



Standing Strong Like Daniel: Lessons for Children of Faith



Explore steadfast faith through Daniel in the Lion's Den, discovering how children can stand strong and trust God in every challenge.



Table of contents

<u>Introduction</u>	3
<u>Day 1: 🐯 Trusting God in Uncertain Times</u>	4
<u>Day 2: 🛡️ Standing Firm in What's Right</u>	10
<u>Day 3: 🙏 The Power of Prayer</u>	16
<u>Day 4: 💪 Courage When It's Hard</u>	22
<u>Day 5: ✨ Shining God's Light</u>	28
<u>Day 6: 📖 Learning God's Word</u>	34
<u>Day 7: 🌈 Hope and Faith for the Future</u>	40



Introduction

Welcome to a 7-day journey centered on the inspiring story of Daniel in the Lion's Den and its powerful lessons for children today. This study plan is designed to help young hearts and minds stand strong in faith, just as Daniel did when faced with incredible trials.

Daniel was a young man taken from his homeland, thrust into a foreign culture and tough circumstances. Yet, through unwavering trust in God, he remained faithful amid opposition and danger. His story is not just history; it's a timeless example for all children and youth to learn from.

Throughout these seven days, we will explore how children can rely on God's strength, make courageous choices, pray earnestly, trust in His protection, and witness His faithfulness in our lives. Each day offers scripture, reflections, and prayer to encourage and empower young believers to be bold in their faith — even in difficult situations.

By embracing Daniel's example, children can discover the God-given courage to stand firm, shine for Him, and impact the world around them. Let's embark on this empowering adventure together! 🙏 ✨





Day 1: 🐅 Trusting God in Uncertain Times



Day 1: 🐯 Trusting God in Uncertain Times

Your Verse

Daniel 6:16 – So the king gave the order, and they brought Daniel and threw him into the lions’ den. The king said to Daniel, “May your God, whom you serve continually, rescue you!”

Supporting Scriptures

- *Proverbs 3:5 – Trust in the Lord with all your heart and lean not on your own understanding;*
- *Psalms 56:3 – When I am afraid, I put my trust in you.*



Day 1: 🐾 Trusting God in Uncertain Times

Devotional: Faith Trusts God Even When It's Scary

Daniel's story began when he faced a frightening challenge — being thrown into a den full of lions. Imagine how scared he must have felt! Yet, Daniel had something stronger than fear: *trust in God*. He didn't try to save himself or panic; instead, he believed God would protect him no matter what happened.

Children are often in situations they don't understand or that feel scary — new schools, tough friendships, or changes at home. Like Daniel, you can choose to trust God first. God cares deeply about you and promises never to leave your side. When you put your trust in Him, you have strength no matter what faces you.

This day reminds us that trusting God in uncertain times is the best thing we can do. Through prayer and faith, we can find peace and courage. Daniel's example shows every child can face fears with a heart full of trust — knowing God is bigger than any challenge or worry.



Day 1: 🐯 Trusting God in Uncertain Times

Reflect and Apply

1. What fears or worries do you have right now that you need to trust God with?

2. How can trusting God help you feel brave like Daniel?

3. Can you think of a time when trusting God helped you through something hard?



Day 1: 🐾 Trusting God in Uncertain Times

Journaling Prompts

1. Write about a scary situation you want to give to God.

2. Draw a picture of Daniel in the lions' den and how you think he felt.

3. List three ways you can practice trusting God this week.



Day 1: 🐯 Trusting God in Uncertain Times

Prayer for Today

Dear God, thank You for always being with me, even when things feel scary or uncertain. Help me to trust You like Daniel did — to believe You are bigger than any challenge I face. Give me courage to lean on Your strength and peace that calms my fears. Teach me to pray and remember Your promises. Thank You for loving me and protecting me every day. Amen. 🙌 🐯 🙏 💖





Day 2: 🛡 Standing Firm in What's Right



Day 2: ☹ Standing Firm in What's Right

Your Verse

Daniel 6:10 – Now when Daniel learned that the decree had been published, he went home to his upstairs room where the windows opened toward Jerusalem. Three times a day he got down on his knees and prayed, giving thanks to his God, just as he had done before.

