Restoring Faith: A Journey to Recovery



A 21-day plan to guide you from backsliding to renewal through Scripture, reflection, and prayer.





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Introduction

Welcome to your 21-day journey of recovery from backsliding in faith. It's a path many have walked—a time when our hearts wander, doubts rise, and we feel distant from God. But the beauty of God's grace, mercy, and patience invites us back, offering restoration and renewal regardless of how far we've strayed.

Backsliding invites feelings of guilt, shame, and disconnection. Yet Scripture repeatedly reveals God's relentless love, urging us to repent, return, and rebuild with hope. In these 21 days, you will engage deeply with God's Word, reflect on His faithfulness, and embrace His healing embrace.

This plan embraces practical spiritual disciplines: reading Scripture, meditative reflection, journaling, and prayer—tools that help anchor your spirit. Each day is designed to rekindle your faith, rebuild trust with God, and renew your desire to walk closely with Him. Think of this as stepping stones, encouraging you not just to recover but to grow stronger than before.

Remember, God does not leave us in our brokenness. He seeks us, restores us, and rejoices in our return. Let this time be a sacred space of healing, where grace meets our weakness and strength is made perfect in frailty. May these 21 days fill you with hope, courage, and renewed passion for your faith journey. Let's begin this journey of recovery together with open hearts and expectancy.







Day 1: > Starting Fresh with God's Grace









Day 1: Fresh with God's Grace

Your Verse

Lamentations 3:22-23 - "Because of the Lord's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness."

Supporting Scriptures

- 2 Corinthians 12:9 "My grace is sufficient for you, for my power is made perfect in weakness."
- Isaiah 43:18–19 "Forget the former things; do not dwell on the past. See, I am doing a new thing!"







Day 1: Fresh with God's Grace

Devotional: God's Grace Makes Every Day New

Backsliding can feel like a heavy burden, but every morning ushers in God's new mercies. Lamentations reminds us that God's compassion never fails; His grace is a daily gift, urging us to start anew without guilt or shame weighing us down. Even when we've turned away, God is ready to welcome us back with open arms.

Paul's words in 2 Corinthians emphasize that God's power shines brightest in our weakness. This is reassuring when faith falters. It's not our strength that restores but His grace that renews us.

God invites us to *forget the past mistakes* and embrace what He is doing now. Today, take that first step toward recovery, trusting God's faithfulness to be your foundation. Begin with a heart open to His grace.







Day 1: 🍞 Starting Fresh with God's Grace

Reflect and Apply

1.1	How have I experienced God's compassion during times of struggle?
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2. V	What prevents me from embracing God's new mercies each day?
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3.]	In what ways can I surrender my past failures to God today?
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Day 1: 🍞 Starting Fresh with God's Grace

Journaling Prompts

1.	Write about a recent moment of backsliding and what led to it.
2.	Describe how God's grace has shown up unexpectedly in your life.
3.	List three hopes you have for your spiritual recovery.







Day 1: Fresh with God's Grace

Prayer for Today

Heavenly Father, thank You for Your unfailing compassion and daily mercies. Help me to release past mistakes and rest in Your grace that is sufficient for my weakness. Give me courage to start fresh today, confident in Your faithfulness. Restore my heart and renew my spirit as I journey back to You. In Jesus' name, Amen.

















Your Verse

Proverbs 3:5-6 - "Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight."

Supporting Scriptures

- Isaiah 55:7 "Let the wicked forsake their ways and the unrighteous their thoughts."
- Psalm 32:8 "I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you."







Devotional: Trust God to Lead You Home

Returning from backsliding often feels uncertain, but God promises to guide us when we trust Him. Proverbs encourages us to submit fully, not relying on our limited understanding but on God's perfect wisdom.

Isaiah calls us to forsake wrong paths and renew our hearts, a vital step in recovery. Sometimes the hardest part is turning away from familiar but harmful patterns. Yet God offers a fresh direction.

Psalm 32 reassures us that God doesn't just abandon; He instructs and lovingly watches over us. When we choose to return, we're not alone. Trusting Him to direct our steps sets the foundation for lasting restoration.







Reflect and Apply

	In what ways have I tried to rely on my own understanding rather than God's guidance?
	What steps do I need to take to forsake old patterns and return fully to God?
3.	How can I be more sensitive to God's instruction and counsel?







