Recovery: Healing Through Hope and Faith



A 30-day journey of spiritual healing and strength through Scripture, supporting those overcoming withdrawal and embracing new life in Christ.





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Introduction

Welcome to your 30-day journey of Recovery. This plan is designed to bring spiritual healing, hope, and encouragement for those working through post-acute withdrawal from opioids. Recovery is not only a physical or mental struggle—it is deeply emotional and spiritual. Throughout these 30 days, Scripture will guide you, renew your mind, and anchor your soul. Each day's passage offers comfort and strength, showing God's unwavering love and power to restore.

Recovery is a process—sometimes slow, sometimes challenging—but it is also hopeful and transformative. God promises to be with you every step of the way, no matter the pain or setbacks. This study will help you center your heart on God's promises, enabling you to experience His peace, renewal, and healing beyond physical detox.

As you read each daily devotional, take time to meditate on the Scriptures, reflect on your own journey, journal your thoughts, and speak the prayers out loud. God's Word is alive and powerful, speaking directly to your struggles and needs in recovery. Let this study be a lamp to your feet and a light to your path towards sustained healing.

Remember, **you are not alone**. Many have walked this path from darkness into light. Your courage and commitment to recovery are honored by God. May these 30 days deepen your faith, restore your hope, and empower you to live the abundant life Jesus offers.







Let's begin, trusting God for healing every day.









Day 1: Y New Beginnings









Day 1: 7 New Beginnings

Your Verse

2 Corinthians 5:17 – "Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!"

Supporting Scriptures

- Isaiah 43:18 "Forget the former things; do not dwell on the past."
- Lamentations 3:22–23 "Because of the Lord's great love, we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness."







Day 1: 7 New Beginnings

Devotional: Embracing Your New Identity in Christ

Recovery starts with embracing a new identity. This first step is often the hardest, but it's critical. The Apostle Paul reminds us that in Christ, we become new creations. The past does not define us. Our history of addiction, pain, and struggle is transformed by God's grace into a fresh start.

For those working through opioid withdrawal, letting go of the past may seem impossible. Yet God calls you to forget what lies behind and to strain toward the future with hope. His mercy sustains you daily. Every morning brings renewed compassion and strength.

Hold tightly to these promises today. God is making something new in your life. This truth is not abstract—it's alive and personal. You are God's beloved, and He is faithful to complete the work He has begun in you.







Day 1: 🍞 New Beginnings

Reflect and Apply

1.	What does being a 'new creation' mean to you personally?
2.	Are there parts of your past you find hard to release? Why?
3.	How can God's daily mercy motivate you in your recovery journey?







Day 1: 7 New Beginnings

Journaling Prompts

1.	Write about what new beginnings look like for you right now.
2.	List ways God has been faithful in your recovery so far.
3.	Describe how you want your identity in Christ to shape your future.







Day 1: 7 New Beginnings

Prayer for Today

Heavenly Father, thank You for the promise of new beginnings. Help me to release my past mistakes and pain so I can walk forward in hope. Renew my heart daily and guide me to embrace the identity You have given me in Christ. Strengthen me when I feel weak and remind me of Your unfailing love. May Your grace cover this recovery journey and draw me closer to You each day. In Jesus' name, Amen. 🙏 😂 💪 🐒









Day 2: V Strength in Weakness









Day 2: Strength in Weakness

Your Verse

2 Corinthians 12:9 - "But he said to me, 'My grace is sufficient for you, for my power is made perfect in weakness.' Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me."

Supporting Scriptures

- Psalm 46:1 "God is our refuge and strength, an ever-present help in trouble."
- Isaiah 40:29 "He gives strength to the weary and increases the power of the weak."







Day 2: V Strength in Weakness

Devotional: Finding God's Power in Your Weak Moments

Recovery is often filled with moments of weakness and struggle, but God's grace meets you right there. The Apostle Paul's words remind us that God's power is most evident when we feel weak. This can give comfort when withdrawal symptoms and urges feel overwhelming.

Instead of hiding your struggles, bring them honestly before God. In admitting your weakness, you invite God's strength to rest upon you and carry you through the toughest days.

Remember, you don't have to rely on your own power. God's strength is available, sufficient, and active in your life. Lean on Him today, and trust that His grace will be perfect exactly where you need it most.







Day 2: **(**) Strength in Weakness

Reflect and Apply

1.	When have you felt God's strength during a moment of weakness?
2.	How can admitting your limitations open space for God's grace?
3.	What does it practically look like to rely on God's power daily?







Day 2: **(**) Strength in Weakness

Journaling Prompts

1.	Write about a recent time when you felt weak and how God helped you.
2.	List ways you can invite God's strength into your daily struggles.
3.	Describe what God's grace means to you in moments of difficulty.







Day 2: Strength in Weakness

Prayer for Today

Lord Jesus, I come to You feeling weak and vulnerable. Thank You for Your perfect grace that meets me right here. Help me to trust not in my own strength but in Your power working through my weakness. Fill me with Your peace and courage as I face each challenge in recovery. Carry me when I cannot walk alone. In Your name I pray, Amen.









Day 3: **Peace** in the Storm









Day 3: W Peace in the Storm

Your Verse

John 14:27 – "Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid."

Supporting Scriptures

- Philippians 4:6-7 "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."
- Psalm 34:18 "The Lord is close to the brokenhearted and saves those who are crushed in spirit."







Day 3: W Peace in the Storm

Devotional: Experiencing God's Peace Amid Withdrawal

Withdrawal can feel like a storm inside—fear, anxiety, restlessness swirling around. Yet Jesus offers a peace unlike any other, a calm that the world cannot give. This peace doesn't deny the difficulty but brings assurance and rest amid turmoil.

God's peace guards your heart and mind when panic and cravings arise. Prayer is a powerful way to receive it—lifting your concerns and fears to Him with thanksgiving, trusting He hears you.

Know that God is especially near when you feel brokenhearted or overwhelmed. His Spirit comforts you and calms your anxious thoughts. Let today be a reminder that peace is not only possible—it is promised.







Day 3: 💙 Peace in the Storm

Reflect and Apply

1.	How do you normally handle feelings of fear or anxiety during recovery?
	What steps can you take to invite God's peace into your moments of trouble?
3.	In what ways have you felt God's nearness when you felt broken or afraid?







