Raising Boys to Honor Women and Follow Christ



A 7-day study to model respect and spiritual discipline, guiding boys to honor women and live devoted lives for Christ.





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Introduction

Welcome to this 7-day Bible study focused on raising boys who honor women and follow Christ. In a world where respect is often challenged, it's vital to nurture young men who treat others — especially women — with dignity and kindness, grounded in biblical truth.

As parents, mentors, and teachers, modeling respect and spiritual discipline teaches boys not only how to act but also how to root their identity in Christ. When boys learn to see women as God's beloved creation, partners in life, and reflections of His grace, they grow into men distinguished by humility, honor, and love.

Throughout this study, you will find Scripture passages, devotional reflections, and thought-provoking questions designed to shape hearts and minds. We will explore God's design for women, the responsibility men have toward them, and how spiritual disciplines pave the way for respectful, Christ-centered living.

By investing intentionally in your sons' faith and character, you build a foundation for lives of purpose, peace, and godly influence. Let us embark on this journey with open hearts, ready to be equipped by God's Word and empowered by His Spirit.















Your Verse

Genesis 2:18 – "The LORD God said, 'It is not good for the man to be alone. I will make a helper suitable for him.'"

Supporting Scriptures

- Proverbs 31:25 "She is clothed with strength and dignity; she can laugh at the days to come."
- Psalm 139:14 "I praise you because I am fearfully and wonderfully made; your works are wonderful."







Devotional: Embracing God's Design for Women

Today, we begin by embracing God's intentional design for women. In Genesis 2:18, God declares it is not good for man to be alone, so He created woman as a suitable helper. This tells us women are an essential part of God's perfect plan — not as an afterthought, but as a gift to complement men.

As you reflect on this, consider how important it is to respect women as fellow image-bearers of God, uniquely created with strength and dignity, as Proverbs 31:25 reminds us. Teaching boys this truth helps build a foundation of honor and appreciation, preventing harmful stereotypes and disrespect.

When boys understand women's beauty and worth from God's perspective, it fuels empathy, kindness, and protection. Psalm 139:14 celebrates how wonderfully women are made, encouraging young hearts to value each person's distinct gift and purpose.

Inviting our sons to see women as God's treasured creation changes how they interact with sisters, mothers, friends, and future wives.







Reflect and Apply

1.	How does understanding God's design shape your view of the women in your life?
2.	In what ways can you model respect for women in your daily actions?
3.	How might teaching boys about God's intentional creation of women influence their character?







Journaling Prompts

1.	Write about a woman who exemplifies God's strength and dignity.
2.	Reflect on how your perspective of women was shaped growing up.
	List practical ways you can show honor toward women in your family and community.







Prayer for Today















Your Verse

Ephesians 5:25 – "Husbands, love your wives, just as Christ loved the church and gave himself up for her."

Supporting Scriptures

- 1 Timothy 5:1 "Do not rebuke an older man harshly, but exhort him as if he were your father."
- Colossians 3:19 "Husbands, love your wives and do not be harsh with them."







Devotional: Living Honor Through Christ-Like Love

Modeling honor toward women starts in the home and everyday interactions.

Paul's instructions in Ephesians 5:25 highlight sacrificial love husbands are called to demonstrate, reflecting Christ's love for the church. This sets a high standard for respect, compassion, and protection.

For boys watching men in their lives—fathers, uncles, mentors—this example profoundly shapes their understanding of how to treat women.

1 Timothy 5:1 reminds us to treat older men like fathers, and by extension, teaches respect across generations and genders. Being gentle and showing love as Colossians 3:19 encourages helps boys learn patience and kindness.

By embodying honor and respect consistently, we create safe, loving environments where boys can internalize these values as normal and necessary.







Reflect and Apply

	How can you demonstrate sacrificial love and respect in your relationships today?
2.	What behaviors do boys observe in men around them regarding women?
3.	How can you correct or encourage this culture of honor where you live?







Journaling Prompts

	Recall a time when a man showed you honor and respect—what impact did it have?
	Identify habits that might unintentionally teach disrespect, and how to change them.
3.	Write a plan to model Christ-like love in your family or community.







Prayer for Today

Lord Jesus, teach me to love and honor the women in my life with the same sacrificial heart You showed. May my example guide my sons and those I influence, teaching them respect and kindness. Help me to be patient, gentle, and full of grace in every interaction. Fill our homes with Your love and peace. In Your precious name, *amen.* \heartsuit \bigwedge







Day 3: Day 3: Foundation









Day 3: Spiritual Discipline as a Foundation

Your Verse

1 Timothy 4:7 - "Train yourself to be godly."

Supporting Scriptures

- Psalm 1:2 "But whose delight is in the law of the LORD, and who meditates on his law day and night."
- Philippians 4:8 "Whatever is true, whatever is noble...think about such things."







