



One More Day with God: Hope and Strength for Women



Daily encouragement from Scripture for women holding on through unbearable moments, finding strength and hope in God's unfailing love.

Table of contents

<u>Introduction</u>	4
<u>Day 1: 🌸 God's Love in Your Darkness</u>	5
<u>Day 2: 🌷 Strength Like Deborah</u>	11
<u>Day 3: 🌹 Mary's Quiet Faith</u>	17
<u>Day 4: 🌼 Ruth's Loyalty and Hope</u>	23
<u>Day 5: 🌻 Esther's Boldness</u>	29
<u>Day 6: 🌺 Hannah's Prayer of Hope</u>	35
<u>Day 7: 🌿 Mary Magdalene's Devotion</u>	41
<u>Day 8: 🌸 Elizabeth's Encouraging Spirit</u>	47
<u>Day 9: 🌹 Anna's Persevering Faith</u>	53
<u>Day 10: 🌼 Women United in Prayer</u>	59
<u>Day 11: 🌻 Abigail's Wisdom and Peace</u>	65
<u>Day 12: 🌸 The Woman with the Alabaster Jar</u>	71
<u>Day 13: 🌷 Women Serving with Joy</u>	77
<u>Day 14: 🌻 Joyful Worship Like Miriam</u>	83
<u>Day 15: 🌹 The Persistent Widow's Faith</u>	89
<u>Day 16: 🌼 Gracious Hospitality of Lydia</u>	95



<u>Day 17: 🌸 Priceless Daughter of God</u>	101
<u>Day 18: 🌷 Anna's Joy in Waiting</u>	107
<u>Day 19: 🌻 Faith Like Rahab's</u>	113
<u>Day 20: 🌺 God's Ever-Present Help</u>	119
<u>Day 21: 🌸 New Life in Christ</u>	125



Introduction

Welcome to **"One More Day with God,"** a 21-day journey designed especially for women who are holding on when life's burdens feel unbearable. We understand that facing thoughts of despair and loneliness can be overwhelming, but through each day's Bible study, you will discover God's unwavering love, hope, and strength to carry you through. *This plan offers genuine encouragement, tender reminders, and empowering Scripture passages to guide you step-by-step towards peace and renewed purpose.*

In this deeply personal study, you will encounter some of the remarkable women in the Bible—whose faith, courage, and resilience inspire us all. You will also explore truths about God's character, His close presence in our darkest moments, and His promise never to abandon or forsake us. Each day invites you to reflect, journal, and pray, enabling you to connect intimately with God, even in your hardest times.

Remember, you are not alone. Every day is a gift, and with God's help, you can hold on one more day. Let His words fill your heart with healing and hope, guiding you towards light amidst the shadows. Take this journey at your own pace, allowing the Spirit to comfort and strengthen you. We pray these 21 days become a lifeline of grace, peace, and renewed faith.

Let us begin, trusting God will meet you exactly where you are, carrying you gently forward, one more day with Him.





Day 1: 🌸 God's Love in Your Darkness



Day 1: 🌸 God's Love in Your Darkness

Your Verse

Psalm 34:18 - "The LORD is close to the brokenhearted and saves those who are crushed in spirit."

Supporting Scriptures

- *Isaiah 41:10 - "So do not fear, for I am with you; do not be dismayed, for I am your God."*
- *Romans 8:38-39 - "Nothing... will be able to separate us from the love of God..."*



Day 1: 🌸 God's Love in Your Darkness

Devotional: God's Nearness to the Brokenhearted

When the weight of despair presses down, it can feel like you are utterly alone. Yet, God's Word reminds us with tender compassion that He is nearest to the brokenhearted. Psalm 34:18 assures us that the Lord is not distant—He draws close when we are crushed in spirit. *This means your pain is seen, your tears noticed, and your heart held in His caring hands.*

Perhaps today is filled with heavy thoughts, but God's presence is a refuge you can turn to again and again. He does not promise we won't feel pain, but He promises to be with us inside it. He saves and sustains those who call on Him.

Hold on to hope by leaning into this truth: You are deeply loved by God, even in your darkest hours. Your suffering does not define you—His love does.



Day 1: 🌸 God's Love in Your Darkness

Reflect and Apply

1. How does it feel to know God is closest when you are brokenhearted?

2. What does it mean for you personally that God's love never leaves you?

3. In what ways can you invite God's presence into your pain today?



Day 1:  God's Love in Your Darkness

Journaling Prompts

1. Write about a time God felt close to you during a difficult moment.

2. List scriptures or words that remind you of God's unfailing love.

3. Express your honest feelings to God in a letter or prayer.



Day 1: 🌸 God's Love in Your Darkness

Prayer for Today

Dear Lord, thank You for being close to me when I feel broken and overwhelmed. Help me cling to Your love and truth today. Remind me that I am never alone and that Your presence is my refuge and strength. Comfort my spirit and renew my hope. Carry me gently, one moment at a time. *In Jesus' name, Amen.* ❤️ 🙏 🌿 ✨





Day 2: 🌸 Strength Like Deborah



Day 2: 🌸 Strength Like Deborah

Your Verse

Judges 4:4-5 - "Deborah, a prophet, was leading Israel at that time... the Israelites went to her to have their disputes decided."

