# Peace in Salvation: Resting in Christ's Finished Work



Discover lasting peace by embracing the finished work of Jesus. Rest confidently in salvation and experience tranquility through faith.





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#### Introduction

Welcome to this 5-day Bible study on Peace in Salvation—Resting in the finished work of Jesus. In our busy and often stressful world, true peace can seem elusive. Many seek calmness through circumstances or achievements, but God offers a profound peace that transcends all understanding—peace found only in the finished work of Jesus Christ.

*Peace in salvation* is not merely the absence of conflict but a deep, abiding tranquility that comes from knowing we are fully accepted and secure in Christ. The Bible tells us that Jesus' sacrifice on the cross was complete and perfect, paying the price for our sins once and for all. When we believe in Him, we are reconciled to God, our fears are settled, and our hearts rest in this incredible truth.

Throughout these five days, we will explore Scriptures that speak to our assurance, the calmness we receive through faith, and how this peace affects our daily lives. You'll be encouraged to meditate on God's promises, reflect on how Jesus' work frees us from condemnation, and deepen your confidence in His grace.

This journey isn't about striving harder, but about trusting more—about resting in what Jesus has already accomplished. As you study, let your heart be open to experience the serene confidence and joy that come from standing firm in the salvation He freely gives. Get ready to experience a peace that guards your heart and mind in Christ Jesus!  $\bigwedge$ 







## Day 1: W Peace Through Faith in Christ









Day 1: W Peace Through Faith in Christ

#### Your Verse

John 14:27 - Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

#### **Supporting Scriptures**

- Romans 5:1 Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ.
- Philippians 4:7 And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.







Day 1: W Peace Through Faith in Christ

## Devotional: Faith in Christ Brings Lasting Peace

True peace comes not from our circumstances but from faith in Jesus Christ.

On the night before His crucifixion, Jesus comforted His disciples with the promise of peace. He said, "Peace I leave with you; my peace I give you." This peace is different from what the world offers. It's a divine tranquility that calms troubled hearts and dispels fear.

When we place our faith in Jesus, we are justified—declared righteous before God—and this brings real peace. It's the assurance that our sins are forgiven and that we have been welcomed into God's family. This peace is a gift, not earned by works but received by trusting in Christ's finished work on the cross.

Today, reflect on your own heart. Are there anxieties or fears troubling you? Invite Jesus to fill those places with His perfect peace. Rest in knowing that faith in Him secures your relationship with God and gives you calm amidst life's storms.







Day 1: 💙 Peace Through Faith in Christ

## Reflect and Apply

1.	What worries or fears am I currently holding onto?
2.	How does trusting in Jesus change my perspective on these fears?
3.	In what ways can I remind myself daily of the peace Jesus gives?







Day 1: 💙 Peace Through Faith in Christ

## **Journaling Prompts**

1.	Write about a time when faith in Jesus helped you experience peace.
2.	List scriptures that speak about peace to memorize or meditate on.
3.	Reflect on how you can let go of anxiety through faith this week.







Day 1: 🐯 Peace Through Faith in Christ

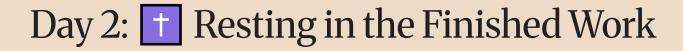
## Prayer for Today

**Dear Heavenly Father,** thank You for the gift of peace that comes through faith in Your Son, Jesus. Help me to rest in His finished work and not be overwhelmed by anxieties or fears. Teach me to trust You more fully each day and to embrace the calm assurance You provide. May Your peace guard my heart and mind as I walk with You. In Jesus' name, Amen. 😂 🙏 🎔

















#### Your Verse

Hebrews 10:14 – For by one sacrifice he has made perfect forever those who are being made holy.

#### **Supporting Scriptures**

- Colossians 2:13–14 God forgave us all our sins, having canceled the charge of our legal indebtedness, nailing it to the cross.
- 1 Peter 1:18–19 You were redeemed... with the precious blood of Christ, a lamb without blemish or defect.







## Devotional: Embracing Rest in Christ's Complete Sacrifice

Our peace is rooted firmly in the finished work of Jesus on the cross. Hebrews tells us that by one perfect sacrifice, Christ has made us perfect in God's eyes. This means our salvation is complete—there is nothing more to add or achieve.

God's forgiveness through Jesus removes every sin and cancels our debt. This radical grace invites us to rest, not striving for acceptance but receiving it fully. When we understand and accept this, our hearts can settle into a deep peace knowing our foundation is unshakable.

Instead of wrestling with guilt or trying to earn God's favor, we can rest in the completed work of Christ. This rest is both a gift and a calling. It frees us to live joyfully and confidently, knowing we are loved and accepted just as we are.







## Reflect and Apply

1.	Do I struggle to believe my salvation is complete and secure?
2.	How does knowing Jesus' sacrifice is perfect affect my daily life?
3.	What areas of my life do I need to surrender to rest fully in Jesus' work?







## **Journaling Prompts**

1.	Write about what it means to you that Jesus' sacrifice is perfect and finished.
2.	Identify any burdens you're carrying that Jesus wants you to release.
3.	Describe how you can practice resting in God's grace daily.







## Prayer for Today

**Gracious Father,** thank You that Jesus' sacrifice is complete and perfect. Help me to rest in this truth and to release any doubts or burdens that keep me from experiencing Your peace. Teach me to trust fully that Your grace covers me and to live confidently in Your love. May I find true rest in the salvation You have given. In Jesus' holy name, Amen. 

