One Way? Understanding Jesus Among Many Beliefs



Explore Jesus' claim as the only way to God, respectfully understand other religions, and firmly grow in your faith over three engaging days.





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Introduction

In today's world, teenagers encounter a myriad of beliefs and worldviews. Social media, schools, and friendships often present diverse religions and philosophies all claiming to lead to truth or fulfillment. Amidst this landscape, Jesus' bold claim in John 14:6—that He is "the way and the truth and the life" and that "no one comes to the Father except through me"—challenges us to reflect deeply on what this means for our faith and relationships.

Understanding Jesus' uniqueness is essential not only for personal faith but for how we engage with others who hold different beliefs. This plan encourages respectful exploration, helping you grasp why Jesus claims exclusive access to God while fostering love and empathy towards those on other spiritual paths.

Throughout these three days, you will uncover the Biblical foundation for Jesus' claim, examine common beliefs seen around you, and learn how to stand firm in your faith with grace. This journey is not about rejecting others but about grounding your own identity securely in Christ's truth.

Whether you're exploring questions about God for the first time or strengthening your existing faith, this study offers honest reflections and practical steps. Dive in with an open heart and let Jesus' words guide your understanding, knowing that the only way to true life and relationship with God is through Him.















Your Verse

John 14:6 – Jesus answered, "I am the way and the truth and the life. No one comes to the Father except through me."

Supporting Scriptures

- Acts 4:12 "Salvation is found in no one else, for there is no other name under heaven given to mankind by which we must be saved."
- 1 Timothy 2:5 "For there is one God and one mediator between God and mankind, the man Christ Jesus."







Devotional: Jesus Is the Only Way to God

Jesus' declaration in John 14:6 is both powerful and exclusive. He doesn't say He is a way, but *the way*. This means that Jesus claims to be the only path to God the Father, the source of all life and truth. In a world full of voices offering various routes to God—whether through religions, philosophies, or personal spirituality—this claim stands out as unique and bold.

For teens, this can be challenging to understand or accept, especially when many believe that all religions lead to the same destination. But the Bible makes it clear that salvation and eternal life come through Jesus alone. He does not offer a backdoor or alternative route. This exclusivity may feel exclusive or harsh to some, but it is based on love: Jesus died to rescue us from sin and restore our relationship with God.

Why does this matter? Because choosing Jesus means choosing the truth and life He promises. It means trusting His authority and accepting His sacrifice. When we realize that He is the only bridge to God, it calls us to faith and commitment. This also shapes how we talk about Jesus and respond to those who believe differently—with confidence, humility, and respect.

As you meditate on this today, ask yourself: Do I believe Jesus is truly the only way? How does this impact my faith and daily choices? Understanding this foundation helps us grow strong in Jesus and prepared to share His love with others.







Reflect and Apply

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Journaling Prompts

	Write about a time when you questioned whether Jesus really is the only way.
2.	List reasons why Jesus' claim is foundational to your faith.
	Describe how knowing Jesus is the only way influences how you treat people of other beliefs.







Prayer for Today

Father God, thank You for sending Jesus as the one true way to You. Help me to understand and accept His claim deeply. When I meet others with different beliefs, remind me to respond with love and respect, trusting that You hold every heart. Give me courage to stand firm in my faith and wisdom to share Your truth gently. Let Your Holy Spirit guide me each day as I follow Jesus' path of life and truth. *In Jesus' name, Amen.* \bigwedge















Your Verse

Romans 12:10 - Be devoted to one another in love. Honor one another above yourselves.

Supporting Scriptures

- 1 Peter 3:15 "Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have."
- Colossians 4:6 "Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone."







Devotional: Balancing Truth with Respectful Love

In a world full of different religions and beliefs, it is important to live out our faith with respect and love. **Romans 12:10** reminds us to honor and value others above ourselves, even those who hold different spiritual views. This doesn't mean weakening our belief, but expressing it with kindness and humility.

