



Making Time for God: A 7-Day Journey with Children



Explore how to nurture children's faith by
prioritizing daily time with God, creating habits that
last a lifetime.

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Introduction

Welcome to your 7-day journey on making time for God each day, especially focusing on children. In a fast-paced world filled with distractions, it can be challenging to carve out intentional moments for spiritual growth. This study invites you to discover the importance of setting aside daily time for God, particularly as it relates to children's spiritual development.

Throughout these seven days, we'll explore Biblical principles highlighting the value of children in God's kingdom and the significance of nurturing their faith early on. Whether you are a parent, teacher, or caregiver, these daily readings, reflections, and prayers will inspire you to build meaningful habits and create lasting moments of connection with God alongside the young ones in your life.

Children hold a special place in Scripture and God's heart: Jesus himself called children to come to Him and taught us about the purity and trust we must emulate. In doing so, God challenges us to prioritize their spiritual journey by modeling daily devotion and time spent with Him.

As you engage with this plan, remember it's not about perfection but intentionally making time to grow closer to God, encouraging children to do the same—and showing them the joy and peace found in His presence. Let's begin this enriching journey of faith together.





Day 1: ✨ The Value of Children in God's Eyes



Day 1: ✨ The Value of Children in God's Eyes

Your Verse

Mark 10:14 – "Let the little children come to me, and do not hinder them, for the kingdom of God belongs to such as these."

Supporting Scriptures

- *Matthew 19:14 – "Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these."*
- *Psalms 127:3 – "Children are a heritage from the Lord, offspring a reward from him."*



Day 1: ✨ The Value of Children in God's Eyes

Devotional: Recognizing the Precious Value of Children

God loves children deeply and invites them into His kingdom with open arms. In Mark 10:14, Jesus demonstrates this by welcoming children warmly and emphasizing their importance in the kingdom of God. This passage serves as a powerful reminder that children hold value not because of status or accomplishments but simply because they belong to God.

As caregivers and believers, this challenges us to prioritize children in our spiritual lives—not as a side note but as key members of God's family. Making time for God each day helps us reflect that same love and value to children, teaching them how much God treasures them.

Start today by acknowledging the importance of consistent, devoted time for God. Whether it's with your own children, children you care for, or your own inner child journey, this commitment sets the foundation for lifelong faith rooted in God's love.



Day 1: ✨ The Value of Children in God's Eyes

Reflect and Apply

1. How do I currently view children in the context of God's kingdom?

2. What barriers might I be putting between children and making time for God?

3. How can I better demonstrate the importance of children's spiritual growth daily?



Day 1: ✨ The Value of Children in God's Eyes

Journaling Prompts

1. Write about a childhood memory where you felt God's presence closely.

2. List ways you can encourage children to spend time with God every day.

3. Reflect on how valuing children spiritually changes your approach to your own faith.



Day 1: ✨ The Value of Children in God's Eyes

Prayer for Today

Father, thank You for the precious gift of children and for valuing them so highly in Your kingdom. *Help us to honor them* by making time for You each day, leading by example and nurturing their faith. **Teach us patience and love** as we guide the young in Your ways. May the children in our lives feel deeply loved and connected to You. In Jesus' name, Amen.





Day 2: 🕒 Prioritizing God in Busy Days



Day 2: 📅 Prioritizing God in Busy Days

Your Verse

Psalms 90:12 - "Teach us to number our days, that we may gain a heart of wisdom."

Supporting Scriptures

- *Ecclesiastes 3:1 - "There is a time for everything, and a season for every activity under the heavens."*
- *Luke 10:27 - "Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind."*



Day 2: 📅 Prioritizing God in Busy Days

Devotional: Wisely Prioritizing God Amid Chaos

Life gets busy, especially when caring for children, but God calls us to wisdom in managing our time. Psalm 90:12 reminds us to number our days, encouraging intentional living with purpose and priorities. This is vital when it comes to making time for God amidst the demands of parenting or caregiving.

Setting aside even small, consistent moments — a short prayer, Bible reading, or quiet reflection — demonstrates to children that God holds the highest place in our lives. It is less about length of time and more about heartfelt commitment.

Try today to identify the natural rhythms of your day and find those pockets where you can invite God in. Whether it's morning cuddles with a simple prayer or bedtime Bible stories, these moments become the foundation of faith habits that children will carry forever.



