



# Second Chances: Embracing New Beginnings with God



Discover how God offers second chances to all,  
inspiring teens to embrace fresh starts through His  
grace and love every day.

---

# Table of contents

<u>Introduction</u>	3
<u>Day 1: 🕊️ God's Mercy Offers New Hope</u>	4
<u>Day 2: 🔄 Biblical Stories of Second Chances</u>	10
<u>Day 3: ✨ Embracing a Fresh Start Daily</u>	16



## Introduction

**Welcome to this encouraging 3-day study on second chances!** Life as a teen can feel full of pressures, mistakes, and the fear of failure. But the Bible is rich with stories of people who were given fresh starts despite their pasts. In this study, you will explore how God's heart is full of grace and mercy, offering you a new beginning any time you turn to Him.

*Whether you've stumbled recently or just want to grow closer to God, these next days invite you to experience hope and renewal.* You will encounter inspiring scriptural examples, reflective questions, and prayers to help you embrace God's forgiveness and move forward with confidence. God's love does not keep a tally of your mistakes, but rather extends an open hand for restoration.

Remember, it's never too late to turn back. Each day is a precious gift from God to start anew, leaving behind yesterday's burdens and walking boldly in His purposes. So open your heart, be honest with God, and receive His second chances. Let's begin this journey toward freedom, healing, and fresh beginnings together!





## Day 1: 🕊️ God's Mercy Offers New Hope



Day 1: ☺ God's Mercy Offers New Hope

## Your Verse

*Lamentations 3:22-23 - "Because of the LORD's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness."*

## Supporting Scriptures

- *Psalm 103:12 - "As far as the east is from the west, so far has he removed our transgressions from us."*
- *Isaiah 43:18 - "Forget the former things; do not dwell on the past."*



Day 1: ☺ God's Mercy Offers New Hope

## Devotional: God's Mercy Is New Every Morning

**God's mercies are fresh every morning.** When we mess up, it's easy to feel overwhelmed by guilt or despair. But the Bible reminds us through Lamentations 3:22-23 that God's compassion never fails and is renewed daily. No mistake is so big that it can exhaust His love or prevent Him from welcoming us back.

Imagine waking up each day knowing you have a clean slate with God. Your past failures don't define you—His mercy does. The psalmist celebrates God's forgiveness removing sins as far as east is from west, emphasizing total freedom from condemnation when we turn to Him.

*What would change for you today if you truly believed God's compassion is new every morning?* Let this truth encourage you to let go of shame and step into God's hope-filled embrace, confident that He is always ready to help you start again.



Day 1: 🕊️ God's Mercy Offers New Hope

## Reflect and Apply

1. How do you usually respond when you make a mistake? Do you carry shame or guilt?

---

---

---

2. What does it mean to you that God's compassion is new every day?

---

---

---

3. How can embracing God's mercy change your outlook on your past failures?

---

---

---



Day 1: 🕊️ God's Mercy Offers New Hope

## Journaling Prompts

1. Write about a time you felt God's forgiveness after making a mistake.

---

---

---

2. Describe what a fresh start with God looks like for you today.

---

---

---

3. List ways you can remind yourself of God's mercy when you feel discouraged.

---

---

---





Day 1: 🕊️ God's Mercy Offers New Hope

## Prayer for Today

Dear God, thank You for Your unfailing mercy that is new each morning. Help me to release the weight of past mistakes and to walk confidently in Your forgiveness. Teach me to trust Your faithfulness and embrace the fresh start You offer every day. Renew my heart so I can live boldly for You. *Amen.* 🙏❤️





## Day 2: Biblical Stories of Second Chances



## Your Verse

*John 21:15-17 - "Jesus said, 'Simon son of John, do you love me?' ... 'Feed my sheep.'"*

## Supporting Scriptures

- *Jonah 3:1-2 - "The word of the LORD came to Jonah a second time: 'Go to the great city of Nineveh and proclaim to it the message I give you.'"*
- *Genesis 50:20 - "You intended to harm me, but God intended it for good to accomplish what is now being done."*



## Devotional: Stories That Prove God's Restoration Power

**The Bible is filled with amazing stories of second chances that inspire us.** Take Peter, for example. After denying Jesus three times, he might have felt unworthy. Yet, Jesus lovingly restores him and entrusts him with caring for His followers (John 21:15–17). This shows us God's heart to redeem rather than reject.

Jonah's story is another powerful reminder. Even when Jonah ran away from God's call, God gave him a second chance to obey and carry out His mission. God doesn't give up on us, no matter how far we stray.