Day 3: Day 3: Spiritual Discipline as a Foundation

Devotional: Training in Godliness Builds Respect

Raising boys to honor women requires spiritual discipline rooted in godliness. Paul urges Timothy in 1 Timothy 4:7 to train himself to be godly. Discipline is not solely about behavior but about cultivating a heart aligned with God's values.

Psalm 1:2 shows delight and meditation on God's Word as disciplines that shape character and perspective. When boys engage intentionally with Scripture, their minds are renewed, influencing how they view and treat others.

Philippians 4:8 emphasizes focusing on what is true, noble, and pure—qualities that elevate respect and reduce harmful attitudes or thoughts.

Spiritual habits like prayer, Bible reading, and memorization empower boys to grow in loving others with the grace and honor God commands.







Day 3: Discipline as a Foundation

Reflect and Apply

1.	What spiritual disciplines do you currently practice or model?
2.	How can cultivating a godly heart influence boys' views of women?
	Are there new spiritual habits you can introduce to bring greater respect and honor?







Day 3: Discipline as a Foundation

Journaling Prompts

1.	Write about a spiritual discipline that has helped shape your character.
2.	Plan a daily or weekly habit to grow in godliness with your sons.
3.	Reflect on how meditating on God's Word changes your own perspective on respect.







Day 3: Discipline as a Foundation

Prayer for Today

Father, help me and the boys I guide to train ourselves to be godly. Teach us to delight in Your Word and meditate on Your truth. Let our minds focus on what is pure and honorable so that respect toward women flows naturally from transformed hearts. Strengthen our spiritual disciplines and draw us closer to You daily. In Jesus' name, *amen*.

















Day 4: Protecting and Valuing Women

Your Verse

Psalm 82:3 - "Defend the weak and the fatherless; uphold the cause of the poor and the oppressed."

Supporting Scriptures

- Proverbs 31:8 "Speak up for those who cannot speak for themselves."
- Micah 6:8 "Act justly and to love mercy and to walk humbly with your God."







Day 4: Protecting and Valuing Women

Devotional: Standing Up for Women with Courage

Biblical honor includes actively protecting and valuing women, especially those vulnerable or marginalized. Psalm 82:3 calls us to defend the weak and oppressed, a principle that applies strongly to women and girls who face injustice and mistreatment.

Teaching boys to stand up for others—even when it's difficult—builds courage, empathy, and integrity.

Proverbs 31:8 urges speaking up for those unable to speak for themselves, reflecting a heart that values every person's dignity. Micah 6:8 reminds us that walking justly and loving mercy are God's desires for His people.

This protective posture models Christ's heart and empowers boys to become advocates of respect and safety in their communities.







Day 4: **(**) Protecting and Valuing Women

Reflect and Apply

	How can you encourage boys to protect and advocate for women in practical ways?
2.	What examples of injustice toward women do you see around you?
	In what ways does walking humbly with God influence how we treat others?







Day 4: **(**) Protecting and Valuing Women

Journaling Prompts

1.	List ways to teach boys to defend the vulnerable in their circles.
2.	Write about a time you stood up for someone who needed help.
3.	Reflect on God's call to act justly—how will you respond today?







Day 4: Protecting and Valuing Women

Prayer for Today

Lord God, open our eyes to see those in need and give us strength to defend and uplift women who are vulnerable. Teach us to act justly, love mercy, and walk humbly with You so our lives reflect Your heart. Equip the boys in our lives to be courageous advocates who value and protect others with respect. In Jesus' name, *amen*.















Your Verse

Colossians 3:12 – "Clothe yourselves with compassion, kindness, humility, gentleness and patience."

Supporting Scriptures

- Ephesians 4:32 "Be kind and compassionate to one another, forgiving each other."
- Luke 6:36 "Be merciful, just as your Father is merciful."







Devotional: Dressing Daily in Compassion and Mercy

Compassion and empathy are crucial qualities in raising boys to honor women. Paul's words to the Colossians call believers to wear compassion and gentleness deliberately, qualities that soften hearts and build bridges of understanding.

Empathy begins with seeing others' struggles and feelings through God's eyes, leading to kindness and patience in word and deed.