### Amen.

















#### Your Verse

Philippians 4:7 - And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

#### **Supporting Scriptures**

- Isaiah 26:3 You will keep in perfect peace those whose minds are steadfast, because they trust in you.
- 2 Thessalonians 3:16 Now may the Lord of peace himself give you peace at all times and in every way.







#### Devotional: God's Peace Protects Our Hearts and Minds

God's peace is not just a feeling; it's a protective shield for our hearts and minds. Philippians assures us that this peace surpasses human understanding and actively guards us. Meditating on God's promises and keeping our thoughts fixed on Him is key to experiencing this protective peace.

The prophet Isaiah affirms that perfect peace comes from steadfast trust in God. Our salvation invites us into ongoing reliance on His faithfulness. Peace is available even amid challenges when we anchor our hearts in Jesus, the Lord of peace.

As we face daily pressures, God's peace guards us from fear, anxiety, and doubt. It empowers us to stand firm and radiate His calm confidence to others. Let us cultivate hearts rooted deeply in Christ and allow His peace to govern our lives.







## Reflect and Apply

1.	How do I protect my heart and mind from anxiety and fear?
2.	In what ways can I deepen my trust to experience God's perfect peace?
3.	How has God's peace helped me during difficult situations?







## **Journaling Prompts**

1.	List moments when God's peace guarded your heart or mind.
2.	Write about practical steps to keep your thoughts steadfast on God.
3.	Consider how you can share God's peace with someone in need.







## **Prayer for Today**

Lord of Peace, thank You for the peace that guards my heart and mind. Help me to keep my thoughts steadfast on You and to trust in Your unfailing love. When anxiety or fear arise, remind me that Your peace is greater than any circumstance. May I walk each day under Your protection, reflecting Your calm and strength. In Jesus' name, Amen. 

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#### Your Verse

Isaiah 54:10 - Though the mountains be shaken and the hills be removed, yet my unfailing love for you will not be shaken.

#### **Supporting Scriptures**

- John 16:33 In this world you will have trouble. But take heart! I have overcome the world.
- Psalm 4:8 In peace I will lie down and sleep, for you alone, Lord, make me dwell in safety.







#### Devotional: An Unshakable Peace Amid Life's Storms

Peace in salvation remains steadfast even when life's storms rage around us. Isaiah reminds us that no matter what shakes this world, God's love and promises stand firm. This is the peace that surpasses our understanding—it holds us secure despite circumstances.

Jesus acknowledged that trouble would come but encouraged His followers to "take heart" because He has overcome the world. Believing in His victory means we live with hope, courage, and a peace that does not depend on external situations.

This peace calms our restless hearts, enabling us to rest in God's safety as David wrote in the Psalms. When we anchor ourselves in salvation, the chaotic noise fades, and peace reigns, bringing rest to mind, soul, and body.







## Reflect and Apply

1.	Do I struggle to maintain peace during difficult times?
2.	How does Jesus' victory over the world encourage my heart?
3.	What helps me remember God's unfailing love when I feel shaken?







## **Journaling Prompts**

1.	Recall a time God's peace sustained you during a storm.
2.	Write about how you can cultivate unshakable peace daily.
3.	List ways to remind yourself of God's constant love and presence.







## Prayer for Today

**Faithful God,** thank You that Your love remains unshaken even when my world trembles. Help me to rest in the peace that surpasses all understanding and to trust in Jesus' victory over every trial. When troubles come, remind me to take heart and cling to Your promises. Keep me safe in Your loving care. In Jesus' victorious name, Amen.















#### Your Verse

Romans 8:38–39 – For I am convinced that neither death nor life... will be able to separate us from the love of God that is in Christ Jesus our Lord.

#### **Supporting Scriptures**

- Galatians 5:22 But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness.
- Ephesians 2:14 For he himself is our peace, who has made the two groups one.







## Devotional: Embracing Peace as a Daily Way of Life

**Peace in salvation is not just a momentary gift but a way of life.** Romans powerfully assures us that nothing can separate us from God's love in Christ. This assurance is the foundation for living daily in peace.

The Holy Spirit produces peace as part of His fruit in our lives. As we yield to Him, peace becomes a hallmark of our character, influencing how we face challenges and relate to others.

Jesus himself is our peace, breaking down barriers and reconciling us to God and one another. Living in this peace means reflecting God's love into the world, standing firm without fear, and walking in joyful assurance.

Today, choose to live in this peace—not by striving—but by resting continually in the salvation Jesus won for you. Let it shape your thoughts, attitudes, and actions as you journey forward with confidence and hope.







## Reflect and Apply

	How does knowing that nothing separates me from God's love affect my peace?
	In what areas of life can I cultivate more of the fruit of the Spirit, especially peace?
3.	How can I share God's peace with those around me?







## **Journaling Prompts**

1.	Write an affirmation of your security in God's love and salvation.
2.	List practical ways to invite the Holy Spirit's peace into daily life.
3.	Reflect on people who need to experience God's peace through you.







## Prayer for Today

**Lord Jesus,** thank You that Your love is inseparable from me and that You are my peace. Help me to embrace this peace as I live daily, allowing the Holy Spirit to nurture it within my heart. Teach me to be an instrument of Your peace to others, shining Your light bright in a troubled world. I rest wholly in Your salvation and love. Amen.







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