And Joseph's journey reminds us that God can turn any harm or bad situation into something good. Our past mistakes or hurts don't trap us; instead, God can use them as stepping stones to fulfill His purpose in our lives.

*What story of second chances do you connect with most, and why?* Let these examples encourage your heart to trust in God's mercy and power to restore your life.



## Reflect and Apply

1. Which biblical second chance story resonates with you and why?

---

---

---

2. How does Jesus' restoration of Peter speak to your own fears of failure?

---

---

---

3. In what ways can you see God turning past hurts or mistakes into good?

---

---

---



# Journaling Prompts

1. Write about a time you experienced restoration or forgiveness.

---

---

---

2. Reflect on how God might be using your past experiences for good.

---

---

---

3. Consider how you can offer second chances to others as God has to you.

---





---

---



Day 2:  Biblical Stories of Second Chances

## Prayer for Today

**Lord Jesus, thank You for never giving up on me, even when I fail.** Help me to accept Your restoration and to trust You with my future. Teach me to forgive myself and walk forward boldly in Your love. May my life testify to Your power to bring good from every situation. *In Jesus' name, Amen.*    





## Day 3: ✨ Embracing a Fresh Start Daily





Day 3: ✨ Embracing a Fresh Start Daily

## Your Verse

*2 Corinthians 5:17 - "Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!"*

## Supporting Scriptures

- *Philippians 3:13 - "Forgetting what is behind and straining toward what is ahead."*
- *Ephesians 4:22-24 - "...put off your old self, which is being corrupted, and be renewed in the spirit of your mind."*



Day 3: ✨ Embracing a Fresh Start Daily

## Devotional: Living Boldly as a New Creation Daily

**Each day offers an opportunity to step into the new life God provides.** Paul tells us in 2 Corinthians 5:17 that when we belong to Christ, we become a new creation. Our past mistakes do not hold us back because "the old has gone, the new is here!"

But embracing a fresh start also requires intentionality. Philippians encourages us to forget what lies behind and press forward toward God's purposes. We must daily choose to renew our minds and put aside harmful patterns.

*What does it mean for you to live as a new creation today?* How can you actively embrace God's transforming power each morning? As a teen, this might mean relying on His strength to make wise choices, seek forgiveness, and walk humbly with Him.

Remember, a fresh start is not just a one-time event but a daily decision fueled by God's grace. Let His Spirit empower you to live free and full of hope.



Day 3: ✨ Embracing a Fresh Start Daily

## Reflect and Apply

1. How can you make choosing a fresh start with God a daily habit?

---

---

---

2. What old habits or mindsets do you need to put off to live fully in Christ?

---

---

---

3. In what ways can you rely on God's strength to press forward?

---

---

---



Day 3: ✨ Embracing a Fresh Start Daily

## Journaling Prompts

1. Write a commitment to embrace God's new creation work in your life daily.

---

---

---

2. List specific areas where you want to grow or change with God's help.

---

---

---

3. Reflect on how God's grace empowers you to live boldly each day.

---

---

---



Day 3: ✨ Embracing a Fresh Start Daily

## Prayer for Today

**Father, thank You that in Christ I am made new every day.** Help me to forget the past mistakes and fix my eyes on Your plans for my life. Renew my mind and give me strength to follow You with courage. Let Your grace be my guide and power as I choose to live for You today and always. *In Jesus' Name, Amen.*





## Where God's Word Meets Your Daily Life

### **A Personal Invitation from HolyJot**

We pray this Bible Study has blessed you and drawn you closer to the heart of God. If you enjoyed this study, we'd love for you to join our growing HolyJot community online.



What you'll discover when you visit [HolyJot.com](https://www.holyjot.com):



 **100k+ Bible Study Plans** on every topic of life

 Access studies anytime on your phone, tablet, or computer

 Studies for individuals, families, small groups, and churches

 Secure online journaling — or keep using print for privacy

 A place to grow your faith alongside believers worldwide

### **Bonus for You:**

Download exclusive study bundles and resources when you create a [free HolyJot account](https://www.holyjot.com). No spam. No gimmicks. Just God's Word.

### **Visit Now:**

 [www.HolyJot.com](https://www.holyjot.com)

 Scan this QR code to start your next Bible Study today:



 We'd love to hear your story.  
Email us at [info@holyjot.com](mailto:info@holyjot.com).

 Connect with us at:

[Facebook](#) • [Instagram](#) • [YouTube](#) • [TikTok](#)



You are welcome to share this PDF with others.  
Please keep it intact so the full study and credits remain.

© 2025 HolyJot LLC. All Rights Reserved.