Journaling Prompts

1.	Write about moments where trusting God led you to peace or clarity.
2.	List areas in your life where you need to submit to God's guidance.
3.	Reflect on fears or doubts blocking your return to God's path.







Prayer for Today

Lord, help me to trust You with all my heart and to submit my ways to You. Teach me to release control and lean on Your wisdom. Guide me away from harmful paths and bring me back to Your loving embrace. Thank You for watching over me and leading me home. Amen. **#**

















Day 3: Facing Our Failures Honestly

Your Verse

Psalm 51:3-4 - "For I know my transgressions, and my sin is always before me. Against you, you only, have I sinned and done what is evil in your sight."

Supporting Scriptures

- 1 John 1:9 "If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness."
- James 5:16 "Therefore confess your sins to each other and pray for each other so that you may be healed."







Day 3: Facing Our Failures Honestly

Devotional: Honest Confession Opens the Way to Healing

The journey of recovery requires us to face our failures with honesty and humility. David's heartfelt confession in Psalm 51 reminds us that recognizing our sins clearly before God is vital for true restoration.

Confession opens the door for God's forgiveness and cleansing, as 1 John reassures us. Avoiding or minimizing sin only delays healing, but voluntarily bringing our faults into the light invites God's transformative power.

James encourages mutual confession and prayer in community—recovery doesn't happen alone. Being honest with ourselves and others fosters healing and strengthens our walk with God.







Day 3: 🍑 Facing Our Failures Honestly

Reflect and Apply

1.	What sins or patterns have I been avoiding acknowledging?
2.	How does confessing to God and others feel for me? Is there resistance?
3.	In what ways could community support aid my recovery process?







Day 3: 🍑 Facing Our Failures Honestly

Journaling Prompts

1.	Write a personal confession prayer to God about your backsliding.
2.	Recall a time when confession led to relief and healing in your life.
3.	Identify someone you can trust to confess to and seek prayer together.







Day 3: Facing Our Failures Honestly

Prayer for Today

Gracious Father, I come before You acknowledging my failures and sins. I ask for Your forgiveness and cleansing. Help me face my shortcomings honestly and accept Your mercy without holding back. Surround me with supportive community to walk this recovery journey. Thank You for Your faithfulness to forgive and heal. In Jesus' name, Amen.







Day 4: 5 Embracing God's Forgiveness









Day 4: Day 5: Embracing God's Forgiveness

Your Verse

Micah 7:18-19 - "Who is a God like you, who pardons sin and forgives the transgression of the remnant of his inheritance? You do not stay angry forever but delight to show mercy."

Supporting Scriptures

- Psalm 103:12 "As far as the east is from the west, so far has he removed our transgressions from us."
- Ephesians 1:7 "In him we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God's grace."







Day 4: Day 5 Embracing God's Forgiveness

Devotional: God Delights in Forgiving You

Forgiveness is the cornerstone of recovery—God's delight is to mercifully pardon us. Micah highlights a God who doesn't hold onto anger but actively removes our sins as a loving Father.

Psalm 103 illustrates the vastness of God's forgiveness, permanently separating us from our sins. This is not just a legal declaration but an enveloping restoration of relationship.

Ephesians anchors forgiveness in Christ's sacrifice, revealing that through Jesus we have full redemption and grace. Embracing this truth breaks chains of guilt and empowers our renewed faith.







Day 4: Day 5: Embracing God's Forgiveness

Reflect and Apply

1.	Do I struggle to accept God's forgiveness fully? Why?
2.	How does knowing God's forgiveness is complete affect my identity?
3.	What steps help me release shame and guilt related to backsliding?







Day 4: Day 5: Embracing God's Forgiveness

Journaling Prompts

1.	Write about what God's forgiveness means to you personally.
2.	Describe barriers you face in embracing forgiveness.
3.	Meditate on Scriptures about forgiveness and record your thoughts.







Day 4: Day 5 Embracing God's Forgiveness

Prayer for Today

Merciful God, thank You for Your abundant forgiveness that removes my transgressions completely. Help me to accept Your mercy without reservation and to let go of guilt that weighs me down. Strengthen me to walk confidently in the new life You give through Jesus. Amen. \bigwedge















Your Verse

Nehemiah 2:17-18 - "You see the trouble we are in... Come, let us rebuild the wall of Jerusalem... Then I told them of the hand of my God on me. They replied, 'Let us start rebuilding.' So they began this good work."