Day 3: 💙 Peace in the Storm

Journaling Prompts

	Describe a recent experience when God's peace brought calm to your heart.
2.	Write a prayer giving your current anxieties to God and asking for peace.
	Note any fears that tend to trouble you and journal how God's promises speak to them.







Day 3: 🥞 Peace in the Storm

Prayer for Today

Dear Lord, thank You for the peace that You freely give—even in the storms of my life. Help me to not be overcome by fear or anxiety. Guard my heart and mind with Your tranquility. When restlessness arises, remind me to turn to You in prayer and thanksgiving. Be near to my broken spirit and calm the storms inside me. In Jesus' name, Amen.









Day 4: 6 Overcoming Temptation









Day 4: 6 Overcoming Temptation

Your Verse

1 Corinthians 10:13 - "No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear."

Supporting Scriptures

- James 1:12 "Blessed is the one who perseveres under trial because, having stood the test, that person will receive the crown of life that the Lord has promised to those who love him."
- Hebrews 4:15 "For we do not have a high priest who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet he did not sin."







Day 4: 🖰 Overcoming Temptation

Devotional: God Provides a Way Through Temptation

Temptation can feel relentless during recovery, especially with cravings and triggers. Scripture assures us, however, that no temptation is unique or insurmountable. God is faithful and limits what we can face.

In times of temptation, remember Jesus, who understands your struggles and never sinned. He stands ready to help you resist and persevere.

God also promises to provide a way out so you can endure. This might come through a supportive friend, a scripture verse, or a moment of clarity. Keep your eyes open for His provision and lean on His strength to overcome.







Day 4: 💍 Overcoming Temptation

Reflect and Apply

1.	What are common temptations you face in your recovery?
2.	How does knowing Jesus empathizes with your struggles encourage you?
3.	What 'ways out' has God provided when you faced temptation before?







Day 4: 💍 Overcoming Temptation

Journaling Prompts

	List the triggers that often lead to temptation, and write strategies to handle them.
	Reflect on a time God helped you overcome temptation and detail the experience.
3.	Write a prayer asking God for strength and wisdom when tempted.







Day 4: 🖰 Overcoming Temptation

Prayer for Today

Faithful God, thank You that You understand my struggles and provide a way through temptation. Help me to recognize Your escape routes and to lean on Jesus, my high priest who knows my pain fully. Give me perseverance and courage to stand firm today. I trust in Your faithfulness. In Jesus' name, Amen.











Day 5: **Oracle 5: Oracle 5**









Day 5: **♦** God's Healing Touch

Your Verse

Psalm 147:3 - "He heals the brokenhearted and binds up their wounds."

Supporting Scriptures

- Jeremiah 30:17 "But I will restore you to health and heal your wounds," declares the Lord.
- Isaiah 53:5 "By his wounds we are healed."







Day 5: ♦ God's Healing Touch

Devotional: Healing Beyond the Physical Pain

Recovery often brings wounds deeper than skin—the brokenness in the heart and soul. God specializes in healing these deep hurts. Psalm 147 reminds us that He lovingly binds up our wounds and restores what is broken.

This healing is holistic, touching not only the body but also emotions and spirit. Jesus' sacrifice paved the way for total restoration—body, mind, and soul.

Allow yourself to receive God's tender healing today. Invite Him to touch your broken places, replace shame with grace, and renew your inner being. Healing takes time, but God's faithful care never falters.







Day 5: 👌 God's Healing Touch

Reflect and Apply

1.	In what areas do you need God's healing most right now?
	How does knowing Jesus was wounded for your healing change your perspective?
3.	What steps can you take to open those broken places to God's touch?







Day 5: 👌 God's Healing Touch

Journaling Prompts

1.	Write about the wounds you want God to heal in your life and heart.
	Reflect on how God's past healing has impacted you and encourage your soul.
3.	Compose a prayer surrendering your brokenness to God for restoration.







Day 5: OGod's Healing Touch

Prayer for Today

Gracious Healer, thank You for Your desire and power to restore my broken heart. I bring my wounds—seen and unseen—before You. Bind them with Your healing touch and replace pain with peace. Help me walk this road of recovery with hope and trust in Your renewing power. Restore my soul as only You can. In Jesus' name, Amen.









Day 6: A Renewing Your Mind









Your Verse

Romans 12:2 – "Do not conform to the pattern of this world, but be transformed by the renewing of your mind."

Supporting Scriptures

- Ephesians 4:23 "Be made new in the attitude of your minds."
- Philippians 4:8 "Finally, brothers and sisters, whatever is true, whatever is noble...think about such things."







Devotional: Transforming Thoughts for Lasting Change

Recovery is as much about changing the inner landscape as the outer actions. Paul urges believers to be transformed by renewing their minds, rejecting old patterns, and embracing God's truth.

Many who recover recognize that thought patterns often fuel destructive habits. Replacing lies with God's truth is critical. This could mean memorizing Scripture, redirecting negative self-talk, or meditating on God's promises.

Invite God to help you identify and change harmful thinking. Renewing your mind daily re-shapes your heart and decisions. Take captive every thought and steer it toward truth and hope found in Jesus.







Reflect and Apply

1.	What thought patterns have been barriers to your recovery?
2.	How can Scripture replace negative or harmful thoughts?
3.	What practical steps can you take to renew your mind daily?







Journaling Prompts

	Write down common negative thoughts and counter them with Scripture.
2.	Describe a mindset shift that would help your recovery today.
	Journal ways you have experienced transformation through renewed thinking.







Prayer for Today

Lord, renew my mind and transform my thoughts. Help me to reject patterns that do not lead to life and to focus on what is true and good. Fill me with Your wisdom and help me to live by Your Word each day. Shape my heart to reflect Your love and strength. In Jesus' name, Amen.







Day 7: 🌣 Building Supportive Community









Day 7: 🍑 Building Supportive Community

Your Verse

Ecclesiastes 4:9–10 – "Two are better than one... If either of them falls down, one can help the other up."

