# Rooted in Faith: Teaching Our Granddaughters Biblical Foundations



A 7-day plan guiding grandparents to teach biblical literacy about women with wisdom, grace, and Scripture.





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#### Introduction

Welcome to this special 7-day Bible study plan designed for grandparents who desire to lay a strong biblical foundation for their grandchildren, especially granddaughters. Understanding the role of women in Scripture not only enhances biblical literacy but also highlights God's design, purpose, and calling for women throughout history and today.

Teaching grandchildren to study the Bible well means helping them see the richness and beauty of Scripture, connecting the stories and lessons about women in the Bible with their own life journey. This plan invites you to engage deeply with God's Word and empowers you to pass on timeless truths with clarity and love.

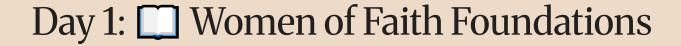
Each day offers a focused Scripture passage, supporting verses, a devotional designed to model reflection, and thought-provoking questions to spark meaningful conversations. Through this journey, both you and your grandchildren will discover how women in the Bible exemplify faith, courage, wisdom, and compassion.

As you embark on these seven days together, may you feel inspired and equipped to nurture biblical literacy, laying deep roots that will flourish in your grandchildren's hearts for a lifetime. Let's explore God's Word with reverence and joy, fostering both understanding and love for His divine design in women.

















#### Your Verse

Hebrews 11:1 NIV – "Now faith is confidence in what we hope for and assurance about what we do not see."

#### **Supporting Scriptures**

- Proverbs 31:25 "She is clothed with strength and dignity; she can laugh at the days to come."
- Psalm 46:5 "God is within her, she will not fall; God will help her at break of day."







# Devotional: Understanding Faith: Women in God's Story

**Faith is the foundation of every believer's walk.** Hebrews 11:1 reminds us that faith is a confident assurance in God, even when we cannot see the full picture. The Bible introduces us to many women who embodied this faith, such as Sarah, Ruth, and Esther, each demonstrating unwavering trust in God's plan.

Teaching grandchildren about these women shows how faith isn't just abstract but deeply practical, influencing decisions, courage, and character. Proverbs 31 highlights a woman of strength and dignity who depends on God's provision and help (Psalm 46:5). These verses help lay the groundwork by showing faith's strength in a woman's life.

When you share these stories and verses with your grandchildren, emphasize how faith connects us to God's promises. Encourage questions and curiosity, helping them to see faith not only as a biblical concept but as a living, personal relationship with God.

Faith builds our foundation—both for women in the Bible and for your grandchildren today.







### Reflect and Apply

	How has faith been a foundation in your life, and how can you share this with your grandchild?
2.	What qualities in the women of Hebrews 11 inspire you about faith?
	How can you help your grandchild see faith as a personal journey and not just a story?







### **Journaling Prompts**

1.	Describe a time when faith helped you overcome a challenge.
2.	Write about a biblical woman who inspires you and why.
3.	List practical ways you can teach your grandchild about faith this week.







#### Prayer for Today

Lord, thank You for the gift of faith that enables us to trust in Your promises.

Help us as grandparents to nurture this faith in our grandchildren, showing them through Your Word and our lives what it truly means to walk by faith. May the examples of women like Sarah, Ruth, and Esther ignite a passion for Your truths in their hearts. Empower us to be patient teachers and loving guides in this journey. *In Jesus' name, Amen.*  $\bigwedge$   $\square$   $\diamondsuit$ 

















Day 2: n Teaching with Wisdom and Grace

#### Your Verse

Proverbs 31:26 NIV - "She speaks with wisdom, and faithful instruction is on her tongue."

#### **Supporting Scriptures**

- Titus 2:3-5 "Teach what is good... trains the younger women to love their husbands and children."
- Deuteronomy 6:6-7 "Impress them on your children. Talk about them when you sit..."







Day 2: n Teaching with Wisdom and Grace

#### Devotional: Wisdom in Teaching Life and Scripture

Proverbs 31 reveals the heart of a woman who combines wisdom with teaching. This wisdom isn't just intellectual know-how but godly insight mixed with love and grace. God calls women, especially those with experience and faith, to instruct the younger generation with care and authenticity (Titus 2:3–5).