Supporting Scriptures

- *Ephesians 6:13 – Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground.*
- *2 Timothy 1:7 – For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.*



Devotional: Be Brave and Stand for God's Ways

Daniel was known for choosing to do what was right, even when it was difficult or dangerous. When a law was made that stopped prayer, Daniel didn't hide or change his faith. Instead, he stood firm and continued praying to God three times a day. This courage came from his love for God and desire to do the right thing.

Children often face pressure to do things they know aren't right — maybe saying unkind words, following bad examples, or hiding their faith. Daniel's example encourages us to be brave and stand strong in God's ways. When you choose to do what pleases God, you show others that your faith is important and true.

Standing firm also means practicing self-control and love. God gives us His Spirit to help us be brave, kind, and disciplined. When we rely on Him, we can withstand peer pressure and choose courage over fear.



Reflect and Apply

1. What are some ways you can stand firm in your faith like Daniel?

2. Have you ever felt pressure to do something you knew was wrong? How did you respond?

3. How does praying regularly help you stay strong and brave?



Day 2: ☹ Standing Firm in What's Right

Journaling Prompts

1. Write about a time you stood up for what was right.

2. Make a list of things you can do to remain strong in your faith each day.

3. Draw a shield or armor that represents God's protection in your life.



Day 2: 🕊 Standing Firm in What's Right

Prayer for Today

Father God, thank You for Daniel's example of bravery and faithfulness. Please help me stand firm in doing what is right, even when it's hard. Give me the strength and self-control I need to follow You every day. Help me to remember You are always with me, guiding and protecting me. Thank You for Your love that gives me courage. Amen. 🕊 🙏 💪 ❤️





Day 3: 🙏 The Power of Prayer



Day 3: 🙏 The Power of Prayer

Your Verse

Daniel 6:11 – When Daniel’s enemies found out that he had prayed three times a day, they went to the king and reported it.

Supporting Scriptures

- *Philippians 4:6 – Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.*
- *1 Thessalonians 5:17 – Pray continually.*



Day 3: 🙏 The Power of Prayer

Devotional: Prayer Keeps Us Connected to God

Prayer was Daniel's habit and his greatest source of strength. Even when a law tried to stop him, Daniel still prayed three times a day. Prayer isn't just talking to God — it's a special way we stay connected to Him, share our hearts, ask for help, and say thank You.

Children can build a strong prayer habit, just like Daniel. Prayer helps you grow closer to God and reminds you that He listens and cares about every part of your life — big or small. You can pray anytime, anywhere: for yourself, your family, friends, or even your enemies.

When you pray regularly, you become more aware of God's presence and power. Prayer gives you peace, wisdom, and patience. It helps you stand strong, even when life is tough or others try to change what you believe.



Day 3: 🙏 The Power of Prayer

Reflect and Apply

1. How can you make prayer a daily habit like Daniel's?

2. What are some things you want to pray about today?

3. How does praying make you feel when you face hard situations?



Day 3: 🙏 The Power of Prayer

Journaling Prompts

1. Write your own prayer asking God for courage and faith.

2. Keep a prayer journal for the week, noting your prayers and answers.

3. Draw a picture of yourself talking to God in prayer.



Day 3: 🙏 The Power of Prayer

Prayer for Today

Dear Lord, thank You for always listening when I pray. Teach me to pray regularly, just like Daniel did, so I can feel Your presence and guidance in my life. Help me trust that You hear every prayer and want to help me. Thank You for being my friend and strength. Amen. 🙏💬❤️👉





Day 4: 💪 Courage When It's Hard



Day 4: 🦁 Courage When It's Hard

Your Verse

Daniel 6:22 – My God sent his angel, and he shut the mouths of the lions. They have not hurt me, because I was found innocent in his sight.