Supporting Scriptures

- Hebrews 10:24–25 "Let us consider how we may spur one another on... not giving up meeting together."
- Galatians 6:2 "Carry each other's burdens, and in this way you will fulfill the law of Christ."







Day 7: 🂢 Building Supportive Community

Devotional: The Importance of Connection and Accountability

Recovery is rarely meant to be walked alone. God designed us for community — to support, encourage, and hold one another accountable.

Surrounding yourself with those who understand your journey can provide strength and hope when you feel weak. Meeting regularly with trusted friends, mentors, or a faith community helps guard against isolation, which often fuels relapse.

Seek out relationships where you can be honest and receive prayer and encouragement. And be willing to extend the same support to others. In community, healing is multiplied.







Day 7: 🎔 Building Supportive Community

Reflect and Apply

1.	Who in your life encourages and supports your recovery?
2.	How does community shape your spiritual and emotional health?
3.	What fears or barriers might be preventing you from seeking help?







Day 7: 🎔 Building Supportive Community

Journaling Prompts

1.	. Make a list of people or groups who could support your recovery.
2.	. Write about how you've been helped by community in the past.
3.	Plan one intentional step to connect with someone for encouragement.







Day 7: 🍑 Building Supportive Community

Prayer for Today

Father, thank You for the gift of community. Lead me to people who will walk with me through recovery with love and honesty. Help me to be open to receiving help and accountability, and also to be a source of encouragement for others. Bind us together to strengthen one another in faith. In Jesus' name, Amen. \heartsuit

















Your Verse

Romans 5:5 – "God's love has been poured out into our hearts through the Holy Spirit, who has been given to us."

Supporting Scriptures

- Psalm 33:18 "But the eyes of the Lord are on those who fear him, on those whose hope is in his unfailing love."
- Hebrews 6:19 "We have this hope as an anchor for the soul, firm and secure."







Devotional: Anchoring Your Soul in God's Love

Recovery can test hope, but Scripture assures us that God's love is the wellspring of enduring hope. The Holy Spirit pours God's love into our hearts, sustaining us when circumstances seem bleak.

Hope anchored in God is secure and steadfast. Unlike fleeting human hopes, God's promises never fail. Even when setbacks happen, God's love remains constant and holds your soul steady.

Today, center your hope on this unshakable love. Let it buoy your spirit and remind you that your recovery journey is held firmly in God's hands.







Reflect and Apply

1.	What does hope mean to you at this stage in your recovery?
2.	How have you experienced God's love as a source of hope?
3.	In what ways can you remind yourself of God's unfailing love daily?







Journaling Prompts

1.	Write about hopes you have for your ongoing recovery and life.
2.	Recall a time God's love gave you strength in hopeless moments.
3.	List Scripture verses that encourage hope and memorize one.







Prayer for Today

Spirit of Hope, fill my heart today with Your love. When I feel discouraged, remind me that Your hope anchors my soul and never slips away. Help me to trust in Your promises and to persevere with confidence. Thank You that I am never alone and that Your love sustains me always. In Jesus' name, Amen. 🛠



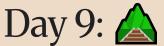




















Your Verse

Psalm 32:8 - "I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you."

Supporting Scriptures

- Proverbs 3:5-6 "Trust in the Lord with all your heart and lean not on your own understanding... He will make your paths straight."
- Isaiah 48:17 "I am the Lord your God, who teaches you what is best for you."







Devotional: Trusting God's Direction in Recovery

Recovery requires wise, daily decisions—sometimes in uncertainty and trial. The psalmist reassures us that God is an attentive teacher and guide who cares deeply about our path.

Trusting God means seeking Him first, even when answers seem unclear. He promises to counsel us lovingly and make our paths straight. Not every step will be easy, but you are not navigating alone.

Turn to God often for guidance. Pray for clarity, be open to His leading through Scripture and wise counsel, and be patient as He directs your recovery journey step by step.







Reflect and Apply

1.	Do you find it hard to trust God's guidance in recovery? Why or why not?
2.	How do you discern God's direction in your daily choices?
3.	What steps can you take to invite God's instruction more intentionally?







Journaling Prompts

1.	Write about decisions you face in your recovery and ask God for wisdom.
2.	Reflect on a time God clearly guided you and what you learned.
3.	Make a list of ways you can seek God's counsel daily.







Prayer for Today

Father God, thank You that You lovingly guide my steps. Teach me to trust You fully and to seek Your instruction above all else. Help me to lean not on my own understanding but to patiently wait on Your counsel. Lead me each day on the path of life and recovery. In Jesus' name, Amen.









Day 10: 1 Light in the Darkness









Day 10: 🗘 Light in the Darkness

Your Verse

Psalm 18:28 – "You, Lord, keep my lamp burning; my God turns my darkness into light."

Supporting Scriptures

- John 8:12 "I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life."
- Isaiah 9:2 "The people walking in darkness have seen a great light."







Day 10: 1 Light in the Darkness

Devotional: Letting God's Light Shine in Your Struggles

Periods of withdrawal and recovery can feel like walking through darkness—uncertainty, loneliness, and fear. Psalm 18 reminds us that God sustains our 'lamp' and transforms darkness into light.

Jesus declares Himself the light of the world, offering clear direction and hope when shadows threaten to overwhelm. To follow Him means choosing the light every day, even when it's hard.

Invite God's light to expose areas of darkness in your life and reveal His path forward. Trust Him to shine in your struggles and lead you from despair to hope.







Day 10: 1 Light in the Darkness

Reflect and Apply

1.	What 'dark places' in your recovery need God's light today?
2	How can you practically follow Jesus' light daily amidst challenges?
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3.	In what ways has God already brought light to your situation?







Day 10: 🗘 Light in the Darkness

Journaling Prompts

1.	Write about times when you felt God's light break through a dark season.
	List ways you can invite more of God's light into your thoughts and actions.
	Reflect on what it means to walk in Jesus' light rather than the world's darkness.
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Day 10: 🗘 Light in the Darkness

Prayer for Today

Lord Jesus, You are my light in the darkness. Keep my lamp burning bright even when shadows surround me. Shine into every hidden place and lead me by Your truth. Help me to walk confidently in Your light, trusting You to illuminate my path and dispel fear. I place my hope in You. In Your name, Amen. 1

















Your Verse

Philippians 3:13-14 - "Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus."

