# Peace in Times of Doubt



Explore how to remain steady in God's truth and find lasting peace even amid life's uncertainties and doubts.





#### Table of contents

<u>Introduction</u>	4
Day 1: **3 Embracing God's Peace	5
Day 2: Peace Through Trusting God	11
Day 3: * Peace in God's Presence	17
Day 4: Peace in God's Promises	23
Day 5: Peace in Spiritual Armor	29
Day 6: Peace  Day 6: Peace	35
Day 7: Peace in God's Strength	41
Day 8: Peace from God's Provision	47
Day 9: 1 Peace Through Prayer and Thanksgiving	53
Day 10: Peace in Humble Surrender	59
Day 11: O Quiet Peace in Times of Chaos	65
Day 12: Peace Amid Life's Uncertainties	71
Day 13: Peace Through Forgiveness	77
Day 14: Peace in God's Timing	83
Day 15: Resting in God's Sovereignty	89
Day 16: X Peace Through God's Word	95











#### Introduction

Peace in Times of Doubt invites you on a transformative 21-day journey that dives deep into how God's unchanging truth anchors us amid life's uncertainties. Doubt is a natural part of human experience. When the storms of confusion, fear, or insecurity arise, it can be hard to hold on to peace. Yet, the Bible assures us that true peace comes from a steadfast relationship with God and confident trust in His Word.

Throughout these three weeks, you will encounter Scripture passages that emphasize God's faithfulness and the peace that surpasses all understanding. Each day will provide you with insight, encouragement, and practical reflections to help you navigate doubt without losing your spiritual footing. Whether you're wrestling with questions, facing overwhelming challenges, or simply seeking calm amid chaos, this study offers a path toward the deep, reassuring peace God promises.

Imagine a peace that holds you steady even when your mind is unsettled; a peace that doesn't vanish with changing circumstances. This study will gently guide you to the truth that peace isn't the absence of doubts, but the presence of God's unwavering love and promises in your life. Let's begin this transformative journey of steady faith and lasting peace together.

















#### Your Verse

John 14:27 NIV - "Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid."

- Philippians 4:7 "And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."
- Isaiah 26:3 "You will keep in perfect peace those whose minds are steadfast, because they trust in you."







# Devotional: God's Peace: A Gift Beyond Understanding

**God's promise of peace** in John 14:27 invites us to experience a peace unlike anything the world offers—calm in the storm, courage amidst fear. This peace isn't temporary or dependent on circumstances. It is a deep, abiding tranquility grounded in God's presence and promises.

When uncertainty and doubt creep in, it's natural for the heart to feel troubled. Yet Jesus commands us not to be afraid or troubled because His peace is available. This spiritual peace feels like an anchor for our souls — keeping us steady even when life is unpredictable. It's a gift to be received and embraced daily.

*Reflect* on what kinds of doubts or fears currently trouble your heart. How might God's peace speak to these areas? Opening yourself to God's peace today means trusting His word above your emotions or circumstances.







# Reflect and Apply

1.	What fears or troubles currently weigh heaviest on your heart?
2.	How does God's peace differ from the peace the world offers?
3.	In what ways can you invite God's peace into your daily moments?







# **Journaling Prompts**

1.	List moments recently when you felt troubled or afraid.
2.	Write down what it means to you that Jesus gives peace to His followers.
3.	Describe a time when you experienced peace despite difficult circumstances.







#### Prayer for Today

Lord, thank You for the peace You give that is not like the world's peace. When doubts and fears rise, help me remember Your promise to calm my heart and mind. Teach me to trust in Your presence and rest in Your unchanging truth. Guard me today and give me courage to live steady in faith. In Jesus' name, Amen.







# Day 2: 💋 Peace Through Trusting God









Day 2: 💋 Peace Through Trusting God

#### Your Verse

Proverbs 3:5-6 NIV - "Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight."

- Psalm 56:3 "When I am afraid, I put my trust in you."
- Jeremiah 17:7 "But blessed is the one who trusts in the Lord, whose confidence is in him."







Day 2: 🥬 Peace Through Trusting God

#### Devotional: Choosing Trust to Invite Peace

Doubt often thrives when we try to understand everything on our own.

Trust requires surrender. It means admitting that we don't have all the answers and choosing to believe God's wisdom is perfect. As we submit our ways to Him, He promises to direct our paths and provide peace amid uncertainty.