Supporting Scriptures

- *Joshua 1:9 - "Be strong and courageous... for the LORD your God will be with you wherever you go."*
- *2 Timothy 1:7 - "For God gave us a spirit not of fear but of power and love and self-control."*



Devotional: Courage and Strength through God's Spirit

Deborah stands as a powerful example of strength and leadership in challenging times. Although the world she lived in was tumultuous, she embraced God's calling and became a courageous judge and prophetess for her people. Her strength came from trusting God, not from her own ability.

For women today grappling with heavy burdens, Deborah's story offers encouragement: God equips us to lead, to speak truth, and to overcome fear even when circumstances feel overwhelming. *It reminds us that God's strength is made perfect in weakness.*

Today, allow Deborah's courage to inspire you to face your challenges with God's divine strength. You are not powerless—God's Spirit empowers you to hold on and keep moving forward.



Reflect and Apply

1. What fears hold you back from embracing strength today?

2. How can Deborah's story help reshape your view of your own power?

3. In what ways can you rely on God's Spirit rather than your own strength?



Day 2: 🌸 Strength Like Deborah

Journaling Prompts

1. Describe an area where you need God's courage today.

2. Write a prayer asking for God's empowerment in your struggles.

3. Reflect on a time you overcame fear with God's help.



Day 2: 🌸 Strength Like Deborah

Prayer for Today

Father God, thank You for stories like Deborah's that remind me You give me power and love, not fear. Help me trust Your Spirit's strength when I feel weak or overwhelmed. Fill me with courage today to press on, remembering You are always with me. Guide my steps and calm my heart. *In Jesus' name, Amen.* 💪 🌸 🙏 🔥





Day 3: 🌹 Mary's Quiet Faith



Day 3: 🌹 Mary's Quiet Faith

Your Verse

Luke 1:38 - "I am the Lord's servant," Mary answered. "May your word to me be fulfilled." Then the angel left her.

Supporting Scriptures

- *Psalm 46:10 - "Be still, and know that I am God."*
- *Hebrews 11:1 - "Faith is confidence in what we hope for and assurance about what we do not see."*



Day 3: 🌹 Mary's Quiet Faith

Devotional: Trusting God When Paths Are Unclear

Mary's simple yet profound faith challenges us to trust God's plan even when the path is unclear. When the angel announced her calling, Mary didn't have all the answers—just a willing heart.

For women battling painful thoughts and seeking hope, Mary's example models quiet surrender. She embraced God's promise amidst uncertainty and fear. This kind of faith doesn't eliminate struggles but transforms how we journey through them.

Let Mary's response inspire you to say, "I am the Lord's servant," trusting God one day at a time. Your willingness, combined with His strength, creates profound transformation.



Day 3: 🌹 Mary's Quiet Faith

Reflect and Apply

1. What uncertainties in your life can you surrender to God today?

2. How does Mary's faith inspire you to respond to your own challenges?

3. What might it look like to trust God more deeply 'one day at a time'?



Day 3: 🌹 Mary's Quiet Faith

Journaling Prompts

1. Write about an area where you need to release control to God.

2. List ways you can practice quiet faith in daily life.

3. Pray for trust and courage like Mary in your circumstances.



Day 3: 🌹 Mary's Quiet Faith

Prayer for Today

Lord Jesus, help me to trust You completely as Mary did. When fear and doubt rise, remind me to surrender and say, “I am Your servant.” Teach me to be still and know You are God, guiding my steps. Strengthen my faith, especially when I cannot see the way ahead. *Thank You for holding me close.* Amen. 🌸





Day 4: 🌻 Ruth's Loyalty and Hope



Day 4: 🌸 Ruth's Loyalty and Hope

Your Verse

Ruth 1:16 - "Where you go I will go, and where you stay I will stay... Your people will be my people and your God my God."

Supporting Scriptures

- *Lamentations 3:22-23 - "His compassions never fail. They are new every morning."*
- *Psalms 31:24 - "Be strong and take heart, all you who hope in the LORD."*



Day 4: 🌸 Ruth's Loyalty and Hope

Devotional: Choosing Hope Through Loyalty to God

Ruth's commitment in the midst of loss and uncertainty reflects a powerful hope rooted in relationship with God and others. When faced with a lonely future, she chose loyalty to Naomi and faith in Israel's God, which opened the door to restoration and blessing.

For women wrestling with despair, Ruth teaches us that hope is found not only in circumstances but in choosing to cling to God and supportive community. *This kind of hope fuels resilience and renewal one day at a time.*

Today, consider where you can choose to hold on—to God, to others, and to hope—even when your future seems unclear. God's mercies are new every morning, sustaining you through each sunrise.