When people ask about why we believe Jesus is the only way, **1 Peter 3:15** encourages us to be ready with a clear and gentle explanation. Our words should reflect the hope we carry and be filled with grace. We can't force belief, but we can share Jesus' truth lovingly.

Colossians 4:6 reminds us to let our conversations be gracious and thoughtful. Being respectful doesn't mean avoiding difficult questions, but entering those conversations with a heart that listens and a spirit that seeks peace.

For teens, this can be a real challenge! Friends or classmates may have different beliefs, and standing firm in Jesus without causing offense takes wisdom. Remember, your actions and attitude speak as loudly as your words. Showing genuine care can open doors for deeper discussions about faith.

Today, think about how you can balance truth and love in your conversations about Jesus. Pray for the right words and an empathetic heart.







Reflect and Apply

1.	How do I currently respond to people with different beliefs?
2.	What fears or challenges do I face when sharing my faith?
3.	How can I show honor and respect even when I disagree?







Journaling Prompts

	Recall a conversation about faith that was challenging—how could respect have made it better?
2.	Write down some ways to practice sharing Jesus' truth with love at school or with friends.
3.	List attitudes or habits you want to cultivate to be more graceful in conversations.







Prayer for Today

Lord Jesus, teach me to speak Your truth with gentleness and love. Help me honor others, even when they see things differently. Give me courage to share the hope I have in You and the wisdom to listen earnestly. May my words and actions reflect Your grace and bring peace. Guide me to be a light in all my relationships. *In Your holy name, Amen.* To You You

















Day 3: ① Standing Firm in Jesus' Unchanging Truth

Your Verse

Ephesians 6:13 – "Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground."

Supporting Scriptures

- 2 Timothy 3:12 "In fact, everyone who wants to live a godly life in Christ Jesus will be persecuted."
- James 1:12 "Blessed is the one who perseveres under trial because, having stood the test, that person will receive the crown of life that the Lord has promised to those who love him."







Day 3: Standing Firm in Jesus' Unchanging Truth

Devotional: Armor Up and Stand Strong in Faith

Living out the belief that Jesus is the only way will sometimes mean facing pressure and opposition. **Ephesians 6:13** reminds believers to put on God's full armor—to protect ourselves spiritually through truth, righteousness, and faith.

As a teen, standing firm in Jesus might lead to challenges with friends, family, or in school. *2 Timothy 3:12* warns us that godly living often draws opposition. But there is great blessing in perseverance: **James 1:12** promises a crown of life to those who remain faithful under trials.

Remember, standing firm isn't about stubbornness but about trusting God's unchanging truth in a shifting world. It's relying on His power, not just your own strength. Through prayer, reading Scripture, and fellowship with other believers, you build a foundation that nothing can shake.

Take courage today—even when it feels lonely or hard, Jesus walks with you. Your faithfulness honors Him and points others to the love and salvation only He offers. Let this truth empower you to live boldly for Christ.







Day 3: **(**) Standing Firm in Jesus' Unchanging Truth

Reflect and Apply

1.	What kinds of opposition might I face for believing Jesus is the only way?
2.	How can I practically put on God's armor each day?
3.	Where do I find strength to persevere when faith feels difficult?







Day 3: **(**) Standing Firm in Jesus' Unchanging Truth

Journaling Prompts

	Describe a struggle you have had standing firm in your faith and how you responded.
2.	Write about ways you can build spiritual strength this week.
3.	Make a prayer list of people who need to know Jesus' truth.







Day 3: Standing Firm in Jesus' Unchanging Truth

Prayer for Today

Dear Heavenly Father, thank You for Your strength and protection. Help me to put on Your armor every day so I can stand firm when challenges come. When I face opposition for my faith, remind me that You are with me, and victory is in You. Give me endurance and courage to persevere, reflecting Your unchanging truth. May my life point others to Jesus, the one true way. *In Jesus' mighty name, Amen.*



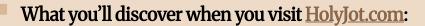




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