# Patience with People and Problems: A 7-Day Study on Children



Explore patience through the lens of children's growth, navigating challenges with grace and faith in God's timing.





#### Table of contents

<u>Introduction</u>	3
Day 1: F Embracing Growth in God's Timing	4
Day 2: V Love That Bears All Things	10
Day 3: B Learning from Childlike Faith	16
Day 4: Patience in Trials and Discipline	22
Day 5: Patience through Example and Influence	28
Day 6: Joy in the Journey of Patience	34
Day 7: 😩 Reflecting God's Patience in Our Lives	40







#### Introduction

Patience is a virtue often tested and refined in the lives of those who care for children. Whether we are parents, teachers, mentors, or friends, the innocence, energy, and unpredictability of children can stretch our limits and invite us to grow in enduring love.

In this 7-day Bible study, we will embark on a journey that highlights the importance of patience—not only as a response to challenges intrinsic to raising or nurturing children but also as a reflection of God's own patience with us. Children often mirror our own areas for growth, showing us how to receive correction, develop character, and walk in faith.

As we explore Scripture together, we will discover biblical principles and stories that encourage us to cultivate patience with people and problems alike. We will reflect on God's heart for children and how His timing and purposes unfold perfectly, even when our human perspective grows anxious or tired. This study will encourage and equip you to respond with grace and steadfast love in moments of frustration and uncertainty.

Get ready to deepen your understanding of patience, learning to embrace challenges with hope and trusting God's hands to mold the next generation and your own heart.















#### Your Verse

Ecclesiastes 3:1 - "There is a time for everything, and a season for every activity under the heavens."

#### **Supporting Scriptures**

- Psalm 27:14 "Wait for the Lord; be strong and take heart and wait for the Lord."
- James 5:7 "Be patient, then, brothers and sisters, until the Lord's coming."







#### Devotional: Trusting God's Timing in Growth

Patience begins by recognizing that life unfolds in seasons. Just as children grow at their own pace—physically, emotionally, and spiritually—we too must learn to trust the timing God has set for their development. Ecclesiastes 3:1 reminds us that every moment has its appointed time.

When challenges arise, our natural instinct may lean toward rushing results or trying to fix problems quickly. But God invites us to be strong and take heart as we wait on Him, as Psalm 27:14 encourages. Waiting is often the hardest part of patience, yet it cultivates endurance and deeper faith.

Learning to wait well for God's perfect timing in children's lives and in our problems strengthens our character and reminds us of His sovereignty. This day calls us to embrace the seasons as opportunities to trust God more fully, knowing He is always working for good, even when we cannot see it yet.







## Reflect and Apply

	In what areas of your life or in the lives of children do you find waiting most difficult?
2.	How can recognizing seasons help you respond with more patience?
3.	What does trusting God's timing reveal about your faith?







## **Journaling Prompts**

	Describe a time you had to wait patiently for something significant in your life.
	Write about what 'season' you feel you or a child in your life are currently experiencing.
3.	List ways you can encourage patience in yourself and others today.







### **Prayer for Today**

**Lord, teach me to wait with patience and faith.** Help me trust Your perfect timing as children grow and problems unfold. Give me strength and courage to embrace each season with grace. Let me reflect Your enduring love in moments of frustration and uncertainty. Mold my heart to be patient like You are patient with me. Amen.

















#### Your Verse

1 Corinthians 13:4 – "Love is patient, love is kind. It does not envy, it does not boast, it is not proud."

#### **Supporting Scriptures**

- Colossians 3:12 "Clothe yourselves with compassion, kindness, humility, gentleness and patience."
- Ephesians 4:2 "Be completely humble and gentle; be patient, bearing with one another in love."







#### Devotional: Patience as an Act of Love

Patience is one of the greatest expressions of love. In 1 Corinthians 13, the Apostle Paul describes love in action—patient and kind, putting others before self. Children often demand our patience, calling on us to bear their struggles and mistakes with kindness.

When patience is born out of love, it shapes how we respond to both people and problems. Paul reminds us in Colossians to clothe ourselves daily with patience and compassion, suggesting that patience is an essential part of the character of a believer.

In Ephesians 4:2, patience is linked to humility and gentleness—qualities that invite peace and healing into challenging situations. As we grow in patience, we demonstrate the very nature of God's love to children and others around us.







## Reflect and Apply

1.	How does love influence your ability to be patient with children or others?
2.	What attitudes or emotions can hinder the patience God desires?
3.	In what ways can you 'clothe' yourself with patience today?







### **Journaling Prompts**

1.	Write about someone you find difficult to be patient with and why.
2.	List practical ways to show patient love in daily interactions.
3.	Reflect on how God's love has taught you patience.







#### Prayer for Today

**Father, fill my heart with Your patient love.** Help me to bear with others in kindness and gentleness, reflecting Your character. When impatience rises, remind me to respond with humility and grace. Teach me to love as You love. Amen.















#### Your Verse

Matthew 18:3 - "...unless you change and become like little children, you will never enter the kingdom of heaven."

