






Stepping Out in Faith: Lessons from Moses for Teens



Discover how Moses overcame fear and doubt with God's help, inspiring teens to embrace their purpose and step out of comfort zones boldly.



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Introduction

Being a teenager comes with its unique challenges—pressure from peers, questions about identity, and the daunting task of making big decisions about the future. It’s easy to feel unqualified or scared when faced with new opportunities or responsibilities. The story of Moses is a powerful encouragement for every teen who feels inadequate or fearful about stepping up in their faith, school, or community.

Moses, a reluctant leader, doubted whether he was the right person for the task God gave him. He struggled with feelings of inadequacy, worrying about his speaking ability and wondering if anyone would listen to him. Yet, God didn’t choose Moses because he was perfect—He chose Moses because Moses was willing to trust Him and obey, even out of his comfort zone.

This Bible study plan will walk you through Moses’s journey from hesitation to leadership, highlighting how God empowers those who step out in faith. Each day will deepen your understanding of trusting God, embracing your uniqueness, and overcoming fear. Just like Moses, you can do amazing things when you lean on God’s strength.

Get ready to explore what it means to be courageous, to trust your calling, and to take God’s hand as you step boldly into the future. Your story is just beginning—let Moses’ example inspire you to trust God in every step!





Day 1: 🔥 Embracing God's Call Despite Fear



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Your Verse

Exodus 3:11 - "But Moses said to God, 'Who am I that I should go to Pharaoh and bring the Israelites out of Egypt?'"

Supporting Scriptures

- *Joshua 1:9 - "Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go."*
- *Isaiah 41:10 - "So do not fear, for I am with you; do not be dismayed, for I am your God."*



Day 1: 🔥 Embracing God's Call Despite Fear

Devotional: God Calls the Willing, Not the Perfect

Stepping Up When You Feel Unqualified

Moses' initial reaction to God's call shows something many teens can relate to—fear and self-doubt. When God called Moses to lead the Israelites out of Egypt, Moses immediately questioned his ability. “Who am I?” he asked, revealing a heart full of uncertainty and insecurity.

It's completely normal to feel this way when God calls you to something big or challenging. You might feel unprepared or afraid that you're not enough. But God's response isn't about what Moses could do on his own—it's about His presence and power with him.

When God calls, He equips. Moses didn't have to rely on his own strength; he was invited to lean on God's guidance and courage. For teens today, this truth is especially powerful. You don't need to have it all figured out. Being willing to say “yes” and trust God is the first step.

Think about where God might be calling you: telling a friend about Jesus, volunteering at church, or standing up for what is right at school. These moments might feel scary, but God promises to be with you, just as He was with Moses.



Day 1: 🔥 Embracing God's Call Despite Fear

Reflect and Apply

1. What are some fears or doubts you have about stepping up in your faith or responsibilities?

2. How can you remind yourself that God will be with you, even when you feel unqualified?

3. What is one way you feel God might be calling you to step out of your comfort zone right now?



Day 1: 🔥 Embracing God's Call Despite Fear

Journaling Prompts

1. Write about a time you felt scared but trusted God to help you.

2. List areas in your life where you feel God might be calling you to serve or lead.

3. Reflect on Moses' question, 'Who am I?' How do you answer that question about yourself?



Day 1: 🔥 Embracing God's Call Despite Fear

Prayer for Today

Dear God, thank You for calling me even when I feel scared or unqualified. Help me to trust You and to remember that You are always with me. Give me courage to say yes when You ask me to step out in faith. Please strengthen my heart and guide my steps today. I want to follow You boldly and lean on Your power, not my own. In Jesus' name, *Amen*. 🙏💪✨





Day 2: 🌱 Growing Through Challenges and Doubts



Day 2: 🌱 Growing Through Challenges and Doubts

Your Verse

Exodus 4:10 – "Moses said to the Lord, 'Pardon your servant, Lord. I have never been eloquent... I am slow of speech and tongue.'"

