

Resolving Arguments with Grace: A Children's Guide



Discover God's wisdom on resolving conflicts gracefully, helping children navigate disagreements with love and understanding.

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Introduction

Welcome to this 7-day journey focused on helping children resolve arguments with grace! Conflict is a natural part of human relationships, and children experience disagreements often—whether with siblings, friends, or adults. Learning to handle these moments with kindness and patience is a critical skill that reflects God's heart for peace.

Throughout this study, we will explore Scripture that teaches us about humility, forgiveness, and love. These truths can empower children to choose grace over grudges and understanding over anger. Each day will provide engaging passages, thoughtful devotionals, and reflective questions to help children and their mentors (parents, teachers, leaders) apply these lessons practically.

When children learn to resolve conflicts with God's grace, they grow stronger in character and deepen relationships. This plan invites you to embrace the transformative power of God's Word and experience how it brings harmony, even in challenging situations. Let's discover together how to turn arguments into opportunities for growth and love!





Day 1: 🕊 Embracing Peace in Conflict



Day 1: 🕊 Embracing Peace in Conflict

Your Verse

James 3:18 NIV – 'Peacemakers who sow in peace reap a harvest of righteousness.'

Supporting Scriptures

- *Proverbs 15:1 – 'A gentle answer turns away wrath, but a harsh word stirs up anger.'*
- *Matthew 5:9 – 'Blessed are the peacemakers, for they will be called children of God.'*



Day 1: 🕊 Embracing Peace in Conflict

Devotional: Choosing Peace Over Arguments

Arguments are common, but God calls us to be peacemakers. Sometimes when we disagree, our first instinct is to raise our voice or get defensive. But the Bible invites us to pause and respond with gentleness and patience. *James 3:18* reminds us that those who make peace are blessed, and they grow in righteousness, which means doing what God wants.

Being a peacemaker doesn't mean we ignore problems or let others hurt us. Instead, it means seeking to understand and restore relationships with kindness. When you face an argument today, ask God to help you sow peace by listening carefully and answering gently. This simple choice reflects God's love and can turn hurt into healing.



Day 1: 🕊 Embracing Peace in Conflict

Reflect and Apply

1. How do you usually respond when you argue with someone?

2. What would it look like for you to be a peacemaker in your daily life?

3. How can gentle words change the way an argument ends?



Day 1: 🕊 Embracing Peace in Conflict

Journaling Prompts

1. Write about a time you solved a disagreement peacefully.

2. List three gentle phrases you can use during an argument.

3. Describe how it feels when someone listens to you patiently.



Day 1: 🕊 Embracing Peace in Conflict

Prayer for Today

Dear God, thank You for teaching me to be a peacemaker. Please help me to use gentle words and stay calm when I disagree with others. Teach me to listen with kindness and to choose peace instead of anger. Help me show Your love in everything I do. *Amen.* 🙏 🕊 ❤





Day 2: The Power of Words



Day 2: 💬 The Power of Words

Your Verse

Ephesians 4:29 NIV – 'Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up.'

Supporting Scriptures

- *Proverbs 16:24 – 'Gracious words are a honeycomb, sweet to the soul and healing to the bones.'*
- *Colossians 4:6 – 'Let your conversation be always full of grace.'*



Day 2: 💬 The Power of Words

Devotional: Speaking Words That Heal

Our words have great power—they can hurt or heal. When arguments happen, it's easy to say things that sting or make others feel bad. But the Bible encourages us to speak words that build up and bring healing.

Ephesians 4:29 reminds us not to allow unkind words but to use language that helps others grow. Imagine how different arguments would be if we chose words like 'I understand,' or 'Let's figure this out together.' This choice shows grace and helps repair relationships instead of breaking them.

Today, be mindful of the words you choose. Ask God to help you speak in ways that bring peace and encouragement. Your words can become a beautiful gift—sweet and healing to everyone who hears them.



Day 2: 💬 The Power of Words

Reflect and Apply

1. Think about a time when words hurt you during an argument. How could different words have helped?

2. What kind of words do you want to be known for using?

3. How can you remind yourself to speak with grace when upset?



Day 2: 💬 The Power of Words

Journaling Prompts

1. Write three kind things you can say during disagreements.

2. Recall a moment when someone's words helped you feel better.

3. Practice writing a gentle response to a common argument scenario.



Day 2: 💬 The Power of Words

Prayer for Today

Lord, help me to use my words wisely. Teach me to speak with kindness and grace, especially when I'm upset. Please guide my tongue to build up others and bring peace. Thank You for Your patience when I mess up. *Amen.* 🙏💬





Day 3: 🧡 Forgiveness in Action



Day 3: 🧡 Forgiveness in Action

Your Verse

Colossians 3:13 NIV - 'Bear with each other and forgive one another if any of you has a grievance.'

