grace Amidst Our Weakness

Moses' failure to obey perfectly reminds us we all fall short and need God's grace. Yet God's grace covers our defects, weaknesses, and mistakes. In fact, His strength is revealed most clearly in our weakness when we rely on Him.

Though consequences came for Moses' disobedience, God did not abandon him. Instead, grace sustained him until the end of his leadership. Likewise, God's mercies are new every morning, and His power lifts us above our shortcomings.

Reflect on God's grace sustaining you in times of failure or weakness. Invite Him to work through your imperfections.







## Reflect and Apply

1.	How have you experienced God's grace in moments of failure?
2.	What weaknesses do you struggle to surrender to God?
3.	How can grace transform your view of mistakes?







## **Journaling Prompts**

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#### Prayer for Today

Thank You, Lord, for Your abundant grace that covers my failures. Help me to rely on Your strength when I feel weak and imperfect. Teach me to accept Your mercy daily and to extend that grace to myself and others. May Your power be made perfect through my weakness, bringing glory to Your name. In Jesus' name, Amen. 💸 🙏 🦃

















Day 7: A Walking by Faith, Not Sight

#### Your Verse

2 Corinthians 5:7 - "For we live by faith, not by sight."

#### **Supporting Scriptures**

- Hebrews 11:1 "Faith is confidence in what we hope for and assurance about what we do not see."
- Romans 8:24–25 "For in this hope we were saved. But hope that is seen is no hope at all."







Day 7: A Walking by Faith, Not Sight

#### Devotional: Living a Faith-Filled Journey

The story of the water from the rock invites us to walk by faith, trusting God beyond visible circumstances. Moses and the Israelites had to believe God's promise would come true despite their thirst and trials. Their experience encourages us to hold onto faith even when the path is unclear or the fulfillment seems delayed.

Our spiritual journey requires trusting God's unseen hand guiding us. Like Christ, the living water, sustains us invisibly but powerfully. Walking by faith means hearing God's voice, obeying His commands, and leaning on His provision.

As this study concludes, commit to deepening your faith walk, embracing trust over sight, and resting in God's faithful provision.







Day 7: 🥻 Walking by Faith, Not Sight

## Reflect and Apply

1.	What challenges your ability to live by faith and not sight?
2.	How can you encourage yourself to trust God in unseen ways?
3.	In what ways does your faith impact your daily decisions?







Day 7: 🥻 Walking by Faith, Not Sight

## **Journaling Prompts**

1.	Describe a recent experience where you chose faith over what you saw.
2.	Write a prayer asking God to increase your faith daily.
3.	List practical habits that nurture walking by faith.







Day 7: 🔏 Walking by Faith, Not Sight

#### **Prayer for Today**

God, help me to walk by faith and not by sight. Strengthen my confidence in Your promises even when I cannot see the full picture. Teach me to obey Your voice and trust Your provision through every trial and uncertainty. May my faith grow deeper each day, shining Your light to those around me. In Jesus' name, Amen. Amen.







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