



The Gospel: Foundations for Every Teen



Discover the core of the Christian faith—why we need salvation, Jesus' sacrifice, and how His resurrection brings us hope.



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Introduction

Welcome to this 3-day journey designed especially for teens curious about the heart of Christianity. Understanding the gospel is essential because it addresses the most important question in life: *Why am I here, and how can I have hope?* Throughout these days, we will unpack the basics of the Christian faith in a way that is simple and relatable for young people navigating life's challenges.

First, we'll explore why every one of us needs salvation. The Bible teaches us that sin separates us from God, and no matter how hard we try to be good, we fall short. But the good news is that God loves us so much He sent Jesus to rescue us from that separation. Jesus lived a perfect life, died on the cross for our sins, and rose again, conquering death.

Jesus' cross shows us the depth of God's love and justice working together. It's not just an ancient story but an invitation for every teen to find purpose and peace. The resurrection means we can have hope for life beyond what we see—hope that transforms our fears and doubts into boldness and joy.

Thinking about these truths can be overwhelming, but remember, this is a journey. Each day, we'll reflect, pray, and ask God to reveal Himself more clearly to us. Whether this is your first time exploring faith or you want to understand it better, this plan is for you. Let's begin with open hearts and minds, ready to discover the amazing gift God offers through Jesus. 🙏📖





Day 1: 🌱 Why We All Need Salvation



Day 1: 🌱 Why We All Need Salvation

Your Verse

Romans 3:23 – "For all have sinned and fall short of the glory of God."

Supporting Scriptures

- *Isaiah 53:6 – "We all, like sheep, have gone astray, each of us has turned to our own way."*
- *Psalms 51:5 – "Surely I was sinful at birth, sinful from the time my mother conceived me."*



Devotional: Understanding Our Need for Salvation

Start by understanding the problem: sin is real, and it affects everyone, including you. Romans 3:23 makes it clear—no one is perfect. We all make mistakes and do things that separate us from God’s perfect holiness. Sin isn’t just about mistakes or small wrongs; it’s about a broken relationship with the One who made us.

The supporting scriptures show us that this brokenness is part of our human condition from the very beginning. Isaiah’s picture of us as sheep that have gone astray means we are lost on our own path, trying to find meaning without God. This can lead to feelings of emptiness or confusion, which many teens experience as they grow up and make choices about who they want to be.

But why does this matter? Because our separation from God means we cannot fully live the life He intended for us. It also means there is a barrier between us and God’s love. Without salvation, that barrier stays. Today, the hope comes from realizing you are not alone, and God knows your struggles. He wants to bring you back.

Take a moment to think about ways sin has affected your life or the world around you. None of us are perfect; Jesus came to make a way to bridge this gap.



Reflect and Apply

1. How do you personally relate to the idea that everyone has sinned?

2. In what ways have you felt separated from God or struggled to understand Him?

3. Why is it important to acknowledge that sin affects all people, not just some?

4. How does knowing this change your view of yourself and others?





Day 1: 🌱 Why We All Need Salvation

Journaling Prompts

1. Write about a time you realized you needed help beyond yourself.

2. List what 'sin' means to you and how it appears in your daily life.

3. Reflect on how knowing you're not alone in your struggles encourages you.



Day 1: 🌱 Why We All Need Salvation

Prayer for Today

Father God, thank You for loving me even though I am not perfect. Help me to understand the ways sin has separated me from You and those I care about. Open my heart to receive Your forgiveness and guidance. Teach me to see Your love through the challenges I face. Thank You for never giving up on me. In Jesus' name, *amen*. 🙏❤️📖





Day 2: Jesus' Sacrifice on the Cross



Day 2:  Jesus' Sacrifice on the Cross

Your Verse

John 3:16 - "For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life."

Supporting Scriptures

- *1 Peter 2:24 - "He himself bore our sins in his body on the cross, so that we might die to sins and live for righteousness."*
- *Romans 5:8 - "But God demonstrates his own love for us in this: While we were still sinners, Christ died for us."*



Day 2:  Jesus' Sacrifice on the Cross

Devotional: The Cross: God's Love Standing Strong

The cross is at the heart of the gospel. John 3:16 is often called the gospel in a nutshell because it summarizes God's incredible love for you. God sent Jesus to take the punishment that we deserve because of our sins. Jesus didn't just die; He took on the full burden of our wrongdoing so that we could be forgiven.