Supporting Scriptures

- Hebrews 12:1 "Let us run with perseverance the race marked out for us."
- Isaiah 40:31 "Those who hope in the Lord will renew their strength. They will soar on wings like eagles."







Devotional: Overcoming Setbacks by Moving Forward

The path of recovery is like a race with ups and downs, victories and setbacks. Paul encourages us to forget the past and focus on what lies ahead—our calling and hope in Christ.

Sometimes you may stumble or feel stuck, but God empowers you to rise, renew strength, and keep pressing forward. This journey is not about perfection but perseverance.

Fix your eyes on Jesus, the ultimate goal and author of your faith. Let Him strengthen your weary heart and enable you to press on, step by step, to the finish line of healing and freedom.







Reflect and Apply

1.	What past mistakes or failures does God want you to leave behind?
2.	How can you cultivate perseverance when recovery feels challenging?
3.	What motivates you to keep pressing toward your recovery goals?







Journaling Prompts

Write a letter to your past self offering forgiveness and encouragement.
List practical ways to strengthen your perseverance days ahead.
Describe your hope for the future as you press on in faith.







Prayer for Today

Dear Lord, help me to forget what is behind and strain toward the hope You set before me. Renew my strength when I feel weak and teach me to persevere with endurance. Fix my eyes on Jesus so I am inspired to keep moving forward in recovery and faith. Carry me every step of the way. In Jesus' name, Amen. **Amen.**

















Day 12: 🥰 Freedom Through Grace

Your Verse

Ephesians 2:8-9 - "For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God—not by works, so that no one can boast."

Supporting Scriptures

- Romans 6:14 "For sin shall no longer be your master, because you are not under the law, but under grace."
- Titus 2:11 "For the grace of God has appeared that offers salvation to all people."







Day 12: 😂 Freedom Through Grace

Devotional: Embracing God's Gift of Grace Daily

True freedom comes not from human effort, but from God's grace. Recovery is often tempting to approach as something we must 'earn' through sheer willpower or discipline, but God's grace is the foundation.

Grace means unearned favor—the power of God working to save, heal, and sustain you even when you feel unworthy. Understanding that you are saved and sustained by grace frees you from shame and fuels motivation to live a new life.

Receive this gift daily. Let it remind you that your value and freedom come from Christ alone, not your performance or setbacks.







Day 12: 🖏 Freedom Through Grace

Reflect and Apply

1.]	How does grace change your view of your recovery journey?
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	n what ways might you be trying to rely on your own efforts instead of grace?
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3. l	How can you live out grace toward yourself and others in recovery?
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Day 12: 🖏 Freedom Through Grace

Journaling Prompts

1.	Write about what God's grace means to you in your current season.
2.	Reflect on moments when God's grace surprised or upheld you.
3.	Journal how demonstrating grace can transform your relationships.







Day 12: 🥰 Freedom Through Grace

Prayer for Today

Merciful God, thank You for Your gift of grace that saves and frees me. Help me to rest in Your unearned favor and not rely on my own strength alone. Teach me to extend grace to myself and others as I walk this journey. May Your grace empower me to live fully for You. In Jesus' name, Amen. 😢 🙏 🎾









Day 13: 🏠 Hope After Despair









Day 13: 🗱 Hope After Despair

Your Verse

Romans 15:13 – "May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit."

Supporting Scriptures

- Habakkuk 3:17-18 "Though the fig tree does not bud... yet I will rejoice in the Lord."
- Nehemiah 8:10 "The joy of the Lord is your strength."







Day 13: 🗱 Hope After Despair

Devotional: Finding Joy and Peace in God's Hope

Despair, isolation, and discouragement can be part of the recovery journey, but God offers a deeper hope that brings joy and peace. Trusting in Him fills our hearts with spirits beyond circumstances.

Like Habakkuk, even when things around you seem bleak or uncertain, you can rejoice in the Lord. His joy is a strength that sustains you. The Holy Spirit empowers you to live with overflowing hope.

Focus today on joy and peace as gifts from God, not dependent on your situation, but rooted in trusting His goodness and promises.







Day 13: 💭 Hope After Despair

Reflect and Apply

What areas of your life feel most hopeless right now?
How can you choose to rejoice in the Lord despite difficult circumstances?
What role does the Holy Spirit play in cultivating hope in your heart?







Day 13: 🗱 Hope After Despair

Journaling Prompts

1.	Write out a prayer asking God to fill you with joy and peace today.
2.	List blessings that bring you hope, even in hard times.
3.	Journal how you can intentionally focus on God's goodness daily.







Day 13: 🛟 Hope After Despair

Prayer for Today

God of hope, fill me with Your joy and peace as I trust You today. Help me to overflow with hope by the power of Your Spirit, even when life feels heavy. Teach me to rejoice amid trials and rely on Your strength. Let Your presence bring light to my heart. In Jesus' name I pray, Amen. 🖒 🙏 🎓 🖤









Day 14: A Restoring Trust in God









Your Verse

Proverbs 3:5 - "Trust in the Lord with all your heart and lean not on your own understanding;"

Supporting Scriptures

- Psalm 56:3 "When I am afraid, I put my trust in you."
- Isaiah 26:3 "You will keep in perfect peace those whose minds are steadfast because they trust in you."







Devotional: Cultivating Trust Through Uncertainty

Trust is foundational in recovery but can be fragile, especially after painful experiences. Proverbs calls us to put full trust in God, even when our understanding fails.

Fear and doubt are natural but placing your faith in God steadies your heart and mind. When we lean on God instead of our own insight, we receive His peace that surpasses all understanding.

Seek to cultivate trust daily through prayer, Scripture, and remembering God's faithfulness even in hard moments.







Reflect and Apply

1.	What fears make it difficult for you to trust God fully?
2.	How has God proven trustworthy in your life before?
3.	What practices help you build steadfast trust in God?







Journaling Prompts

1.	Write about moments when trusting God changed your perspective.
2.	List fears or doubts you want to surrender to God's control.
3.	Journal ways to remind yourself of God's faithfulness daily.