When doubts arise, pause to ask, "Am I trusting God fully in this moment?" Sometimes peace comes simply by shifting our focus from our worries to the faithfulness of God. Trust is a deliberate act that strengthens peace.







Day 2: 💋 Peace Through Trusting God

# Reflect and Apply

1.	What areas of your life are hardest to trust God with?
	How can leaning on God instead of your own understanding change your perspective on doubt?
3.	In what ways has trusting God brought peace to your past struggles?







Day 2: B Peace Through Trusting God

# **Journaling Prompts**

1.	Write about a time you struggled to trust God and what you learned.
2.	List ways you can submit your daily decisions to God.
3.	Describe what it looks like practically to lean on God's understanding.







Day 2: Peace Through Trusting God

## Prayer for Today

Father, help me trust You fully even when I don't understand the way ahead. Teach me to lean not on my own understanding but to rely on Your wisdom and guidance. Fill me with Your peace as I submit my life to You. Let Your perfect peace steady my heart today. Amen.

















Day 3: N Peace in God's Presence

#### Your Verse

Psalm 46:10 NIV - "Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth."

- Psalm 16:8 "I keep my eyes always on the Lord. With him at my right hand, I will not be shaken."
- Zephaniah 3:17 "The Lord your God is with you, the Mighty Warrior who saves. He will take great delight in you; in his love he will no longer rebuke you, but will rejoice over you with singing."







Day 3: N Peace in God's Presence

# Devotional: Finding Peace by Being Still in God's Presence

Amid doubt and chaos, God calls us to "be still."

Being still is not a passive escape but an active choice to center ourselves on God's power and love. It reconnects us to His grace and reminds us that He is exalted over all things, far above our troubles.

When doubts flood your mind, intentionally pause and quiet your spirit before God. Let His presence calm your fears and remind you that He is working even when you cannot see it.







Day 3: 🎇 Peace in God's Presence

# Reflect and Apply

1.	What prevents you from being still before God?
2.	How can the truth of God's sovereignty bring comfort in doubt?
3.	When have you experienced God's presence calming your fears?







Day 3: 🎇 Peace in God's Presence

# **Journaling Prompts**

1.	Describe what being still before God means to you.
2.	Write about a recent time you felt God's calming peace.
3.	List ways to create quiet moments to connect with God daily.







Day 3: N Peace in God's Presence

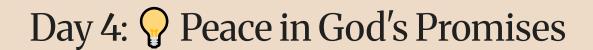
## Prayer for Today

**Lord, teach me to be still and know You are God.** Help me find peace in Your presence and trust Your sovereignty over my life. Quiet my heart and mind when doubts threaten to overwhelm. Fill me with Your assurance and strength today. Amen. \*\* \*\* \*\* \*\*

















Day 4: Peace in God's Promises

#### Your Verse

Isaiah 41:10 NIV - "So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand."

- 2 Corinthians 1:20 "For no matter how many promises God has made, they are 'Yes' in Christ."
- Romans 15:13 "May the God of hope fill you with all joy and peace as you trust in him."







Day 4: 

Peace in God's Promises

#### Devotional: Holding Fast to God's Faithful Promises

God's promises are a firm foundation for peace.

Every promise God has given is fulfilled in Christ, making His peace dependable and eternal. Clinging to these promises nurtures hope and steady faith, even when feelings and circumstances challenge us.

Today, revisit God's promises. Write them down, meditate on them, and claim His peace. Let these truths silence your doubts and remind you that God's faithfulness is unwavering.







Day 4: 🖓 Peace in God's Promises

# Reflect and Apply

1.	What specific promises from God bring you comfort?
2.	How can recalling God's promises combat your doubts?
3.	In what ways has God's faithfulness built your peace over time?







Day 4: Peace in God's Promises

# **Journaling Prompts**

1.	List God's promises that are meaningful to you.
2	White about a time Cod's promise brought you need
2.	Write about a time God's promise brought you peace.
3.	Describe how you can regularly remind yourself of God's promises.







Day 4: 

Peace in God's Promises

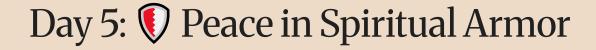
## **Prayer for Today**

Heavenly Father, thank You for Your unchanging promises. Help me hold fast to Your Word when doubts arise. Strengthen me with Your presence and uphold me with Your righteous hand. Let Your faithful promises be my firm foundation and source of peace. In Jesus' name, Amen. ?

