Day 2: 📅 Prioritizing God in Busy Days

Reflect and Apply

1. What part of my day is most challenging to dedicate to God?

2. How can I model prioritizing God to children when life gets overwhelming?

3. What small daily habits can we start today to learn more about God?



Day 2: 🕒 Prioritizing God in Busy Days

Journaling Prompts

1. Track your daily schedule and note times where God-focused moments could fit.

2. Reflect on why making time for God is worth the effort despite busyness.

3. Plan one new spiritual habit you can introduce with children this week.



Day 2: 🕒 Prioritizing God in Busy Days

Prayer for Today

Lord, guide me to wisely manage my time so that You remain the center of my day. *Help me create sacred moments* with the children in my life, teaching them to love You wholly. Give me wisdom to balance life's tasks and remain faithful in nurturing our souls. Thank You for Your patience and grace. Amen.





Day 3: Teaching Children God's Word



Your Verse

Deuteronomy 6:6-7 - "These commandments that I give you today are to be on your hearts. Impress them on your children. Talk about them when you sit at home..."

Supporting Scriptures

- *Proverbs 22:6 - "Start children off on the way they should go, and even when they are old they will not turn from it."*
- *Psalms 119:105 - "Your word is a lamp to my feet and a light to my path."*



Devotional: Embedding God's Word in Daily Life

God commands us not only to live His Word but to impress it on our children consistently. Deuteronomy 6:6-7 highlights the importance of embedding God's teachings in daily life through conversations, actions, and routines.

By weaving Scripture into everyday moments like meals, play, and bedtime, children absorb God's truth naturally, creating a strong spiritual foundation. This daily intentionality helps children see God's Word not as abstract rules but as a lamp guiding their path.

Consider incorporating brief Bible stories or verses with children each day. Celebrate discoveries together and make learning about God a joyful, ongoing experience. When time is limited, quality and consistency trump quantity.



Reflect and Apply

1. How do I currently share God's Word with children during daily routines?

2. What practical steps can I take to make Scripture a natural part of each day?

3. How does God's Word provide guidance and comfort for children I know?



Journaling Prompts

1. Write down your favorite Bible verse to share with children.

2. Create a simple plan for sharing a Bible story each day this week.

3. Reflect on the impact of God's Word in your own childhood or life.



Day 3:  Teaching Children God's Word

Prayer for Today

Father God, thank You for Your Word, a lamp to our feet and a guide for all generations. *Give me creativity and patience* to teach children Your truth in ways they understand and love. Help us to cherish these moments daily, embedding Your commandments on our hearts. May Your Word grow deep roots in their lives and ours. In Jesus' name, Amen.





Day 4: 💖 Modeling a Loving Relationship with God



Day 4: ❤️ Modeling a Loving Relationship with God

Your Verse

1 John 4:19 - "We love because he first loved us."

Supporting Scriptures

- *Ephesians 4:32 - "Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."*
- *John 13:34 - "A new command I give you: Love one another. As I have loved you, so you must love one another."*



Day 4: ❤️ Modeling a Loving Relationship with God

Devotional: Reflecting God's Love Through Daily Actions

Our love for God is reflected in how we love those around us, especially children. 1 John 4:19 reminds us that our ability to love begins with recognizing God's love for us first. When children see authentic love—patience, kindness, and forgiveness—it demonstrates God's character more powerfully than words alone.

Modeling a loving relationship with God means living out faith in everyday actions. It means showing children that spending time with God flows into how we treat others. This daily overflow of love helps children understand God's presence as tangible and relational, not distant or abstract.

Invest intentional time each day to nurture your own connection with God and express that love openly. The children around you will learn more from your life than any lesson alone.



Day 4: ❤️ Modeling a Loving Relationship with God

Reflect and Apply

1. In what ways do my daily actions reflect God's love to children?

2. How can I deepen my personal relationship with God to better model faith?

3. What examples of love and forgiveness can I intentionally share with children?



Day 4: ❤️ Modeling a Loving Relationship with God

Journaling Prompts

1. Describe a time you experienced God's love and how it affected you.

2. List practical ways to show God's love during busy or challenging days.

3. Plan an act of kindness to do with a child this week to demonstrate God's love.



Day 4: ❤️ Modeling a Loving Relationship with God

Prayer for Today

Loving God, thank You for loving us first and teaching us how to love others. *Help me live out this love authentically* so children can see and receive Your grace. Fill my heart with kindness, patience, and forgiveness, that my actions reflect Your goodness every day. May my life be a mirror of Your love. In Jesus' name, Amen.





Day 5: 🙏 Encouraging Prayer with Children



Day 5: 🙏 Encouraging Prayer with Children

Your Verse

Philippians 4:6 - "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God."

Supporting Scriptures

- *Matthew 18:20 - "For where two or three gather in my name, there am I with them."*
- *1 Thessalonians 5:17 - "Pray continually."*



Day 5: 🙏 Encouraging Prayer with Children

Devotional: Cultivating Daily Prayer Habits with Children

Prayer is a powerful way to connect with God and to teach children to rely on Him daily. Philippians 4:6 encourages us to bring every worry, joy, and need before God with thanksgiving. This openness builds trust in God's faithfulness, even for young hearts.