Supporting Scriptures

- *Ephesians 4:32 - 'Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.'*
- *Matthew 6:14 - 'For if you forgive other people when they sin against you, your heavenly Father will also forgive you.'*



Day 3: 🧡 Forgiveness in Action

Devotional: The Grace to Forgive

Forgiveness is a key part of resolving conflicts with grace. When someone hurts us or makes us angry, our feelings are valid. But holding onto hurt only keeps us stuck in anger and stops healing.

Colossians 3:13 teaches us to forgive just as God forgave us through Jesus. Forgiveness means choosing to let go of bitterness and offering grace, even when it's hard. It doesn't mean forgetting what happened or pretending it's okay, but it opens the door to peace and new beginnings.

Practicing forgiveness can be challenging, but God's Spirit gives us the strength to forgive others and ourselves. Today, reflect on anyone you need to forgive or anyone who may need your grace. Ask God to help you release hurt and live in His freedom.



Day 3: 🧡 Forgiveness in Action

Reflect and Apply

1. Is there someone you find hard to forgive? Why?

2. What does forgiveness mean to you?

3. How might forgiving someone change your heart and your relationship?



Day 3: 🧡 Forgiveness in Action

Journaling Prompts

1. Write a letter of forgiveness (you don't have to send it).

2. Describe how it feels to forgive or to be forgiven.

3. List ways you can remind yourself to forgive quickly and freely.



Day 3: 🧡 Forgiveness in Action

Prayer for Today

Father, thank You for forgiving me when I make mistakes. Help me to forgive others the same way, even when it's hard. Give me a kind and compassionate heart that seeks peace and reconciliation. Teach me to release anger and live in Your grace. *Amen.* ✨ 😊 🙏





Day 4: 🧠 Patience in Hard Moments



Day 4: 🧠 Patience in Hard Moments

Your Verse

Proverbs 14:29 NIV – 'Whoever is patient has great understanding.'

Supporting Scriptures

- *James 5:8 – 'Be patient, then, brothers and sisters, until the Lord's coming.'*
- *Galatians 5:22 – 'But the fruit of the Spirit is patience.'*



Day 4: 🧠 Patience in Hard Moments

Devotional: Learning Patience During Conflict

Patience is a special fruit of the Spirit that helps us handle difficult moments. Arguments often start because we get frustrated or want things to happen quickly. But rushing or losing our temper usually makes conflicts worse.

Proverbs 14:29 highlights that patience brings understanding. When we take a deep breath and wait thoughtfully, we see the situation more clearly and respond wisely.

Patience allows us to listen, think about the other person's feelings, and control our emotions. It helps us remember that everyone makes mistakes and needs grace. Today, practice patience by pausing before you reply in the midst of disagreement. Ask God to fill your heart with His peace and understanding.



Day 4: 🧠 Patience in Hard Moments

Reflect and Apply

1. How does impatience affect your relationships?

2. What helps you stay calm when you feel upset?

3. How can practicing patience change an argument's outcome?



Day 4: 🧠 Patience in Hard Moments

Journaling Prompts

1. Write about a time patience helped you in a tough situation.

2. List three ways to remind yourself to be patient.

3. Describe what patience looks like in your daily life.



Day 4: 🧠 Patience in Hard Moments

Prayer for Today

God, please help me to be patient when things don't go my way. Teach me to wait calmly and understand others better. Fill me with Your Spirit's fruit so I can reflect Your love even in hard moments. Thank You for always being patient with me. *Amen.* 🌿 🕒 🙏



Day 5: 💞 Loving with Actions



Day 5:  Loving with Actions

Your Verse

1 John 3:18 NIV – 'Dear children, let us not love with words or speech but with actions and in truth.'

Supporting Scriptures

- *John 13:34 – 'Love one another. As I have loved you, so you must love one another.'*
- *Galatians 5:14 – 'The entire law is fulfilled in keeping this one command: "Love your neighbor as yourself.'"*



Day 5: ❤️ Loving with Actions

Devotional: Showing Love in Every Conflict

God's love is meant to be shown through what we do—not just what we say. Sometimes when we argue, love feels hard to express. But *1 John 3:18* reminds us that true love shows itself in actions.