Supporting Scriptures

- Psalm 147:3 "He heals the brokenhearted and binds up their wounds."
- Isaiah 58:12 "Your people will rebuild the ancient ruins and will raise up the age-old foundations."







Devotional: God Helps You Rebuild What's Broken

Recovery often means rebuilding foundations that backsliding has weakened or broken. Nehemiah's leadership to restore Jerusalem's walls symbolizes the courage needed to face brokenness honestly and begin restoration.

God's healing is tender and purposeful, mending the brokenhearted as Psalm 147 affirms. Rebuilding isn't about rushing but steady, faithful work to restore health and strength.

Isaiah encourages us that God's plan includes raising ancient foundations anew, a beautiful promise that our faith can be made stronger through restoration efforts with God's help.







Day 5: Kebuilding Broken Foundations

Reflect and Apply

1.	What areas of my spiritual foundation need rebuilding?
2.	How can I rely on God's healing as I rebuild?
3.	What encouraging 'walls' or supports can I establish for my faith?







Day 5: Kebuilding Broken Foundations

Journaling Prompts

1.	Identify broken areas in your faith journey to rebuild.
2.	List ways God has healed your heart in the past.
3.	Plan practical steps to strengthen your spiritual foundation.







Prayer for Today

















Day 6:
Anchoring Hope in God

Your Verse

Hebrews 6:19 – "We have this hope as an anchor for the soul, firm and secure."

Supporting Scriptures

- Romans 15:13 "May the God of hope fill you with all joy and peace as you trust in him."
- Psalm 39:7 "But now, Lord, what do I look for? My hope is in you."







Day 6: & Anchoring Hope in God

Devotional: Let God Be Your Steadfast Anchor

Hope is the anchor that keeps us steady when the waves of doubt and despair threaten to overwhelm. Hebrews reminds us that this hope is unwavering, rooted firmly in God's promises.

Paul prays that God, the source of hope, fills us with joy and peace, emphasizing that trusting God is central to spiritual recovery.

David's heartfelt declaration shows that when all else fails, placing hope in God stabilizes us. Recovery involves continually anchoring hope in Him even when progress feels slow.







Day 6: 🚯 Anchoring Hope in God

Reflect and Apply

1.	Where do I place my hope during times of spiritual struggle?
2.	How does hope affect my motivation to pursue recovery?
3.	What practices can strengthen my hope in God daily?







Day 6: 🚯 Anchoring Hope in God

Journaling Prompts

1.	Write about how God has been an anchor for your soul.
2.	Describe moments when hope helped you persevere.
3.	List scriptures that build your hope and memorize one.







Day 6:
Anchoring Hope in God

Prayer for Today







Day 7: Rekindling Your Spiritual Passion









Day 7: A Rekindling Your Spiritual Passion

Your Verse

Revelation 3:15–16 – "I know your deeds, that you are neither cold nor hot... So, because you are lukewarm... I am about to spit you out of my mouth."

Supporting Scriptures

- Romans 12:11 "Never be lacking in zeal, but keep your spiritual fervor, serving the Lord."
- Psalm 51:10 "Create in me a pure heart, O God, and renew a steadfast spirit within me."







Day 7: A Rekindling Your Spiritual Passion

Devotional: Fan the Flame of Your Faith Anew

Backsliding can often dull our spiritual fervor, leaving us lukewarm. Jesus calls us to examine our spiritual temperature honestly, challenging us to be fully engaged with Him.

Paul reminds believers to maintain zeal and fervor, not allowing enthusiasm for God to wane. Rekindling passion requires intentional effort and openness to God's renewing Spirit.

David's prayer in Psalm 51 is a powerful model, asking God to create a pure heart and renew a steadfast spirit—key ingredients for a passionate faith. Recovery includes asking God to fan the flames of love and devotion within us.







Day 7: 🖰 Rekindling Your Spiritual Passion

Reflect and Apply

1.	How would I describe the current passion of my faith?
2.	What practices ignite or extinguish my spiritual zeal?
3.	In what ways can I ask God to renew my devotion?







Day 7: 🖰 Rekindling Your Spiritual Passion

Journaling Prompts

1.	Recall moments when your faith burned brightly; what sparked it?
2.	Write a prayer asking God to renew a steadfast spirit.
3.	Identify distractions or habits that cool your passion.