Day 5: Peace in Spiritual Armor

#### Your Verse

Ephesians 6:10–11 NIV – "Be strong in the Lord and in his mighty power. Put on the full armor of God, so that you can take your stand against the devil's schemes."

- 2 Thessalonians 3:16 "Now may the Lord of peace himself give you peace at all times and in every way."
- Isaiah 54:17 "No weapon forged against you will prevail."







Day 5: Peace in Spiritual Armor

## Devotional: Equipped for Peace Through God's Armor

Doubt often feels like a battle waged within our minds and hearts.

God's armor includes truth, righteousness, faith, salvation, the Word, and prayer. By putting these on daily, we equip ourselves to face doubts with confidence and peace.

This battle is ongoing, but God's power sustains us. Peace is not passive but a stronghold upheld by trusting God's might. Prepare your heart and mind daily to stand firm amidst uncertainties.







Day 5: **(**) Peace in Spiritual Armor

# Reflect and Apply

1.	How do you recognize when doubt or fear is attacking your peace?
	Which pieces of God's armor do you feel strongest in? Which need growth?
3.	How can putting on God's armor daily deepen your peace?







Day 5: **(**) Peace in Spiritual Armor

# **Journaling Prompts**

1.	Reflect on a time you felt spiritually attacked and how you responded.
2.	List ways to practically put on each piece of God's armor.
3.	Write a prayer asking God to strengthen you for spiritual battles.







Day 5: Peace in Spiritual Armor

## Prayer for Today

Lord, clothe me in Your full armor to stand firm against fear and doubt.

Strengthen me in Your power, protect my heart, and give me peace in every battle. Help me rely on Your truth and live confidently in Your strength. Amen.



















Day 6: 🌈 Hope Anchoring Our Peace

#### Your Verse

Hebrews 6:19 NIV – "We have this hope as an anchor for the soul, firm and secure."

- Romans 5:5 "Hope does not disappoint, because God's love has been poured out into our hearts."
- Psalm 33:20 "We wait in hope for the Lord; he is our help and our shield."







Day 6: Peace Anchoring Our Peace

#### Devotional: Anchoring Our Souls in Hope

Hope anchors our souls amid the storms of doubt.

Doubt tempts us to despair, but hope — confident expectation of God's goodness — steadies our hearts. This hope is not wishful thinking but a trust in God's character and faithfulness revealed in Scripture.

Today, reflect on the hope you hold as a believer. Let this anchor fix your heart and mind, granting peace that withstands anxiety and questions.







Day 6: 🌈 Hope Anchoring Our Peace

### Reflect and Apply

1.	What anchors your soul when doubts arise?
2.	How does the hope of God's promises influence your daily peace?
3.	In what ways can you cultivate stronger hope in your life?







Day 6: 🌈 Hope Anchoring Our Peace

#### **Journaling Prompts**

1.	Write about what hope means to you in uncertain times.
2.	List Bible promises that fuel your hope.
3.	Describe how hope has helped you overcome doubt.







Day 6: 6 Hope Anchoring Our Peace

#### Prayer for Today

Father, thank You for the hope that anchors my soul securely in You. When doubt crowds in, remind me of Your steadfast love and promises. Help me hold tightly to this hope so peace can reign in my heart. Guide me to trust and wait patiently on You. Amen.

















#### Your Verse

Isaiah 40:31 NIV - "But those who hope in the Lord will renew their strength." They will soar on wings like eagles; they will run and not grow weary."

#### **Supporting Scriptures**

- Psalm 29:11 "The Lord gives strength to his people; the Lord blesses his people with peace."
- Nehemiah 8:10 "The joy of the Lord is your strength."







#### Devotional: Renewed Strength Brings Lasting Peace

When doubts drain our energy, God renews our strength and fills us with peace.

God's strength surrounds and empowers us, enabling peace to flourish even through challenges. It is not our own might but His that sustains us.

Draw on God's strength today — find rest in Him and let your heart be revived. Peace grows when we depend on divine power to face uncertainty, rather than relying solely on ourselves.







### Reflect and Apply

1.	What areas of your life feel weary or weak?
2.	How can trusting God renew your strength and peace?
3.	When have you experienced God's strength in moments of doubt?







