Peace as Light in the Darkness



Discover how God's peace shines as a beacon of hope in our darkest times, guiding us through turmoil with unwavering light.





Table of contents

Introduction	3
Day 1: 1 Peace in the Midst of Darkness	4
Day 2: X Shining Hope Amidst Troubles	10
Day 3: Peace Through the Holy Spirit	16
Day 4: Peace That Transforms Perspective	22
Day 5: 6 Becoming Beacons of Peace	28







Introduction

Peace—a word that evokes calmness amidst chaos and a sense of balance when life feels out of control. Yet, in the middle of troubled times, peace can often seem elusive, as if swallowed by shadows and uncertainty. But the Bible teaches us that peace is not merely the absence of conflict; it is a powerful light that shines brightest in our darkness.

As we embark on this 5-day journey, we will explore how God's peace is more than just tranquility—it is a transformative force that dispels fear, reassures the soul, and inspires hope. The peace God offers transcends human understanding, providing a steady light that never flickers, even when storms rage around us.

Throughout our study, we will delve into Scriptures that reveal peace as a gift from God, shining like a beacon in the night, guiding the weary and the troubled toward comfort and assurance. We will learn how to embrace this divine peace in our own lives, becoming vessels of hope and light for others caught in darkness.

May this study deepen your understanding and experience of God's peace, empowering you to stand firm, shine brightly, and radiate hope in the midst of life's uncertainties. Let us open our hearts to this light and trust that in every shadow, God's peace is there—lighting the way forward. Let His peace be your lighthouse today and always.















Your Verse

John 14:27 - "Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid."

Supporting Scriptures

- Isaiah 9:2 "The people walking in darkness have seen a great light; on those living in the land of deep darkness a light has dawned."
- Philippians 4:7 "And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."







Devotional: God's Gift of Unshakable Peace

Peace is a gift uniquely given by Jesus, unlike any peace the world can offer. In John 14:27, Jesus reassures His followers that His peace is not dependent on circumstances. Even in the darkest moments, when fear threatens to overwhelm us, His peace stands firm—calming troubled hearts and dispelling fear.

Isaiah's prophecy paints a vivid picture of hope: to those walking in deep darkness, a great light shines. This light points to Jesus, the ultimate source of peace and hope. Our world can be full of turmoil, anxiety, and confusion, but the peace He offers acts like an unquenchable light, piercing through all shadows.

Philippians echoes this by reminding us that God's peace goes beyond human understanding. It protects and guards our hearts and minds, serving as a spiritual shield that keeps us secure. Today, embrace this peace as your strength and refuge, even if your circumstances say otherwise.

How can you invite Jesus' peace into your darkest places today?







Reflect and Apply

1.	What situations in your life feel like darkness right now?
	How does knowing Jesus offers 'another kind' of peace change your perspective?
3.	In what ways can you remind your heart not to be troubled or afraid?







Journaling Prompts

1.	Write about a time when you experienced peace during a difficult moment.
2.	List practical ways to focus on Jesus' peace when anxiety arises.
3.	Describe what 'light in the darkness' means to you personally.







Prayer for Today

Lord Jesus, thank You for the peace You leave with us—a peace that does not depend on the world's shifting circumstances. When fear creeps in and darkness surrounds, may Your light within us shine brightly, calming our hearts and protecting our minds. Help us to rest in Your unshakable peace today and always. Teach us to be vessels of hope, reflecting Your light to those who need it most. In Your holy name, we pray.

















Your Verse

Psalm 46:1-3 – "God is our refuge and strength, an ever-present help in trouble. Therefore we will not fear... though the earth gives way and the mountains fall into the heart of the sea."

Supporting Scriptures

- Romans 15:13 "May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit."
- Matthew 5:14 "You are the light of the world. A town built on a hill cannot be hidden."







Devotional: Hope That Radiates Through Us

In times of trouble, God reveals Himself as our refuge and strength. Psalm 46 beautifully assures us that no matter how severe the external chaos—the earth giving way, mountains falling—we have a steadfast helper in God. This truth offers a hope that shines through even the darkest storms.