#### **Supporting Scriptures**

- Psalm 131:2 "I have calmed and quieted my soul, like a weaned child with its mother."
- Proverbs 22:6 "Start children off on the way they should go, and even when they are old they will not turn from it."







#### Devotional: Childlike Faith Fosters Patience

Jesus teaches us to embrace childlike qualities for faith and patience. In Matthew 18:3, He highlights the humility and trust children naturally have, qualities necessary for entering God's kingdom.

Psalm 131 compares patience to the calmness of a weaned child resting quietly, illustrating how patience rests in trust rather than anxiety. This image invites us to quell our restless spirits by trusting God's care.

Proverbs 22:6 emphasizes the importance of nurturing children patiently in the right direction, understanding their long-term development. Our patience is both a gift we offer and a seed planted for the future.

By adopting childlike faith ourselves, we learn to rest in God's promises and respond with grace to the imperfections in ourselves and those we nurture.







# Reflect and Apply

1.	What characteristics of childlike faith challenge you personally?
2.	How can resting in God's care ease your impatience?
3.	In what ways can you model patience to those you guide?







## **Journaling Prompts**

1.	Recall a moment when simple trust changed your outlook in a problem.
	Write about how you can nurture patience in a child or young person's life.
3.	Describe your current level of faith and patience and areas for growth.







#### Prayer for Today

**Jesus, help me have faith like a child.** Calm my anxious heart and teach me to rest in Your care. Guide me to be patient and gentle, nurturing those You've placed in my life. Grow my trust in You daily. Amen. (1) (2) (2)

















Day 4: 🖰 Patience in Trials and Discipline

#### Your Verse

Hebrews 12:11 - "No discipline seems pleasant at the time, but painful. Later on, however, it produces a harvest of righteousness and peace for those who have been trained by it."

#### **Supporting Scriptures**

- Proverbs 3:11–12 "My son, do not despise the Lord's discipline... because the Lord disciplines those he loves."
- Revelation 2:2 "You have persevered and have patience..."







Day 4: 🖰 Patience in Trials and Discipline

#### Devotional: Enduring Discipline with Grace

Patience is tested and refined in times of discipline and trials. Children naturally encounter boundaries that often challenge their understanding and bring discomfort, just as we face trials that test our faith.

Hebrews 12:11 reminds us that while discipline may be unpleasant, it produces a lasting harvest of righteousness and peace. Our patience during these moments is a crucial part of nurturing growth.

Proverbs teaches that discipline comes from God's love—His way to protect and guide us. Revelation praises perseverance and patience as marks of spiritual maturity, especially in the face of hardship.

Today, we are reminded that patience is most powerful when shown in difficulties, shaping hearts and strengthening relationships.







Day 4: 🔥 Patience in Trials and Discipline

# Reflect and Apply

	How do you typically react to discipline or correction in yourself or children?
2.	In what ways can patience transform challenges into growth?
3.	What encouragement does the Bible offer to endure trials patiently?







Day 4: 🔥 Patience in Trials and Discipline

## **Journaling Prompts**

	Describe a situation where patience in discipline led to a positive outcome.
2.	Write about how you can better receive and administer discipline in love.
3.	Reflect on how trials have shaped your character and patience.







Day 4: 🖰 Patience in Trials and Discipline

#### Prayer for Today

**Lord, grant me patience in discipline and trials.** Help me see Your loving purpose in correction and to endure with hope. Teach me to respond with grace during difficult moments, producing peace and righteousness. Strengthen my perseverance. Amen. �� 💪 🙏















#### Your Verse

2 Timothy 1:5 - "I am reminded of your sincere faith... and the faith that first lived in your grandmother Lois and in your mother Eunice."

#### **Supporting Scriptures**

- Titus 2:3-4 "Teach what is good... so that they can urge the younger women to love their husbands and children and to be self-controlled and pure."
- Philippians 4:9 "Whatever you have learned or received or heard from me, or seen in me—put it into practice."







#### Devotional: Passing Patience Through Generations

Patience is often passed down through example and influence. Paul reminds Timothy that the sincere faith in his life was nurtured by previous generations who modeled godly character.

This legacy highlights how patience and faithfulness learned and lived out by mentors impact the next generation. Titus encourages older women to teach and model self-control and patience, shaping younger women's lives.

Philippians 4:9 urges us to practice what we have learned, emphasizing the role of active patience and integrity in nurturing others.

Our consistency in patience, especially in the often hectic and unpredictable context of children's lives, speaks louder than words and can leave a lasting spiritual heritage.







# Reflect and Apply

1.	Who has influenced your faith and patience the most?
2.	How can your example impact children or younger believers?
3.	What habits promote consistency in living patiently?







## **Journaling Prompts**

Write about a role model who taught you patience by example.
List ways you can intentionally demonstrate patience this week.
Reflect on the spiritual legacy you want to leave behind.







#### Prayer for Today

**Father, help me be a patient example.** Use my life to influence others, especially children, toward faith and perseverance. Teach me to live out what I believe and to pass Your love faithfully through generations. Amen.



