#### **Journaling Prompts**

1.	Write about times you felt God renewed your strength.
2.	List ways to seek God's strength during doubt.
3.	Describe what soaring on wings like eagles means to you.







#### Prayer for Today

**Lord, renew my strength as I place my hope in You.** When I am weary or doubtful, lift me by Your power and grant me Your peace. Help me run without growing tired, trusting in Your endless supply of strength. Amen. *O* 

















#### Your Verse

Matthew 6:25-26 NIV - "Therefore I tell you, do not worry about your life... Look at the birds of the air; they do not sow or reap or store away... Yet your heavenly Father feeds them. Are you not much more valuable than they?"

#### **Supporting Scriptures**

- Psalm 37:25 "I was young and now I am old, yet I have never seen the righteous forsaken or their children begging bread."
- Philippians 4:19 "And my God will meet all your needs according to the riches of his glory in Christ Jesus."







#### Devotional: Trusting God's Care in Every Need

Doubt often targets God's provision, whispering that He won't meet our needs.

God's provision is an expression of His trustworthiness, and recognizing this calms anxious hearts. Matthew 6 calls us to stop worrying and remember our immense value to God.

Peace grows when we trust God not only for spiritual needs but for every provision in life. Let this truth record itself deeply in your heart.







### Reflect and Apply

1.	What worries about provision or care cause you to doubt?
2.	How does Jesus' teaching on the birds impact your worries?
3.	How can you practice trusting God for daily needs and peace?







#### **Journaling Prompts**

1.	Write about times God provided for you unexpectedly.
2.	List daily needs to surrender to God's care.
3.	Describe how trusting God changes your perspective on worry.







#### Prayer for Today

Father, thank You for caring for me as You care for all creation. Help me release my worries and trust that You will provide my needs perfectly. Teach me to rest in Your faithful provision and receive Your peace. Amen.















#### Your Verse

Philippians 4:6-7 NIV - "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

#### Supporting Scriptures

- 1 Thessalonians 5:16–18 "Rejoice always, pray continually, give thanks in all circumstances."
- Colossians 4:2 "Devote yourselves to prayer, being watchful and thankful."







# Devotional: Prayer and Thanks Welcoming God's Peace

Prayer is a powerful way to release anxiety and invite God's peace.

Thanksgiving shifts our perspective from fear to gratitude, reminding us of God's faithfulness in the past. Prayer is communication that reassures our souls and invites the peace of God to guard us.

Try making prayer and thanksgiving your first response to doubt today. Allow God's peace to flood your heart beyond human reasoning.







## Reflect and Apply

1.	How do you usually respond when doubts arise?
2.	What role does thanksgiving play in your prayer life?
3.	How can you cultivate a habit of peaceful prayer during doubts?







#### **Journaling Prompts**

1.	Make a list of things you can thank God for today.
2.	Write a prayer bringing your anxieties and doubts to God.
3.	Describe how prayer has helped you experience peace before.







#### Prayer for Today

**God, teach me to turn to You with prayer and thanksgiving.** Help me bring every worry and doubt to You, trusting Your care. Fill me with Your peace that guards my heart and mind today and always. Amen. **1** 🖔 🗸







# Day 10: Peace in Humble Surrender









Day 10: Peace in Humble Surrender

#### Your Verse

Psalm 55:22 NIV - "Cast your cares on the Lord and he will sustain you; he will never let the righteous be shaken."

#### **Supporting Scriptures**

- Matthew 11:28 "Come to me, all you who are weary and burdened, and I will give you rest."
- 1 Peter 5:7 "Cast all your anxiety on him because he cares for you."







Day 10: Peace in Humble Surrender

#### Devotional: Finding Peace in Letting Go to God

Surrender is a key step toward experiencing God's peace.

This act of humble surrender acknowledges that God cares deeply and is strong enough to sustain us. It takes courage to relinquish control and trust God fully.

Allow yourself to lay down burdens today—release doubts, fears, and anxieties. God promises not to let the righteous be shaken, and resting in Him brings the peace that stabilizes your soul.







Day 10: 🌾 Peace in Humble Surrender

### Reflect and Apply

1.	What burdens are you holding onto that need casting on God?
2.	How does surrender bring freedom from doubt?
3.	In what ways can you practice surrender daily to receive peace?







