



# Loving Siblings You Don't Get Along With



Explore God's guidance on loving siblings despite conflict, building peace, understanding, and grace in family relationships.

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## Introduction

Family relationships, especially with siblings, can be some of the most rewarding and also the most challenging connections we experience. If you're a teen struggling to get along with your brothers or sisters, know that you're not alone. Sibling conflicts can arise from differences in personality, misunderstandings, jealousy, or simply spending so much time together. Yet, the Bible offers timeless wisdom about how to love those closest to us, even when it's difficult.

**Brotherly and sisterly love** is a powerful bond that God intends for us to nurture. While it's natural to feel frustrated at times, God calls us to embrace grace, patience, and forgiveness as essential parts of loving family well. This plan will guide you through Scripture focused on building love and peace with siblings, learning to understand one another, and growing in humility and empathy.

Each day, you will dive into passages that speak directly to the heart of sibling relationships—addressing conflict, honoring one another, choosing kindness over anger, and asking God for strength to love as Jesus loves. Whether your relationship is strained, distant, or simply complicated, this study invites you to lean into God's love and allow Him to soften hearts and bring healing.

As you meditate on these Scriptures, consider how God's perspective differs from the world's view. He sees your sibling through eyes of grace and desires



reconciliation and unity. Let this study be a journey toward transforming family dynamics through prayer, reflection, and practical love.

*Remember: Loving your siblings well doesn't mean you have to agree or always get along perfectly—but it does mean choosing kindness, respect, and forgiveness daily.* May God bless you as you seek to follow His example in your family!





## Day 1: Embracing God's Call to Love



Day 1: 🧡 Embracing God's Call to Love

## Your Verse

*John 13:34 - "A new command I give you: Love one another. As I have loved you, so you must love one another."*

## Supporting Scriptures

- *1 John 4:7 - "Dear friends, let us love one another, for love comes from God."*
- *Matthew 22:39 - "Love your neighbor as yourself."*



Day 1: 🧡 Embracing God's Call to Love

## Devotional: God's Command: Love Even When Difficult

**Jesus gives us a simple yet powerful command:** to love one another as He has loved us. This love is not based on feelings or convenience, but a deliberate choice to care deeply, even when it's hard. With siblings, love can sometimes feel impossible, especially when disagreements or hurt feelings arise.

It's easy to respond in anger, frustration, or avoidance. But God's command invites us to rise beyond those natural responses and reflect His love. This means trying to understand your sibling's perspective, forgiving when wronged, and seeking peace instead of conflict.

Today, commit to embracing this divine call. Remember, Jesus loved us endlessly—patiently, selflessly, and sacrificially. Your love for your siblings can mirror this, not perfectly, but intentionally. Lean on God for strength to love even when you don't feel like it. He will help you grow in patience and kindness.

**Reflection:** What holds you back from loving your sibling well? How can Jesus' example help you show love differently today?



Day 1: 🧡 Embracing God's Call to Love

## Reflect and Apply

1. What does loving your sibling 'as Jesus loves' look like for you personally?

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2. In what situations do you find it hardest to love your sibling?

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3. How can you rely on God's strength rather than your own feelings today?

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Day 1: 🧡 Embracing God's Call to Love

## Journaling Prompts

1. Write about a recent conflict with your sibling and how you responded.

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2. List three ways you can show love to your brother or sister this week.

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3. Reflect on how Jesus' love is different from human love.