Day 6: 🜈 Joy in the Journey of Patience

#### Your Verse

Romans 12:12 - "Be joyful in hope, patient in affliction, faithful in prayer."

#### **Supporting Scriptures**

- Galatians 6:9 "Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up."
- Psalm 37:7 "Be still before the Lord and wait patiently for him; do not fret when people succeed in their ways."







Day 6: 🜈 Joy in the Journey of Patience

#### Devotional: Finding Joy Within Patient Waiting

Patience is not just endurance but is accompanied by joy, hope, and faithfulness. Romans 12:12 encourages us to rejoice in hope while patiently enduring affliction, connecting patience with an expectant heart.

Galatians reminds us not to grow weary in good works, assuring a harvest if we remain steadfast. This perspective helps us see challenges with children or in life as part of a fruitful journey.

Psalm 37 encourages stillness and trust, advising against frustration when others appear to succeed effortlessly.

Choosing joy in the journey of patience transforms our outlook and renews our strength to care and persevere for the long haul.







Day 6: 🌈 Joy in the Journey of Patience

# Reflect and Apply

1.	How can hope and joy sustain you during difficult times?
2.	What helps you stay faithful and not give up in challenging situations?
3.	In what ways can you cultivate stillness and trust in God today?







Day 6: 🌈 Joy in the Journey of Patience

# **Journaling Prompts**

1.	Recall a time when patience led to unexpected joy.
2.	Write about what hope means to you in the context of parenting or mentoring.
3.	List practical ways to find joy while waiting on God's timing.







Day 6: 🜈 Joy in the Journey of Patience

#### Prayer for Today

**Lord, fill me with joy and hope as I wait patiently.** Teach me to be faithful in prayer and not grow weary in doing good. Help me remain still and trust in Your timing, rejoicing in the journey You have set before me. Amen. \* 🙏 😊







# Day 7: Reflecting God's Patience in Our Lives









Day 7: See Reflecting God's Patience in Our Lives

#### Your Verse

2 Peter 3:9 – "The Lord is not slow in keeping his promise, as some understand slowness. Instead he is patient with you, not wanting anyone to perish."

#### **Supporting Scriptures**

- Romans 15:5 "May the God who gives endurance and encouragement give you the same attitude of mind toward each other that Christ Jesus had."
- Ephesians 4:32 "Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."







Day 7: **②** Reflecting God's Patience in Our Lives

#### Devotional: Imitating God's Patience Daily

God's patience with us serves as the ultimate model for how we should be patient with others. 2 Peter 3:9 reveals that God delays judgment out of mercy, demonstrating His desire for redemption over punishment.

This divine patience calls us to extend the same grace, endurance, and forgiveness to those we encounter, especially children who are learning and growing. Romans 15:5 urges us to adopt Christ's attitude toward one another, characterized by endurance and encouragement.

Ephesians 4:32 reminds us to be kind and forgiving, reflecting Christ's compassion in everyday life.

As this study concludes, we are invited to carry forward the gift of patience that mirrors God's love, strengthening relationships and nurturing faith through all of life's challenges.







Day 7: 😩 Reflecting God's Patience in Our Lives

# Reflect and Apply

1.	How does God's patience inspire your patience with others?
2.	What steps can you take to cultivate a Christlike attitude of endurance?
3.	How can forgiveness play a role in growing your patience?







Day 7: 😂 Reflecting God's Patience in Our Lives

## **Journaling Prompts**

Irite about a time you experienced God's mercy and patience.
eflect on ways you can forgive more readily to grow in patience.
ommit to habits that help you reflect God's patience daily.







Day 7: 😩 Reflecting God's Patience in Our Lives

#### Prayer for Today

Heavenly Father, thank You for Your endless patience and mercy. Teach me to reflect Your grace in how I treat others, especially when I am challenged. Help me to be kind, forgiving, and enduring, following the example of Christ. Strengthen me to live out patience daily. Amen. 😂 🙏 🐦







#### Where God's Word Meets Your Daily Life



We pray this Bible Study has blessed you and drawn you closer to the heart of God. If you enjoyed this study, we'd love for you to join our growing HolyJot community online.



- 100k+ Bible Study Plans on every topic of life
- Access studies anytime on your phone, tablet, or computer
- Studies for individuals, families, small groups, and churches
- Secure online journaling or keep using print for privacy
- A place to grow your faith alongside believers worldwide

#### **Bonus for You:**

Download exclusive study bundles and resources when you create a <u>free HolyJot account</u>. No spam. No gimmicks. Just God's Word.

#### Visit Now:

- \* www.HolyJot.com
- Scan this QR code to start your next Bible Study today:

We'd love to hear your story. Email us at info@holyjot.com.





Connect with us at:

<u>Facebook</u> • <u>Instagram</u> • <u>YouTube</u> • <u>TikTok</u>

You are welcome to share this PDF with others. ase keep it intact so the full study and credits remain.

© 2025 HolyJot LLC. All Rights Reserved.