Romans reminds us that God is not only a source of hope but also fills us with joy and peace as we trust Him. It is this divine hope that empowers us to overflow with peace, becoming living testimonies to God's sustaining power.

Jesus calls us the light of the world (Matthew 5:14), encouraging believers to reflect God's peace and hope visibly. As we receive God's peace, we also reflect it, becoming beacons for others navigating their own darkness. This light—peace layered with hope—helps illuminate paths, enabling others to find comfort and courage in troubling times.

How can you shine God's peace and hope to those around you today?







Reflect and Apply

1.	Where do you see God's protection acting as your refuge currently?
2.	How can your hope and peace inspire others facing difficulties?
3.	What does being 'light of the world' mean for your daily actions?







Journaling Prompts

	Recall a moment when God was your refuge—describe what happened and how it encouraged you.
2.	Write about ways you can intentionally radiate hope to others this week.
3.	Make a list of practical acts that show you are a light in dark places.







Prayer for Today

Father God, You are our refuge and strength, an ever-present help in times of trouble. Thank You for filling us with joy, peace, and hope through the power of Your Spirit. Help us to be lights in dark places, shining Your peace and hope to those who are struggling. May our lives reflect Your faithfulness and brighten the paths for others who feel overwhelmed. Strengthen our trust in You today. In Jesus' name, Amen.









Day 3: W Peace Through the Holy Spirit









Day 3: W Peace Through the Holy Spirit

Your Verse

Galatians 5:22-23 - "But the fruit of the Spirit is... peace... against such things there is no law."

Supporting Scriptures

- Romans 8:6 "The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace."
- John 16:33 "In this world you will have trouble. But take heart! I have overcome the world."







Day 3: SPeace Through the Holy Spirit

Devotional: Living by the Spirit to Experience Peace

Peace is a fruit of the Holy Spirit's work in us. Galatians 5 reminds believers that peace is a natural outcome when we live by the Spirit rather than fleshly desires. This peace empowers us to rise above struggles and inward turmoil.

Romans 8:6 contrasts two mental attitudes: life and peace come from the Spirit-led mind, while death and despair stem from flesh-driven thinking. The Spirit guides us toward calm confidence grounded in God's truth.

Jesus acknowledges in John 16 that trouble is inevitable, yet He encourages us to *take heart* because He has overcome the world. The Holy Spirit reassures us daily that peace is not the absence of trouble, but the presence of God's power amidst it.

How open are you to allowing the Spirit to cultivate peace in your heart now?







Day 3: Peace Through the Holy Spirit

Reflect and Apply

1.	What areas of your life show conflict between fleshly desires and Spirit guidance?
2.	How can you practically choose a Spirit-led mindset over fear or anxiety?
3.	In what ways does Jesus' victory give you peace today?







Day 3: Peace Through the Holy Spirit

Journaling Prompts

1.	Describe what 'fruit of the Spirit' means in your own life.
	Write about the difference between peace from the world and peace from the Spirit.
3.	Journal ways you can invite the Holy Spirit to cultivate peace daily.







Day 3: W Peace Through the Holy Spirit

Prayer for Today

Holy Spirit, thank You for producing peace within us as a fruit of Your presence. Help us to live guided by You, choosing life and peace in the midst of trials. When troubles come, remind us of Jesus' victory over the world and strengthen our hearts to take courage. Empower us to be Spirit-led in all decisions and moments today. In Jesus' name, Amen.



















Your Verse

Colossians 3:15 – "Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful."

Supporting Scriptures

- 2 Corinthians 12:9 "My grace is sufficient for you, for my power is made perfect in weakness."
- Isaiah 26:3 "You will keep in perfect peace those whose minds are steadfast, because they trust in you."