Day 7: 🔥 Rekindling Your Spiritual Passion

Prayer for Today

Spirit of God, rekindle the fire of my faith and remove any lukewarmness. Create in me a pure heart and renew a steadfast spirit within me. Ignite a passion to serve You wholeheartedly every day. In Jesus' name, Amen. 🖰 🙏

















Your Verse

1 Corinthians 10:13 - "No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear."

Supporting Scriptures

- James 4:7 "Submit yourselves, then, to God. Resist the devil, and he will flee from you."
- Ephesians 6:11 "Put on the full armor of God so that you can take your stand against the devil's schemes."







Devotional: Equip Yourself to Resist Temptation

Backsliding often involves resurgent temptations that feel overwhelming. Paul assures us that God is faithful and limits the intensity of temptation so it's bearable with His help.

James instructs us to submit fully to God and actively resist the devil, promising that the enemy will flee. This is an empowered posture that requires both surrender and boldness.

Ephesians personifies this struggle as spiritual warfare, urging us to 'put on the full armor of God.' Recovery means standing firm, equipped with God's protection and strength to resist temptation.







Reflect and Apply

1.	Where am I vulnerable to temptation in my recovery journey?
2.	How can I better submit to God daily to combat the enemy?
3.	What spiritual 'armor' am I neglecting to use?







Journaling Prompts

1.	List common temptations you face and how you respond.
2.	Describe your current spiritual armor and areas to strengthen.
3.	Write a commitment to daily submission and resistance.







Prayer for Today

Father God, thank You for Your faithfulness in temptation. Help me to recognize and put on Your armor daily. Teach me to submit fully to You and resist the enemy's schemes so he will flee. Strengthen my resolve to stand firm in faith. Amen. ① 🙏 💪







Day 9: Cultivating New Habits of Faith









Day 9: **B** Cultivating New Habits of Faith

Your Verse

Romans 12:2 - "Do not conform to the pattern of this world, but be transformed by the renewing of your mind."

Supporting Scriptures

- Philippians 4:8 "Whatever is true, noble, right...think about such things."
- Colossians 3:2 "Set your minds on things above, not on earthly things."







Day 9: **B** Cultivating New Habits of Faith

Devotional: Renew Your Mind and Transform Habits

Recovery involves transformation—shifting from old patterns to new habits aligned with God's will. Paul urges us not to copy worldly ways but to renew our minds through God's truth.

Dwelling on what is true and noble, as Paul suggests, refocuses our thoughts and emotions on what uplifts our faith. This mental discipline is key to lasting change.

Setting our minds on heavenly things puts fleshly temptations and distractions into perspective. Habitual meditation on God's Word reshapes attitudes, actions, and heart desires over time.







Day 9: 💋 Cultivating New Habits of Faith

Reflect and Apply

1.	What worldly patterns do I need to stop conforming to?
2.	How do my thoughts support or hinder my recovery?
3.	Which godly habits can I cultivate starting today?







Day 9: 💋 Cultivating New Habits of Faith

Journaling Prompts

1.	Identify old habits linked to backsliding and replacement habits.
2.	Write a list of truths from Scripture to meditate on daily.
3.	Plan a simple daily habit that nurtures your faith.







Day 9: **B** Cultivating New Habits of Faith

Prayer for Today

Lord, transform my mind and help me reject worldly patterns. Fill my thoughts with what is true and noble. Guide me to develop new habits that honor You and strengthen my faith. Renew my spirit daily through Your Word. Amen. ****** \(\mathcal{L} \)















Your Verse

Ecclesiastes 4:9-10 - "Two are better than one, because they have a good return for their labor: If either of them falls down, one can help the other up."

Supporting Scriptures

- Galatians 6:2 "Carry each other's burdens, and in this way you will fulfill the law of Christ."
- James 5:16 "Therefore confess your sins to each other and pray for each other so that you may be healed."







Devotional: The Power of Godly Community

Recovery is not meant to be walked alone. Ecclesiastes highlights the value of companionship, especially when we stumble. Having someone to help lift us speeds healing and encourages perseverance.

Galatians calls us to carry burdens together, embodying Christ's love through mutual support. Accountability partners provide prayer, encouragement, and wise counsel crucial during vulnerable times.

James emphasizes confession and prayer within community, a powerful practice to restore honesty and connection. Surrounding ourselves with trusted believers strengthens our recovery journey.







Reflect and Apply

1.	Who in my life can support and encourage my faith recovery?
2.	Am I willing to be honest and vulnerable about my struggles?
3.	How can I also be a support to others in their faith journey?