As grandparents, one of the greatest gifts we offer is the teaching of God's Word modeled in daily life—whether around the dinner table, during quiet moments, or through stories. Deuteronomy 6 teaches us that biblical truths should be woven throughout our conversations and daily routines.

Teaching children and grandchildren requires patience, humility, and reliance on the Holy Spirit to guide our words. Let your speech be seasoned with grace, enabling your grandchildren to receive instruction joyfully and build their own foundations of biblical literacy.

Remember, it's not just what we say but how we live that makes the fullest impact. Your consistent example of faith and wisdom can inspire a lifelong love for Scripture.







Day 2: 🚹 Teaching with Wisdom and Grace

### Reflect and Apply

	How do you currently incorporate teaching Scripture into everyday moments with your grandchildren?
2	What does it mean to teach with wisdom and grace in your family
	context?
	How might you cultivate a teaching atmosphere that encourages questions and grows faith?







Day 2: 🚹 Teaching with Wisdom and Grace

### **Journaling Prompts**

	Recall a biblical lesson you learned from a wise woman and describe its impact.
	Write down three practical ways to teach your grandchild about God this week.
3.	Reflect on how your words and actions can reflect wisdom and grace.







Day 2: n Teaching with Wisdom and Grace

#### Prayer for Today

Father, thank You for the wisdom You provide through Your Word. Help me to teach my grandchildren with love, patience, and understanding. May my words be a faithful instruction that builds strong roots in their hearts. Equip me to live an example of grace and truth, so they learn not only from what I say but how I live. Strengthen our bond and deepen their desire to know You. *In Christ's name, Amen.* 







## Day 3: 🥰 Strength & Dignity in God's Plan









Day 3: W Strength & Dignity in God's Plan

#### Your Verse

Proverbs 31:25 NIV – "She is clothed with strength and dignity; she can laugh at the days to come."

#### **Supporting Scriptures**

- Psalm 46:5 "God is within her, she will not fall; God will help her at break of day."
- Isaiah 40:31 "Those who hope in the Lord will renew their strength."







Day 3: 🥰 Strength & Dignity in God's Plan

#### Devotional: Living with Strength and Dignity

#### Strength and dignity are hallmarks of the woman described in Proverbs 31.

These qualities come not from self-reliance but from a relationship with God who clothes her in confidence and courage. This biblical portrait encourages women and girls to face the future without fear, knowing God is their help and refuge.

Your grandchildren, especially granddaughters, need to hear and see that real strength is spiritual and rooted in hope (Isaiah 40:31). Teaching this truth empowers them to navigate life's uncertainties with laughter and joy, not anxiety.

Emphasize with your grandchildren how dignity flows from understanding their value as God's beloved daughters. When they internalize this, they can stand firm and reflect God's glory in their character and actions.

May your lessons reinforce that strength and dignity come from God's presence and promises, inspiring confidence in your grandchildren's identity in Christ.







Day 3: 🖏 Strength & Dignity in God's Plan

### Reflect and Apply

1.	What does strength and dignity mean in a biblical sense to you?
2.	How can you help your grandchild understand their worth in God's eyes?
3.	Where do you see God's sustaining power in your life and theirs?







Day 3: 🖏 Strength & Dignity in God's Plan

### **Journaling Prompts**

	Describe a moment when you experienced God's strength during a difficult time.
2.	Write about what it means to you to have dignity as a child of God.
	List ways you can encourage your grandchild to embrace their God-giver identity.







Day 3: 🥰 Strength & Dignity in God's Plan

#### Prayer for Today

Lord, thank You for clothing us with strength and dignity through Your love. Help my grandchildren to understand that their true strength comes from You and their worth is found in being Your children. When challenges arise, may they laugh with joy because You are their refuge and strength. Teach me to model this confidence and grace daily. *In Jesus' name, Amen.*







## Day 4: 🛱 Exemplary Women: Ruth's Loyalty









Day 4: 🔅 Exemplary Women: Ruth's Loyalty

#### Your Verse

Ruth 1:16 NIV - "Where you go I will go, and where you stay I will stay."