Day 4: 🌸 Ruth's Loyalty and Hope

Reflect and Apply

1. Who or what are you holding onto during difficult times?

2. What does it mean to you to declare, 'Your God my God'?

3. How can hope in God's new mercies energize you each day?



Journaling Prompts

1. Write about a person or belief that helps you stay hopeful.

2. Reflect on moments when God's compassion felt new to you.

3. List practical ways to nurture hope even now.



Day 4: 🌸 Ruth's Loyalty and Hope

Prayer for Today

God of hope, thank You for Your unfailing love that renews with each day. Help me follow Ruth's example of faithfulness and courage, choosing to hold onto You no matter what. Strengthen my heart, remind me I am not alone, and fill me with hope that can overcome despair. *Thank You for being my refuge and strength.* Amen. 🌱 ❤️ 🙏 🏔️





Day 5: 🌻 Esther's Boldness



Day 5: 🌻 Esther's Boldness

Your Verse

Esther 4:14 - "And who knows but that you have come to your royal position for such a time as this?"

Supporting Scriptures

- *2 Chronicles 15:7 - "Be strong and do not give up, for your work will be rewarded."*
- *Philippians 4:13 - "I can do all this through Him who gives me strength."*



Day 5: 🌻 Esther's Boldness

Devotional: Finding Courage to Act in Fear

Queen Esther's story is a stirring example of courage rising from fear. Faced with the critical choice to act for her people's survival, she trusted God's timing and stepped into boldness.

For women struggling with painful thoughts, Esther shows us that we have unique purposes even in the darkest seasons. *God can use your story, your pain, and your faithfulness to bring breakthrough.*

Even when scared, choose to stand bravely—trusting God's strength to carry you through your 'royal moment.' Your courage may save more than just yourself.



Reflect and Apply

1. What fears keep you from stepping into difficult situations?

2. How can believing God's purpose for you empower your actions?

3. Where is God calling you to be bold, even amidst struggle?



Journaling Prompts

1. Write about a time God gave you unexpected courage.

2. Reflect on what 'for such a time as this' might mean in your life.

3. Pray for boldness and strength to face today's challenges.



Day 5: 🌻 Esther's Boldness

Prayer for Today

Lord, please give me courage to face my fears today. Help me embrace boldness like Esther, trusting You have a purpose for me in this moment. Strengthen me to act, even when unsure, knowing You are my source. Let Your Spirit fill me with confidence and hope. *In Jesus' name, Amen.* 🛡️ ✨ 🙏





Day 6: 🌸 Hannah's Prayer of Hope



Day 6: 🌸 Hannah's Prayer of Hope

Your Verse

1 Samuel 1:27 - "I prayed for this child, and the LORD has granted me what I asked of Him."

Supporting Scriptures

- *Psalm 55:22 - "Cast your cares on the LORD and He will sustain you."*
- *Matthew 11:28 - "Come to me, all you who are weary and burdened, and I will give you rest."*



Day 6: 🌸 Hannah's Prayer of Hope

Devotional: The Power of Honest Prayer and Hope

Hannah's story is one of deep longing and fervent prayer. Feeling broken and desperate, she poured out her heart to God, trusting He heard her cries. Eventually, God answered, restoring hope through her son Samuel.

For those who feel overwhelmed, Hannah teaches the power of honest, sustained prayer—casting every burden on God who cares deeply. *Your prayers matter, even when answers seem delayed.*

Allow your heart to unburden and experience God's sustaining peace today. He listens intimately and is faithful to respond.



Day 6: 🌸 Hannah's Prayer of Hope

Reflect and Apply

1. How comfortable are you bringing your deepest needs to God?

2. What can you learn from Hannah about persistent prayer?

3. In what ways is God sustaining you right now, even if unseen?



Journaling Prompts

1. Write your honest prayers about your current struggles.

2. Reflect on times God answered prayers, big or small.

3. List ways you can practice resting in God amid burdens.



Day 6: 🌸 Hannah's Prayer of Hope

Prayer for Today

Dear God, I bring my heartache and hopes to You. Thank You for listening to every prayer and sustaining me when I am weary. Teach me to trust Your timing and find rest in Your presence. Renew my hope and grant me peace beyond understanding. *In Jesus' name, Amen.* 🙏💧🌿❤️





Day 7: 🌸 Mary Magdalene's Devotion



Your Verse

John 20:16 - "Mary Magdalene... turned toward Him and cried out, 'Rabboni!' (which means Teacher)."

Supporting Scriptures

- *Lamentations 3:25 - "The LORD is good to those whose hope is in Him."*
- *Romans 15:13 - "...may the God of hope fill you with all joy and peace as you trust in Him."*



Day 7: 🌿 Mary Magdalene's Devotion

Devotional: Grace Restores Hope and Devotion

Mary Magdalene's love and devotion illustrate how God's grace can restore and ignite new purpose. Once burdened by despair, she became one of the first witnesses to Jesus' resurrection—overjoyed by His presence.

Her story brings encouragement that no past is too painful for God to redeem.
He meets us in our sorrow and offers new hope and joy.