Journaling Prompts

1.	List potential accountability partners and ways to reach out.
2.	Describe your current support system and gaps to fill.
3.	Write a prayer asking God to connect you to helpful community.







Prayer for Today

Lord, thank You for the gift of community. Lead me to trusted brothers and sisters who will support and pray for me. Help me be open and accountable, and empower me to encourage others in their walks. Bind us together in Your love. Amen. \heartsuit \heartsuit \diamondsuit















Your Verse

John 7:38 – "Whoever believes in me, as Scripture has said, rivers of living water will flow from within them."

Supporting Scriptures

- Isaiah 58:11 "The Lord will guide you always; he will satisfy your needs in a sun-scorched land and will strengthen your frame."
- Psalm 23:3 "He restores my soul."







Devotional: Let God's Living Water Revive You

Backsliding can leave our spirit dry and weary, but Jesus promises living water—a source of renewal and vitality. Believing in Him releases continuous nourishment that refreshes the soul.

Isaiah paints a powerful picture of God guiding and strengthening even in spiritual droughts. His presence satisfies our deepest needs and revives our strength.

Like the psalmist, we can declare that God restores our soul fully. Recovery involves drinking deeply from God's sustaining grace every day to regain vibrant spiritual health.







Reflect and Apply

1.	Where do I feel spiritually dry, and how can I seek God's living water?
2.	How does God's restoration show up in your life?
3.	What daily practices help you stay spiritually refreshed?







Journaling Prompts

1.	Describe what 'living water' means to you personally.
2.	Recall a time when God's restoration was evident in your life.
3.	Plan simple habits to 'drink' from God daily.







Prayer for Today

Jesus, I thirst for Your living water to refresh and restore me. Fill my soul with Your strength and guide me through dry seasons. Restore my vitality so I may serve You joyfully. Thank You for being my ever-flowing source of life. Amen.



















Day 12: A Embracing God's New Beginnings

Your Verse

2 Corinthians 5:17 – "Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!"

Supporting Scriptures

- Isaiah 43:19 "See, I am doing a new thing! Now it springs up; do you not perceive it?"
- Ephesians 4:22–24 "Put off your old self...and put on the new self, created to be like God in true righteousness and holiness."







Devotional: Step Into God's New Creation for You

God's work in recovery is about making us new creations, leaving the old patterns behind. Paul exclaims that in Christ, old things are gone and new things have arrived—a powerful truth to embrace.

Isaiah announces God's ongoing work to bring new beginnings, inviting us to see and perceive His movement in our lives.

Ephesians calls for intentional putting off of the old self and clothing ourselves with the new, reflecting God's righteousness. Recovery is more than returning—it's transformation into who God designed us to be.







Reflect and Apply

1.	What old habits or mindsets do I need to let go of completely?
2.	How do I perceive God's new work in my life?
3.	What does it mean to put on the new self in practical ways?







Journaling Prompts

1.	Write about aspects of your life God is making new.
2.	Describe challenges in fully letting go of the old self.
3.	List ways you can daily 'put on' the new self.







Prayer for Today

Lord, thank You for making me a new creation in Christ. Help me put off old habits and fully embrace the new life You give. Open my eyes to Your new work and empower me to live in true righteousness and holiness. Amen. \triangle









Day 13: A Patient Perseverance in Healing









Day 13: △ Patient Perseverance in Healing

Your Verse

James 1:2-4 - "Consider it pure joy...whenever you face trials of many kinds, because the testing of your faith produces perseverance."

Supporting Scriptures

- Galatians 6:9 "Let us not become weary in doing good, for at the proper time we will reap a harvest."
- Romans 5:3-5 "Suffering produces perseverance; perseverance, character; and character, hope."







Day 13: △ Patient Perseverance in Healing

Devotional: Trust God's Timing with Patient Perseverance

Recovery seldom happens overnight; perseverance through trials builds character and hope. James encourages us to find joy in testing, understanding it grows patience and strengthens faith.

Paul exhorts believers not to grow weary, promising that persistence yields a harvest in God's timing.

Romans describes a progression: suffering crafts perseverance, which forms character and culminates in hope. This perspective reframes hardship as purposeful and essential in recovery.







Day 13: • Patient Perseverance in Healing

Reflect and Apply

1.	How do I respond to setbacks during recovery?
2.	What can I learn from trials about my faith and character?
3.	How can I cultivate joy and hope amid challenges?







