# The Beatitudes: Kingdom Values



Explore the upside-down values of God's kingdom through Jesus' Sermon on the Mount, discovering the heart of the Beatitudes in Matthew 5:1–12.





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#### Introduction

**The Beatitudes** are a radical redefinition of what it means to live in *God's kingdom*. Found in Matthew 5:1–12, Jesus' words in the Sermon on the Mount turn worldly values upside down, calling us to embrace humility, mercy, purity, and longing for righteousness. These blessings are not just good wishes but proclamations of God's favor upon those who embody His kingdom ethics.

As we journey through this 7-day study, we will delve deeply into each Beatitude, uncovering what it means to live as citizens of a heavenly kingdom in an earthly world. From mourning to meekness, hunger for righteousness to peacemaking, each Beatitude reveals a heart condition that God desires and blesses.

Jesus challenges us to rethink success, joy, and blessing. Instead of power, He honors the meek; instead of self-sufficiency, He blesses the poor in spirit. These values invite us into a life that often feels countercultural but points to the true life abundant in Christ.

Join this transformational study to understand and embody the values of God's kingdom. Let these ancient words shape your heart and actions daily as you discover the rich blessings Jesus promised to those who follow Him.















#### Your Verse

Matthew 5:3 - "Blessed are the poor in spirit, for theirs is the kingdom of heaven."

#### **Supporting Scriptures**

- Isaiah 66:2 "...to this one I will look, to him who is humble and contrite in spirit..."
- James 4:6 "God opposes the proud but shows favor to the humble."







#### Devotional: Embracing Humility Opens the Kingdom

**Being 'poor in spirit'** means recognizing our deep need for God. It is a humility that acknowledges our spiritual poverty apart from Him. Contrary to worldly pride, this blessedness comes from a heart open to receive God's grace and kingdom.

Jesus begins His Sermon on the Mount not by praising the mighty or the bold but the 'poor in spirit.' This sets the tone for the upside-down nature of the kingdom values. When we admit our insufficiency, God fills us with His presence and promises the kingdom of heaven.

In a culture that promotes self-reliance and pride, embracing poverty of spirit is countercultural but essential. It invites us to depend fully on God for our identity, worth, and strength.

Today, ask yourself: Do you recognize your need for God daily? Or do you rely on your own strength? Let this Beatitude invite you to a posture of humble surrender.







## Reflect and Apply

	What does being 'poor in spirit' mean personally to you in your relationship with God?
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	How might pride prevent you from experiencing God's kingdom blessings?
	In what areas of your life do you need to cultivate humility and dependence on God?
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## **Journaling Prompts**

1.	Describe a time when humility led to spiritual growth in your life.
2.	Write about areas where you struggle to admit your spiritual need.
3.	Reflect on how recognizing your need for God impacts your daily decisions.







#### **Prayer for Today**

**Lord, teach me to be poor in spirit,** to humbly recognize my need for You in every moment. Help me to surrender pride and rely wholly on Your grace and kingdom power. May I find joy and peace in Your presence above all things. Strengthen me to walk in true humility and receive Your blessings. *In Jesus' name, amen.*







# Day 2: Blessed are Those Who Mourn









Day 2: 😥 Blessed are Those Who Mourn

#### Your Verse

Matthew 5:4 - "Blessed are those who mourn, for they will be comforted."

#### **Supporting Scriptures**

- Psalm 34:18 "The LORD is close to the brokenhearted and saves those who are crushed in spirit."
- 2 Corinthians 1:3-4 "God... comforts us in all our troubles, so that we can comfort those in any trouble."







Day 2: 😥 Blessed are Those Who Mourn

#### Devotional: God's Comfort for the Brokenhearted

**Mourning** may at first appear as a place of weakness, but Jesus calls it a blessed place. Mourning here goes beyond sorrow and includes mourning over sin, suffering, and brokenness—in ourselves and in the world.

Those who mourn experience the deep ache of loss and brokenness but do not remain in despair. God's promise is to comfort them, offering peace and restoration. This blessing flips the worldly expectation that mourning is purely negative.

In this Beatitude, we are invited to bring our deepest sorrows to God and receive His healing. Mourning over our own failings or the world's injustice opens us to God's comfort, transforming grief into a new hope.

Consider where mourning has brought you closer to God's heart and how His comfort has sustained you.







Day 2: @ Blessed are Those Who Mourn

## Reflect and Apply

	What kind of mourning or grief brings you closer to God's comforting embrace?
2.	How has God comforted you in times of sorrow or loss?
	In what ways can your experience of mourning help you minister to others?







Day 2: @ Blessed are Those Who Mourn

#### **Journaling Prompts**

Write about a time you experienced God's comfort in a difficult season.
Reflect on any current sorrow you can bring to God for healing.
Journal ways God might use your pain to bring comfort to others.