Day 10: 🌾 Peace in Humble Surrender

#### **Journaling Prompts**

1.	Write about things you struggle to surrender to God.
2.	Describe what rest means when you come to Jesus.
3.	List ways to "cast" your worries on the Lord regularly.







Day 10: 🌾 Peace in Humble Surrender

#### Prayer for Today







# Day 11: O Quiet Peace in Times of Chaos









Day 11: ♦ Quiet Peace in Times of Chaos

#### Your Verse

Isaiah 30:15 NIV - "In repentance and rest is your salvation, in quietness and trust is your strength."

#### **Supporting Scriptures**

- Psalm 94:19 "When anxiety was great within me, your consolation brought me joy."
- Lamentations 3:26 "It is good to wait quietly for the salvation of the Lord."







Day 11: ♦ Quiet Peace in Times of Chaos

#### Devotional: Choosing Quiet Trust Over Chaos

Chaos and confusion can easily disturb our inner peace.

Peace is found not in frantic activity, but in choosing to repent, rest, and trust God amid turmoil.

When your mind and life feel turbulent, practice quieting your heart before God. Let His gentle reassurance fill the noise with calm, and you will discover lasting peace in Him.







Day 11: 👌 Quiet Peace in Times of Chaos

### Reflect and Apply

1.	How does busyness or noise affect your peace?
2.	What does resting quietly before God look like for you?
3.	How can repentance reconnect you to God's peace?







Day 11: O Quiet Peace in Times of Chaos

#### **Journaling Prompts**

1.	Write about moments when quiet brought peace.
2.	List ways to create space for rest amid a busy life.
3.	Reflect on how God's consolation has impacted you.







Day 11: ♦ Quiet Peace in Times of Chaos

#### Prayer for Today

**Father, help me find quietness and trust in You today.** When chaos surrounds me and anxiety rises, teach me to rest in Your salvation and strength. Bring calm to my heart and peace to my mind. Amen.







# Day 12: Peace Amid Life's Uncertainties









Day 12: @ Peace Amid Life's Uncertainties

#### Your Verse

Matthew 6:34 NIV - "Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own."

#### **Supporting Scriptures**

- Psalm 94:19 "When anxiety was great within me, your consolation brought me joy."
- James 4:13–14 "You do not know what will happen tomorrow. What is your life? You are a mist that appears for a little while and then vanishes."







Day 12: Peace Amid Life's Uncertainties

#### Devotional: Trusting God for Today, Not Tomorrow

Uncertainty about the future often stirs doubt and unease.

Life is fragile and fleeting, but God's peace remains stable across all days.

Choose today to rest in God's care instead of fearing the unknown. Trust that His mercies are new each morning and His presence steady through every uncertainty.







Day 12: 🚳 Peace Amid Life's Uncertainties

# Reflect and Apply

1.	What worries about the future trouble you most?
2.	How can focusing on today's grace reduce anxiety?
3.	In what ways does God's care for today require your trust?







Day 12: @ Peace Amid Life's Uncertainties

# Journaling Prompts

1.	Write about how future worries impact your peace.
2.	List practical ways to live focused on today.
3.	Reflect on God's faithfulness in daily mercies.







Day 12: Peace Amid Life's Uncertainties

### Prayer for Today

**Lord, help me trust You with the uncertainties of tomorrow.** Teach me to focus on Your presence and provision today. Help me rest in Your peace and face each moment with faith, not fear. Amen.







# Day 13: Peace Through Forgiveness









Day 13: 7 Peace Through Forgiveness

#### Your Verse

Colossians 3:13 NIV - "Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you."

#### **Supporting Scriptures**

- Ephesians 4:31–32 "Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."
- Psalm 103:12 "As far as the east is from the west, so far has he removed our transgressions from us."







Day 13: Peace Through Forgiveness

### Devotional: Freedom and Peace in Forgiveness

Holding onto bitterness and unforgiveness disrupts inner peace.

Forgiveness is a process that lightens the burdens of resentment and opens the door to reconciliation and healing.

By extending forgiveness, we reflect God's grace and invite His peace to flow through us. Today, consider if there are grudges or hurts to surrender to God's healing power.







Day 13: 7 Peace Through Forgiveness

# Reflect and Apply

1.	Are there any grudges or wounds you're holding on to?
2.	How does forgiving others impact your peace?
3.	What does God's forgiveness of you teach about forgiving others?