This means forgiving quickly, sharing kindly, and helping others even after disagreements. Love chooses to understand rather than accuse, to listen rather than interrupt. When we love like Jesus, our words and actions bring healing and hope.

Today, think about how you can demonstrate love in your relationships, especially when there is tension. Small acts of kindness and patience can make a big difference and reflect the heart of God.



Day 5:  Loving with Actions

Reflect and Apply

1. What are some actions that show love even in conflict?

2. How can you practice loving others when you disagree?

3. Why is loving with actions more powerful than words alone?



Day 5:  Loving with Actions

Journaling Prompts

1. Write down three ways to show love to someone you argue with.

2. Recall a time you experienced love through someone's actions.

3. Plan one act of kindness to do today for a friend or family member.



Day 5: ❤️ Loving with Actions

Prayer for Today

Dear Jesus, thank You for showing me how to love others well. Help me to love with my actions, not just my words. Teach me to be kind and patient, even when it's hard. May Your love shine through me and bring peace to my relationships. *Amen.* ❤️ 🙌 🙏





Day 6: 🧠 Listening to Understand



Day 6: 🕒 Listening to Understand

Your Verse

James 1:19 NIV - 'Everyone should be quick to listen, slow to speak and slow to become angry.'

Supporting Scriptures

- *Proverbs 18:13 - 'To answer before listening—that is folly and shame.'*
- *Philippians 2:4 - 'Let each of you look not only to his own interests but also to the interests of others.'*



Day 6: 🕒 Listening to Understand

Devotional: Listening as an Act of Grace

Listening carefully is one of the best ways to show grace and avoid misunderstandings. Many arguments happen because we don't take time to hear each other.

James 1:19 encourages us to be quick listeners and slow speakers. When we listen well, we understand the other person's feelings and points of view, which helps us respond more kindly and wisely.

This kind of listening shows respect and care, opening the door to reconciliation. Today, practice active listening—pay full attention, don't interrupt, and try to understand before responding. Let your listening be a gift of grace to others.



Day 6: 🕒 Listening to Understand

Reflect and Apply

1. How good are you at really listening to others during disagreements?

2. What challenges do you face when trying to listen patiently?

3. How can listening more change the way you resolve conflicts?



Day 6: 🕯 Listening to Understand

Journaling Prompts

1. Write about a time you felt truly heard by someone.

2. List ways to improve your listening skills.

3. Describe what it feels like when people listen well to you.



Day 6: 🦻 Listening to Understand

Prayer for Today

Lord, teach me to listen carefully and with kindness. Help me to be slow to speak and slow to anger. May I understand others better and show Your grace in every conversation. Thank You for always listening to me. *Amen.* 🦻💙🙏





Day 7: ✨ Living Grace Every Day



Day 7: ✨ Living Grace Every Day

Your Verse

Colossians 3:12 NIV - 'Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.'

Supporting Scriptures

- *Micah 6:8 - 'What does the Lord require of you? To act justly and to love mercy.'*
- *Romans 12:18 - 'If it is possible, as far as it depends on you, live at peace with everyone.'*



Day 7: ✨ Living Grace Every Day

Devotional: Daily Grace in Our Relationships

Grace is not just for moments of conflict—it is a lifestyle. God calls us to clothe ourselves every day with qualities that reflect His heart: compassion, kindness, humility, gentleness, and patience.

Colossians 3:12 paints a beautiful picture of how we should live as God's beloved children. When we carry these traits, we navigate disagreements with a heart open to peace and love.

Living grace daily means choosing to forgive quickly, speak kindly, listen carefully, and love deeply—even when it's tough. As you finish this study, ask God to help you make grace your natural response. When challenges arise, remember you are called to be a reflection of God's wonderful grace in every relationship.



Day 7: ✨ Living Grace Every Day

Reflect and Apply

1. Which quality mentioned in Colossians 3:12 do you find easiest to practice? Which is hardest?

2. How can living with grace change your family or classroom environment?

3. What steps can you take to grow in grace each day?



Day 7: ✨ Living Grace Every Day

Journaling Prompts

1. Write about a time you showed grace during a disagreement.

2. Choose one fruit of grace to focus on developing this week.

3. Plan how you will remind yourself to live graciously every day.



Day 7: ✨ Living Grace Every Day

Prayer for Today

Heavenly Father, thank You for loving me and showing me grace. Please help me to put on compassion, kindness, humility, gentleness, and patience every day. Teach me to live peacefully with others and be a light of Your love. May my words and actions reflect Your grace in all I do. *Amen.* ✨ ❤️ 🙏





Where God's Word Meets Your Daily Life

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