Supporting Scriptures

- *Joshua 1:9 – Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.*
- *Isaiah 41:10 – So do not fear, for I am with you; do not be dismayed, for I am your God.*



Day 4: 🖋️ Courage When It's Hard

Devotional: God Gives Courage to Face Any Challenge

Daniel's courage was rewarded as God sent His angel to protect him from the lions. This miraculous rescue showed how powerful God's protection is when we trust Him. But Daniel's courage wasn't just about safety; it was about trusting God's plan no matter what happened.

Sometimes, you might feel afraid when facing challenges at school, home, or with friends. God understands your fears and promises to be your strength and help. Courage doesn't mean never feeling scared; it means trusting God and moving forward with Him by your side.

Remember, like Daniel, your courage comes from God. When you lean on Him, you can face any difficulty with confidence. He is faithful and always watching over you. With God's help, you can be brave and stand strong, no matter what lions you face.



Day 4: 🦁 Courage When It's Hard

Reflect and Apply

1. What fears are you asking God to help you overcome?

2. How does knowing God is with you help you be courageous?

3. When have you experienced God's protection or help in a hard time?



Day 4: 🦁 Courage When It's Hard

Journaling Prompts

1. Write about a time God helped you feel brave.

2. Draw a picture showing God protecting you like He did Daniel.

3. List ways you can ask God for courage this week.



Day 4: 🦁 Courage When It's Hard

Prayer for Today

Heavenly Father, thank You for being my protector and source of courage. When I feel afraid or face hard things, remind me You are with me always. Help me to trust Your power and goodness, just like Daniel did. Give me the bravery to stand strong and the peace that comes from knowing You care. Amen. 🦁💪🙏💙





Day 5: ✨ Shining God's Light



Day 5: ✨ Shining God's Light

Your Verse

Daniel 6:25-27 – Then King Darius wrote to all the peoples, nations and men of every language throughout the land: “May you prosper greatly! I issue a decree that in every part of my kingdom people must fear and reverence the God of Daniel.”

Supporting Scriptures

- *Matthew 5:16 – Let your light shine before others, that they may see your good deeds and glorify your Father in heaven.*
- *Philippians 2:15 – Then you will shine among them like stars in the sky as you hold firmly to the word of life.*



Day 5: ✨ Shining God's Light

Devotional: We Can Shine Bright by Trusting God

Because Daniel stood strong in faith, God's power was shown to many — even the king recognized God's greatness. Daniel became a bright example of trusting God, shining His light in a dark place. When children choose to follow God, pray, and be brave like Daniel, they also shine God's light to those around them.

Being a light means showing kindness, honesty, and love, and telling others about God's goodness. Your faith can impact friends, family, and your community in a powerful way. You don't have to be perfect, just willing to trust God and let His love shine through you.

Remember, when you follow God boldly like Daniel, you help others see Him too. Your courage and faith can inspire many and bring God's kingdom closer every day.



Day 5: ✨ Shining God's Light

Reflect and Apply

1. How can you be a light to your friends and family?

2. What are ways you can show God's love every day?

3. Who do you want to encourage with your faith story?



Day 5: ✨ Shining God's Light

Journaling Prompts

1. Write about someone you want to help see God's light.

2. Draw a bright star or light that represents your faith.

3. List actions you can take to show kindness and honesty.



Day 5: ✨ Shining God's Light

Prayer for Today

Lord, thank You for letting me shine Your light in the world. Help me to be brave and kind like Daniel, showing others Your love through my actions. Use me to encourage friends and family to trust You too. May my life glorify You and bring Your hope to many. Amen. ✨ 🙏 ❤️ ✨





Day 6: Learning God's Word



Your Verse

Daniel 1:17 – To these four young men God gave knowledge and understanding of all kinds of literature and learning. And Daniel could understand visions and dreams of all kinds.

Supporting Scriptures

- *Psalm 119:105 – Your word is a lamp to my feet and a light to my path.*
- *Joshua 1:8 – Keep this Book of the Law always on your lips; meditate on it day and night.*



Day 6:  Learning God's Word


Devotional: God's Word Guides and Strengthens Us

Daniel was given special wisdom from God, helping him understand difficult things and make wise decisions. This wisdom came from trusting God and learning His ways. The Bible — God's word — is full of guidance and truth for us, too.