Day 2: 😥 Blessed are Those Who Mourn

#### Prayer for Today

Heavenly Father, in my moments of sorrow and brokenness, help me to trust Your comforting presence. Heal my heart and renew my hope. Use my pain to draw me closer to You and to share Your comfort with those who mourn. Thank You for being near to the brokenhearted. *In Jesus' name, amen.* 









Day 3: Blessed are the Meek









#### Your Verse

Matthew 5:5 - "Blessed are the meek, for they will inherit the earth."

#### **Supporting Scriptures**

- Psalm 37:11 "The meek will inherit the land and enjoy peace and prosperity."
- Galatians 5:22–23 "...gentleness (meekness) is a fruit of the Spirit."







#### Devotional: Meekness: Strength in Gentleness

**Meekness** is often misunderstood as weakness, but Biblically it reflects strength under control, gentleness, and humility toward others. Jesus promises that the meek will inherit the earth—an astonishing promise contrasting the world's view that only the strong or aggressive thrive.

In God's kingdom, meekness is powerful. It dissolves pride, conquers anger, and promotes peace. A meek person trusts God's timing and justice, instead of grasping for power.

As you reflect on this Beatitude, ask Jesus to cultivate meekness in your heart. Consider how gentleness can transform relationships and communities.

Living meekly opens you to God's blessing and ushers in God's peaceful reign on earth.







## Reflect and Apply

How can you distinguish meekness from weakness in your life?
In what situations do you find it hardest to respond with gentleness?
How does trusting God help you practice meekness daily?







## **Journaling Prompts**

1.	Journal about a time when meekness led to peace in a conflict.
2.	Write about areas where you would like to grow in gentleness.
3.	Reflect on God's promise for the meek and what it means to you.







#### Prayer for Today

**Lord Jesus,** teach me meekness—the strength to be gentle and humble in my interactions. Help me to let go of anger and control, trusting Your justice and timing. May Your Spirit produce this beautiful fruit in me, that I might reflect Your peace. Thank You for the promise of inheriting the earth. *Amen.*







# Day 4: Delessed are Those Who Hunger for Righteousness









Day 4: D Blessed are Those Who Hunger for Righteousness

#### Your Verse

Matthew 5:6 - "Blessed are those who hunger and thirst for righteousness, for they will be filled."

#### **Supporting Scriptures**

- Psalm 42:1 "As the deer pants for streams of water, so my soul pants for you, my God."
- Romans 8:4 "That the righteous requirements of the law might be fully met in us..."







Day 4: D Blessed are Those Who Hunger for Righteousness

# Devotional: Craving God's Righteousness Truly Satisfies

**Hunger and thirst** are intense desires that push us forward. Jesus uses this imagery to describe a desperate longing for righteousness—God's perfect justice and holiness in our lives and world.

This Beatitude calls us to crave not comfort or status but to pursue moral and spiritual integrity passionately. It's the kind of hunger that cannot be satisfied by anything less than God Himself.

When we seek God's righteousness, He promises to satisfy us truly. This longing fuels personal holiness and a desire for God's transformative justice in society.

Reflect on your desires. What are you hungering for? Let Jesus invite you today to an unquenchable thirst for God's goodness and justice.







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# Reflect and Apply

1.	What does hunger for righteousness look like in your daily walk?
2.	How does seeking God's justice impact your prayers and actions?
3.	In what ways has God satisfied your spiritual hunger recently?







Day 4: Day 4: Blessed are Those Who Hunger for Righteousness

## **Journaling Prompts**

1.	Write about a time when a deep longing for God renewed your faith.
2.	Reflect on areas where you want to grow in holiness and justice.
3.	Journal your prayers for God's righteousness to reign in your life.







Day 4: D Blessed are Those Who Hunger for Righteousness

#### Prayer for Today

**Father God,** stir within me a deep hunger and thirst for Your righteousness. Let my desires be shaped by Your perfect holiness and justice. Satisfy my soul through Your presence, and empower me to live and seek what honors You. May Your kingdom come in my life and world. *In Jesus' name, amen.*









# Day 5: 🂝 Blessed are the Merciful









Day 5: OBlessed are the Merciful

#### Your Verse

Matthew 5:7 - "Blessed are the merciful, for they will be shown mercy."

#### **Supporting Scriptures**

- Luke 6:36 "Be merciful, just as your Father is merciful."
- Proverbs 11:17 "Those who are kind benefit themselves, but the cruel bring ruin on themselves."







Day 5: 🎔 Blessed are the Merciful

#### Devotional: Living Out Compassion and Forgiveness

**Mercy** reflects God's compassion and forgiveness extended to others. Jesus reminds us that mercy is both a gift we receive and a lifestyle we must practice. When we show kindness and forgiveness, we mirror God's heart.

