# Peace in Obedience: Finding Joy in God's Commands



Discover how true peace comes from obeying God's commands, bringing joy and rest to your soul in every season of life.





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#### Introduction

**Peace** is a deep longing within every heart, a restful place amid life's storms. But have you ever considered that real, lasting peace is more than mere calm? It is the fruit of *obedience to God's commands*. When we align our lives with His word, we find not only tranquility but also profound joy that sustains us through challenges.

Throughout Scripture, peace is promised to those who walk in God's ways. It's not just an absence of conflict but a positive state of well-being that flows from living in harmony with the Creator. This study explores how peace is intertwined with obedience—how following God's guidance opens the door to inner rest and joy that cannot be shaken by external circumstances.

In the coming days, you will journey through scriptures showcasing the connection between God's commands and the peace they bring. From the reassurance given in trusting God, to the joy that springs from a disciplined life, each day will deepen your understanding and inspire practical steps to embrace obedience.

Whether you are struggling with anxiety, restless thoughts, or feeling overwhelmed, this study invites you to discover that peace is accessible—not as a distant ideal but as a present reality found by trusting, obeying, and delighting in God's word. Let's embark on this exploration, opening your heart to the transforming power of peace that flows from joyful obedience.

















#### Your Verse

Isaiah 26:3 – "You will keep in perfect peace those whose minds are steadfast, because they trust in you."

#### **Supporting Scriptures**

- Psalm 119:165 "Great peace have those who love your law, and nothing can make them stumble."
- Proverbs 3:5-6 "Trust in the Lord with all your heart and lean not on your own understanding..."







#### Devotional: Trusting God Opens the Door to Peace

**Peace begins with trust.** Isaiah 26:3 reminds us that perfect peace is a promise to those who place their steadfast trust in God. Trust is more than a feeling; it is an active choice to rely on God's wisdom and to follow His commands even when life feels uncertain.

Obedience flows naturally from trust. When we trust God's character and promises, following His commands becomes an act of faith, not burden. Psalm 119 describes the joy and great peace that accompany loving and obeying God's law. This shows us that peace and obedience are deeply connected.

Proverbs 3 urges believers to lean not on their own understanding but to acknowledge God in every step. This surrender in obedience anchors our minds and hearts, protecting us from the chaos around us. *When our trust is in God and His commands, we find a peace unshaken by life's storms.* 







# Reflect and Apply

1.	What areas of your life do you find hard to fully trust God with?
2.	How does trusting God change your attitude toward His commands?
	In what ways can you remind yourself to lean on God's understanding daily?







## **Journaling Prompts**

1.	Write about a time when trusting God brought peace to a difficult situation.
2.	List God's commands you find most challenging and explore why.
3.	Journal your feelings about obedience—what fears or joys come up?







### Prayer for Today

**Dear God,** help me to place my trust fully in You today. Teach me to lean on Your understanding and to walk obediently in Your commands. May Your peace guard my heart and mind as I learn to trust You more deeply. Grant me joy as I obey, knowing that Your ways lead to life. *Amen.*  $\bigwedge$   $\swarrow$   $\swarrow$ 















#### Your Verse

John 15:10-11 - "If you keep my commands, you will remain in my love... I have told you this so that my joy may be in you and that your joy may be complete."

#### **Supporting Scriptures**

- Psalm 19:8 "The precepts of the Lord are right, giving joy to the heart."
- 1 John 5:3 "This is love for God: to keep his commands. And his commands are not burdensome."







# Devotional: Joy Grows When We Obey God's Commands

Obedience is not about restriction, but a pathway to joy. Jesus speaks clearly in John 15 that keeping His commands keeps us rooted in His love, producing joy that is full and enduring. This joy is not fleeting happiness but a deep, abiding contentment that flows from intimate relationship with God.

The psalmist echoes this truth, celebrating the joy the Lord's precepts provide to the heart. This is a reminder that God's commands are designed for our good—to protect, guide, and nourish our souls.

1 John reassures us that obedience is not a heavy yoke but an expression of love for God. When obedience arises from love and trust, it is a joyful act rather than a duty. *Choosing daily to follow God's commands unlocks a joy that circumstances cannot steal.* Reflect today on how obedience can transform your inner life and grow your joy.







# Reflect and Apply

1.	How have you experienced joy as a result of obeying God?
2.	What are some obstacles that make obedience feel burdensome rather than joyful?
3.	How can you shift your perspective to see obedience as love and joy?







### **Journaling Prompts**

1.	Describe moments when obeying God brought unexpected happiness.
2.	Write about a command of God that brought you peace and joy.
3.	List ways to cultivate a loving heart toward God's commands this week.







### Prayer for Today

**Lord Jesus,** thank You for the joy You promise through obedience. Help me to delight in Your commands and remain in Your love. Teach me to see obedience as an act of love, not obligation, so that my joy may be complete and steadfast. Fill my heart with Your joy today and always. *Amen.*















#### Your Verse

Philippians 4:6-7 - "Do not be anxious about anything... And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

#### **Supporting Scriptures**

- Colossians 3:15 "Let the peace of Christ rule in your hearts..."
- Psalm 119:11 "I have hidden your word in my heart that I might not sin against you."







#### Devotional: Obedience Strengthens God's Peace in Us

**God's peace is a powerful guard for our hearts.** Paul encourages believers not to be anxious but to bring every concern before God through prayer. The resulting peace surpasses human understanding and acts as a protective shield for our minds and emotions.