Today, let Mary's devotion inspire you to seek Jesus above all—knowing His love transforms every heart, including yours.



Reflect and Apply

1. What burdens might God be inviting you to release today?

2. How does Mary Magdalene's encounter with Jesus inspire your own faith?

3. In what ways can you deepen your devotion to Christ now?



Journaling Prompts

1. Write about how God's grace has touched your life.

2. Describe your hopes for renewed joy and peace.

3. Pray for deeper connection and devotion to Jesus.



Day 7: 🌿 Mary Magdalene's Devotion

Prayer for Today

Jesus, thank You for meeting me in my sorrow and filling me with hope. Help me to recognize Your presence every day and deepen my love for You. Restore my soul and make my heart joyful. Fill me with peace as I trust in Your unfailing goodness. *In Your name, Amen.* 🌸 🙏 ❤️ ✨





Day 8: 🌸 Elizabeth's Encouraging Spirit



Day 8: 🌸 Elizabeth's Encouraging Spirit

Your Verse

Luke 1:41 - "When Elizabeth heard Mary's greeting, the baby leaped in her womb, and Elizabeth was filled with the Holy Spirit."

Supporting Scriptures

- *Romans 12:15 - "Rejoice with those who rejoice; mourn with those who mourn."*
- *1 Thessalonians 5:11 - "Encourage one another and build each other up."*



Day 8: 🌸 Elizabeth's Encouraging Spirit

Devotional: The Healing Power of Encouragement

Elizabeth's joyful response to Mary highlights the power of encouragement and shared faith. Even in her own miraculous journey, she chose to uplift someone else—offering strength through the Holy Spirit's presence.

Women holding on in pain need such encouragement—reminders that they are seen, valued, and supported. *Encouraging others also empowers and heals our own hearts.*

Consider how you can receive and offer encouragement daily, trusting God's Spirit to renew your strength.



Day 8: 🌸 Elizabeth's Encouraging Spirit

Reflect and Apply

1. Who encourages you when you feel weak?

2. How might you offer uplifting support to another woman today?

3. What role does the Holy Spirit play in strengthening community?



Day 8: 🌸 Elizabeth's Encouraging Spirit

Journaling Prompts

1. Write about someone who has been a strong encouragement to you.

2. Reflect on how you can be a source of hope to others.

3. Pray for the Holy Spirit to fill and use you as an encourager.



Day 8: 🌸 Elizabeth's Encouraging Spirit

Prayer for Today

Holy Spirit, fill me with encouragement and strength. Help me to uplift those who are weary and to receive support when I need it most. Create a circle of grace and hope around me. Teach me to rejoice and mourn with others with compassion and love. *Thank You for Your presence and power.* Amen. 🌿💖





Day 9: 🌹 Anna's Persevering Faith



Day 9: 🌹 Anna's Persevering Faith

Your Verse

Luke 2:36-37 - "Anna never left the temple but worshiped night and day, fasting and praying."

Supporting Scriptures

- *Galatians 6:9 - "Let us not become weary in doing good, for at the proper time we will reap a harvest."*
- *Psalms 27:14 - "Wait for the LORD; be strong and take heart and wait for the LORD."*



Day 9: 🌹 Anna's Persevering Faith

Devotional: Faithful Endurance in Waiting

Anna's persistent devotion amidst waiting teaches us the beauty of faithful endurance. She remained steadfast in prayer despite years of waiting for God's promised redemption.

For women enduring heavy struggles, Anna shines as an example that perseverance is a form of worship. *We may not see immediate results, but God honors our faithfulness in every season.*

Today, embrace patient trust and let your persistent love for God be a light in your waiting. Your faithfulness is a powerful testimony.



Day 9: 🌹 Anna's Persevering Faith

Reflect and Apply

1. How do you handle seasons of waiting and unanswered prayers?

2. In what ways is your faithfulness a form of worship today?

3. What encouragement does Anna's story offer your journey?



Day 9: 🌹 Anna's Persevering Faith

Journaling Prompts

1. Write about how you want to grow in perseverance.

2. Reflect on moments of waiting that strengthened your faith.

3. Pray for strength to endure and hope in God's promises.



Day 9: 🌹 Anna's Persevering Faith

Prayer for Today

Lord, help me to persevere faithfully like Anna. When answers don't come quickly, remind me to keep praying and trusting. Strengthen my heart to wait with hope, knowing You are always at work. May my perseverance be a pleasing offering to You. *In Jesus' name, Amen.* ⌚ 🌸 🙏 ✨





Day 10: 🌸 Women United in Prayer



Day 10: 🌻 Women United in Prayer

Your Verse

Acts 1:14 – "They all joined together constantly in prayer, along with the women..."

Supporting Scriptures

- *Ecclesiastes 4:9-10 – "Two are better than one... if either of them falls down, one can help the other up."*
- *Hebrews 10:24-25 – "Let us encourage one another... especially as you see the Day approaching."*



Day 10: 🌸 Women United in Prayer

Devotional: Strength and Healing in Community

The earliest believers, including women, showed us the incredible power of united prayer. Community in prayer brings strength, healing, and encouragement, especially when life is heavy.