Ephesians 4:32 reminds us that forgiveness flows naturally from compassion, dissolving offenses before they harden hearts. Jesus' call in Luke 6:36 to be merciful highlights that reflecting God's mercy in our interactions shapes strong, loving relationships.

As boys learn to empathize deeply, they naturally grow in honor toward women and all people.







Reflect and Apply

1.	How do you practice compassion and empathy with those around you?
2.	What challenges arise when teaching kindness and patience to boys?
3.	How can forgiveness cultivate deeper respect and honor in relationships?







Journaling Prompts

1.	Write about a time showing compassion changed a difficult situation.
2.	Identify ways to encourage gentleness and mercy in your home.
3.	Reflect on how God's mercy inspires your interactions with women.







Prayer for Today

Gracious Father, clothe us with compassion, kindness, humility, gentleness, and patience. Help us to forgive quickly and love deeply as You have shown. Teach the boys around us to empathize genuinely, so honor towards women and all people becomes their natural response. Fill our hearts with Your mercy and grace daily. In Jesus' name, *amen*.

















Day 6: 7 Instilling Spiritual Leadership

Your Verse

Joshua 1:9 - "Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go."

Supporting Scriptures

- 1 Corinthians 16:13 "Be on your guard; stand firm in the faith; be courageous; be strong."
- Philippians 2:3-4 "Do nothing out of selfish ambition...rather, value others above yourselves."







Day 6: 🍞 Instilling Spiritual Leadership

Devotional: Raising Courageous, Humble Leaders

Teaching boys to honor women includes cultivating spiritual leadership characterized by strength, courage, and humility. Joshua 1:9 reassures us with God's presence and calls us to courageous living, principles that underpin godly leadership.

Leadership rooted in faith means standing firm yet valuing others above ourselves, as Paul encourages in Philippians.

Boys prepared spiritually will lead by example, protecting, respecting, and uplifting women because their identity is rooted in Christ's servant heart. 1 Corinthians 16:13 calls for vigilance and strength in faith, offering a strong foundation for such leadership.

Instilling these qualities early equips boys to honor women rightly in all aspects of life.







Day 6: 🍞 Instilling Spiritual Leadership

Reflect and Apply

1.	What does godly leadership look like in your household or community?
2.	How can courage and humility coexist in Christian leadership?
3.	How can you encourage boys to value others while being strong leaders?







Day 6: 🍞 Instilling Spiritual Leadership

Journaling Prompts

1.	Describe a leader who inspires you with humility and strength.
2.	Write steps to nurture spiritual courage in boys you mentor.
3.	Reflect on how Christ modeled servant leadership and its impact.







Day 6: 7 Instilling Spiritual Leadership

Prayer for Today

Lord God, empower us to raise boys who are strong, courageous, and humble leaders grounded in You. Remind them that You are always with them, giving strength and wisdom. Help them to value and honor women, and lead with hearts shaped by Christ's love and servanthood. Guide us to model these truths with integrity. In Jesus' name, *amen*.















Your Verse

Romans 12:10 – "Be devoted to one another in love. Honor one another above yourselves."

Supporting Scriptures

- John 13:34 "Love one another. As I have loved you, so you must love one another."
- Galatians 5:22–23 "The fruit of the Spirit is love, joy, peace...kindness, goodness, faithfulness."







Devotional: Honoring Women as a Life Commitment

Our final day challenges us to commit to a lifetime of honoring women through love and devotion. Romans 12:10 instructs believers to honor others above themselves, a call to sacrifice pride and selfishness.

Jesus' command in John 13:34 to love one another as He loved reinforces that love is the foundation for true respect and honor.

As the fruit of the Spirit listed in Galatians includes kindness and faithfulness, a life shaped by the Spirit naturally honors others consistently and sincerely.

May this commitment shape how you raise boys into men whose lives are marked by unwavering respect and love for women, reflecting Christ's perfect example every day.







Reflect and Apply

1.	What does lifelong devotion to honor look like in daily choices?
2.	How does Jesus' love shape our call to honor others?
3.	What spiritual fruits help sustain respect and kindness over time?







Journaling Prompts

1.	Commit in writing to a personal action plan for modeling honor.
2.	Reflect on challenges you might face in upholding this commitment.
3.	Write a prayer asking God to cultivate His fruit in your heart.







Prayer for Today

Heavenly Father, help us live lives devoted to honoring others above ourselves. Teach us to love as Jesus loved, with humility, kindness, and faithfulness. May the fruit of Your Spirit grow richly in us, sustaining respect and honor for women and all Your people. Strengthen our commitment and guide our steps each day. In the name of Jesus, *amen.* 💸 🙏 💙







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