Day 13: 7 Peace Through Forgiveness

# **Journaling Prompts**

1.	Write about a time forgiveness brought peace.
2.	List areas where you need to forgive or be forgiven.
3.	Describe how God's forgiveness has changed your heart.







Day 13: Peace Through Forgiveness

### Prayer for Today

**Father, help me forgive as You have forgiven me.** Heal any bitterness or anger in my heart and grant me Your peace that surpasses all understanding. Free me to live in grace and love today. Amen.

















#### Your Verse

Ecclesiastes 3:1 NIV - "There is a time for everything, and a season for every activity under the heavens."

#### **Supporting Scriptures**

- Habakkuk 2:3 "For the revelation awaits an appointed time; it speaks of the end and will not prove false."
- Psalm 27:14 "Wait for the Lord; be strong and take heart and wait for the Lord."







### Devotional: Learning Peace in God's Perfect Timing

Waiting is often the toughest test of peace.

Ecclesiastes reminds us that everything has its appointed season under heaven. God's timing is perfect even when it feels delayed.

Learning to trust God's timing builds patience, strengthens faith, and nurtures peace. We rest knowing He is at work, orchestrating every detail for good.







## Reflect and Apply

1.	What areas of your life require patience and trust in God's timing?
2.	How does waiting shape your faith and peace?
3.	When have you seen God's timing work perfectly in your life?







## **Journaling Prompts**

1.	Write about a time God's timing surprised you.
2.	List ways to cultivate patience while waiting.
3.	Reflect on how waiting impacts your peace.







### Prayer for Today

Lord, teach me to trust Your perfect timing. Help me wait patiently, trusting You are working all things for my good. Strengthen my heart to rest in Your plan and receive Your peace during the wait. Amen.







# Day 15: **Resting in God's Sovereignty**









Day 15: Festing in God's Sovereignty

#### Your Verse

Romans 8:28 NIV - "And we know that in all things God works for the good of those who love him."

#### **Supporting Scriptures**

- Job 1:21 "The Lord gave and the Lord has taken away; blessed be the name of the Lord."
- Psalm 115:3 "Our God is in heaven; he does whatever pleases him."







Day 15: Festing in God's Sovereignty

#### Devotional: Peace in God's Ultimate Control

Doubt may arise when life's events seem confusing or unfair.

Romans 8 assures us of God's goodness in every circumstance. His plans surpass our understanding but are ultimately redemptive.

Resting in God's sovereignty brings peace because it releases us from the need to control outcomes. Trusting His wisdom calms our hearts amidst uncertainty.







Day 15: • Resting in God's Sovereignty

# Reflect and Apply

1.	How does knowing God is sovereign impact your doubts?
	What does trusting God's working 'all things together for good' mean personally?
3.	How can you surrender your desire for control to God's plan?







Day 15: • Resting in God's Sovereignty

## **Journaling Prompts**

1.	Write about a time you saw God's sovereignty in action.
2.	Describe feelings you have about surrendering control.
3.	List ways to remind yourself of God's sovereignty regularly.







Day 15: Resting in God's Sovereignty

### Prayer for Today

**Sovereign God, I rest in Your perfect plan.** Help me trust that You are working all things for my good, even when I don't understand. Calm my doubts and steady my heart by Your power. Amen.















#### Your Verse

Psalm 119:165 NIV - "Great peace have those who love your law, and nothing can make them stumble."

#### **Supporting Scriptures**

- John 15:7 "If you remain in me and my words remain in you, ask whatever you wish, and it will be done for you."
- 2 Timothy 3:16–17 "All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness."







### Devotional: Rooting Peace in God's Word

The Word of God is an essential source of peace.

When God's words dwell richly in us, we gain clarity and confidence that guards against confusion.

Daily engagement with the Bible roots us in truth and equips us to face doubts faithfully. Let Scripture be a wellspring of peace you return to constantly.







# Reflect and Apply

1.	How often do you turn to Scripture during doubts?
2.	What passages in God's Word bring you the most peace?
3.	How can you develop a deeper love for God's law?







## **Journaling Prompts**

1.	Write about how Scripture has guided you in tough times.
2.	List your favorite Bible verses for peace.
3.	Plan daily times to read and meditate on God's Word.