For women walking difficult paths alone, this reminder is vital: You don't have to bear burdens in silence. *God designed us to support each other, lifting one another up in love and faith.*

Today, seek connection—whether with God and others—and remember that united prayers are powerful and healing.



Reflect and Apply

1. Who supports you in prayer during difficult times?

2. How can you invite connection and mutual encouragement today?

3. What role does community play in holding on through struggle?



Day 10: 🌸 Women United in Prayer

Journaling Prompts

1. Write about the impact of shared prayer in your life.

2. Identify ways you can reach out to others for support.

3. Pray for those who walk alone and need community.



Day 10: 🌸 Women United in Prayer

Prayer for Today

Gracious God, thank You for the gift of community and shared prayer. Help me to lean on others and allow others to lean on me. Unite us in love and faith as we carry each other's burdens. May our prayers strengthen hearts and bring healing. *In Jesus' name, Amen.* 🧡 🌸 🙏 💖





Day 11: 🌻 Abigail's Wisdom and Peace



Day 11: 🌻 Abigail's Wisdom and Peace

Your Verse

1 Samuel 25:32 - "Praise be to the LORD, who has restrained you from bloodshed today."

Supporting Scriptures

- *Proverbs 31:26 - "She speaks with wisdom, and faithful instruction is on her tongue."*
- *James 3:17 - "Wisdom that comes from heaven is first of all pure; then peace-loving..."*



Day 11: 🌻 Abigail's Wisdom and Peace

Devotional: Seeking God's Wisdom for Peace

Abigail's wise and peaceful intervention in a high-conflict moment brings hope for women navigating turmoil. Through intelligence and calm courage, she prevented violence and encouraged understanding.

When overwhelmed by challenging relationships or inner turmoil, her example reminds us that wisdom and peace are powerful tools given by God. *We can choose peace in the midst of chaos by trusting God's guidance.*

Reflect on how God's wisdom might lead you toward peace today, even in difficult situations.



Day 11: 🌻 Abigail's Wisdom and Peace

Reflect and Apply

1. How do you respond to conflict or inner unrest?

2. Where can you apply God's wisdom to bring peace in your life?

3. What changes when you choose peace over reaction?



Day 11: 🌻 Abigail's Wisdom and Peace

Journaling Prompts

1. Write about a time God's wisdom helped you navigate trouble.

2. Reflect on areas where peace is needed in your heart.

3. Pray for wisdom to respond calmly and lovingly today.



Day 11: 🌻 Abigail's Wisdom and Peace

Prayer for Today

Father, grant me wisdom and peace in moments of conflict and confusion. Help me to rely on Your guidance rather than my own understanding. Soften my heart and steady my spirit so I may be a peacemaker. Thank You for Your unfailing counsel. *In Jesus' name, Amen.* 🕊️ 🌿 🙏 🌟





Day 12: 🌸 The Woman with the Alabaster Jar



Day 12: 🌸 The Woman with the Alabaster Jar

Your Verse

Luke 7:38 - "She stood behind Him at His feet weeping, and began to wet His feet with her tears."

Supporting Scriptures

- *Psalm 103:12 - "As far as the east is from the west, so far has He removed our transgressions from us."*
- *2 Corinthians 5:17 - "If anyone is in Christ, the new creation has come."*



Day 12: 🌸 The Woman with the Alabaster Jar

Devotional: Healing Through God's Forgiveness

This woman's act of humility and devotion shows the transformative power of God's forgiveness and love. Despite her past, she poured out her heart and worship before Jesus, receiving His grace freely.

For women feeling weighed down by shame or guilt, her story proclaims that no sin or thought is too heavy for God's redemptive power. *He invites us to come as we are, and He makes us new.*

Embrace God's forgiveness today and let it heal and renew your heart fully.



Day 12: 🌸 The Woman with the Alabaster Jar

Reflect and Apply

1. What burdens of shame might you bring to Jesus today?

2. How can you accept His forgiveness and freedom in your life?

3. What new creation is God inviting you into now?



Day 12: 🌸 The Woman with the Alabaster Jar

Journaling Prompts

1. Write a letter to God confessing what you need forgiveness for.

2. Reflect on God's grace and how it has changed you.

3. Pray for the courage to receive and live in His freedom.



Day 12: 🌸 The Woman with the Alabaster Jar

Prayer for Today

Jesus, thank You for Your incredible forgiveness and grace. I bring my burdens and shame to You, trusting You remove them completely. Make me new and set my heart free. Help me to walk forward in Your love and freedom every day. *In Your precious name, Amen.* 💧 🙏 ❤️ ✨





Day 13: 🌸 Women Serving with Joy



Day 13: 🌸 Women Serving with Joy

Your Verse

Acts 9:36 – "Tabitha... was always doing good and helping the poor."