Day 13: △ Patient Perseverance in Healing

Journaling Prompts

1.	Record a difficult trial that ultimately strengthened your faith.
2.	Write about strategies to persevere without becoming discouraged.
3.	Reflect on the hope that trials have produced in your life.







Day 13: △ Patient Perseverance in Healing

Prayer for Today

God, give me patience and joy in the trials I face. Help me to persevere faithfully, knowing You are producing a harvest in Your perfect time. Strengthen my character and fill me with hope as I continue this journey of recovery. Amen. $\mathbb{Z} \bigwedge \mathcal{L}$







Day 14: Repentance: Turning Back Fully









Day 14: C Repentance: Turning Back Fully

Your Verse

Acts 3:19 - "Repent, then, and turn to God, so that your sins may be wiped out."

Supporting Scriptures

- 2 Chronicles 7:14 "If my people...will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven."
- Luke 15:10 "There is rejoicing in the presence of the angels of God over one sinner who repents."







Day 14: Co Repentance: Turning Back Fully

Devotional: Turn Fully Toward God in Repentance

True recovery involves heartfelt repentance—a complete turning away from sin and toward God. Acts calls for repentance leading to wiping away of sins and refreshing with God's mercy.

2 Chronicles adds that humility, prayer, and seeking God's face accompany repentance—a holistic return to God's presence.

Jesus' parable highlights the joy in heaven when even one sinner turns back, reminding us that our repentance brings celebration in the spiritual realm.







Day 14: 🖸 Repentance: Turning Back Fully

Reflect and Apply

1.	Is my repentance wholehearted or partial? What might hold me back?
2.	How do humility and prayer deepen my repentance?
3.	What does knowing heaven rejoices over my repentance mean to me?







Day 14: 🖸 Repentance: Turning Back Fully

Journaling Prompts

1.	Write honestly about areas needing fuller repentance.
2.	Describe how seeking God's face affects your recovery.
3.	Record your feelings about God's joy over your return.







Day 14: C Repentance: Turning Back Fully

Prayer for Today

Merciful God, I repent fully and turn toward You with a humble heart. Cleanse me from my sins and restore my relationship with You. Help me seek Your presence continually and walk in Your ways. Thank You for the joy You show over my return. Amen. \bigcirc \bigcirc \bigcirc









Day 15: Day Rooted in God's Word









Day 15: Rooted in God's Word

Your Verse

Psalm 119:105 - "Your word is a lamp to my feet and a light to my path."

Supporting Scriptures

- Matthew 4:4 "Man shall not live on bread alone, but on every word that comes from the mouth of God."
- Joshua 1:8 "Keep this Book of the Law always on your lips; meditate on it day and night."







Day 15: Rooted in God's Word

Devotional: Let Scripture Guide and Nourish You

God's Word is vital nourishment and guidance for recovery from backsliding. The psalmist affirms that Scripture illuminates our path, helping avoid spiritual missteps.

Jesus emphasizes that spiritual life depends on every word from God, not just physical sustenance.

Joshua encourages constant meditation on Scripture, ensuring our steps are ordered by His truth. Daily engagement with God's Word transforms heart and mind to keep us steady on the recovery path.







Day 15: 🔲 Rooted in God's Word

Reflect and Apply

1.	How regularly do I immerse myself in God's Word?
2.	What scriptures have guided me out of spiritual darkness?
3.	How can I develop a consistent habit of meditating on Scripture?







Day 15: Rooted in God's Word

Journaling Prompts

1.	Write about a favorite Bible verse that brings comfort and guidance.
2.	Plan a daily time for Scripture reading and meditation.
3.	Record insights or questions from recent Bible readings.







Day 15: Rooted in God's Word

Prayer for Today

Lord, let Your Word be a lamp to my feet and a light to my path. Feed my soul with every word You speak. Teach me to meditate on Scripture day and night that I may walk steadily in Your truth. Amen. \square \nearrow \bigcirc







Day 16: Restoring Worship and Praise









Day 16: B Restoring Worship and Praise

Your Verse

Psalm 34:1 - "I will extol the Lord at all times; his praise will always be on my lips."

Supporting Scriptures

- Hebrews 13:15 "Through Jesus, therefore, let us continually offer to God a sacrifice of praise."
- Psalm 100:4 "Enter his gates with thanksgiving and his courts with praise."







Day 16: B Restoring Worship and Praise

Devotional: Praise as a Pathway to Restoration

Worship is a powerful way to reconnect with God and heal after backsliding. The psalmist commits to constant praise, which shifts our focus from struggles to God's greatness.

