Siblings in Christ: Raising Children Who Love Each Other



Explore biblical truths to teach your children to view siblings as allies who love and support one another.





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Introduction

Family is one of God's greatest gifts, providing us with our first experiences of love, community, and learning. Among family members, siblings hold a unique place. They share history, memories, and the opportunity for lifelong friendship and support. However, sibling relationships can also be filled with rivalry, jealousy, and misunderstanding, shaping a child's view of relationships for years to come.

This 7-day Bible study plan focuses on raising children who love each other deeply, inspired by the calling to see siblings as *allies*, not rivals. Rooted in Scripture, this plan offers parents and caregivers biblical wisdom, practical encouragement, and heartfelt prayer to guide children to become brothers and sisters in Christ who walk in unity, forgiveness, and love.

Throughout this journey, you'll discover: the heart of God for family harmony, how to model Christ-like love and forgiveness, and ways to nurture kindness and empathy between siblings. These lessons will not only strengthen your own family but prepare your children to reflect God's love in all their relationships.

Together, let's build homes where siblings cheer each other on, support one another through challenges, and grow into the beautiful image of Christ's family — united and full of grace. May this study inspire your family to celebrate togetherness, build lifelong bonds, and cultivate a legacy of love!

















Day 1: 🎔 God's Design for Family Unity

Your Verse

Psalm 133:1 – "How good and pleasant it is when God's people live together in unity!"

Supporting Scriptures

- Genesis 2:18 "The Lord God said, 'It is not good for the man to be alone. I will make a helper suitable for him."
- Ephesians 4:3 "Make every effort to keep the unity of the Spirit through the bond of peace."







Day 1: Od's Design for Family Unity

Devotional: Understanding God's Purpose for Families

Families are more than just groups of people living under one roof — they are God's intentional design for unity and mutual support. From the very beginning, God declared that it was not good for man to be alone (Genesis 2:18). He created family so we could experience connection, care, and a reflection of His community of love.

Psalm 133:1 beautifully captures God's desire: "How good and pleasant it is when God's people live together in unity!" This verse reveals that harmony within a family doesn't just feel nice — it is deeply pleasing to God.

When we guide our children to see their siblings as allies rather than rivals, we are helping them participate in God's original design. The Apostle Paul encourages believers to make every effort to maintain unity (Ephesians 4:3). Likewise, parents can teach their children to cultivate peace, understanding, and kindness at home, laying the foundation for all their relationships moving forward.

As you reflect today, consider how intentionally you model unity and peace for your children. Pray that your family would grow in God's love and experience the blessings of living together in harmony.







Day 1: 🂢 God's Design for Family Unity

Reflect and Apply

1.	What does family unity look like in your home right now?
2.	How can you actively promote peace between your children today?
	What are some obstacles that make unity difficult, and how can God's grace help you overcome them?







Day 1: 🂢 God's Design for Family Unity

Journaling Prompts

1.	Write about a happy memory of your siblings or family being united.
	List practical ways you can help your children see siblings as helpers, not competitors.
3.	Describe what God's peace within your family looks like to you.







Day 1: 🎔 God's Design for Family Unity

Prayer for Today

Dear Lord, thank You for the gift of family, a sacred place You designed for love and unity. Help me teach my children to see their siblings as precious allies, not rivals. Fill our home with Your peace that surpasses understanding. Guide our hearts to live together in harmony and reflect Your perfect love every day. Strengthen us to embrace patience, kindness, and forgiveness, so Your joy may fill our family. *In Jesus' name, Amen.*

















Your Verse

1 Corinthians 13:4 – "Love is patient, love is kind. It does not envy, it does not boast, it is not proud."

Supporting Scriptures

- John 13:34 "A new command I give you: Love one another. As I have loved you, so you must love one another."
- Colossians 3:14 "And over all these virtues put on love, which binds them all together in perfect unity."







Devotional: Love Siblings with Patience and Kindness

Love is not just a feeling; it is a daily choice we make. Children naturally experience a range of emotions toward their siblings, including frustration and jealousy. Teaching them **what love looks like**—patient, kind, humble—empowers them to respond differently, choosing compassion over competition.

Paul's description of love in 1 Corinthians 13:4 reminds us of the qualities needed to maintain peace between siblings. Patience and kindness are foundational as children learn to navigate sharing space, toys, and attention from parents.

Jesus commanded His followers to love one another as He loved us (John 13:34). This sets the highest standard—love that is selfless, forgiving, and consistent. When children practice this kind of love within the family, it shapes their character and relationships beyond home.

Colossians 3:14 encourages us to 'put on love' as clothing that holds all virtues together. As parents, encouraging children to choose kindness daily helps build unity and resilience among siblings.

Today, reflect on how you can encourage deliberate acts of love between your children, celebrating kindness even in small moments.







Reflect and Apply

What are some practical ways they can show patience or kindness daily?
Iow can you personally model this intentional love as a parent or aregiver?







Journaling Prompts

1.	Recall a time when love overcame rivalry between your children.
	Write down three ways your family can practice the love described in 1 Corinthians 13.
	Describe how choosing love changes difficult sibling moments into opportunities for growth.







