Marriage: Equipping Families with Biblical Truth



A 7-day study to help parents answer kids' questions about marriage with biblical clarity and grace.





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Introduction

Marriage is one of the most beautiful and complex relationships God has designed. As parents, we have the sacred responsibility to guide our children not just in everyday life, but also in understanding the spiritual foundation of marriage. How do we equip ourselves to respond well when kids ask tough questions about love, commitment, and family? This study will help you explore biblical truths about marriage and prepare you to answer your child's questions with clarity, grace, and confidence.

Children are naturally curious and often pose questions that challenge us to think deeply about God's plan for relationships. They may wonder why marriage exists, what love really means, or how to handle conflict. When we respond with Scripture-based answers, we offer them a solid foundation that will shape their understanding for years to come.

Throughout this 7-day study, we will explore God's design for marriage—from love and unity to forgiveness and faithfulness. Each day includes Scripture passages, devotional thoughts, reflection questions, and journaling prompts to help you internalize these truths and gain wisdom in your conversations with your children.

By the end of this journey, you will be better equipped to:

- Understand biblical principles of marriage relevant to kids' questions.
- Communicate those truths clearly and gently.







• Instill God-honoring values in your family's foundation.

Remember, marriage is not just for adults — it is a gift from God meant to teach us about His love for us. Let's embrace this opportunity to model and share that love with our children as we grow together in faith and understanding.

















Your Verse

Genesis 2:24 – "That is why a man leaves his father and mother and is united to his wife, and they become one flesh."

Supporting Scriptures

- Ephesians 5:31 "For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh."
- Matthew 19:6 "So they are no longer two, but one flesh. Therefore what God has joined together, let no one separate."







Devotional: Understanding God's Purpose for Marriage

Marriage is God's intentional design for companionship, unity, and love. From the very beginning, God created marriage to be a lifelong partnership where two become one. This unity is more than physical—it's about emotional and spiritual bonding.

When kids ask why marriage exists, you can explain that God designed it so people can share life deeply and care for each other as a family. It reflects God's heart for connection and love. As parents, teaching children this foundational truth helps them see marriage not just as a social custom, but as a holy covenant established by God.

How can you model this unity in your family? How does understanding marriage as God's design help you answer your child's curious questions? Embracing these truths not only strengthens your marriage but also clarifies your children's understanding.







Reflect and Apply

| | How does knowing marriage is God's design change the way I view my relationship? |
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| 2. | What questions about marriage might my child be curious to ask? |
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| | In what ways can our family demonstrate the unity God desires in marriage? |
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Journaling Prompts

| | Write about what marriage means to you and how God's design influences your view. |
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| 2. | List some questions your child has asked or might ask about marriage. |
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| | Reflect on ways you can demonstrate God's unity in your home this week. |
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Prayer for Today

Lord, thank You for Your perfect design of marriage. Help me to understand and embrace this gift so I can teach my children with wisdom and love. Give me clarity when answering their questions and grace to model unity daily. May our family reflect Your covenant love in all we do. *Amen.* \rightleftharpoons \bigwedge









Day 2: ♥ Love – The Heart of Marriage









Day 2: ♥ Love – The Heart of Marriage

Your Verse

1 Corinthians 13:4 – "Love is patient, love is kind. It does not envy, it does not boast, it is not proud."

Supporting Scriptures

- Ephesians 4:2 "Be completely humble and gentle; be patient, bearing with one another in love."
- Colossians 3:14 "And over all these virtues put on love, which binds them all together in perfect unity."







Day 2: ♥ Love — The Heart of Marriage

Devotional: The Patient and Kind Love God Calls Us To

Love is the foundation of every strong marriage,

When children ask what love means in marriage, remind them that love isn't just a feeling but a choice to be kind, forgiving, and patient even when it's hard. This helps kids understand that marriage is about commitment and grace, not just romance.

By embodying this love in your marriage and family life, you provide a living example children can see and learn from. Teaching God's love prepares them to have healthy relationships in the future.