Hebrews invites us to offer praise continually through Jesus—worship saturates our recovery process.

Enter God's presence with thanksgiving and praise as Psalm 100 encourages, welcoming the joy and peace that flow from worship. Even small acts of worship rebuild intimacy with God.







Day 16: **A** Restoring Worship and Praise

Reflect and Apply

1.	How has worship impacted my faith in difficult seasons?
2	What barriers provent me from praising Cod regularly?
۷.	What barriers prevent me from praising God regularly?
3.	How can I make praise a daily habit during recovery?







Day 16: B Restoring Worship and Praise

Journaling Prompts

1.	Write about a worship experience that restored your spirit.
2.	List songs, prayers, or hymns that encourage your soul.
3.	Plan a personal or group worship time this week.







Day 16: **The Restoring Worship and Praise**

Prayer for Today

God, I choose to praise You at all times, restoring my heart through worship. May my lips always declare Your goodness. Fill me with joy as I enter Your presence with thanksgiving. Use my praise to heal and strengthen me. Amen.



















Day 17: Day Listening for God's Voice

Your Verse

John 10:27 - "My sheep listen to my voice; I know them, and they follow me."

Supporting Scriptures

- Isaiah 30:21 "Whether you turn to the right or to the left, your ears will hear a voice behind you, saying, 'This is the way; walk in it.'"
- Psalm 46:10 "Be still, and know that I am God."







Day 17: E Listening for God's Voice

Devotional: Hear and Follow God's Tender Guidance

Recovery deepens through listening for God's voice amid the noise of life. Jesus describes His followers as sheep who know and follow His voice—a model for attentive dependence.

Isaiah promises divine guidance in every direction we face; God's voice directs our steps to healing.

Psalm 46 invites us to be still—silencing distractions to recognize God's presence and guidance. Practicing stillness and listening fosters intimacy and clarity in the recovery process.







Day 17: 💬 Listening for God's Voice

Reflect and Apply

1.	How often do I take intentional time to listen to God's voice?
2.	What distractions or fears hinder my ability to be still before God?
3.	How can I discern God's guidance more clearly?







Day 17: 💬 Listening for God's Voice

Journaling Prompts

1.	Describe a time you recognized God's voice directing your life.
2.	Write about ways to practice stillness and listening regularly.
3.	Record any recent impressions or insights you believe are from God.







Day 17: 💬 Listening for God's Voice

Prayer for Today

Lord Jesus, speak clearly to me as Your sheep that I may follow Your voice with confidence. Help me be still and attentive so I can hear Your guidance amidst life's noise. Lead me step by step on the way of recovery. Amen.

















Day 18: A Renewed Joy in the Lord

Your Verse

Nehemiah 8:10 - "The joy of the Lord is your strength."

Supporting Scriptures

- Psalm 16:11 "In your presence there is fullness of joy; at your right hand are pleasures forevermore."
- John 15:11 "I have told you this so that my joy may be in you and that your joy may be complete."







Day 18: * Renewed Joy in the Lord

Devotional: Draw Strength from God's Joy

Joy is not just an emotion but the strength God supplies to sustain us in recovery. Nehemiah reminds us that joy rooted in God empowers us beyond physical or emotional weakness.

Psalm 16 promises fullness of joy in God's presence, an everlasting satisfaction beyond circumstances.

Jesus desires that His joy dwell within us, making us complete and resilient. Seeking joy in the Lord restores hope and refreshes our spirit as we recover.







Day 18: Tenewed Joy in the Lord

Reflect and Apply

1.	Where do I currently find my joy?
2.	How can I cultivate deeper joy rooted in God's presence?
3.	What role does joy play in sustaining my recovery?







Day 18: Tenewed Joy in the Lord

Journaling Prompts

1.	Write about times when God's joy strengthened you.
2.	List activities or practices that connect you to God's joy.
3.	Reflect on what 'completeness' of joy looks like in your life.







Day 18: A Renewed Joy in the Lord

Prayer for Today

Joyful God, fill me with Your strength and joy today. Help me find pleasure and peace in Your presence. Let Your joy dwell fully within me, renewing my heart and sustaining my faith as I recover. Amen. ***** 🛴 😊







Day 19: P Living by Faith, Not Sight









Day 19: O Living by Faith, Not Sight

Your Verse

2 Corinthians 5:7 - "For we live by faith, not by sight."

Supporting Scriptures

- Hebrews 11:1 "Now faith is confidence in what we hope for and assurance about what we do not see."
- Romans 8:24–25 "For in this hope we were saved. But hope that is seen is no hope at all."