Being merciful goes against natural inclinations to hold grudges or judge harshly. Instead, mercy chooses love over retribution and compassion over condemnation.

This Beatitude calls us to actively embody God's mercy, trusting that He will extend mercy to us in return—not as a transaction, but as a reflection of God's grace at work in our hearts.

Ask God to soften your heart today and help you extend mercy even when it is difficult. Let compassion flow from you freely like it does from Him.







Day 5: 🎔 Blessed are the Merciful

# Reflect and Apply

1.	How have you experienced God's mercy in your life?
2.	What challenges do you face when extending mercy to others?
3.	How does practicing mercy shape your relationships and witness?







Day 5: OBlessed are the Merciful

## **Journaling Prompts**

1.	Write about a situation where you showed or received mercy.
2.	Reflect on attitudes or behaviors that hinder your mercy toward others.
3	Journal prayers asking God to cultivate mercy in your heart.
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Day 5: 🎔 Blessed are the Merciful

#### Prayer for Today

**Gracious God,** fill me with Your mercy so I may extend it to others. Help me forgive those who have wronged me and act with kindness to those in need. Teach me to reflect Your compassion daily, that I might live out Your love. Thank You for Your endless mercy. *Amen.* •

















Day 6: Blessed are the Pure in Heart

#### Your Verse

Matthew 5:8 - "Blessed are the pure in heart, for they will see God."

#### **Supporting Scriptures**

- Psalm 24:3-4 "Who may ascend the mountain of the LORD? ... who has clean hands and a pure heart?"
- 1 John 3:3 "Everyone who has this hope in him purifies himself, just as he is pure."







Day 6: Blessed are the Pure in Heart

# Devotional: Wholehearted Devotion Leads to Seeing God

**Purity of heart** means having undivided loyalty to God—being sincere, blameless, and wholehearted in our devotion. It's not about outward perfection but an inward condition that longs to see God and live according to His will.

Jesus' promise that the pure in heart "will see God" is both future and present. As we live sincerely devoted lives, we experience a greater awareness of God's presence and glory.

In a world full of distractions and divided loyalties, purity calls us to focus solely on God with genuine love and integrity.

Reflect on the state of your heart today. Seek God's cleansing and let your desire be to see Him clearly above all else.







Day 6: 🥬 Blessed are the Pure in Heart

# Reflect and Apply

1.	What does it mean to be 'pure in heart' in your daily life?
2.	How do distractions or divided loyalties affect your relationship with God?
3.	In what ways has God made Himself clearer as you have grown in purity?







Day 6: Blessed are the Pure in Heart

## **Journaling Prompts**

1.	Journal about areas where you desire greater purity of heart.
2.	Reflect on how you can cultivate sincerity and integrity before God.
3.	Write prayers asking God to help you see Him more clearly.







Day 6: Blessed are the Pure in Heart

#### Prayer for Today

Holy Father, purify my heart that I may see You more clearly and live with undivided devotion. Remove anything that distracts me or divides my loyalty. Help me to walk in integrity and sincerity, trusting in Your guidance daily. Thank You that purity leads me closer to You. *In Jesus' name, amen.* \*















#### Your Verse

Matthew 5:9 - "Blessed are the peacemakers, for they will be called children of God."

#### **Supporting Scriptures**

- Romans 12:18 "If it is possible, as far as it depends on you, live at peace with everyone."
- James 3:18 "Peacemakers who sow in peace reap a harvest of righteousness."







#### Devotional: Peacemakers Reflect God's Heart

**Peacemaking** is an active pursuit of harmony and reconciliation. Jesus honors those who promote peace as true children of God, reflecting His nature as the Prince of Peace.

Peacemakers not only avoid conflict but work to heal divisions, restore relationships, and bring God's justice and mercy into troubled situations.

In a world often marked by strife, God calls us to be agents of peace in our families, communities, and beyond.

This Beatitude challenges us to live beyond avoidance—to engage with love and courage in the difficult work of reconciliation and peace.

Pray for the Holy Spirit's help to be a true peacemaker, embodying God's peace and healing wherever you go.







## Reflect and Apply

1.	Where in your life is God calling you to be a peacemaker?
2.	How does being a peacemaker identify you as a child of God?
3.	What steps can you take to foster peace in difficult relationships or situations?







## **Journaling Prompts**

1.	Write about a time you brought peace to a tense situation.
2.	Reflect on obstacles to peacemaking you currently face.
3.	Journal prayers for courage and wisdom to pursue peace daily.







#### Prayer for Today

**Prince of Peace,** empower me to be a peacemaker in my relationships and community. Give me courage to pursue reconciliation and wisdom to act in love. Help me reflect Your heart by sowing peace and righteousness around me. May I be known as Your child through my peacemaking. *Amen.*  $\stackrel{\text{\tiny{MY}}}{\searrow}$ 



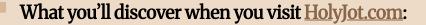




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