Devotional: Allowing Peace to Rule Our Hearts

Peace from Christ is not passive; it is active and transformative. Colossians 3 encourages us to let Christ's peace *rule* our hearts—meaning it guides our emotions, actions, and attitudes. When peace governs us, it shapes how we handle stress, conflict, and uncertainty.

Paul's words in 2 Corinthians remind us that God's grace is made perfect in weakness. When life exposes our limitations, peace grounded in grace shifts our perspective from despair to trust.

Isaiah assures us that perfect peace is kept when our minds remain steadfast, fixed on trusting God. This steadfast mindset anchors us, enabling peace to transform anxiety into gratitude.

How might letting peace rule your heart change your view of current struggles?







Reflect and Apply

1.	What areas of your heart are difficult to surrender to God's peace?
2.	How does gratitude influence your experience of peace?
	How can trusting God reshape your perception of weakness and challenges?







Journaling Prompts

1.	. Write about a situation where letting peace rule changed your response.
2.	List blessings for which you can be thankful even in hard times.
3.	. Describe how grace meets you in moments of weakness.







Prayer for Today

Dear Jesus, help us to invite Your peace to rule our hearts fully. Teach us to trust You deeply and to give thanks even amidst trials. Thank You that Your grace sustains us and transforms our weaknesses into strength. Keep our minds steadfast on You today, so we may experience Your perfect peace. May gratitude fill our souls and overflow to those around us. In Your precious name, Amen.



















Your Verse

Matthew 5:9 - "Blessed are the peacemakers, for they will be called children of God."

Supporting Scriptures

- Ephesians 6:15 "...and with your feet fitted with the readiness that comes from the gospel of peace."
- Hebrews 12:14 "Make every effort to live in peace with everyone and to be holy; without holiness no one will see the Lord."







Devotional: Living Out Peace in a Troubled World

Jesus calls us blessed when we become peacemakers. To be a peacemaker is to actively pursue peace in relationships, communities, and within ourselves. It is both a calling and a lifestyle that reflects God's heart.

Ephesians reminds us to be ready to share the gospel of peace—our 'shoes' fitting our feet. This means peace is not only internal but also shared through words and actions.

Hebrews challenges us to make every effort to live peacefully with others as a reflection of our holiness. Our pursuit of peace is intertwined with our pursuit of God and impacts how others perceive Him.

How will you shine God's peace to others and lead others toward hope?







Reflect and Apply

1.	What does it mean to you to be a peacemaker in your daily life?
2.	How can you prepare yourself to share peace with those around you?
3.	In what ways does pursuing peace reflect your relationship with God?







Journaling Prompts

1.	Reflect on a relationship where you can bring peace and reconciliation.
2.	Write practical steps for sharing God's peace with your community.
3.	Describe how your life can be a beacon of peace in troubled times.







Prayer for Today

Father God, thank You for calling us to be peacemakers and children of Yours. Help us to live out Your peace actively—ready to bring hope and reconciliation wherever we go. Equip us with Your gospel of peace and empower us to make every effort to live in harmony with others. May our lives shine Your light, drawing many to You. In Jesus' name, Amen.









Where God's Word Meets Your Daily Life



We pray this Bible Study has blessed you and drawn you closer to the heart of God. If you enjoyed this study, we'd love for you to join our growing HolyJot community online.



- 100k+ Bible Study Plans on every topic of life
- Access studies anytime on your phone, tablet, or computer
- Studies for individuals, families, small groups, and churches
- Secure online journaling or keep using print for privacy
- A place to grow your faith alongside believers worldwide

Bonus for You:

Download exclusive study bundles and resources when you create a <u>free HolyJot account</u>. No spam. No gimmicks. Just God's Word.

Visit Now:

- * www.HolyJot.com
- Scan this QR code to start your next Bible Study today:

We'd love to hear your story. Email us at info@holyjot.com.



☐ Connect with us at: Facebook • Instagram • YouTube • TikTok

You are welcome to share this PDF with others. ase keep it intact so the full study and credits remain.

© 2025 HolyJot LLC. All Rights Reserved.