Encourage children to express their thoughts and feelings through prayer, making it a natural part of their day. Whether in moments of gratitude, confession, or asking for help, prayer invites God's presence directly into everyday life.

Try starting or ending the day with simple prayers, involving children in conversations with God. This practice forms a secure foundation of faith, teaching them that God listens and cares deeply.



Day 5: 🙏 Encouraging Prayer with Children

Reflect and Apply

1. How comfortable am I including children in prayer times?

2. What fears or distractions hinder me from dedicating daily prayer moments?

3. How can I encourage children to pray with honesty and thanksgiving?



Day 5: 🙏 Encouraging Prayer with Children

Journaling Prompts

1. Record a prayer you often use with children and its impact.

2. Write down ways to make prayer fun and inviting for kids.

3. Reflect on how prayer has helped you or a child during hard times.



Day 5: 🙏 Encouraging Prayer with Children

Prayer for Today

Gracious Father, thank You for always listening when we come to You in prayer. *Help me teach and encourage children* to bring their hearts to You each day with honesty and joy. May our prayers be filled with thanksgiving and trust, knowing You care for every detail. Draw us close as we talk to You regularly. In Jesus' name, Amen.





Day 6: 👤 Building Community Around Faith



Your Verse

Hebrews 10:24-25 - "And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together..."

Supporting Scriptures

- *Matthew 18:20 - "For where two or three gather in my name, there am I with them."*
- *Colossians 3:16 - "Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom."*



Devotional: Faith Flourishes in Community and Fellowship

Faith grows stronger when nurtured in the context of community. Hebrews 10:24-25 reminds us of the importance of coming together regularly to encourage and support one another.

For children, being part of a loving faith community deepens their connection to God and provides examples of mature believers walking with Him daily. Whether through church, small groups, or family gatherings, these relationships reinforce the value of making time for God together.

Seek out or create opportunities for children to engage with others around Scripture, prayer, and worship. Community amplifies the impact of daily devotion and nurtures lasting faith.



Reflect and Apply

1. How is my family or child connected to a faith community?

2. What barriers exist to gathering regularly for worship or study?

3. How can we actively encourage and support each other's spiritual growth?



Journaling Prompts

1. List people or groups who encourage your faith journey.

2. Plan a family or group activity centered on worship or Scripture.

3. Reflect on the difference community makes in your faith life.



Day 6: 👥 Building Community Around Faith

Prayer for Today

Lord, thank You for the blessing of community and fellowship. *Help us to seek and nurture groups that encourage faith* where children can grow surrounded by love and wisdom. Unite us in Your Spirit that our faith builds up one another and points us toward You daily. May our gatherings glorify You. Amen.





Day 7: Consistent Devotion, Lasting Impact



Day 7: 🌞 Consistent Devotion, Lasting Impact

Your Verse

Joshua 1:8 - "Keep this Book of the Law always on your lips; meditate on it day and night... then you will be prosperous and successful."

Supporting Scriptures

- *Psalm 1:2 - "...but whose delight is in the law of the Lord, and who meditates on his law day and night."*
- *2 Timothy 3:16 - "All Scripture is God-breathed and is useful for teaching..."*



Day 7: 🌅 Consistent Devotion, Lasting Impact

Devotional: Commit to Daily Devotion for Lifelong Faith

The foundation of a strong and lasting faith is consistent, daily devotion to God's Word. Joshua 1:8 emphasizes the blessings that come by meditating on Scripture day and night, embedding God's truth deep in our hearts and minds.

When children see devotion modeled daily, it helps shape their understanding of God as a constant presence and guide. It's the small, repeated moments of prayer, reading, and reflection that compound over time into flourishing faith.

Today, recommit to making time for God each day—no matter how busy the schedule—knowing that this discipline impacts not only your life but also the children watching you. The legacy of God-centered living starts by planting seeds today.



Reflect and Apply

1. What daily habits help me and children stay connected to God's Word?

2. How can I maintain consistency despite challenges?

3. What long-term impact do I hope to see from daily devotion in children?



Journaling Prompts

1. Describe your ideal daily devotional time with children.

2. List obstacles to daily devotion and brainstorm solutions.

3. Write a prayer of commitment to prioritize God every day.



Day 7: 🌅 Consistent Devotion, Lasting Impact

Prayer for Today

God, thank You for Your Word that guides and sustains us. *Help me commit* to daily devotion, inspiring children to see You as their constant source of wisdom and hope. May this discipline transform our hearts and shape lasting faith. Strengthen us to persevere each day in seeking You. In Jesus' name, Amen.





Where God's Word Meets Your Daily Life

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