When children spend time reading or listening to God's word, it lights their path and helps them choose the right way. God's word teaches about His love, kindness, and instructions to live well. It provides strength when you face challenges and helps your faith grow strong.

Take time every day to learn from God's word — through reading, listening, or memorizing verses. Let His words fill your heart and mind like they did Daniel's. The more you know God's word, the better you can stand strong and shine for Him.



Day 6:  Learning God's Word


Reflect and Apply

1. How can you make learning God's word a part of your daily routine?

2. What Bible verse encourages you most right now?

3. How does knowing God's word help you when times are tough?



Day 6:  Learning God's Word

Journaling Prompts

1. Write your favorite Bible verse and why it's meaningful.

2. Draw a picture illustrating a Bible story you love.

3. Make a list of ways you can learn more about God's word.



Day 6: 📖 Learning God's Word

Prayer for Today

Gracious God, thank You for giving us Your word to guide and teach us. Help me to love reading and learning from the Bible each day. Open my heart to understand Your truth and use it to make wise choices. Please grow my faith so I can stand strong like Daniel. Amen. 📖 🙏 🌱 💡





Day 7: 🌈 Hope and Faith for the Future



Your Verse

Daniel 12:3 – Those who are wise will shine like the brightness of the heavens, and those who lead many to righteousness, like the stars for ever and ever.

Supporting Scriptures

- *Jeremiah 29:11 – For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future.*
- *Romans 15:13 – May the God of hope fill you with all joy and peace as you trust in him.*



Day 7:  Hope and Faith for the Future

Devotional: Trusting God Brings Bright Hope

Daniel's faithfulness promises a bright future not only for him but for all who trust God. God has wonderful plans filled with hope and blessings for every child willing to follow Him faithfully.

Even when life is hard or uncertain, we can look ahead with confidence because God is our hope. He promises joy, peace, and a future that is secure in His love.

This day invites you to place your trust fully in God's plans. Remember Daniel's courage and faith as you step forward, knowing God guides your steps and shines brightly on your path. Your faith today builds a foundation for a hopeful tomorrow.



Reflect and Apply

1. What hopes do you have for your future?

2. How does trusting God bring you peace when you think about tomorrow?

3. In what ways can your faith impact others as you grow?



Journaling Prompts

1. Write a letter to your future self expressing your trust in God's plans.

2. Draw a bright horizon or stars symbolizing hope.

3. List your dreams and ways God can help you achieve them.



Day 7: 🌈 Hope and Faith for the Future

Prayer for Today

Faithful God, thank You for the hope and promise You give us for the future. Help me to trust Your plans for my life, even when I don't understand everything. Fill me with joy and peaceful confidence as I follow You every day. Use my faith to shine brightly and inspire others. Amen. 🌈 🙏 ✨ 🌀





Where God's Word Meets Your Daily Life

A Personal Invitation from HolyJot

We pray this Bible Study has blessed you and drawn you closer to the heart of God. If you enjoyed this study, we'd love for you to join our growing HolyJot community online.





What you'll discover when you visit [HolyJot.com](https://www.holyjot.com):




 **100k+ Bible Study Plans** on every topic of life

 Access studies anytime on your phone, tablet, or computer

 Studies for individuals, families, small groups, and churches

 Secure online journaling — or keep using print for privacy

 A place to grow your faith alongside believers worldwide

Bonus for You:

Download exclusive study bundles and resources when you create a [free HolyJot account](#). No spam. No gimmicks. Just God's Word.

Visit Now:

 [www.HolyJot.com](https://www.holyjot.com)

 Scan this QR code to start your next Bible Study today:



 We'd love to hear your story.
Email us at info@holyjot.com.

 Connect with us at:

[Facebook](#) • [Instagram](#) • [YouTube](#) • [TikTok](#)



You are welcome to share this PDF with others.
Please keep it intact so the full study and credits remain.

© 2025 HolyJot LLC. All Rights Reserved.