Prayer for Today

Father God, teach my children to love as You love—patiently, kindly, and humbly. Help them choose love every day, even when it's hard. May our home reflect Your perfect love and draw us closer together. Guide me to lead by example and nurture kindness, so sibling bonds grow strong. Thank You for Your endless love for us all. *In Jesus' name, Amen.*

















Day 3: ① Building Trust Through Forgiveness

Your Verse

Ephesians 4:32 – "Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."

Supporting Scriptures

- Matthew 18:21–22 "How many times shall I forgive my brother or sister?... Jesus answered, 'Seventy-seven times.'"
- Colossians 3:13 "Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you."







Day 3: ① Building Trust Through Forgiveness

Devotional: Forgiveness Heals and Restores Sibling Bonds

Conflicts among siblings are inevitable. Yet, how we respond to hurt and offense can either build walls or tear them down. Forgiveness serves as a powerful healing balm, restoring trust and deepening love.

Ephesians 4:32 calls us to be kind and compassionate, forgiving one another just as God forgave us in Christ. This is a radical love that does not hold grudges but chooses grace repeatedly.

Jesus' teaching on forgiveness in Matthew 18:21–22 challenges us to forgive endlessly, showing us that forgiveness is a continual practice, not a one-time act. Children benefit enormously when they learn this early, understanding mistakes don't mean the end of love or relationship.

Encourage your children to bear with each other's faults and forgive as the Lord forgave (Colossians 3:13). This builds emotional safety in your home where vulnerability and mistakes are met with grace.

Reflect today on how forgiveness has impacted sibling relationships in your family, and pray for hearts willing to extend it freely.







Day 3: 1 Building Trust Through Forgiveness

Reflect and Apply

1.	How do your children handle hurt feelings or conflicts with their siblings?
2.	What might forgiveness look like in your family's daily life?
	How can you help your children practice forgiveness as a sign of God's love?







Day 3: 1 Building Trust Through Forgiveness

Journaling Prompts

1.	Write about a time forgiveness restored peace in your family.
	List ways you can teach forgiveness to your children through example or teaching.
	Describe the emotional benefits your family experiences when forgiveness is present.







Day 3: ① Building Trust Through Forgiveness

Prayer for Today

Lord Jesus, thank You for the forgiveness You freely give. Help us to embody that grace within our family, forgiving each other as You have forgiven us. Heal any hurts between siblings and build strong bonds of trust and love. Teach us to be compassionate and slow to anger. May forgiveness bring peace and unity in our hearts and home. *In Your name, Amen.*

















Day 4: F Growing Patience and Empathy

Your Verse

James 1:19 – "Everyone should be quick to listen, slow to speak and slow to become angry."

Supporting Scriptures

- Philippians 2:4 "Let each of you look not only to his own interests, but also to the interests of others."
- Romans 12:15 "Rejoice with those who rejoice; mourn with those who mourn."







Day 4: F Growing Patience and Empathy

Devotional: Teaching Kids to Understand Each Other's Feelings

Patience and empathy are invaluable virtues in sibling relationships. They help children pause, listen, and respond thoughtfully rather than react impulsively.

James 1:19 teaches us to be 'quick to listen, slow to speak and slow to become angry.' For children, learning to listen to a sibling's perspective lays the groundwork for empathy and reduces conflicts.

Philippians 2:4 calls us to care for others' needs, encouraging children to look beyond themselves and recognize the feelings and struggles of their brothers and sisters.

Romans 12:15 reinforces this empathy by instructing us to rejoice and mourn with others, sharing in their joys and sorrows. When siblings cultivate this habit, they create a deep connection that strengthens family ties.

Today, focus on nurturing patience and empathy in your children's daily interactions, teaching them to understand and care about each other's experiences.







Day 4: 🍞 Growing Patience and Empathy

Reflect and Apply

How well do your children listen to and try to understand one another?
What can you do to help your children develop empathy toward their iblings?
n what ways can your family celebrate each other's joys and share orrows?







Day 4: 🍞 Growing Patience and Empathy

Journaling Prompts

1.	Write about a time when your child showed empathy toward a sibling.
2.	List habits or activities that could nurture patience in your children.
3.	Reflect on how empathy has improved relationships in your family.







Day 4: F Growing Patience and Empathy

Prayer for Today

Dear God, grant my children patient hearts and eyes to see the feelings of their siblings. Help them to listen more and anger less, to put others' needs above their own. May they rejoice together in celebrations and comfort each other in difficulties. Shape our family to be a place of understanding, kindness, and empathy. *In Jesus' name, Amen.*















Your Verse

Matthew 5:9 - "Blessed are the peacemakers, for they will be called children of God."

Supporting Scriptures

- Proverbs 15:1 "A gentle answer turns away wrath, but a harsh word stirs up anger."
- Romans 12:18 "If it is possible, as far as it depends on you, live at peace with everyone."