Day 2: ♥ Love — The Heart of Marriage

Reflect and Apply

| | How does God's description of love challenge how I express love in marriage? |
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| 2. | How can I teach my children that love is an action, not just a feeling? |
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| | In what ways can I show patience and kindness to my spouse and family today? |
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Day 2: ♥ Love – The Heart of Marriage

Journaling Prompts

| 1. | Describe what loving patiently and kindly looks like in your marriage. |
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| 2. | Write a letter to your child explaining God's love in simple words. |
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| 3. | Reflect on a recent time you practiced forgiving love and how it affected your relationship. |
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Day 2: ♥ Love – The Heart of Marriage

Prayer for Today

Dear Lord, teach me to love as You love. Fill my heart with patience, kindness, and humility. Help me to demonstrate this love to my spouse and children so they may see Your grace through our family. Guide my words and actions so I can answer their questions with truth and gentleness. *Thank You, God.* \heartsuit









Day 3: Commitment and Faithfulness









Day 3: 🎔 Commitment and Faithfulness

Your Verse

Malachi 2:14 - "The Lord is acting as the witness between you and the wife of your youth, because you have broken faith with her."

Supporting Scriptures

- Hebrews 13:4 "Marriage should be honored by all, and the marriage bed kept pure."
- Romans 12:10 "Be devoted to one another in love. Honor one another above yourselves."







Day 3: 💛 Commitment and Faithfulness

Devotional: Honoring Marriage Through Faithful Commitment

Marriage involves deep commitment and faithfulness,

This teaches children that marriage isn't about convenience or feelings that come and go but about honoring and caring for one another faithfully. When we discuss commitment, we also explain the value of trust and respect as cornerstones of healthy relationships.

Reflect on the promises made in your marriage and how you can model this faithfulness to your children. Consider how you answer their curiosity about what it means to be committed.







Day 3: 🌣 Commitment and Faithfulness

Reflect and Apply

| 1. | What does faithfulness in marriage mean in practical terms? |
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| | How can I help my children understand the importance of keeping promises? |
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| 3. | In what ways does honoring my spouse impact our family's example? |
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Day 3: 🌣 Commitment and Faithfulness

Journaling Prompts

| 1. | Recall how your marriage vows reflect God's call to faithfulness. |
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| 2. | Write down ways you can demonstrate commitment to your children through actions. |
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| | Think about a time your commitment was tested and how you responded. |
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Day 3: 🎔 Commitment and Faithfulness

Prayer for Today

Lord, strengthen my commitment to my spouse. Help me be faithful as You are faithful. Teach me to honor the promises made in marriage and to model trust and respect for my children. May my marriage witness Your steadfast love and commitment. *Amen.* \heartsuit \curlywedge δ









Day 4: 🥰 Forgiveness in Marriage









Day 4: S Forgiveness in Marriage

Your Verse

Colossians 3:13 – "Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you."

Supporting Scriptures

- Ephesians 4:32 "Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."
- Matthew 18:21–22 "...Lord, how many times shall I forgive my brother or sister who sins against me? Up to seven times? Jesus answered, 'I tell you, not seven times, but seventy-seven times.""







Day 4: 🐯 Forgiveness in Marriage

Devotional: The Grace of Forgiveness in Marriage

Forgiveness is a vital part of every marriage.

Teaching kids that forgiveness is a choice to let go of hurt—just as God forgives us—gives them a powerful lesson on grace. It also shows that marriage is a journey of growing in love despite imperfections.

As you cultivate forgiveness in your marriage, you model God's mercy and teach your children how to apply grace in all relationships.







Day 4: 🐯 Forgiveness in Marriage

Reflect and Apply

| 1. | How has God's forgiveness impacted my marriage? |
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| | What are some ways I can better forgive and ask for forgiveness in my relationship? |
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| 3. | How can I teach my children the importance of forgiving others? |
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Day 4: W Forgiveness in Marriage

Journaling Prompts

| 1. | Write about a time forgiveness changed your marriage situation. |
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| 2. | List practical steps you can take to foster forgiveness in your home. |
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| 3. | Reflect on how God's forgiveness provides a model for your family. |
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Day 4: W Forgiveness in Marriage

Prayer for Today

Father, thank You for forgiving me countless times. Help me to forgive my spouse and family members as freely as You forgive me. Teach me to extend grace and healing in conflicts, so our marriage reflects Your mercy. Strengthen our hearts to restore unity through forgiveness. *In Jesus' name, Amen.* 🖏 🙏 🖤









Day 5: Family and Marriage









Day 5: Ramily and Marriage

Your Verse

Psalm 127:3 - "Children are a heritage from the Lord, offspring a reward from him."

Supporting Scriptures

- Proverbs 22:6 "Start children off on the way they should go, and even when they are old they will not turn from it."
- Deuteronomy 6:6-7 "These commandments that I give you today are to be on your hearts. Impress them on your children. Talk about them when you sit at home..."







