



Navigating Dreams and Detours with Faith



Explore how to trust God's perfect plan when your dreams shift, learning to embrace His guidance through unexpected life turns.



Table of contents

<u>Introduction</u>	3
<u>Day 1: ✨ Embracing Your Dreams with God's Guidance</u>	4
<u>Day 2: 🌈 Handling Unexpected Detours with Faith</u>	10
<u>Day 3: 🏔️ Surrendering to God's Perfect Plan</u>	16



Introduction

Welcome to this three-day Bible study on Dreams and Detours! As a teen, you're at a pivotal point in life where hopes and goals begin to take shape. *It's exciting* to imagine the future you want, but sometimes, life's paths don't follow the map we drew in our minds. This journey will help you reflect on your dreams and learn to navigate those surprising detours with faith and trust in God's plan.

In scripture, we see many stories of young people who faced unexpected changes but stayed faithful. Just like them, you can learn that God's plan is not just the road you expect but the road you need — one that shapes you, strengthens you, and leads you to where you belong. Trusting God means surrendering our desires and embracing His timing and purpose, even when it looks different from what we imagined.

Throughout these days, you'll explore how to hold your dreams lightly and hold God tightly. You'll gain courage and wisdom to face uncertainties knowing that God's way is always best. Get ready to discover how your unique story fits beautifully into God's bigger picture, even when it includes surprising turns.

Let's begin this journey together, daring to dream but also daring to trust. Remember, with God guiding your steps, no detour is wasted—in fact, every turn can bring you closer to His blessings and purpose!





Day 1: ✨ Embracing Your Dreams with God's Guidance



Day 1: ✨ Embracing Your Dreams with God's Guidance

Your Verse

Proverbs 3:5-6 - "Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight."

Supporting Scriptures

- *Jeremiah 29:11 - "For I know the plans I have for you,' declares the LORD, 'plans to prosper you and not to harm you, plans to give you a hope and a future.'"*
- *Psalms 37:4 - "Take delight in the LORD, and he will give you the desires of your heart."*



Devotional: Trusting God with Your Hopes and Dreams

Dreams fuel hope and direction in life—but are we ready to trust God fully with them? As teens, you might have big plans and exciting goals, but it's important to remember that God holds the ultimate plan for your life. *When we place our trust in Him*, He promises to guide us along the right paths even when those paths look unfamiliar.

Proverbs 3:5–6 reminds us not to rely on our own understanding. Sometimes, our ideas about how things should happen differ from God's perfect wisdom. But submitting your dreams to God means you're choosing to trust His heart over your own. It's learning that His path is often better than any road we can imagine.

God's plans, as Jeremiah 29:11 assures, are filled with hope and a future. But it might not be the immediate or easy route we want. Delight in God and watch how He aligns your desires with His purposes. Your dreams are precious, but God's guidance is priceless.

Today, *take a moment to share your dreams with God openly.* Ask Him to help you trust Him with every hope and future plan. Let His peace fill your heart as you lean not on your own understanding but lean into His love and care.



Reflect and Apply

1. What are some dreams or goals currently on your heart?

2. How do you react when your plans don't go the way you expect?

3. In what ways can trusting God change how you pursue your dreams?



Journaling Prompts

1. Write down your biggest dream right now and why it matters to you.

2. Reflect on a time when something didn't go as planned but later worked out well.

3. List ways you can invite God into your dreams and decisions this week.



Day 1: ✨ Embracing Your Dreams with God's Guidance

Prayer for Today

Dear God, thank You for hearing my dreams and hopes. Help me trust You completely, even when I don't understand what's ahead. Teach me to lean on Your wisdom and love, knowing You guide every step I take. Please give me peace when plans change and courage to follow Your path. I choose to submit my future to You today.





Day 2: 🌈 Handling Unexpected Detours with Faith



Your Verse

Romans 8:28 - "And we know that in all things God works for the good of those who love him, who have been called according to his purpose."

Supporting Scriptures

- *Isaiah 55:8-9 - "For my thoughts are not your thoughts, neither are your ways my ways,' declares the LORD."*
- *James 1:2-3 - "Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance."*



Devotional: Faith in Life's Unexpected Turns

Life rarely follows a straight path, especially with dreams involved. There are times when unexpected events change everything, and it's natural to feel disappointed or confused. But these detours are part of God's bigger picture, shaping your character and drawing you closer to Him.