Supporting Scriptures

- *Galatians 5:13 – "Serve one another humbly in love."*
- *Philippians 2:3-4 – "In humility value others above yourselves... looking to the interests of others."*



Day 13: 🌸 Women Serving with Joy

Devotional: Finding Joy Through Serving Others

Tabitha's life demonstrates the joy and purpose found in serving others with love. Her generosity and kindness impacted many, reflecting Christ's heart to those in need.

For women feeling hopeless, engaging in acts of service can bring profound healing and renewed meaning. *Serving others helps shift focus from pain to purpose, restoring joy.*

Today, consider small ways you can serve with a joyful heart, trusting God to multiply your impact.



Day 13: 🌸 Women Serving with Joy

Reflect and Apply

1. What does serving others mean to you in your current season?

2. How can you serve humbly and joyfully despite your struggles?

3. In what ways might serving others renew your hope and purpose?



Day 13: 🌸 Women Serving with Joy

Journaling Prompts

1. Write about someone you can bless through acts of kindness.

2. Reflect on a time serving others brought you joy.

3. Pray for a heart that loves and serves selflessly.



Day 13: 🌸 Women Serving with Joy

Prayer for Today

Lord, help me to serve others with a joyful and humble heart. Even in my pain, show me opportunities to bless those around me. Use my life to reflect Your love and bring healing to both them and me. Thank You for the gift of serving in Your name. *Amen.* ❤️ 🙏 🌸 🤝





Day 14: 🌻 Joyful Worship Like Miriam



Day 14: 🌻 Joyful Worship Like Miriam

Your Verse

Exodus 15:20 - "Miriam... took a timbrel in her hand, and all the women followed her with timbrels and dancing."

Supporting Scriptures

- *Psalms 100:1-2 - "Make a joyful noise to the LORD, all the earth! Serve the LORD with gladness!"*
- *Nehemiah 8:10 - "The joy of the LORD is your strength."*



Day 14: 🌻 Joyful Worship Like Miriam

Devotional: Strength and Renewal Through Joyful Praise

Miriam's joyful worship after deliverance reminds us that praise strengthens our souls, even after hardship. Celebration and thanksgiving invite God's presence and renew our spirits.

For women struggling, worship can be a refuge—transforming sorrow into joy and infusing strength for the road ahead. *Joy is an act of faith as powerful as prayer.*

Take a moment to worship God in your own way today, inviting His joy to uplift your heart and renew your strength.



Day 14: 🌻 Joyful Worship Like Miriam

Reflect and Apply

1. How does worship impact your emotional and spiritual state?

2. Can you identify moments when praise brought you strength?

3. What ways of worship bring you closest to God and joy?



Day 14: 🌻 Joyful Worship Like Miriam

Journaling Prompts

1. Write about your favorite ways to worship God.

2. Reflect on God's past faithfulness and praise Him.

3. Pray for renewed joy and strength through worship.



Day 14: 🌻 Joyful Worship Like Miriam

Prayer for Today

Lord, fill my heart with joy as I worship You. May my praise be a sweet offering that strengthens me and draws me closer to You. Help me to celebrate Your goodness always, even in hardship, trusting You are my strength and song. *In Jesus' name, Amen.* 🎵 🙏 ❤️ 🌻





Day 15: 🌹 The Persistent Widow's Faith



Day 15: 🌹 The Persistent Widow's Faith

Your Verse

Luke 18:5 - "Yet because this widow keeps bothering me, I will see that she gets justice."

Supporting Scriptures

- *Revelation 2:10 - "Be faithful, even to the point of death, and I will give you life."*
- *Psalms 37:7 - "Be still before the LORD and wait patiently for Him."*



Day 15: 🌹 The Persistent Widow's Faith

Devotional: Never Give Up: Faith That Perseveres

The persistent widow teaches us valuable lessons about not giving up in prayer and life struggles. Her relentless faith convinced an unwilling judge to act, illustrating how perseverance pleases God.

When the weight of pain tempts you to quit, remember that God honors faithfulness—even when the answers seem slow. *He encourages us to keep holding on with patient hope.*

Let today be a reminder to persist in faith, trusting God's perfect timing and justice.



Reflect and Apply

1. What encourages you to keep praying when answers delay?

2. How can you cultivate patient endurance in your faith journey?

3. What does it mean to be faithful even in hardship?



Day 15: 🌹 The Persistent Widow's Faith

Journaling Prompts

1. Write about a time you experienced God's faithfulness through waiting.

2. Reflect on areas where you feel tempted to give up.

3. Pray for strength to persist and trust God's timing.



Day 15: 🌹 The Persistent Widow's Faith

Prayer for Today

Heavenly Father, teach me to be persistent and patient in my prayers and trust. Remind me that You listen and will act in Your perfect time. Help my faith remain strong even when hope feels distant. Thank You for never giving up on me. *In Jesus' name, Amen.* 🙌 🙏 🌿 ✨





Day 16: 🌼 Gracious Hospitality of Lydia



Day 16: 🌸 Gracious Hospitality of Lydia

Your Verse

Acts 16:14-15 - "The Lord opened her heart to respond to Paul's message... She and the members of her household were baptized."