Prayer for Today

Lord, help me to trust You with all my heart. When fear and doubt arise, steady my mind and remind me of Your faithfulness. Teach me to lean not on my own understanding but to rest fully in You. Fill me with Your perfect peace as I walk this recovery journey. In Jesus' name, Amen.

















Your Verse

Lamentations 3:22-23 - "Because of the Lord's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness."

Supporting Scriptures

- Psalm 103:8 "The Lord is compassionate and gracious, slow to anger, abounding in love."
- Micah 7:18 "Who is a God like you, who pardons sin and forgives the transgression of the remnant of his inheritance?"







Devotional: Receiving Fresh Mercy Each Day

Mercy is at the heart of God's relationship with us. It is not about our perfection but His compassion toward our brokenness.

Each day God offers new mercy, new compassion to sustain and renew you. No failure or setback is beyond His capacity to forgive and restore.

Let go of guilt and shame that weigh down your recovery. Choose to receive God's fresh mercy today, and be encouraged by His relentless faithfulness.







Reflect and Apply

	How do you respond when you stumble or relapse? Is there space for mercy?
2.	What does God's mercy teach you about His character?
3.	How can daily acceptance of God's mercy fuel your recovery?







Journaling Prompts

1.	Write a letter to yourself accepting God's mercy and forgiveness.
2.	Recall times God's mercy renewed your hope in recovery.
3.	Journal how you can show mercy toward others and yourself.







Prayer for Today

Compassionate Father, thank You that Your mercy never runs out. When I fail or feel overwhelmed, remind me that Your compassion is new every morning. Help me to receive Your forgiveness and live free from guilt. May Your faithfulness sustain me through my recovery. In Jesus' name, Amen.











Day 16: • Guarding Your Heart









Day 16: **(**) Guarding Your Heart

Your Verse

Proverbs 4:23 – "Above all else, guard your heart, for everything you do flows from it."

Supporting Scriptures

- Philippians 4:7 "And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."
- Matthew 6:22–23 "The eye is the lamp of the body... if your eyes are healthy, your whole body will be full of light."







Day 16: **(**) Guarding Your Heart

Devotional: Protecting Your Inner Life with God's Peace

Our hearts are the seat of emotions, thoughts, and desires—the wellspring of life. God commands us to guard our hearts vigilantly because what fills our heart shapes everything we do.

In recovery, negative influences and harmful thinking threaten your heart's peace. Inviting God's peace to guard your heart and mind creates a protective barrier against despair, temptation, and discouragement.

Focus today on protecting your inner life through prayer, Scripture, and healthy boundaries. What you feed your heart will nourish or undermine your recovery.







Day 16: ① Guarding Your Heart

Reflect and Apply

What types of influences or thoughts currently impact your heart negatively?
How can you strengthen your defenses through God's peace?
In what ways can guarding your heart improve your choices and relationships?







Day 16: ① Guarding Your Heart

Journaling Prompts

1.	List sources of peace and stress in your daily life and evaluate their impact.
2.	Write about habits that help you protect your heart and emotions.
3.	Journal a prayer asking God to guard your heart and mind today.







Day 16: **(**) Guarding Your Heart

Prayer for Today

Lord, help me guard my heart above all else. Fill me with Your peace that watches over my mind and emotions. Protect me from harmful influences and guide me to focus on what is pure and good. May my heart be a sanctuary for Your love and light. In Jesus' name, Amen. $\mathbb{C} \hookrightarrow \mathbb{A} \stackrel{\mathfrak{C}}{\hookrightarrow}$

















Your Verse

James 5:7-8 - "Be patient... strengthening your hearts, because the Lord's coming is near."

Supporting Scriptures

- Galatians 6:9 "Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up."
- Psalm 37:7 "Be still before the Lord and wait patiently for him."







Devotional: Learning to Trust God's Timing

Recovery often feels slow, and impatience can sneak in with frustration and discouragement. James encourages us to strengthen our hearts by being patient and steadfast because God's timing is perfect.

Patience doesn't mean passivity. It means trusting God even when the answers or relief are delayed. It means staying faithful in the small steps and good choices every day.

Remember, God is cultivating growth and healing beneath the surface. Keep trusting, waiting, and working faithfully—your harvest will come.







Reflect and Apply

How do you cope with setbacks or slow progress in your recovery?
What does patience look like as a spiritual practice for you?
How can you cultivate endurance while trusting God's timing?







Journaling Prompts

1.	Write about a time you saw God's timing work out in your life.
2.	List the small wins or progress you may have overlooked.
3.	Reflect on practical ways to nurture patience during hard seasons.







Prayer for Today

God of patience, teach me to wait on You with a faithful heart. Help me to not grow weary or frustrated in this process but to trust Your perfect timing. Strengthen me to persevere in doing good and to delight in the journey, knowing You are working all things for my good. In Jesus' name, Amen. *****











Day 18: (§) Finding True Direction









Day 18: S Finding True Direction

Your Verse

Psalm 119:105 - "Your word is a lamp to my feet and a light to my path."

Supporting Scriptures

- Isaiah 30:21 "Whether you turn to the right or to the left, your ears will hear a voice behind you."
- James 1:5 "If any of you lacks wisdom, you should ask God."







Day 18: S Finding True Direction

Devotional: Letting God's Word Guide Your Recovery

The Bible serves as a reliable compass amid the confusing and difficult landscape of recovery. Psalm 119 describes God's word as a lamp and light for our path, guiding steps when the way feels unclear.

God also speaks through His Spirit and wise counsel, leading you through each decision. When uncertain, ask God for wisdom and be attentive to His gentle direction.

Commit to daily Scripture reading and prayer as a foundation for wise choices, knowing God's word will keep your steps safe and sure.







Day 18: O Finding True Direction

Reflect and Apply

1.	How often do you turn to Scripture for guidance currently?
2.	What challenges make it hard to hear or follow God's direction?
3.	How can you build habits to seek God's wisdom daily?







Day 18: O Finding True Direction

Journaling Prompts

1.	Write about a time when Scripture provided clarity in your recovery.
2.	List favorite verses that encourage and guide you.
3.	Plan a regular time to read the Bible and pray for direction.