Romans 8:28 assures us that God works all things — even challenges and setbacks — for our good. This doesn't mean every moment feels good, but if you love God, He uses every event, pleasant or painful, for His purpose in you.

Isaiah reminds us that God's ways and thoughts are higher than ours. When life feels off course, it's God's loving hands steering the story in ways we can't fully see yet. James encourages us to find joy in trials, understanding they produce perseverance and strengthen our faith.

Today, **lean into God's presence during any detours you face.** Trust that no setback is wasted and God's purpose for you is unfolding faithfully. Your detours may be challenging, but they're also opportunities for growth and deeper trust.



Reflect and Apply

1. What detours or setbacks have you experienced recently?

2. How have these moments shaped your faith or understanding of God?

3. How can you invite God into times of difficulty instead of resisting change?



Journaling Prompts

1. Describe a situation where a change in plans led to a positive outcome.

2. Write about how your faith was challenged and strengthened during a tough time.

3. List practical ways you can respond with faith next time life takes an unexpected turn.



Day 2: 🌈 Handling Unexpected Detours with Faith

Prayer for Today

Lord, thank You for walking with me through life's surprises and detours. Help me trust that You are working everything for my good, even when I don't understand. Give me strength to face challenges with joy and perseverance. Teach me to lean on Your higher wisdom and love every step of the way.





Day 3: Surrendering to God's Perfect Plan



Your Verse

Psalms 32:8 – "I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you."

Supporting Scriptures

- *Matthew 6:33 – "But seek first his kingdom and his righteousness, and all these things will be given to you as well."*
- *Philippians 4:6-7 – "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."*



Devotional: Peace in Trusting God's Guidance

Surrendering your dreams and plans to God is an act of trust and courage. It means saying, "Your plan is better than mine," even when that path is unknown or different from what you hoped for. *Psalm 32:8 beautifully promises that God will guide you tenderly and personally.*

When you prioritize seeking God's kingdom, as Matthew 6:33 encourages, everything else falls into its right place. This doesn't mean life will be easy, but it means you won't be navigating alone.

Philippians offers us a powerful promise for worry and uncertainty. Presenting your requests with thanksgiving invites God's peace to guard your heart and mind—covering you with His presence so you can face life with calm confidence.

Today, practice surrendering your plans and fears to God. Allow His counsel and peace to shape your heart's desires. Remember, His loving eye is always upon you, guiding your journey perfectly.



Reflect and Apply

1. What fears or uncertainties do you feel about your future dreams?

2. How can seeking God first change the way you face those uncertainties?

3. What does surrendering your plans to God look like practically in your life?



Journaling Prompts

1. Write a prayer surrendering your goals and future to God's care.

2. List ways you can seek God's kingdom first in daily decisions.

3. Describe how you can invite God's peace into moments of anxiety or doubt.



Day 3: 🏔️ Surrendering to God's Perfect Plan

Prayer for Today

Father, guide me in the way I should go. Help me to seek Your kingdom above all else and to surrender my plans and fears into Your loving hands. Fill me with Your peace that passes all understanding and guard my heart through every step. Thank You for Your constant, loving presence.





Where God's Word Meets Your Daily Life

A Personal Invitation from HolyJot

We pray this Bible Study has blessed you and drawn you closer to the heart of God. If you enjoyed this study, we'd love for you to join our growing HolyJot community online.



What you'll discover when you visit [HolyJot.com](https://www.holyjot.com):



 100k+ Bible Study Plans on every topic of life

 Access studies anytime on your phone, tablet, or computer

 Studies for individuals, families, small groups, and churches

 Secure online journaling — or keep using print for privacy

 A place to grow your faith alongside believers worldwide

Bonus for You:

Download exclusive study bundles and resources when you create a [free HolyJot account](#). No spam. No gimmicks. Just God's Word.

Visit Now:

 [www.HolyJot.com](https://www.holyjot.com)

 Scan this QR code to start your next Bible Study today:



 We'd love to hear your story.
Email us at info@holyjot.com.

 Connect with us at:

[Facebook](#) • [Instagram](#) • [YouTube](#) • [TikTok](#)



You are welcome to share this PDF with others.
Please keep it intact so the full study and credits remain.

© 2025 HolyJot LLC. All Rights Reserved.