Supporting Scriptures

- *Romans 12:13 - "Share with the Lord's people who are in need. Practice hospitality."*
- *Hebrews 13:2 - "Do not forget to show hospitality to strangers."*



Day 16: 🌸 Gracious Hospitality of Lydia

Devotional: Healing Through Open Hearts and Hospitality

Lydia's open heart and hospitality changed lives and established a community of faith. Her willingness to welcome Paul and others became a gateway for the gospel to spread.

For women feeling isolated, Lydia's story encourages opening our hearts and homes as ways to heal and build belonging. *Hospitality is more than hosting—it's an expression of God's love and care.*

Consider how extending kindness and welcome can renew your spirit and touch lives.



Day 16: 🌸 Gracious Hospitality of Lydia

Reflect and Apply

1. How might hospitality serve as healing for your heart?

2. Where can you extend kindness and welcome in your life?

3. What does it mean to open your heart to God and others?



Day 16: 🌸 Gracious Hospitality of Lydia

Journaling Prompts

1. Describe a time hospitality brought you comfort or connection.

2. Reflect on barriers you have to opening your heart or home.

3. Pray for a generous and welcoming spirit today.



Day 16: 🌸 Gracious Hospitality of Lydia

Prayer for Today

Lord, open my heart to others and to You. Teach me the grace of hospitality—both to receive and to give. Help me build bridges of love and kindness that reflect Your kingdom. May my life be a warm refuge for those in need. *In Jesus' name, Amen.* 🏠❤️🙏🌸





Day 17: 🌸 Priceless Daughter of God



Day 17: 🌸 Priceless Daughter of God

Your Verse

Isaiah 43:4 - "Because you are precious and honored in my sight, and because I love you."

Supporting Scriptures

- *1 Peter 2:9 - "You are a chosen people, a royal priesthood, a holy nation."*
- *Psalms 139:14 - "I praise You because I am fearfully and wonderfully made."*



Day 17: 🌸 Priceless Daughter of God

Devotional: Embracing Your God-Given Worth

In seasons when you feel worthless or broken, remember God's powerful affirmation: You are precious, honored, and deeply loved. These truths remind every woman of her divine identity and eternal value.

When suicidal thoughts whisper lies of insignificance, hold close the reality that God calls you His own beloved daughter. *He crafted you uniquely and with purpose that cannot be erased.*

Let these words sink deep and restore your soul's worth today.



Day 17: 🌸 Priceless Daughter of God

Reflect and Apply

1. How do you view your worth through God's eyes?

2. What lies about yourself do you need to replace with God's truth?

3. How does knowing you are treasured by God impact your hope?



Day 17: 🌸 Priceless Daughter of God

Journaling Prompts

1. Write a declaration of your identity in God's love.

2. Reflect on God's unique design and purpose for you.

3. Pray for healing from feelings of worthlessness.



Day 17: 🌸 Priceless Daughter of God

Prayer for Today

Father, thank You for calling me precious and loved. Help me see myself as You see me—a cherished daughter with purpose and hope. Heal every lie and replace it with Your truth. Teach me to walk boldly in my identity in You. *In Jesus' name, Amen.* ❤️ 🙏 ✨ ✨





Day 18: 🌸 Anna's Joy in Waiting



Day 18: 🌸 Anna's Joy in Waiting

Your Verse

Luke 2:38 - "She spoke about the child to all who were looking forward to the redemption of Jerusalem."

Supporting Scriptures

- *Romans 15:13 - "May the God of hope fill you with all joy and peace as you trust in Him."*
- *Psalms 33:20 - "Our soul waits for the Lord; He is our help and our shield."*



Day 18: 🌸 Anna's Joy in Waiting

Devotional: Joyful Hope Amid Long Waiting

Anna's life of faithful waiting was marked with joy and proclamation. Though she had endured many years of waiting, she embraced hope and shared it boldly upon seeing Jesus.

For women in long seasons of waiting or struggle, Anna models that hope and joy can coexist with patience. *God's timing is perfect, and He prepares us through waiting.*

Be encouraged today to trust in God's timing and share your hope, even in the waiting.



Day 18: 🌸 Anna's Joy in Waiting

Reflect and Apply

1. How do you cope with prolonged waiting during hardships?

2. What hope keeps you anchored now?

3. How can you share that hope with others?



Day 18: 🌸 Anna's Joy in Waiting

Journaling Prompts

1. Write about what waiting has taught you about God.

2. Reflect on ways to spread hope to those around you.

3. Pray for joy and peace during times of waiting.



Day 18: 🌸 Anna's Joy in Waiting

Prayer for Today

God of hope, fill my heart with joy and peace even as I wait. Help me trust Your perfect timing and to share hope with others who struggle. Strengthen my soul and shield me from despair. Thank You for preparing me in every season. *In Jesus' name, Amen.* 🌅 🙏 🤍 ✨





Day 19: 🌻 Faith Like Rahab's



Day 19: 🌻 Faith Like Rahab's

Your Verse

Hebrews 11:31 - "By faith Rahab the prostitute... was not killed with those who were disobedient."