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Day 1: 🧡 Embracing God's Call to Love

## Prayer for Today

**Dear God**, thank you for the love you have shown me through Jesus. Help me to love my siblings the way you want me to—even when it feels difficult. Give me patience, kindness, and a heart that chooses forgiveness over anger. Teach me how to be a peacemaker in my family. I trust your strength to do what I cannot on my own. *In Jesus' name, amen.* 🙏❤️🧡





## Day 2: Pursuing Peace in Conflict



Day 2:  Pursuing Peace in Conflict

## Your Verse

*Romans 12:18 – "If it is possible, as far as it depends on you, live at peace with everyone."*

## Supporting Scriptures

- *Matthew 5:9 – "Blessed are the peacemakers, for they will be called children of God."*
- *Proverbs 15:1 – "A gentle answer turns away wrath, but a harsh word stirs up anger."*



## Devotional: Choosing Peace Over Strife

Conflict with siblings can feel like a never-ending battle, but God calls us to be peace-seekers. **Romans 12:18 reminds us that living in peace is a responsibility we share**, as far as it depends on us. That means you might not be able to control every situation, but you can control your own responses.

Peace starts with a gentle heart and kind words, as Proverbs 15:1 teaches us. When tensions rise, responding calmly rather than with harsh words can prevent arguments from escalating. Remember, being a peacemaker is a way to honor God and reflect His character.

Think about ways you can create an atmosphere of peace at home. Maybe it's choosing to listen instead of interrupt, or asking for a break when tempers flare. Pray for wisdom to navigate difficult moments with grace, and trust that God is working in both your heart and your sibling's.

*God's peace surpasses just the absence of conflict—it's a powerful, active choice to promote understanding and healing.*



## Reflect and Apply

1. What role do you usually play when conflicts with your siblings happen?

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2. How can you take responsibility for your part in creating peace?

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3. What are some ways you can respond gently even when upset?

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# Journaling Prompts

1. Describe a recent argument with your sibling and how it ended.

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2. Journal about what 'peace' means in your family context.

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3. Plan one peaceful action you can take the next time conflict arises.

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Day 2: 🕊️ Pursuing Peace in Conflict

## Prayer for Today

**Lord**, help me to be a peacemaker in my home. Teach me how to control my words and actions when I'm upset. Give me the courage to seek peace, even when it's hard. Soften both my heart and my sibling's. Thank you for being my perfect example of peace and love. *Amen.* 🕊️ 🙏 🤍







## Day 3: 💡 Understanding Through Empathy



## Your Verse

*Philippians 2:4 - "Let each of you look not only to his own interests but also to the interests of others."*

## Supporting Scriptures

- *James 1:19 - "Everyone should be quick to listen, slow to speak and slow to become angry."*
- *Proverbs 18:13 - "To answer before listening—that is folly and shame."*



## Day 3: 💡 Understanding Through Empathy

## Devotional: Seeing Through Their Eyes

Sometimes sibling disagreements come from simply not understanding each other. **Philippians 2:4** reminds us to **consider the interests and feelings of others alongside our own**. Empathy means trying to see the situation from your sibling's point of view—even when it's difficult.

James encourages us to be quick to listen and slow to anger, which can help us better understand why our sibling might behave a certain way. Maybe they're hurting, stressed, or feel unheard. When we pause to listen carefully, we often discover that the conflict stems from unmet needs or misunderstandings rather than intentional hurt.

*Try to imagine your sibling's perspective today. What struggles or joys might they be experiencing? How might your words and actions affect them?*

Growing empathy helps build stronger, more compassionate relationships. It empowers you to respond with kindness and patience instead of frustration.



## Reflect and Apply

1. When was the last time you tried to see your sibling's side of a disagreement?

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2. How can active listening improve your relationship?

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3. What feelings might your sibling be dealing with that affect how they act?

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## Journaling Prompts

1. Write about a moment you felt misunderstood by your sibling.

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2. List ways you can show empathy when disagreements occur.

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3. Reflect on how listening more could change your sibling relationship.

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Day 3: 💡 Understanding Through Empathy

## Prayer for Today

**Father**, open my heart to truly understand my siblings. Help me listen more and judge less. Teach me to see their feelings and struggles with kind eyes. Give me empathy that leads to love and unity in our family. Thank you for your grace that helps me grow. *Amen.* 💬 💡 ❤️





## Day 4: 🤝 Forgiving and Letting Go



Day 4: 🧡🧡 Forgiving and Letting Go

## Your Verse

*Ephesians 4:32 - "Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."*

## Supporting Scriptures

- *Colossians 3:13 - "Bear with each other and forgive one another... Forgive as the Lord forgave you."*
- *Matthew 6:14 - "For if you forgive other people when they sin against you, your heavenly Father will also forgive you."*





Day 4: 💖 Forgiving and Letting Go

## Devotional: Freedom Through Forgiveness

Holding onto hurt and grudges with siblings can create walls that block love and peace. Thankfully, God teaches us to forgive as He has forgiven us.