Day 18: S Finding True Direction

Prayer for Today

Spirit of Wisdom, thank You for Your Word that lights my path. Help me to seek Your guidance daily through Scripture and prayer. Give me ears to hear Your voice and the courage to follow where You lead. Guard my steps and grant me wisdom for every decision. In Jesus' name, Amen.









Day 19: O Surrendering Control









Day 19: <equation-block> Surrendering Control

Your Verse

Matthew 11:28–30 – "Come to me, all you who are weary and burdened, and I will give you rest."

Supporting Scriptures

- Psalm 46:10 "Be still, and know that I am God."
- 1 Peter 5:7 "Cast all your anxiety on him because he cares for you."







Day 19: 💭 Surrendering Control

Devotional: Resting in God's Loving Control

Many struggling with addiction feel burdened by the need to control every aspect of life. Jesus invites the weary to come to Him for rest and surrender control to His loving care.

Surrendering control doesn't mean giving up effort but recognizing that true peace comes from trusting God with your burdens. Be still, cast your anxieties on Him, and rest in His sovereignty even when recovery feels uncertain.

Let today be a heart posture of surrender—choosing to trust God rather than your own efforts or fears.







Day 19: 💭 Surrendering Control

Reflect and Apply

1.	What worries or fears do you struggle to give up to God?
2.	How do you experience rest when you surrender control?
3.	What hinders you from fully trusting God with your recovery?







Day 19: 💭 Surrendering Control

Journaling Prompts

1.	Write a list of burdens you want to cast on God.
2.	Reflect on what surrender means versus giving up.
3.	Journal a prayer of surrender and trust in God's care.







Day 19: <equation-block> Surrendering Control

Prayer for Today

Jesus, I come to You weary and burdened. Help me to surrender control and rest in Your loving hands. Teach me to be still and trust Your care over my life and recovery. Carry my anxieties and fill me with Your peace. I place my hope in You alone. Amen. \bigcirc \bigcirc \bigcirc \bigcirc

















Your Verse

Isaiah 40:31 - "But those who hope in the Lord will renew their strength." They will soar on wings like eagles; they will run and not grow weary."

Supporting Scriptures

- Nehemiah 8:10 "The joy of the Lord is your strength."
- Psalm 73:26 "My flesh and my heart may fail, but God is the strength of my heart and my portion forever."







Devotional: Renewing Strength Through Hope in God

Recovery requires enduring strength beyond human limits. Isaiah reassures us that hope in God renews our strength, enabling us to rise and persevere without growing weary.

Even when your body and emotions feel exhausted, God can energize your heart with joy and hope. He is your constant strength and portion.

Cling to hope in the Lord to keep moving forward. Allow His joy to fuel your endurance one step at a time.







Reflect and Apply

1.	What drains your strength in recovery currently?
2.	How can you tap into God's joy and hope to renew your strength?
3.	What practical habits help sustain your endurance daily?







Journaling Prompts

1.	Write about moments when God's strength carried you through.
2.	List things that refresh your soul and bring joy.
3.	Reflect on how hope influences your energy and motivation.







Prayer for Today

Lord, renew my strength as I place my hope in You. When I grow weary, lift me up on wings like eagles. Fill my heart with joy and endurance to face each day with courage. You are my strength forever. In Jesus' name, Amen.

















Your Verse

2 Peter 1:4 – "Through these he has given us his very great and precious promises, so that through them you may participate in the divine nature."

Supporting Scriptures

- Numbers 23:19 "God is not human, that he should lie, not a human being, that he should change his mind."
- Hebrews 10:23 "Let us hold unswervingly to the hope we profess, for he who promised is faithful."







Devotional: Clinging to God's Unchanging Promises

Recovery can feel unpredictable, but God's promises remain sure and unchanging. Peter emphasizes God's precious promises that empower us to share in His divine nature.

These promises are not vague hopes but solid assurances grounded in God's character. When fears or doubts tempt you to give up, lean into the promises that God doesn't change and is always faithful.

Today, take time to claim specific promises from Scripture and hold tight to them, letting them strengthen your heart and renew your faith.







Reflect and Apply

1.	Which of God's promises bring you the most comfort today?
2.	How can meditating on these promises impact your mindset in recovery?
3.	What fears can you guard against by holding to God's faithfulness?







Journaling Prompts

	Write down your favorite Scripture promises and why they encourage you.
2.	Reflect on how God has been faithful in your life before.
3.	Journal how you can keep these promises at the forefront of your mind.







Prayer for Today

Faithful God, thank You for Your unchanging promises. Help me to cling to Your word when challenges arise. Strengthen my faith with the assurance of Your love and faithfulness. May Your promises bring hope and courage each day. In Jesus' name, Amen.

















Your Verse

Colossians 3:13 – "Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you."

Supporting Scriptures

- Ephesians 4:31–32 "Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."
- Matthew 5:23-24 "First be reconciled to your brother or sister."







Devotional: Restoring Broken Connections Through Forgiveness

Recovery often impacts relationships deeply, causing hurt, mistrust, and distance. God calls us to forgive as He forgave us—freely and fully.

Forgiveness doesn't ignore pain but releases the hold of bitterness and opens the door for healing and restoration. When reconciliation is possible, it brings freedom and peace.

Today, ask God to help you forgive those who have hurt you and to seek forgiveness where you have caused pain. Healing relationships can be an important step in your recovery and spiritual growth.







Reflect and Apply

1.	Are there relationships needing forgiveness or reconciliation in your life?
2.	What fears or obstacles might keep you from pursuing forgiveness?
3.	How does God's example of forgiveness encourage your own?







Journaling Prompts

1.	Write a prayer of forgiveness for someone or yourself.
2.	List ways reconciliation might positively affect your recovery journey.
3.	Reflect on how forgiving others has impacted your heart in the past.







Prayer for Today

Lord of Mercy, teach me to forgive as You have forgiven me. Help me to release bitterness and heal broken relationships. Give me courage to seek reconciliation and peace. Fill my heart with Your kindness and compassion. May my relationships reflect Your grace. In Jesus' name, Amen. 💸 🙏 🎔 💝









Day 23: 🔑 Renewed by the Spirit









Day 23: 🔼 Renewed by the Spirit

Your Verse

Ezekiel 36:26 - "I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh."