Supporting Scriptures

- *James 2:25 - "In the same way, was not even Rahab the prostitute considered righteous for what she did when she gave lodging to the spies?"*
- *Ephesians 2:8 - "For it is by grace you have been saved, through faith."*



Day 19: 🌻 Faith Like Rahab's

Devotional: Grace and New Beginnings Through Faith

Rahab's faith in God brought her salvation and a new beginning despite her past. She took a bold step of trust, showing that God's grace covers all who turn to Him sincerely.

For women overwhelmed by regrets, Rahab's story is a shining example that faith—not history—defines our future. *God invites you into a fresh start today through His grace.*

Rest in this truth: Your faith matters deeply, and God's grace is greater than any mistake.



Day 19: 🌻 Faith Like Rahab's

Reflect and Apply

1. What does grace mean to you in your current journey?

2. How does Rahab's story inspire confidence in God's forgiveness?

3. What faith step can you take now to embrace new beginnings?



Day 19: 🌻 Faith Like Rahab's

Journaling Prompts

1. Write about areas where you need to accept God's grace.

2. Reflect on past regrets and how God is redeeming them.

3. Pray for bold faith and trust in God's transformative power.



Day 19: 🌻 Faith Like Rahab's

Prayer for Today

Lord, thank You for Your amazing grace that covers my past and offers new beginnings. Help me to walk by faith like Rahab, trusting in Your salvation and purpose. Teach me to live fully in Your freedom and hope. *In Jesus' name, Amen.* 🙌🌿🙏❤️





Day 20: 🌸 God's Ever-Present Help



Day 20: 🌸 God's Ever-Present Help

Your Verse

Psalm 46:1 – "God is our refuge and strength, an ever-present help in trouble."

Supporting Scriptures

- *Isaiah 40:29-31 – "He gives strength to the weary and increases the power of the weak."*
- *2 Corinthians 12:9 – "My grace is sufficient for you, for my power is made perfect in weakness."*



Day 20: 🌸 God's Ever-Present Help

Devotional: Finding Strength in God's Presence

God promises to be our constant refuge and strength during every trial. This promise is a lifeline when the burdens feel crushing and hope seems dim.

For women carrying unbearable thoughts, Psalm 46 is a beacon: God's help is not distant or delayed. He is here, ready to strengthen your weary heart and renew your spirit.

Take comfort today in His ever-present help. You are enveloped by His power and grace now and always.



Day 20: 🌸 God's Ever-Present Help

Reflect and Apply

1. How have you experienced God's help in moments of weakness?

2. What does it mean for God to be your refuge right now?

3. How can you rest more deeply in His sustaining power?



Day 20: 🌸 God's Ever-Present Help

Journaling Prompts

1. Write about times God's strength carried you through.

2. Reflect on the meaning of God as refuge and help.

3. Pray for renewed strength and trust in God's presence.



Day 20: 🌸 God's Ever-Present Help

Prayer for Today

My Refuge and Strength, thank You for being always near when I am weak and troubled. Help me to lean fully on You and find peace in Your presence. Let Your grace fill me and power perfect my weakness. I trust in You completely. *In Jesus' name, Amen.* 🛡️ 🙏 📖 🌿





Day 21: New Life in Christ



Day 21: 🌸 New Life in Christ

Your Verse

2 Corinthians 5:17 – "If anyone is in Christ, the new creation has come: The old has gone, the new is here!"

Supporting Scriptures

- *John 10:10 – "I have come that they may have life, and have it to the full."*
- *Romans 8:38–39 – "Nothing... will be able to separate us from the love of God..."*



Day 21: 🌸 New Life in Christ

Devotional: Embracing New Life and Hope in Jesus

Today we celebrate the life-transforming power of knowing Christ as Savior and Friend. No matter how heavy the past or bleak the present has seemed, in Him you are made new—free from old chains and invited into abundant life.

This final day in our journey reminds you that your story is still being written, with hope, love, and unshakeable presence from God. *You are deeply loved and eternally held.*

Accept this life anew. Embrace the hope and strength found only in Jesus, stepping forward with courage and purpose.



Day 21: 🌸 New Life in Christ

Reflect and Apply

1. How does the promise of new creation impact your view of yourself?

2. What steps can you take to walk fully in this new life today?

3. How can you share this hope with others who struggle?



Day 21:  New Life in Christ

Journaling Prompts

1. Write a prayer accepting the new life Christ offers.

2. Reflect on changes you hope to see through God's power.

3. List ways to live boldly and courageously in Christ.



Day 21: 🌸 New Life in Christ

Prayer for Today

Lord Jesus, thank You for making me new and giving me life to the fullest. Help me live daily in this truth, leaving behind the old struggles and stepping forward with hope. Fill me with Your love and courage to face the future. Use me to bring hope to others. *In Your powerful name, Amen.* 🌅 🙏 ❤️ ✨





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