# Teen Strength: Courage Through God's Calling



Discover how God uses teens with insecurities to become bold warriors through faith and courage in His plan.





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#### Introduction

*Teen years* are often filled with uncertainty, self-doubt, and the feeling of being too weak or insignificant to make a difference. Many teenagers struggle with insecurities about their abilities, appearance, or place in the world. Yet, the Bible offers powerful stories and encouragement that reveal how God sees beyond our fears and weaknesses. One such story is that of **Gideon**, a young man who considered himself too unimportant and insecure but was chosen by God to lead and deliver His people.

Gideon's journey teaches us that God doesn't call the qualified; He qualifies the called. When God sees potential and courage in a heart, He equips and strengthens it to overcome fear and doubt. This study will guide you through understanding how God uses young people—like you—to accomplish great things despite insecurities. You will find inspiration to face personal challenges with confidence, grounded in God's promises and presence.

As you explore these daily devotions, remember that God's strength is made perfect in weakness. You are not alone in your struggles; God's power is available to empower you. Embrace your identity in Him and step bravely into what He has planned for your life. Let this time deepen your faith and encourage you to trust God's transforming work in your heart.

















#### Your Verse

Judges 6:15 - "Pardon me, my lord," Gideon replied, "but how can I save Israel? My clan is the weakest in Manasseh, and I am the least in my family."

#### **Supporting Scriptures**

- 2 Corinthians 12:9 "My grace is sufficient for you, for my power is made perfect in weakness."
- Psalm 56:3 "When I am afraid, I put my trust in you."







### Devotional: God Calls You Beyond Your Insecurities

Gideon's initial response reveals a powerful truth about human nature: we often focus on our weaknesses rather than on God's strength. He felt too insignificant and unqualified to fulfill God's mission. If you are a teen wrestling with insecurities, you are not alone. Gideon's story offers hope, showing that God sees beyond what we think are our limitations.

God's calling doesn't depend on your perfect skill or confidence. Instead, God invites you to trust Him and rely on His power. Remember, your insecurities can actually be the soil where God's strength grows. Just as God reassured Gideon with His presence and promises, He stands ready to reassure and empower you.

Whenever fears and doubts arise, bring them before God. He wants to turn your weaknesses into a testimony of His glory. Your feelings of smallness or inadequacy do not disqualify you from what God can do through you.







# Reflect and Apply

1.	What insecurities hold you back from stepping fully into God's calling?
-	
	How can remembering God's power in your weakness change your perspective?
-	
	In what areas do you need to trust God more despite your feelings of inadequacy?
-	







# **Journaling Prompts**

1.	. Write about a time you felt too weak or unqualified but saw God work through you.		
2.	List your insecurities and next to each, write a promise from God's Word that counters those fears.		
3.	Describe what trusting God looks like in your everyday life.		







# **Prayer for Today**

**Lord,** thank you for calling me even when I feel weak and unsure. Help me to see myself as you see me — capable and loved. Give me courage to trust in your strength rather than my own. Remind me that your grace is enough even in my insecurities. *Grant me boldness today to step forward in faith*, knowing you are with me always. **In Jesus' name, Amen.**  $\triangle$ 









Day 2: Ourage to Act









#### Your Verse

Judges 6:34 – Then the Spirit of the LORD came on Gideon, and he blew a trumpet, summoning the Abiezrites to follow him.

#### **Supporting Scriptures**

- Joshua 1:9 "Be strong and courageous. Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go."
- Isaiah 41:10 "So do not fear, for I am with you; do not be dismayed, for I am your God."







### Devotional: God's Spirit Gives You Courage to Act

When Gideon allowed God's Spirit to fill him, his fear was replaced by boldness. The internal courage to act often comes not from self-confidence but from surrendering to God's strength. As a teen facing peer pressure, challenges, or uncertainty, you may feel the call to step up but hesitate because of fear.

God empowers us through His Spirit to face daunting situations with courage. When you seek God's presence, it transforms your heart and mind, enabling you to do what you once thought impossible. Courage is not the absence of fear but the willingness to follow God despite fear.

Today, invite God's Spirit to lead you in your daily walk. Trust that He equips you to handle whatever comes your way. Your confidence grows when you remember God is your source of strength and protector.







# Reflect and Apply

1.	When have you felt God's strength help you face a scary or difficult situation?
2.	What fears are keeping you from obeying God's call right now?
3.	How can you invite God's Spirit to more fully guide your daily decisions?







# **Journaling Prompts**

1.	Reflect on a time when stepping out in faith brought positive change.
2.	Write about an area where you desire more courage and ask God for His Spirit.
3.	Describe how God's presence influences your confidence.







## Prayer for Today

**Father God,** fill me with your Spirit and empower me to be courageous. Help me to trust that you are by my side in every challenge. Replace my fear with your boldness, and lead me to act according to your will. Teach me to rely on your strength instead of my own. *Thank you for being my refuge and courage.* **In Jesus' name, Amen.**

















#### Your Verse

Judges 7:2 - The LORD said to Gideon, "You have too many men. I cannot deliver Midian into their hands, or Israel would boast against me, 'My own strength has saved me."

#### **Supporting Scriptures**

- Ephesians 6:10 "Be strong in the Lord and in his mighty power."
- Psalm 27:1 "The LORD is my light and my salvation—whom shall I fear?"







## Devotional: Embrace Your Identity as God's Warrior

Gideon's victory was not about numbers or his own power, but about God's strength working through him. As a teen, you may feel small in a big world, but God calls you a warrior in His kingdom. Your strength comes from Him, not from your abilities or popularity.

Trusting God reduces the desire to boast in self and increases gratitude for His power. You are equipped to overcome insecurities and face life's battles because God fights alongside you. You may not see yourself as a warrior, but in God's eyes, you are chosen and strong.

Celebrate your identity in Christ and step boldly into the purpose He has for you. Remember that even when you feel vulnerable, God's mighty power is working in and through you.







# Reflect and Apply

1.	How does understanding God's power change how you view yourself?
2.	In what ways can you rely more on God's strength than your own?
3.	What battles or insecurities are you ready to give to God today?







# **Journaling Prompts**

1.	Write about what it means to you to be a warrior for God.
	List areas of your life where you need God's strength to overcome insecurity.
3.	Describe how you can encourage other teens to trust in God's power.







# **Prayer for Today**

**Lord,** thank you for making me strong through your mighty power. Help me to remember that my worth and strength come from you alone. Teach me to walk boldly as your warrior, trusting in your plan and protection. When I feel weak or insecure, remind me that you are my light and salvation. *Equip me to live courageously and inspire others to do the same.* In Jesus' name, Amen.







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