### Prayer for Today

**Lord, help me love and treasure Your Word above all.** Let it bring peace and stability to my heart and mind. Teach me to meditate on Your truth daily and stand firm in Your promises. Amen.

















#### Your Verse

Hebrews 10:24–25 NIV – "And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together... but encouraging one another."

#### **Supporting Scriptures**

- Ecclesiastes 4:9–10 "Two are better than one... If either of them falls down, one can help the other up."
- Romans 12:10 "Be devoted to one another in love. Honor one another above yourselves."







#### Devotional: Building Peace Through Community

Peace flourishes in community and shared faith.

Hebrews encourages us to gather regularly to uplift each other. Encouragement from trusted brothers and sisters strengthens our faith and peace.

Seek out fellowship that fosters trust and growth. Share your struggles and receive God's peace through others' prayer and love.







# Reflect and Apply

1.	How does fellowship impact your peace and doubts?
2	Are there relationships that help you remain steady in faith?
۷.	——————————————————————————————————————
3.	How can you contribute to encouraging others in their peace journey?







# **Journaling Prompts**

1.	Write about a time community strengthened your faith.
2.	List people who encourage your spiritual peace.
3.	Plan ways to deepen fellowship or support others.







### Prayer for Today

God, thank You for the gift of fellowship. Surround me with believers who encourage and uplift me. Help me both receive and offer peace through community and love. Amen.  $\mathcal{L}$ 









# Day 18: 🍆 Peace in Obedience









Day 18: 🍆 Peace in Obedience

#### Your Verse

Psalm 119:1–2 NIV – "Blessed are those whose ways are blameless, who walk according to the law of the Lord. Blessed are those who keep his statutes and seek him with all their heart."

#### **Supporting Scriptures**

- John 14:23 "Anyone who loves me will obey my teaching."
- James 1:22 "Do not merely listen to the word, and so deceive yourselves. Do what it says."







Day 18: 🐚 Peace in Obedience

#### Devotional: Peace Grows as We Obey God

Obedience to God's commands invites peace by aligning our lives with His will.

Doubt can cause hesitation, but obedience solidifies trust and peace. It demonstrates love for God and opens us to His blessings.

Examine areas where God's Word calls you to obedience and take steps in faith today. Peace often grows as we choose to follow God completely.







Day 18: 🍆 Peace in Obedience

# Reflect and Apply

1.	What areas of obedience are difficult for you?
2.	How does obeying God affect your doubt and peace?
3.	In what ways can obedience deepen your trust in God?







Day 18: 🍆 Peace in Obedience

### **Journaling Prompts**

1.	Write about a time obedience brought peace.
2.	List steps to grow in obedience in a specific area.
3.	Reflect on how obedience shows your love for God.







Day 18: 🍆 Peace in Obedience

### Prayer for Today

**Lord, give me strength to obey Your Word fully.** Help me remove obstacles of doubt and follow You wholeheartedly. Let obedience bring peace and joy to my heart. Amen. **\\ \Lambda \Lambda** 







# Day 19: Peace Rooted in God's Love









Day 19: Deace Rooted in God's Love

#### Your Verse

Romans 8:38–39 NIV – "Nothing will be able to separate us from the love of God that is in Christ Jesus our Lord."

#### **Supporting Scriptures**

- 1 John 4:18 "There is no fear in love. But perfect love drives out fear."
- Zephaniah 3:17 "He will take great delight in you; in his love he will no longer rebuke you, but will rejoice over you with singing."







Day 19: Peace Rooted in God's Love

#### Devotional: Unshakable Peace from God's Love

God's steadfast love is the ultimate source of peace.

When we rest in God's love, peace settles deeply within us. His delight in us is a refuge in trials and uncertainties.

Today, meditate on the depth of God's love. Let it erase fears and bring you lasting peace.







Day 19: Peace Rooted in God's Love

# Reflect and Apply

1.	How does God's love impact your fears and doubts?
2.	What does 'perfect love drives out fear' mean in your life?
3.	How can meditating on God's love increase your peace?







Day 19: Peace Rooted in God's Love

# **Journaling Prompts**

1.	Write about ways God has shown His love to you.
2.	List fears you can release to God's perfect love.
3.	Describe how feeling loved by God gives you peace.