Supporting Scriptures

- John 3:6 "Flesh gives birth to flesh, but the Spirit gives birth to spirit."
- Romans 8:11 "The Spirit of him who raised Jesus from the dead is living in you."







Day 23: 🔼 Renewed by the Spirit

Devotional: Allowing God's Spirit to Transform You

Healing and recovery are deeply spiritual processes, involving God giving new life and spirit. Ezekiel promises a new heart and spirit that replaces hard, resistant places with tender, responsive ones.

The Holy Spirit indwells believers, renewing, strengthening, and guiding from within. This transformation changes desires and empowers new, godly living.

Ask God to fill you afresh with the Spirit. Yield your heart to His work, allowing Him to remove hardness and bring vibrant life into your recovery experience.







Day 23: 💪 Renewed by the Spirit

Reflect and Apply

1.	Where do you sense hardness or resistance in your heart?
2.	How can you invite the Holy Spirit to renew and soften your inner being?
	What fruits of the Spirit would you like to grow in your life during recovery?







Day 23: 🔼 Renewed by the Spirit

Journaling Prompts

1.	Write about areas where you feel God's Spirit is working in you.
2.	Describe what a 'new heart' means to you in practical terms.
3.	Journal a prayer inviting the Holy Spirit's renewal today.







Day 23: 🔼 Renewed by the Spirit

Prayer for Today

Spirit of God, renew my heart and fill me with Your life-giving presence. Remove any hardness or resistance within me. Help me to become more like Jesus and produce the fruit of Your Spirit. Guide me in this journey of transformation and healing. In Jesus' name, Amen.







Day 24: W Embracing Forgiveness









Your Verse

1 John 1:9 – "If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness."

Supporting Scriptures

- Psalm 32:5 "Then I acknowledged my sin to you and did not cover up my iniquity."
- Micah 7:19 "You will cast all our sins into the depths of the sea."







Devotional: The Freedom of Confession and Forgiveness

Confession is a powerful step in recovery—acknowledging sin and receiving God's forgiveness frees the soul. John assures us that God is faithful to forgive and purify when we honestly confess.

Recovery often includes painful admissions—to yourself, others, and God. This openness breaks the power of shame and invites cleansing and renewal.

Today, practice confession before God with a repentant heart. Receive His forgiveness and let it wash over you, liberating your spirit for new growth.







Reflect and Apply

1.	Is there anything you feel hesitant to confess to God or others?
2.	How does God's promise of forgiveness affect your view of yourself?
3.	What benefits do you experience when living in honesty and repentance?







Journaling Prompts

1.	Write out your confession and God's response of forgiveness.
2.	Reflect on how confession has impacted your recovery progress.
3.	Journal any fears about confession and ask God for courage.







Prayer for Today

Forgiving Father, I confess my sins before You and thank You for Your faithfulness to forgive and cleanse me. Remove any guilt or shame that weighs me down. Help me to walk in freedom and honesty, embracing Your purification and love. In Jesus' name, Amen. 😢 🙏 🧼 🞔









Day 25: Walking by Faith









Day 25: A Walking by Faith

Your Verse

2 Corinthians 5:7 - "For we live by faith, not by sight."

Supporting Scriptures

- Hebrews 11:1 "Faith is confidence in what we hope for and assurance about what we do not see."
- Romans 8:24–25 "Hope that is seen is no hope at all... we wait for it patiently."







Day 25: A Walking by Faith

Devotional: Trusting God When You Can't See the Outcome

Recovery often requires living by faith, trusting God even when the future is uncertain. Paul encourages believers to walk by faith, not by what is visible.

Faith involves confidence and hope, taking steps even if you cannot fully see the end result. This can be difficult when struggling with cravings and doubts, but God calls you to step forward in trust.

Focus on God's faithfulness today, choosing faith over fear and trusting Him to complete the work He began.







Day 25: 🛕 Walking by Faith

Reflect and Apply

	In what areas of recovery do you most struggle to trust without seeing outcomes?
2.	How can you build your faith during uncertain moments?
3.	What evidence of God's faithfulness can you recall to encourage yourself?







Day 25: 🛕 Walking by Faith

Journaling Prompts

1.	Write about what living by faith means to you personally.
2.	Reflect on a time you trusted God without seeing the full picture.
3.	Journal hopes you are waiting for and your prayers for patient trust.







Day 25: A Walking by Faith

Prayer for Today

Lord, help me to live by faith and not by sight. Strengthen my trust in Your plans and promises, even when I cannot see the full path. Increase my confidence and hope in You as I walk through recovery. May Your Spirit guide my every step. In Jesus' name, Amen.

















Your Verse

Galatians 5:1 - "It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery."

Supporting Scriptures

- John 8:36 "So if the Son sets you free, you will be free indeed."
- Romans 8:2 "Because through Christ Jesus the law of the Spirit who gives life has set you free from the law of sin and death."







Devotional: Standing Firm in the Freedom Christ Gives

Recovery is about embracing the freedom Christ offers, not returning to bondage. Paul urges believers to stand firm and not be burdened again by slavery to old habits and sin.

This freedom is more than physical—it's spiritual liberation, allowing you to live fully in God's grace and power.

Choose today to walk in the liberty Christ provides. Resist old patterns and claims of addiction with the truth that you are free indeed.







Reflect and Apply

1.	How do you experience freedom in Christ amid your recovery?
2.	What old 'yokes' do you need to resist reattaching to?
3.	How can you stand firm against temptations that threaten your freedom?







Journaling Prompts

1.	Write about what freedom in Christ means to you right now.
2.	List struggles where you need to stand firm and resist bondage.
3.	Journal strategies to maintain your freedom daily.







Prayer for Today







Day 27: K Building a New Foundation









Day 27: K Building a New Foundation

Your Verse

Matthew 7:24 - "Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock."

Supporting Scriptures

- 1 Corinthians 3:11 "For no one can lay any foundation other than the one already laid, which is Jesus Christ."
- Ephesians 2:20 "Built on the foundation of the apostles and prophets, with Christ Jesus himself as the chief cornerstone."