**Ephesians 4:32** calls us to **kindness and forgiveness**, even when it feels unfair.

Forgiveness isn't just a feeling—it's a choice to release bitterness and choose grace. When you forgive your sibling, you're not saying what happened was okay, but you're choosing freedom over resentment. This frees both your heart and theirs to heal.

*Think of forgiveness as a gift you give not only to your sibling but also to yourself.* It breaks chains of anger and opens the door to restored relationships. Remember Jesus' words that forgiving others opens the way for God's forgiveness in your life, too.

Today, ask God to help you forgive and let go, walking forward in compassion and peace.



Day 4: 🧡🧡 Forgiving and Letting Go

## Reflect and Apply

1. Is there an unresolved hurt you're holding onto with your sibling?

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2. How can forgiving release you from bitterness?

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3. What steps can you take toward forgiveness today, even if trust is slow to return?

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Day 4: 🧡🧡 Forgiving and Letting Go

## Journaling Prompts

1. Write about a time you forgave or were forgiven—how did it feel?

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2. List the benefits of forgiveness for you and your sibling.

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3. Pray and write a forgiveness prayer for your sibling and yourself.

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Day 4: 💕 Forgiving and Letting Go

## Prayer for Today

**Lord Jesus**, thank you for forgiving me completely. Help me to forgive my siblings as you have forgiven me. Remove any bitterness or hurt in my heart and fill me with kindness and compassion. Teach me to choose grace, even when it's hard. Let your love heal our relationships. *Amen.* ❤️👉🙏





## Day 5: Growing in Patience and Humility



## Your Verse

*Galatians 5:22-23 - "But the fruit of the Spirit is... patience, kindness, goodness, faithfulness, gentleness and self-control."*

## Supporting Scriptures

- *Proverbs 19:11 - "A person's wisdom yields patience; it is to one's glory to overlook an offense."*
- *James 4:6 - "God opposes the proud but shows favor to the humble."*



## Devotional: Patient Love Reflects God's Spirit

Relating well with siblings requires patience and humility, qualities that reflect the fruit of the Spirit. **Galatians 5:22-23** highlights these traits as essential evidence of God's work in our hearts. Growing in patience means waiting calmly and kindly as your sibling works through their own struggles.

Proverbs reminds us that it's wise and honorable to overlook offenses, not always reacting to every slight or annoyance. Choosing humility, as James describes, means putting aside pride and selfishness to favor others.

*When we submit to God's Spirit, patience and humility help us love siblings with grace and understanding.* This doesn't mean tolerating hurt, but rather acting with kindness and control, allowing time and God's power to soften hearts.

Ask God today to nurture these fruits in you, so your family bonds can strengthen and flourish.



## Reflect and Apply

1. How do impatience and pride affect your sibling relationship?

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2. What does overlooking an offense look like in your daily life?

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3. How can humility transform your attitude toward family challenges?

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## Journaling Prompts

1. Write about a moment when patience changed a difficult situation.

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2. List ways you can practice humility with your siblings this week.

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3. Reflect on how the Holy Spirit helps you grow in loving others.