Day 19: Peace Rooted in God's Love

#### Prayer for Today

**Father, thank You for Your unending, perfect love.** Help me live confidently in Your love that casts out fear. Fill my heart with peace that nothing can shake because of Your presence. Amen. 🗳 💝 🥰

















Day 20: @ Peace to Share with Others

#### Your Verse

John 20:21 NIV - "Peace be with you! As the Father has sent me, I am sending you."

#### **Supporting Scriptures**

- 2 Corinthians 1:3-4 "He comforts us in all our troubles, so that we can comfort those in any trouble."
- Matthew 5:9 "Blessed are the peacemakers, for they will be called children of God."







Day 20: Speace to Share with Others

### Devotional: Becoming a Channel of God's Peace

God not only grants us peace but sends us to share it with others.

When we receive God's peace, we become peacemakers in a world often filled with turmoil and doubt. Our experiences of God's comfort equip us to encourage others.

Consider how you might be used today to share God's peace—through words, actions, or prayers.







Day 20: 😂 Peace to Share with Others

# Reflect and Apply

1.	How has God's peace comforted you in difficult times?
2.	In what ways can you share that peace with others?
3.	What does being a 'peacemaker' look like in your daily life?







Day 20: 😂 Peace to Share with Others

### **Journaling Prompts**

1.	Write about someone who needs God's peace today.
2.	List ways to be a peacemaker this week.
3.	Describe how sharing peace blesses both giver and receiver.







Day 20: Speace to Share with Others

#### Prayer for Today

**Lord, fill me with Your peace to share with others.** Use my life to comfort, encourage, and bring hope to those around me. Help me be a faithful peacemaker reflecting Your love. Amen. **②** \*\*\mathcal{O} \mathcal{L}







# Day 21: A Steady in God's Truth Forever









Day 21: 🙆 Steady in God's Truth Forever

#### Your Verse

Psalm 119:89 NIV - "Your word, Lord, is eternal; it stands firm in the heavens."

#### **Supporting Scriptures**

- Isaiah 40:8 "The grass withers and the flowers fall, but the word of our God endures forever."
- Matthew 7:24–25 "But everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock."







Day 21: A Steady in God's Truth Forever

#### Devotional: Anchored Forever in God's Eternal Truth

God's truth is unchanging and eternal—a sure foundation in times of doubt.

Being steady means hearing God's truth and putting it into practice daily. Like a house built on rock, a life anchored in God's Word withstands life's storms.

As you conclude this journey, commit to remain steadfast in God's truth. His Word will continue to be your anchor, offering peace and strength forever.







Day 21:  $\triangle$  Steady in God's Truth Forever

# Reflect and Apply

1.	How has God's truth steadied you through doubts?
2.	What steps will you take to build your life on God's Word?
3.	How can you continue growing deeper in God's truth daily?







Day 21:  $\triangle$  Steady in God's Truth Forever

# **Journaling Prompts**

1.	Write a commitment to remain steady in God's truth.
2.	List ways to regularly engage with Scripture.
3.	Reflect on the peace that comes from an eternal foundation.







Day 21: 🙆 Steady in God's Truth Forever

### Prayer for Today

**Lord, Your Word is my eternal foundation.** Help me build my life on Your truth and remain steady through all challenges. Let Your peace reign deeply as I continue to trust and obey Your Word. Amen.







### Where God's Word Meets Your Daily Life



We pray this Bible Study has blessed you and drawn you closer to the heart of God. If you enjoyed this study, we'd love for you to join our growing HolyJot community online.



- 100k+ Bible Study Plans on every topic of life
- Access studies anytime on your phone, tablet, or computer
- Studies for individuals, families, small groups, and churches
- Secure online journaling or keep using print for privacy
- A place to grow your faith alongside believers worldwide

#### **Bonus for You:**

Download exclusive study bundles and resources when you create a <u>free HolyJot account</u>. No spam. No gimmicks. Just God's Word.

#### Visit Now:

- \* www.HolyJot.com
- Scan this QR code to start your next Bible Study today:

We'd love to hear your story. Email us at <a href="mailto:info@holyjot.com">info@holyjot.com</a>.





Connect with us at:

<u>Facebook</u> • <u>Instagram</u> • <u>YouTube</u> • <u>TikTok</u>

You are welcome to share this PDF with others. ase keep it intact so the full study and credits remain.

© 2025 HolyJot LLC. All Rights Reserved.