Supporting Scriptures

- *2 Corinthians 12:9 – "My grace is sufficient for you, for my power is made perfect in weakness."*
- *Philippians 4:13 – "I can do all this through him who gives me strength."*



Devotional: God's Strength Shines Through Our Weakness

Overcoming Limitations With God's Strength

Moses didn't just feel unqualified; he focused on his weaknesses. His speech challenges made him doubt God's plan. Sometimes, teens feel limited by their skills or background and wonder if they can really make a difference.

God's message to Moses—and to you—is that your weaknesses don't disqualify you; they highlight His strength. In 2 Corinthians, Paul reminds us that God's power shines brightest when we admit our weaknesses. This is a comfort and a call to humility.

Think about the areas where you feel weakest—maybe in speaking up, making decisions, or leading others. God sees those places as opportunities to show His grace and power working through you. You don't have to rely on your own abilities because God provides the strength needed for every challenge.

Allow yourself to be vulnerable with God about your doubts and fears. Trust that He will empower you to overcome, much like He did with Moses.



Reflect and Apply

1. In what areas do you feel weak or inadequate right now?

2. How can accepting your weaknesses be an opportunity to experience God's power?

3. What encouraging truths can you hold onto when you doubt your abilities?



Journaling Prompts

1. Write about a time when you felt weak but saw God's strength help you.

2. Describe how you can rely on God more in your daily challenges.

3. Reflect on how admitting your limitations can open the door for God's work in your life.



Day 2: 🌱 Growing Through Challenges and Doubts

Prayer for Today

Lord, sometimes I feel weak and unsure if I can do what You ask of me. Help me to remember that Your power is perfect in my weakness. Teach me to rely on You completely and to trust that You will give me strength when I need it most. Thank You for loving me even when I don't feel strong. Use me for Your glory, Lord. *Amen.* 🙏❤️👉





Day 3: Stepping Boldly Into God's Plan



Your Verse

Exodus 14:15 – "Then the Lord said to Moses, 'Why are you crying out to me? Tell the Israelites to move on.'"

Supporting Scriptures

- *Hebrews 11:29 – "By faith the people passed through the Red Sea as on dry land."*
- *Psalms 56:3 – "When I am afraid, I put my trust in you."*



Devotional: Courage to Obey and Move Forward

Moving Forward with Courage and Faith

Once God had called and equipped Moses, it was time to act. The Israelites stood trapped between Pharaoh's army and the Red Sea, a scary and impossible situation. Yet God told Moses to move forward in faith.

This moment reminds us that God not only calls and equips us but also calls us to act boldly despite uncertainty. For teens, this might mean speaking up for what is right, serving others even when it's uncomfortable, or sharing your faith with friends.

Faith isn't the absence of fear, but the choice to trust God despite fear. When you step out in obedience, God can do incredible things through you, just like He parted the Red Sea for Moses.

Ask God to help you move forward courageously today. Remember, you're not alone—God leads and fights for you every step of the way.



Day 3: 🚀 Stepping Boldly Into God's Plan

Reflect and Apply

1. What inspires you most about Moses' bold steps of faith?

2. How can you move forward in a situation where you feel stuck or afraid?

3. What does trusting God look like in your everyday life?



Day 3: 🚀 Stepping Boldly Into God's Plan

Journaling Prompts

1. Write about a time you stepped out in faith despite being scared.

2. List specific actions you can take this week to obey God's calling.

3. Reflect on how God has helped you overcome obstacles in the past.



Day 3: 🚀 Stepping Boldly Into God's Plan

Prayer for Today

Father God, thank You for calling me to step out in faith and for equipping me for the journey. Help me to be courageous and obedient, even when I don't know what lies ahead. Teach me to trust You fully, knowing that You are always with me. I surrender my fears to You and ask for Your strength to keep moving forward. In Jesus' name, *Amen*. ✨ 🙏 🔥





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