Devotional: Encouraging Peacemaking Among Siblings

Conflicts are a normal part of sibling dynamics, but how those disagreements are handled can either build barriers or promote growth. Teaching children to be peacemakers aligns them with God's heart and equips them for healthy relationships.

Jesus pronounces a blessing on peacemakers (Matthew 5:9), reminding us that God's family values those who pursue peace actively.

Proverbs 15:1 highlights the power of gentle speech to defuse anger — a valuable lesson for children as they learn to communicate respectfully during disagreements.

Romans 12:18 encourages us to live at peace with others as much as it depends on us. While parents cannot control every sibling interaction, they can teach children responsibility for seeking peace and listening to one another.

Today, encourage your children to step into the role of peacemakers and valuing reconciliation over winning arguments.







Reflect and Apply

1.	How do your children usually resolve conflicts?
2.	What role do you take as a parent in modeling peacemaking?
	What steps can be taken to encourage gentle and respectful communication at home?







Journaling Prompts

Write about a successful resolution of conflict between your children.
List phrases or attitudes that promote peace your family can practice.
Describe how your children can be peacemakers in their daily lives.







Prayer for Today

Lord, teach my family to be peacemakers, following Jesus' example. Help us to respond with gentle words, seek reconciliation, and live peaceably with one another. May Your Spirit guide our hearts toward understanding and calm. Strengthen our desire to nurture peace in our home and beyond. *In Jesus'* name, Amen.

















Your Verse

Romans 12:4-5 - "For just as each of us has one body with many members, and these members do not all have the same function... so in Christ we, though many, form one body."

Supporting Scriptures

- 1 Corinthians 12:14 "Even so the body is not made up of one part but of many."
- Galatians 3:28 "There is neither Jew nor Gentile, neither slave nor free, nor is there male and female, for you are all one in Christ Jesus."







Devotional: Honoring Unique Gifts in Each Sibling

God intentionally created each child with unique gifts, personalities, and roles within the family. Embracing these differences rather than comparing or competing fosters respect and appreciation among siblings.

Paul's teaching in Romans 12 reminds us that the body has many parts, each with an important function. This diversity is beautiful and necessary.

Similarly, 1 Corinthians 12 emphasizes that no single part is less important, encouraging us to celebrate varied strengths and contributions.

Galatians 3:28 unites us in Christ, showing that differences do not divide us but bring richness to the body of believers — and likewise, to your family.

Encourage your children today to honor each other's unique gifts, strengths, and personalities, building an atmosphere of mutual respect and celebration.







Day 6: 🥕 Celebrating Each Other's Differences

Reflect and Apply

1.	Do your children respect and appreciate their siblings' unique qualities?
2.	How can differences become a source of strength instead of rivalry?
3.	What can you do to celebrate each child's God-given gifts?







Day 6: 🥕 Celebrating Each Other's Differences

Journaling Prompts

1. I	Describe each child's unique qualities and how they bless your family.
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	Reflect on how celebrating differences has changed your family lynamics.
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	Write ways to encourage cooperation that leverages your children's strengths.
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Day 6: Celebrating Each Other's Differences

Prayer for Today

Father, thank You for creating each of my children uniquely. Help us to celebrate and value their differences as part of Your beautiful design. Teach us to see these gifts as a blessing that strengthens our family bond and glorifies You. May love and appreciation flow freely between siblings. *In Jesus' name, Amen.*

















Your Verse

Deuteronomy 6:6-7 - "These commandments that I give you today are to be on your hearts. Impress them on your children. Talk about them when you sit at home..."

Supporting Scriptures

- Psalm 127:3 "Children are a heritage from the Lord, offspring a reward from him."
- Proverbs 22:6 "Start children off on the way they should go, and even when they are old they will not turn from it."







Devotional: Passing God's Love to Future Generations

Raising siblings who love one another deeply isn't just about the present moment — it's about creating a legacy that will impact generations to come. God calls parents to diligently teach His ways and instill His love in their children.

Deuteronomy 6:6-7 highlights the importance of talking about God's commands continually, weaving His truth naturally in daily life. This consistent teaching helps form hearts that value family, love, and unity.

Psalm 127 reminds us that children are a precious heritage, a divine gift, and Proverbs 22:6 encourages us to guide them wisely so they carry forward what they have learned.

Today, reflect on the legacy you hope to build in your family — one marked by siblings who love, support, and cherish each other as God's precious gifts.







Reflect and Apply

What legacy of love do you want to leave for your children and grandchildren?
How are you intentionally teaching God's love and family values in your home?
What steps can you take to ensure your children view their siblings as lifelong allies?







Journaling Prompts

1.	Write a prayer or vision statement for the legacy of your family.
2.	List habits or traditions that promote unity and love among your children.
	Describe hopes you have for your children's relationships with each other as adults.







Prayer for Today

God, thank You for the gift of family and the opportunity to raise children who love deeply. Help me impress Your commands on my children's hearts and model Your love daily. May the bonds between siblings grow strong and reflect Your grace for generations. Give me wisdom and strength to nurture a legacy of faith and love. *In Jesus' name, Amen.*







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