Day 19: O Living by Faith, Not Sight

Devotional: Trust God Beyond What You See

Recovery often requires trusting God beyond what we can see or feel. Paul reminds us that living by faith means relying on God's promises even when circumstances look discouraging.

Hebrews defines faith as confidence and assurance, a firm trust in the unseen realities of God's plan.

Romans teaches that hope is essential—hope that is unseen empowers us to persevere. Faith bridges the gap between current struggles and eternal promises.







Day 19: 🖓 Living by Faith, Not Sight

Reflect and Apply

1.	When have I struggled to live by faith and not sight?
2.	How does hope strengthen my faith amid uncertainty?
3.	What scriptures or experiences help me trust God more?







Day 19: 🖓 Living by Faith, Not Sight

Journaling Prompts

1.	Write about a challenging situation where faith carried you through.
2.	List promises from Scripture that build your confidence in God.
3.	Reflect on fears or doubts that faith can overcome.







Day 19: Q Living by Faith, Not Sight

Prayer for Today

Faithful God, teach me to live by faith and not be shaken by what I see. Strengthen my hope and confidence in Your promises. Help me trust Your unseen plan as I continue on this path of recovery. Amen. ?















Your Verse

Lamentations 3:22 – "Because of the Lord's great love we are not consumed, for his compassions never fail."

Supporting Scriptures

- Deuteronomy 7:9 "The Lord your God is God; he is the faithful God, keeping his covenant for a thousand generations."
- Psalm 89:1 "I will sing of the Lord's great love forever; with my mouth I will make your faithfulness known through all generations."







Devotional: Give Thanks for God's Unchanging Faithfulness

As recovery nears completion, it's vital to celebrate God's unwavering love and faithfulness. Lamentations highlights that God's compassion prevents us from being destroyed, a reason for gratitude and trust.

God is faithful, always keeping His covenant—a promise extended across generations.

Praise and celebration of God's faithfulness reinforce our hope and remind us that we are part of a larger story marked by His steady love.







Reflect and Apply

1.	How have I experienced God's faithfulness during my recovery?
2.	In what ways can I celebrate and share these testimonies?
3.	How does remembering God's faithfulness impact my trust?







Journaling Prompts

1.	Write a thanksgiving list for God's faithfulness in your journey.
2.	Describe the covenant promises that encourage you today.
3.	Plan a way to share your testimony of recovery with others.







Prayer for Today

Faithful Lord, I celebrate Your great love and everlasting compassion. Thank You for keeping Your promises and sustaining me. Help me never forget Your faithfulness and to share Your goodness with others. May my life glorify You always. Amen.

















Day 21: Moving Forward in Victory

Your Verse

Romans 8:37 - "In all these things we are more than conquerors through him who loved us."

Supporting Scriptures

- Philippians 3:13–14 "Forgetting what is behind and straining toward what is ahead...I press on toward the goal."
- 2 Timothy 1:7 "For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline."







Day 21: Moving Forward in Victory

Devotional: Press On Courageously Toward New Horizons

Your recovery journey culminates in victory through Christ's love and power. Paul encourages believers that we are more than conquerors, a reminder that past struggles do not define our future.

Pressing forward, forgetting what's behind, embodies a forward-focused faith that pursues growth and purpose.

God's Spirit empowers us with courage, love, and discipline, equipping us to face whatever lies ahead boldly and faithfully as victorious children of God.







Day 21: 💋 Moving Forward in Victory

Reflect and Apply

1.	What victories can I celebrate from my recovery journey?
3.	How can I keep pressing forward in faith and discipline?
	In what ways does God's power enable me to overcome future challenges?







Day 21: 💋 Moving Forward in Victory

Journaling Prompts

1.	List personal victories and lessons learned during recovery.
2	Write goals for continuing enigitual groups by with Cod's halp
۷.	Write goals for continuing spiritual growth with God's help.
3.	Reflect on how God's Spirit empowers your daily life.







Day 21: Moving Forward in Victory

Prayer for Today

Victorious God, thank You for making me more than a conqueror. Help me forget the past and press on with strength, love, and discipline from Your Spirit. Empower me daily to walk boldly into the future You have prepared. I trust in Your unfailing love. Amen.







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