



# Living with Purpose Daily



Encourage teens to live intentionally for Christ, finding meaning in everyday actions and shining their light through small daily choices.

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# Table of contents

<u>Introduction</u>	3
<u>Day 1: ✨ Purpose in Everyday Moments</u>	4
<u>Day 2: 🌱 Growing in Purpose Through Relationships</u>	10
<u>Day 3: ✨ Shining Your Light Brightly</u>	16



## Introduction

**Welcome to this 3-day journey!** *As a teen, life is full of opportunities—big and small—to live with purpose and make a difference.* Our world often feels busy and overwhelming, but God calls you to live intentionally each day, allowing His light to shine through every task and interaction.

Living with purpose means more than just accomplishing goals; it means understanding that every moment is a chance to honor God and influence others positively. Whether you're at school, home, or with friends, your actions can reflect the love and grace of Jesus.

**This study will guide you in embracing daily intentionality.** You will explore Scripture that reminds you of your unique role in God's plan and learn how to transform ordinary moments into meaningful ones. Through reflection and prayer, you will discover how to make your faith visible in everyday life and build habits that draw you closer to Christ.

*Remember, living for Christ doesn't require grand gestures—often, it's the small, consistent choices that illuminate the world around you the most.* Let's embark on this purposeful journey together, lighting the path for others by living with Christ at the center each day. ✨





## Day 1: ✨ Purpose in Everyday Moments



Day 1: ✨ Purpose in Everyday Moments

## Your Verse

*Colossians 3:23 – "Whatever you do, work at it with all your heart, as working for the Lord, not for human masters."*

## Supporting Scriptures

- *Ecclesiastes 9:10 – "Whatever your hand finds to do, do it with all your might."*
- *Matthew 5:16 – "Let your light shine before others, that they may see your good deeds and glorify your Father in heaven."*



Day 1: ✨ Purpose in Everyday Moments

## Devotional: Honoring God in Daily Tasks

**Have you ever thought about how every small task can be an act of worship?** Sometimes, it's easy to feel that the things you do daily—homework, chores, even conversations—don't matter much. But God, through Paul's words to the Colossians, encourages us to view our work as something done for Him, not just people around us.

This perspective transforms mundane moments into opportunities for purpose and excellence. When you do your homework with dedication or show kindness to a sibling, you're shining the light of Christ. Your effort reflects your heart's intention to honor God, even in the smallest ways.

*Imagine your daily actions as seeds being planted—each consistent act builds character and influences others around you.* Remember, living with purpose isn't about perfection but about wholeheartedness in what God has placed before you right now.



## Reflect and Apply

1. In what daily tasks do you usually lose focus or feel unimportant?

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2. How does thinking of your work as done for God change your attitude toward these tasks?

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3. Where have you noticed that small good deeds influenced someone else?

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Day 1: ✨ Purpose in Everyday Moments

## Journaling Prompts

1. List three ordinary tasks you do daily and write how you can do each with more purpose for God.

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2. Recall a time when your actions positively impacted someone; describe what happened.

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3. Write a prayer asking God to help you see everyday moments as chances to serve Him.

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Day 1: ✨ Purpose in Everyday Moments

## Prayer for Today

**Dear Lord**, thank You for reminding me that every task I do is an opportunity to glorify You. Help me to work wholeheartedly, not just for people, but as if I am working for You. Teach me to see the value in everyday moments and to shine my light through the small things. Empower me to live with intention and purpose, reflecting Your love in all I do. In Jesus' name, Amen. ✨🙏✨





## Day 2: Growing in Purpose Through Relationships



Day 2: 🌱 Growing in Purpose Through Relationships

## Your Verse

*Ephesians 4:29 – "Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs."*

## Supporting Scriptures

- *Proverbs 15:23 – "A person finds joy in giving an apt reply—and how good is a timely word!"*
- *1 Thessalonians 5:11 – "Therefore encourage one another and build each other up."*



Day 2: 🌱 Growing in Purpose Through Relationships

## Devotional: Building Others Up Every Day

**One of the most powerful ways to live purposefully is through the words we speak to others.** Our relationships—with family, friends, even strangers—are daily opportunities to uplift, encourage, and demonstrate the love of Christ.

Paul's letter to the Ephesians reminds us that our speech should not harm but help, bringing strength and hope. As a teen, your words hold influence that can brighten someone's day or offer comfort when it's needed most.

*Think about those you interact with regularly—how can you intentionally choose words that build them up?* Whether it's offering a kind compliment, helping a friend in need, or simply listening well, purposeful relationships create a ripple effect that honors God.



## Reflect and Apply

1. How do your words usually affect the people around you?

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2. Are there times when you could have encouraged rather than criticized?

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3. What specific relationships could benefit from your intentional encouragement today?

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# Journaling Prompts

1. Write down words of encouragement you want to share with someone this week.

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2. Reflect on a time when someone's words impacted you positively; describe how it felt.

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3. Set a personal goal for how you want to use your words to build others up.

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Day 2: 🌱 Growing in Purpose Through Relationships

## Prayer for Today

**Lord**, thank You for giving me the gift of speech. Help me to use my words wisely, choosing to encourage and uplift those around me. Teach me to listen with love and respond with kindness, so that through my relationships, Your purpose shines clearly. May my words bring life and hope, reflecting Your grace each day. In Jesus' name, Amen. 🙏💬❤️





## Day 3: ✨ Shining Your Light Brightly





Day 3: ✨ Shining Your Light Brightly

## Your Verse

*Philippians 2:15 - "...so that you may become blameless and pure, 'children of God without fault in a warped and crooked generation.' Then you will shine among them like stars in the sky."*

## Supporting Scriptures

- *Matthew 5:14 - "You are the light of the world. A town built on a hill cannot be hidden."*
- *Romans 12:2 - "Do not conform to the pattern of this world, but be transformed by the renewing of your mind."*



Day 3: ✨ Shining Your Light Brightly

## Devotional: Becoming a Light in Your World

**Living with purpose daily means choosing to shine brightly in a world that sometimes feels dark and confusing.** The Apostle Paul encourages believers to stand out by living blamelessly in a challenging culture.

As a teen, you may face pressure to blend in, but God calls you to be different—to radiate His light in your attitudes, choices, and actions. This light is not about perfection, but about reflecting Jesus’ love and truth authentically.

*Consider what it means to be ‘stars in the sky’—visible, steady, and guiding others in the night.* When you renew your mind through God’s Word and resist negative influences, your life becomes a beacon of hope to those around you. Remember, your faith shines brightest in daily choices and consistent living.



## Reflect and Apply

1. In what areas of your life do you find it most challenging to shine for Christ?

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2. How can renewing your mind with God's truth help you resist worldly pressures?

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3. Who in your circle can see your light shining, and how might you encourage others to shine too?

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# Journaling Prompts

1. Identify one way you can actively shine your light this week.

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2. Write about a time you stood out for doing what's right and how it affected you.

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3. Pray for strength to remain true to God's purpose in your daily choices.

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Day 3: ✨ Shining Your Light Brightly

## Prayer for Today

**Father God**, thank You for calling me to be a light in this world. Help me to stand firm in Your truth and shine brightly through my actions and choices. When I feel pressure to conform, remind me of Your purpose for my life and renew my mind daily. May my life point others to You and bring glory to Your name. In Jesus' name, Amen. ✨🙏🕯️





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