Obedience plays a key role here. When we follow God's commands and internalize His word, as David did by hiding it in his heart, we are equipped to resist sin and maintain peace.

Colossians reminds us to let the peace of Christ rule within us. This ruling peace is not passive but actively governs our thoughts and actions. Living in obedience strengthens this peace, enabling us to face challenges without fear. *Embrace obedience today as a means to access God's guarding peace in your life.* 







# Reflect and Apply

1.	What worries can you bring to God today to receive His peace?
2.	How does memorizing or meditating on Scripture affect your peace?
3.	In what ways can you let Christ's peace rule your heart daily?







# **Journaling Prompts**

1.	Write about a situation where God's peace guarded your heart.
2	List verses you can hide in your heart to combat anxiety.
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3.	Reflect on how obedience has helped reduce worry in your life.







## **Prayer for Today**

**Father God,** remind me that I can bring every worry and fear to You in prayer. Help me to obey Your commands and let Your peace rule my heart and mind. Guard me from anxiety and fill me with a peace that transcends understanding. Strengthen me to walk in obedience and faith today. *In Jesus' name, Amen.* 







# Day 4: Obedience Brings Rest and Renewal









Day 4: 6 Obedience Brings Rest and Renewal

#### Your Verse

Matthew 11:28–30 – "Come to me, all you who are weary... Find rest for your souls. For my yoke is easy and my burden is light."

#### **Supporting Scriptures**

- Hebrews 4:9–10 "There remains a Sabbath rest for the people of God... whoever has entered God's rest has also rested from their works."
- Isaiah 57:2 "Those who walk uprightly enter into peace; they find rest as they lie in death."







Day 4: 6 Obedience Brings Rest and Renewal

#### Devotional: Obedience Leads Us to Soul-Deep Rest

**True rest is found in Christ's gentle yoke through obedience.** Jesus invites the weary to come to Him and find rest for their souls. His yoke is easy and the burden light—not because His commands are few, but because His Spirit empowers and renews us as we obey.

Hebrews highlights that God's people are called into Sabbath rest, a rest that implies ceasing from our striving and trusting God's provision. This rest is a hallmark of obedience, a peace that renews our hearts even amid life's demands.

Isaiah affirms that those who walk uprightly—those who choose obedience—enter into peace and find rest even in the final moments of life. This promise of renewal and rest encourages us to continue faithfully on the path of obedience, assured that peace accompanies it. *Let today's reflection draw you closer to the restful peace God offers through joyful obedience.* 







Day 4: 🜈 Obedience Brings Rest and Renewal

# Reflect and Apply

1.	What does 'rest for your soul' mean to you personally?
2.	How can you receive Jesus' yoke as 'easy' in your daily life?
3.	How does obedience help you experience renewal in tiring seasons?







Day 4: 🜈 Obedience Brings Rest and Renewal

# **Journaling Prompts**

1.	Write about areas where you feel weary and need God's rest.
2.	Describe how obedience has refreshed or renewed your spirit.
3.	Plan practical steps to embrace rest through trusting God today.







Day 4: 6 Obedience Brings Rest and Renewal

### Prayer for Today

**Lord Jesus,** You invite me to find rest in You. Help me to embrace Your yoke and obey Your commands, so I may experience the lightness of Your burden and soul-refreshing peace. Renew my spirit and help me walk uprightly in Your ways. Thank You for giving rest to the weary. *Amen.* \*\* \( \mathbb{Y} \) \( \mathbb{Y} \)







# Day 5: X Living in Peace Through Obedience









Day 5: 🎇 Living in Peace Through Obedience

#### Your Verse

Romans 8:5-6 - "Those who live according to the Spirit have their minds set on what the Spirit desires. The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace."

#### **Supporting Scriptures**

- Galatians 5:22-23 "The fruit of the Spirit is love, joy, peace..."
- Psalm 85:8 "I will listen to what God the Lord says; he promises peace to his people..."







Day 5: 🗱 Living in Peace Through Obedience

#### Devotional: Spirit-Led Obedience Brings Lasting Peace

Obedience aligned with the Spirit brings life and peace. Paul teaches that setting our minds on the Spirit's desires results in peace—this contrasts sharply with a focus on fleshly desires which produces turmoil and death.

The fruit of the Spirit includes peace and joy, qualities that flourish when we yield to God's guidance. Obedience is the daily choice to follow the Spirit's lead, resisting fleshly impulses that disrupt peace.

Psalm 85 expresses God's promise of peace to His people, reaffirming that listening and responding to God's voice is the pathway to a peaceful life. *As you conclude this study, commit to living by the Spirit, embracing obedience as the source of enduring peace and joy.* 







Day 5: 💥 Living in Peace Through Obedience

# Reflect and Apply

1.	How can you more intentionally set your mind on the Spirit's desires?
	What are the fruits of the Spirit you see growing in your life through obedience?
	What steps can you take to resist fleshly desires and follow the Spirit daily?







Day 5: 💥 Living in Peace Through Obedience

# **Journaling Prompts**

1.	Reflect on how living by the Spirit has brought you peace.
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۷.	Write a commitment statement to pursue obedience through the Spirit.
3	Identify struggles you face in obeying God and pray for strength.
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Day 5: 🎇 Living in Peace Through Obedience

### Prayer for Today

**Holy Spirit,** guide my heart and mind to focus on Your desires. Help me to obey Your leading and bear the fruit of peace and joy. Strengthen me to resist fleshly temptations and live a life that honors God. Fill me with Your peace today and always. *Amen.*







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