#### **Supporting Scriptures**

- Psalm 37:5 "Commit your way to the Lord; trust in him and he will do this."
- Matthew 5:16 "Let your light shine before others..."







Day 4: 🔅 Exemplary Women: Ruth's Loyalty

#### Devotional: Commitment and Loyalty Like Ruth

Ruth's story is a powerful example of loyalty and commitment rooted in faith.

Despite uncertainty and sacrifice, Ruth chose to stay with Naomi and trust God's provision. Her famous words in Ruth 1:16 symbolize profound faithfulness and love that transcend circumstances.

Teaching this story offers grandchildren an opportunity to reflect on relationships, trust, and making choices that honor God. Ruth's loyalty was not blind but deliberate—she committed herself fully and allowed God to guide her path.

Encourage your grandchild to consider how faithfulness manifests in their lives, whether in family, friendships, or to God. Just as Ruth trusted God to lead her to a hopeful future, they too can commit their ways to the Lord with confidence (Psalm 37:5).

May their hearts be inspired to shine brightly in a world that needs godly examples (Matthew 5:16), just as Ruth did long ago.







Day 4: 🎡 Exemplary Women: Ruth's Loyalty

### Reflect and Apply

	When have you experienced the challenge of choosing loyalty like Ruth did?
	How can your grandchild practice loyalty and faithfulness in everyday life?
3.	What does it mean to 'commit your way to the Lord' personally?







Day 4: 🎡 Exemplary Women: Ruth's Loyalty

### **Journaling Prompts**

	Write about a time you demonstrated faithfulness and how God helped you.
2.	Reflect on Ruth's courage and how it inspires your own faith journey.
3.	List ways your grandchild can show loyalty to family and God this week.







Day 4: 🔅 Exemplary Women: Ruth's Loyalty

#### Prayer for Today

Father, thank You for the example of Ruth and her steadfast faithfulness. Help my grandchildren to grasp the beauty of loyalty rooted in You. Teach us all to trust Your guidance and commit our paths to You daily. May our lives reflect Your light, shining before others and bringing glory to Your name. Strengthen our bonds through love and faith. *In Jesus' name, Amen.* 

















Day 5: 
See Esther's Courage to Lead

#### Your Verse

Esther 4:14 NIV – "And who knows but that you have come to your royal position for such a time as this?"

#### **Supporting Scriptures**

- Joshua 1:9 "Be strong and courageous... the Lord your God will be with you wherever you go."
- 2 Timothy 1:7 "God gave us a spirit not of fear but of power and love and self-control."







Day 5: 
See Esther's Courage to Lead

#### Devotional: Courage and Purpose in God's Timing

Esther's story demonstrates how God uses courageous women to accomplish His purposes. Though faced with immense risk, Esther boldly approached the king to save her people, embracing her role as a leader and intercessor.

Her willingness to step into her calling 'for such a time as this' reminds us that God places us where we are needed, each with a unique purpose. Teaching your grandchildren about Esther can inspire them to be brave in standing up for what is right, relying on God's strength (Joshua 1:9).

Discuss with your grandchild how fear often tries to hold us back, but God's Spirit empowers us to act with love, strength, and self-control (2 Timothy 1:7). Encourage them to trust God's timing and purposes in their own lives and to be ready when called.

May this lesson kindle boldness and faithfulness in the next generation, confident that God equips those He calls.







Day 5: P Esther's Courage to Lead

### Reflect and Apply

1.	What fears have you overcome through God's power?
2.	How can your grandchild show courage in their current life circumstances?
3.	What does it mean to trust in God's timing for your role and purpose?







Day 5: P Esther's Courage to Lead

### **Journaling Prompts**

1.	Describe a time God gave you courage to face a difficult situation.
2.	Reflect on Esther's leadership and how you can apply it personally.
3.	Write down ways to encourage your grandchild to be brave for God.







Day 5: 
See Esther's Courage to Lead

#### **Prayer for Today**

Lord, thank You for the example of Esther's courage and faith. Help my grandchildren to recognize Your hand on their lives and the unique purposes You have planned. Fill them with Your Spirit of power, love, and self-control so they may act boldly in Your name. Guide us all to trust Your timing and embrace every opportunity to serve. *In Jesus' name, Amen.* 

















Day 6: O Deborah's Wise Leadership

#### Your Verse

Judges 4:4-5 NIV - "Deborah, a prophet, the wife of Lappidoth, was leading Israel at that time."