Day 5: Family and Marriage

Devotional: Marriage Creates a Foundation for Family

Marriage and family are deeply intertwined

When kids ask about the role of family, parents can explain that marriage creates a safe, loving environment God designed for nurturing children and teaching them about Him. It's within the family that faith is passed down and lived out daily.

Understanding this helps parents see marriage not only as a two-person relationship but as a vital context for shaping future generations in God's truth.







Day 5: 🌠 Family and Marriage

Reflect and Apply

| 1. | How is my marriage providing a spiritual foundation for my children? |
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| 2. | What values are we teaching through our family life? |
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| | How can I better impress God's truths on my children through our example? |
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Day 5: 🌠 Family and Marriage

Journaling Prompts

| 1. | Reflect on what your marriage teaches your children every day. |
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| 2. | Write about ways you can improve spiritual training in your home. |
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| 2 | List family traditions or conversations that promote faith and love. |
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Day 5: Ramily and Marriage

Prayer for Today









Day 6: Speaking Truth with Grace









Day 6: Speaking Truth with Grace

Your Verse

Colossians 4:6 – "Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone."

Supporting Scriptures

- Ephesians 4:15 "Speak the truth in love, growing in every way more and more like Christ."
- Proverbs 15:1 "A gentle answer turns away wrath, but a harsh word stirs up anger."







Day 6: Speaking Truth with Grace

Devotional: Communicating Biblical Truth with Kindness

Answering children's questions about marriage requires both truth and grace.

When your child asks difficult questions, it's important to respond in a way that is truthful yet gentle, respectful yet clear. This teaches children that biblical truth is not harsh but life-giving and filled with love.

Reflect on your communication style: Does it reflect Christ's love? Are you patient and gentle when sharing biblical truths? Cultivating this grace will prepare you to answer your children thoughtfully.







Day 6: 🙅 Speaking Truth with Grace

Reflect and Apply

| 1. | How can I balance truth and grace in difficult conversations? |
|----|---|
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| 2. | What steps can I take to listen better to my children's questions? |
| | |
| 3. | How does Christ's example influence the way I discuss tough topics? |
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Day 6: 🙅 Speaking Truth with Grace

Journaling Prompts

| | Journal about a time you responded with grace and how it affected the outcome. |
|---|--|
| | Write down strategies for answering your child's questions with kindness. |
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| | Reflect on what you want your children to learn about speaking truth in love. |
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Day 6: 🙎 Speaking Truth with Grace

Prayer for Today

Father, fill my heart with grace and wisdom. Help me to answer my children's questions with kindness and truth so they may grow in understanding and faith. Teach me to listen carefully and respond in love, following Jesus' example. *Thank You for Your guidance.*









Day 7: Reflecting God's Love in Marriage









Day 7: PReflecting God's Love in Marriage

Your Verse

Ephesians 5:25 – "Husbands, love your wives, just as Christ loved the church and gave himself up for her."

Supporting Scriptures

- 1 John 4:19 "We love because he first loved us."
- Song of Solomon 8:7 "Many waters cannot quench love; rivers cannot sweep it away."







Day 7: PReflecting God's Love in Marriage

Devotional: Modeling Christ's Selfless Love in Marriage

Marriage is a powerful way to reflect God's unconditional love.

Encourage your children to understand that while all relationships have challenges, the goal is to love as God loves. This shapes their worldview and their hopes for their own future relationships.

As you conclude this study, ask God to help your marriage mirror His perfect love and your family be a beacon of that truth.







Day 7: Reflecting God's Love in Marriage

Reflect and Apply

| 1. | How does Christ's love inspire my marriage and family life? |
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| 2. | In what ways can I more fully reflect God's love to my children? |
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| 3. | What legacy of love do I want to leave for the next generation? |
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Day 7: Reflecting God's Love in Marriage

Journaling Prompts

| 1. | Write about how your marriage reveals God's love to your family. |
|----|---|
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| 2. | Reflect on ways to grow in selfless love toward your spouse and children. |
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| 3. | Imagine how your children might describe love based on what they see at home. |
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Day 7: PReflecting God's Love in Marriage

Prayer for Today

Lord Jesus, thank You for loving us first. Help me to love my spouse and family with Your selfless, enduring love. May our marriage shine Your light and teach our children about the depth of Your grace. Strengthen us to live out Your love daily. *Amen.* 🔑 🙏 📋







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