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Day 5: 🌱 Growing in Patience and Humility

## Prayer for Today

**Holy Spirit**, fill me with patience and humility in my relationships. Help me to overlook offenses and respond with grace. Teach me to reflect your fruit in how I treat my siblings, showing kindness even when it's hard. May my actions bring glory to God and healing to my family. *Amen.* 🌿 🙏 ❤️





## Day 6: 🙏 Trusting God to Change Hearts



Day 6: 🙏 Trusting God to Change Hearts

## Your Verse

*Proverbs 3:5-6 - "Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight."*

## Supporting Scriptures

- *Jeremiah 17:9 - "The heart is deceitful above all things and beyond cure. Who can understand it?"*
- *Philippians 1:6 - "He who began a good work in you will carry it on to completion until the day of Christ Jesus."*



Day 6: 🙏 Trusting God to Change Hearts

## Devotional: God Works in Hearts Over Time

When sibling relationships are strained, it's tempting to want immediate change. But God asks us to trust Him through the process. **Proverbs 3:5–6 encourages us to trust God wholeheartedly and not rely solely on our own understanding.** Family dynamics can be complex, and only God can truly change hearts and bring lasting peace.

Jeremiah reminds us that the human heart is often difficult to understand and heals slowly. Rather than becoming frustrated, trust that God's work in your sibling—and in you—is ongoing and faithful.

*Philippians 1:6 offers hope that God who started this work in your family will continue to guide and restore over time.* In the meantime, stay faithful in prayer, kindness, and love. Trust that God is the ultimate healer and reconciler, even when change seems slow or invisible.



## Reflect and Apply

1. What parts of your sibling relationship feel beyond your control?

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2. How have you seen God work quietly over time in your life or family?

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3. What does it mean to submit your family struggles to God's guidance?

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Day 6: 🙏 Trusting God to Change Hearts

## Journaling Prompts

1. Write a prayer of trust for God's work in your sibling relationship.

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2. Reflect on a time God changed your heart slowly but surely.

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3. List ways you can release control and let God lead family healing.

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Day 6: 🙏 Trusting God to Change Hearts

## Prayer for Today

**Lord**, I trust that you know my family's struggles better than I do. Help me to lean on your wisdom and timing, not my own understanding. Continue your good work in me and my siblings, bringing healing and peace. Remind me to be patient and faithful as you guide us. *Amen.* 🙏 ❤️ ✎







## Day 7: ✨ Celebrating Love and Growth



Day 7: ✨ Celebrating Love and Growth

## Your Verse

*1 Corinthians 13:4-7 - "Love is patient, love is kind... It always protects, always trusts, always hopes, always perseveres."*

## Supporting Scriptures

- *Romans 5:5 - "God's love has been poured out into our hearts through the Holy Spirit."*
- *Ephesians 4:2 - "Be completely humble and gentle; be patient, bearing with one another in love."*



Day 7: ✨ Celebrating Love and Growth

## Devotional: Choosing Love Daily

As this study concludes, reflect on the transforming power of love described in 1 Corinthians 13. Love is patient and kind, persevering through challenges. It's a choice you make daily, especially with siblings.

God pours His love into your heart through the Holy Spirit, giving you the ability to love beyond your own strength. **Ephesians 4:2 reminds us to be humble, gentle, and patient as we bear with one another lovingly.**

Celebrate the growth you've made through this week of reflection and prayer. Every small step toward understanding, peace, and forgiveness reflects God's work. Keep choosing love, remembering that perfect harmony may not come instantly, but love always holds the promise of hope and healing.

*May your sibling relationships continue to grow stronger as God's love shines through you.*



Day 7: ✨ Celebrating Love and Growth

## Reflect and Apply

1. How has your perspective on sibling love changed this week?

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2. What love qualities do you want to keep developing?

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3. How can you continue to nurture peace and forgiveness going forward?

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# Journaling Prompts

1. Write about a positive change in your relationship from this study.

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2. List your favorite Bible verses about love and family.

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3. Set three love-centered goals for your relationship with your siblings.

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Day 7: ✨ Celebrating Love and Growth

## Prayer for Today

**Gracious God**, thank you for teaching me how to love my siblings better. Help me to continue showing patience, kindness, and forgiveness every day. Fill my heart with your love and guide my actions with humility and gentleness. May my family reflect your hope and peace as we grow together. *Amen.* ❤️





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