Day 27: 🛠 Building a New Foundation

Devotional: Establishing Recovery on Christ the Rock

Recovery requires a solid foundation to withstand storms and challenges.

Jesus teaches that those who obey Him build wisely on the rock foundation—

Himself.

Building your life on Christ means establishing habits, decisions, and values rooted in His teachings and presence. This foundation promises stability amid any trials.

Commit to living out God's Word daily. Let Christ be the cornerstone for your recovery and life transformation.







Day 27: 🎇 Building a New Foundation

Reflect and Apply

1.	What foundations have been shaky or unstable in your past?
2.	How can you intentionally build your life on Jesus today?
3.	What practical behaviors reflect building on the rock in your recovery?







Day 27: 🎇 Building a New Foundation

Journaling Prompts

1.	Write about the 'house' you want to build in your life rooted in Christ.
2.	List habits or attitudes you need to change to strengthen your foundation
3.	Journal your commitment to living by God's Word daily.







Day 27: K Building a New Foundation

Prayer for Today

Rock of my salvation, help me to build my life on Your firm foundation. Teach me to hear and obey Your words so I can withstand life's storms. Make Christ the cornerstone of my recovery and daily walk. Guide each step as I establish a new life rooted in You. In Jesus' name, Amen. **X**







Day 28: Embracing God's Restoration









Your Verse

Joel 2:25 - "I will repay you for the years the locusts have eaten."

Supporting Scriptures

- Psalm 51:12 "Restore to me the joy of your salvation and grant me a willing spirit."
- Isaiah 61:7 "Instead of your shame you will receive a double portion."







Devotional: God's Promise to Restore What Was Lost

Recovery is not just about healing but also restoration—God making all things new. Joel promises compensation for what has been lost or destroyed, a hopeful assurance that God renews and blesses.

Allow God to restore your joy, purpose, and peace, replacing shame with honor and blessing. Trust His good plans to bring revival and wholeness to every area.

Embrace God's restoration today with faith, expecting His goodness to abound in your life.







Day 28: C Embracing God's Restoration

Reflect and Apply

1.	What losses or regrets do you need God to restore?
2.	How can focusing on restoration fuel your hope and motivation?
	What does restoration look like for you emotionally, spiritually, and relationally?







Day 28: C Embracing God's Restoration

Journaling Prompts

1.	Write about ways God has already brought restoration in your life.
2.	Describe areas where you long to see God's renewing work.
3.	Journal a prayer inviting God's restoration and joy.







Day 28: C Embracing God's Restoration

Prayer for Today

Restoring God, thank You for the promise to repay and restore what was lost. Bring healing and renewal to the broken areas of my life. Replace shame with joy and blessing. Give me a willing spirit to receive Your goodness and live in newfound freedom. In Jesus' name, Amen.









Day 29: 🗱 Walking in Gratitude









Day 29: 💥 Walking in Gratitude

Your Verse

1 Thessalonians 5:18 – "Give thanks in all circumstances; for this is God's will for you in Christ Jesus."

Supporting Scriptures

- Psalm 107:1 "Give thanks to the Lord, for he is good; his love endures forever."
- Colossians 3:17 "...do it all in the name of the Lord Jesus, giving thanks to God the Father through him."







Day 29: 💥 Walking in Gratitude

Devotional: Cultivating a Heart of Thankfulness

Gratitude transforms perspective, especially in the midst of trials and recovery. Paul exhorts believers to give thanks in all circumstances as an expression of trust and obedience.

Thankfulness is a choice that refocuses your heart on God's goodness and faithfulness, releasing bitterness and fostering joy.

Make gratitude a daily habit—count blessings, thank God for small victories, and celebrate His steadfast love that sustains you.







Day 29: 🎇 Walking in Gratitude

Reflect and Apply

1.	How can practicing gratitude change your experience in recovery?
2.	What blessings, big or small, are you thankful for today?
3.	How does gratitude align you with God's will and heart?







Day 29: 🎇 Walking in Gratitude

Journaling Prompts

1.	List ten things you are thankful for right now.
2.	Write about how gratitude has impacted your perspective during hard times.
3.	Journal a prayer of thanksgiving to God for His faithfulness.







Day 29: 💥 Walking in Gratitude

Prayer for Today

Thankful Father, I choose to give thanks to You in all circumstances. Help me see Your goodness in every moment and cultivate a heart full of gratitude. Thank You for Your enduring love and faithfulness that sustain me through recovery. May my life overflow with praise for You. In Jesus' name, Amen.











Day 30: 🥕 Celebrating New Life









Day 30: 🤌 Celebrating New Life

Your Verse

Galatians 2:20 - "I have been crucified with Christ and I no longer live, but Christ lives in me."

Supporting Scriptures

- 2 Corinthians 5:17 "If anyone is in Christ, the new creation has come: The old has gone, the new is here!"
- Romans 6:4 "We were therefore buried with him through baptism... just as Christ was raised from the dead."







Day 30: 🤌 Celebrating New Life

Devotional: Rejoicing in Your New Identity and Freedom

Today marks the celebration of new life in Christ and victory in your recovery journey. Paul declares that through union with Christ, you are a new creation —a transformed person living by His power.

This new life is not just about the absence of old struggles but the presence of Christ within you. Embrace this identity fully and rejoice in the freedom and hope that comes with it.

Celebrate God's faithfulness and commit to continue walking in His strength and grace every day forward.







Day 30: 🥕 Celebrating New Life

Reflect and Apply

1.	How has your identity in Christ grown during these 30 days?
2.	What new life do you see emerging in your heart and habits?
3.	How will you continue walking in freedom and strength after this study?







Day 30: 🥕 Celebrating New Life

Journaling Prompts

1.	Write a testimony of God's work in your recovery journey.
2.	Describe the new identity and hope you have in Christ.
3.	Journal a prayer committing your life fully to Jesus going forward.







Day 30: 🤌 Celebrating New Life

Prayer for Today

Lord Jesus, thank You for the new life You have given me. Thank You for living in me and giving me freedom from my past. Help me to walk daily in this new identity with confidence and joy. Empower me to live for You and shine Your light to others. I celebrate Your faithfulness and grace. In Your name, Amen.









Where God's Word Meets Your Daily Life

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