#### **Supporting Scriptures**

- 1 Corinthians 12:4–7 "There are different kinds of gifts... given for the common good."
- Proverbs 3:5-6 "Trust in the Lord with all your heart... He will make your paths straight."







Day 6: O Deborah's Wise Leadership

#### Devotional: Embracing God-Given Roles and Gifts

Deborah stands out as a woman called by God to lead with wisdom, courage, and spiritual authority. As both prophet and judge, she guided Israel through difficult times, showing that women play vital roles in God's plan for leadership and service.

Her story challenges limited views on leadership and encourages believers to embrace the gifts God gives each person for the thriving of the community (1 Corinthians 12:4–7). Teaching grandchildren about Deborah encourages respect for diversity in God's callings and the importance of trusting Him to direct our paths (Proverbs 3:5–6).

Help your grandchildren see that God equips them uniquely and that their contributions matter, whether big or small. Encourage them to ask God for wisdom and boldness to step into their own roles with confidence.

Celebrate the diversity of female strength and leadership in Scripture to inspire a new generation capable of faith-filled service.







Day 6: 🎔 Deborah's Wise Leadership

### Reflect and Apply

1.	How do you see God equipping you with gifts for His purposes?
2.	What leadership qualities in Deborah inspire you?
	How can you nurture a sense of calling and responsibility in your grandchild?







Day 6: 🎔 Deborah's Wise Leadership

### **Journaling Prompts**

1.	Write about a time you exercised leadership or served others in faith.
2.	Reflect on how God's gifts have been evident in your life.
3.	List ways to encourage your grandchild to discover their spiritual gifts.







Day 6: O Deborah's Wise Leadership

#### Prayer for Today

**Father, thank You for the example of Deborah and the gifts You give each of us.** Help my grandchildren and me to trust You fully and use the abilities You provide for Your glory. May we embrace the roles You call us to and serve with wisdom and courage. Guide our paths and strengthen our hearts to follow Your lead. *In Jesus' name, Amen.* 

















#### Your Verse

2 Timothy 1:5 NIV - "I am reminded of your sincere faith, which first lived in your grandmother Lois and in your mother Eunice."

#### **Supporting Scriptures**

- Psalm 78:4 "We will tell the next generation the praiseworthy deeds of the Lord."
- Deuteronomy 11:19 "Teach them to your children, talking about them when you sit at home."







## Devotional: Passing Faith from Generation to Generation

The final day focuses on the powerful legacy of faith passed from grandmother to granddaughter. Paul's encouragement to Timothy highlights the impact of Lois and Eunice, who faithfully taught the Word, laying a foundation that lasted generations.

This legacy is a precious gift grandparents can intentionally cultivate, nurturing biblical literacy and love for God's Word. Psalm 78 calls us to actively recount God's faithfulness so that the next generation knows His goodness.

Reflect on your role as a spiritual mentor, passing on stories, truths, and hope through the Bible. Use daily conversations, prayers, and shared study to keep faith alive and growing.

May your efforts bear fruit in the hearts of your grandchildren, equipping them to live with courage, wisdom, and love all their days.







### Reflect and Apply

	How has your grandmother or another older woman influenced your faith?
2.	What steps can you take to build a lasting spiritual legacy in your family?
	How can you encourage your grandchildren to love and study the Bible daily?







### **Journaling Prompts**

Write about the faith legacy you want to leave for your grandchildren.
Describe stories or truths you want to pass on from Scripture.
Plan a special activity to share Bible truths with your grandchild.







#### Prayer for Today

Lord, thank You for the precious gift of faith passed through generations.

Help me to be a faithful steward of this legacy, equipping my grandchildren with love for Your Word and courage to live it out. May the stories and lessons shared root deeply in their hearts, and may they grow strong in You. Bless our family line with Your grace and truth forever. *In Jesus' name, Amen.* 1





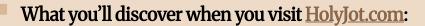




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