



Rooted as Children of God



Discover your true identity and security as a beloved child of God, finding belonging in His family rather than seeking approval elsewhere.



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Introduction

Being a teenager is full of changes, challenges, and questions about identity. Many teens wrestle with where they fit in the world, often searching for acceptance from peers, social groups, or trends. But the Bible offers an unshakable truth: *you are a child of God*. This identity comes with a deep sense of security, belonging, and purpose that no earthly connection can provide.

In this 3-day study, we will explore what it means to be adopted into God's family through faith. You will be invited to reflect on how God's love defines your worth and shapes your path. Rather than trying to conform to the expectations of the world or seeking approval from others, you can stand confidently in the love of your Heavenly Father.

Remember, being a child of God means never being alone or rejected — you have a Father who delights in you, who is always with you, and who calls you His own. As you dig into Scripture and prayer, may you find fresh hope and courage to live authentically as God's beloved teen.

Let's begin this journey of discovering your true and secure identity in God's family!





Day 1: Embraced by God's Love



Day 1:  Embraced by God's Love

Your Verse

Romans 8:15 – “The Spirit you received does not make you slaves, so that you live in fear again; rather, the Spirit you received brought about your adoption to sonship.”

Supporting Scriptures

- *Galatians 4:7 – “So you are no longer a slave, but God’s child; and since you are his child, God has made you also an heir.”*
- *1 John 3:1 – “See what great love the Father has lavished on us, that we should be called children of God!”*



Devotional: Finding Security in God's Unconditional Love

Have you ever felt like you didn't quite fit in or that you had to earn your place around others? That's a common feeling, especially as a teen navigating relationships and social pressures. But God's love is different: it's unconditional and it welcomes you fully.

Romans 8:15 tells us we have received the Spirit of adoption. When we believe in Jesus, we're not slaves to fear or trying to prove ourselves — we become God's own children! This is a status granted freely, not earned by performance or popularity.

Imagine being fully embraced by the Creator of the universe, not because of what you do but because of who you are — His child. This love doesn't depend on anyone else's acceptance or your own perfection. It's a secure place where you belong forever.

As you move through today, reflect on this: What would it feel like to fully accept that God loves you as His child? Can you lean into His embrace when loneliness or rejection come? God's love is a firm foundation that never changes.



Day 1: 🌿 Embraced by God's Love

Reflect and Apply

1. How does knowing you are God's child change the way you see yourself?

2. What fears or insecurities can you release by trusting in God's adoption?

3. In what ways can you remind yourself daily of your place in God's family?



Day 1: 🌿 Embraced by God's Love

Journaling Prompts

1. Write about a time you felt accepted or rejected by others and how God's love compares.

2. List qualities of God's love that bring you peace and hope.

3. Describe what being a child of God means to you personally today.



Day 1: 🌿 Embraced by God's Love

Prayer for Today

Dear Heavenly Father, thank You for adopting me into Your family and loving me unconditionally. Help me to rest in that love when I feel unsure or alone. Teach me to see myself through Your eyes — as deeply valued and secure. May Your Spirit remind me daily that I belong to You and nothing can change that. Guide me to live confidently as Your child, shining Your love to those around me. In Jesus' name, *amen*.





Day 2: Secure in God's Family



Your Verse

Ephesians 2:19 – "Consequently, you are no longer foreigners and strangers, but fellow citizens with God's people and also members of his household."

Supporting Scriptures

- *John 1:12 – "Yet to all who did receive him, to those who believed in his name, he gave the right to become children of God."*
- *Psalms 68:5 – "A father to the fatherless, a defender of widows, is God in his holy dwelling."*



Devotional: Living Confidently in God's Household

Feeling like you truly belong is a deep human need. When you know you belong to God's family, it changes how you approach life's challenges and relationships. Ephesians 2:19 reminds us that as believers, we aren't isolated strangers but valued members of God's household — a spiritual family bonded together in love.

Belonging in God's family means there is a place where you are understood, accepted, and cared for, even if the world pushes you away. No matter your background or past mistakes, God welcomes you with open arms.

This security means that your worth is not tied to popularity, social media likes, or fitting into a certain crowd. You are a royal member of God's kingdom, loved deeply and indefinitely. When temptation to compare yourself or conform arises, remember that your greatest identity is found in Him.

Take time today to lean into the security of God's family. Consider what it means to live openly as His child and how you can extend that belonging and grace to others.



Reflect and Apply

1. What does it mean to you to be a member of God's household?

2. How can this truth help you face moments of loneliness or rejection?

3. In what ways can you foster a sense of belonging for others around you?



Journaling Prompts

1. Describe how life might change if you truly believed you belong to God's family.

2. Write about ways you experience God's acceptance and care.

3. List ways you can show kindness to people who feel like outsiders.



Day 2: 🛡️ Secure in God's Family

Prayer for Today

Father God, thank You for welcoming me into Your household and making me part of Your family. Help me to live in the confidence and security that comes from belonging to You. When I feel like an outsider, remind me of my true place with You. Give me courage to show Your love to those who feel rejected or alone. May Your Spirit guide me to reflect the warmth and welcome of Your family always. In Jesus' name, *amen*.





Day 3: ✨ Living Out Your Identity



Your Verse

1 John 3:2 – "Dear friends, now we are children of God, and what we will be has not yet been made known. But we know that when Christ appears, we shall be like him."

Supporting Scriptures

- *Colossians 3:12 – "Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience."*
- *2 Corinthians 5:17 – "If anyone is in Christ, the new creation has come: The old has gone, the new is here!"*



Devotional: Reflecting God's Love Through Your Life

Knowing you are a child of God is just the beginning — it also shapes how you live. One day, when Jesus returns, we will be fully like Him. Until then, we are called to grow in His love and character.

1 John 3:2 encourages us to keep our focus on this hope and identity. As God's chosen and dearly loved people (Colossians 3:12), your life reflects the heart of the Father when you demonstrate compassion, kindness, and humility.

Being a child of God means walking daily in the freedom of being a new creation (2 Corinthians 5:17). Your identity is no longer defined by past mistakes or by pressures from the world but by the transforming power of Jesus.

Today, ask yourself: How can I live in a way that honors my identity as God's child? What attitudes and actions reflect God's love in my life? This journey of growing more like Christ is a beautiful expression of your belonging to His family.



Reflect and Apply

1. How does your identity as God's child influence your daily choices?

2. What characteristics of Christ do you want to grow in this year?

3. How can you show God's love to others in practical ways?



Journaling Prompts

1. Write about areas where you see God transforming you.

2. List actions you can take to reflect Christ's love this week.

3. Reflect on what it means to be a new creation in Christ.



Day 3: ✨ Living Out Your Identity

Prayer for Today

Lord Jesus, thank You for making me Your child and giving me a new identity in You. Help me to grow in compassion, kindness, and humility as I live each day for You. Teach me to reflect Your love in my words and actions so others see Your light through me. Strengthen me to walk in the freedom of the new creation I am in You. May my life bring glory to Your name. *Amen.*





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