1 Peter 2:24 reminds us that Jesus' death wasn't random or meaningless. It was a purposeful act so that we could turn away from sin and live a new life focused on what is right and good in God's eyes. This is the pathway from brokenness to restoration.

Think about how radical and personal this love is. Even when we were far from God—when we were completely undeserving—He chose to send Jesus to die for us. Romans 5:8 shows this clearly: Jesus' love is not based on who we are but on who He is.

As a teen, you're facing many questions about identity and purpose. Jesus' sacrifice invites you to find your true worth in Him. It is an unshakeable foundation that nothing in the world can take away. Reflect on the depth of this love today.



Day 2:  Jesus' Sacrifice on the Cross

Reflect and Apply

1. What does John 3:16 mean to you personally?

2. How does knowing Jesus died 'while we were still sinners' affect your view of God's love?

3. Why is Jesus' sacrifice important for your everyday life and choices?

4. In what ways can you accept and live out this love?





Day 2:  Jesus' Sacrifice on the Cross

Journaling Prompts

1. Write a letter to Jesus thanking Him for His sacrifice.




2. Describe what forgiveness means to you now after learning about the cross.

3. List ways you can show God's love to others around you.



Day 2:  Jesus' Sacrifice on the Cross

Prayer for Today

Jesus, thank You for the incredible love You showed by dying on the cross for me. Help me to grasp how much You care and to live in a way that honors that sacrifice. Teach me to rely on Your strength and to extend Your love to others. Thank You for giving me hope and purpose. In Your name, *amen*.   





Day 3: 🌅 Hope Through the Resurrection



Your Verse

1 Corinthians 15:20 - "But Christ has indeed been raised from the dead, the firstfruits of those who have fallen asleep."

Supporting Scriptures

- *Romans 6:4 - "We were therefore buried with him through baptism into death in order that, just as Christ was raised from the dead through the glory of the Father, we too may live a new life."*
- *Acts 2:24 - "God raised him from the dead, freeing him from the agony of death, because it was impossible for death to keep its hold on him."*



Devotional: Living Hope Through Jesus' Resurrection

The resurrection of Jesus is the ultimate source of hope. It is not just an event in history but a powerful truth that changes everything for those who believe. 1 Corinthians 15:20 declares Jesus as the first to rise, promising that we too can experience new life beyond death.

Baptism symbolizes this truth; Romans 6:4 explains that just as Jesus was raised, we can live a new life free from the power of sin. This hope is transformative, especially for teens who often face uncertainty or fear about the future.

Knowing Jesus rose from the dead means you don't have to live in fear or loneliness. The power that raised Jesus is alive and working within believers right now. Acts 2:24 emphasizes that death could not hold Jesus down, and because of this, we can have confidence in eternal life and God's ongoing presence.

Today, reflect on what hope means in your life. The resurrection invites you to live boldly and joyfully because God's victory is also your victory. You are never beyond His reach or love.



Day 3:  Hope Through the Resurrection

Reflect and Apply

1. How does the reality of Jesus' resurrection give you hope today?

2. What fears or doubts can you hand over to God because of this truth?

3. In what ways can you live differently knowing you have new life in Christ?

4. How might you share this hope with friends or family?





Day 3:  Hope Through the Resurrection

Journaling Prompts

1. Write about your hopes and dreams in light of Jesus' resurrection.

2. Identify any fears about the future and surrender them to God in writing.

3. Plan practical steps to live out your faith boldly each day.



Day 3: 🌅 Hope Through the Resurrection

Prayer for Today

Gracious Father, thank You for raising Jesus from the dead and giving me new life and hope. Help me to live boldly in this hope, trusting Your power and love every day. Take my fears and doubts and fill me with Your joy and peace. Use me to share this hope with others. In Jesus' victorious name, *amen*. 🌅 ✨





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