



# The Power of Friendship and Brotherhood



Discover the strength of godly brotherhood. This 7-day study shows young men how authentic friendship builds courage, accountability, and lasting faith.

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## Introduction

Most guys are surrounded by people but still feel completely alone. You might have teammates, classmates, or even hundreds of followers—but when life gets hard, who really knows you? Who can you call at midnight? Who's praying for you? Who's calling you out when you're off track?

God never designed you to walk alone. From the beginning of time, He said, *"It is not good for man to be alone."* That wasn't just about marriage—it was about community. As young men, we need **brothers**—not just guys to joke with, but guys to **stand with**, **fight with**, and **grow with**. Real friends don't just hype you up; they **hold you accountable**.

This 7-day Bible study will help you discover the kind of friendships God wants for you—and the kind of friend you're called to be. It's time to move beyond shallow connections and into deep, godly brotherhood that sharpens you, strengthens you, and points you to Jesus.





## Day 1: Made for Brotherhood



## Day 1: Made for Brotherhood

## Your Verse

***Ecclesiastes 4:9–10 (NIV)***

*"Two are better than one... If either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up."*

## Supporting Scriptures

- ***Genesis 2:18 (NIV)*** – *"The Lord God said, 'It is not good for the man to be alone...'"*



## Day 1: Made for Brotherhood

## Devotional: You Weren't Meant to Go It Alone

Lone wolf masculinity is a myth. Many young men are taught that being strong means being self-sufficient. But Scripture teaches the opposite: strength is found in **brotherhood**. You were made to do life with others who walk beside you, hold you up, and call you higher.

When you're isolated, you're vulnerable. When you're surrounded by godly brothers, you're protected. Brotherhood isn't just emotional support—it's **spiritual strategy**. The devil loves to isolate. God loves to unite.

The question isn't, "Do I need others?" The question is, "Who am I letting walk with me?" Don't wait until life gets hard to find your people. Build your circle now.



## Day 1: Made for Brotherhood

# Journaling Prompts

1. Do I have friends I can be real with when life gets hard?

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2. What's holding me back from building strong friendships?

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3. Who has God already placed in my life that I need to invest in?

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## Day 1: Made for Brotherhood

## Prayer for Today

God, I admit I've tried to do life alone. I've closed myself off out of fear or pride. But I know I need others. Help me find godly friends who sharpen me, challenge me, and walk with me. And help me be that kind of friend to others. Show me how to build brotherhood that honors You.

**Amen.**







## Day 2: Friends That Sharpen You



## Day 2: Friends That Sharpen You

## Your Verse

***Proverbs 27:17 (NIV)***

*"As iron sharpens iron, so one person sharpens another."*

## Supporting Scriptures

- ***Hebrews 10:24 (NIV)*** – *"And let us consider how we may spur one another on toward love and good deeds."*



## Day 2: Friends That Sharpen You

## Devotional: Real Friends Don't Just Chill—They Challenge You

Good friends laugh with you. **Godly friends sharpen you.** It's easy to surround yourself with people who agree with everything you say. But real growth comes from friends who call you higher—even when it's uncomfortable.

“Sharpening” isn't always smooth. Sometimes it stings. But it's worth it. A brother who lovingly calls you out when you're drifting is a gift from God. He's protecting your future. He's fighting for your soul.

Ask yourself: Do my friends make me sharper—or softer? Do they pull me toward Christ or toward compromise?



## Day 2: Friends That Sharpen You

# Journaling Prompts

1. Which of my current friendships are sharpening me? Which ones are dulling me?

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2. Have I given any friends permission to challenge me spiritually?

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3. How can I become a sharper, more Christ-centered friend to others?

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## Day 2: Friends That Sharpen You

## Prayer for Today

Lord, I want friends who make me more like You. Help me not run from challenge, but welcome it. Bring people into my life who aren't afraid to speak truth in love—and help me be the kind of brother who builds others up with boldness and grace.

**Amen.**





## Day 3: Guarding Against Isolation



## Day 3: Guarding Against Isolation

## Your Verse

***Proverbs 18:1 (ESV)***

*"Whoever isolates himself seeks his own desire; he breaks out against all sound judgment."*

## Supporting Scriptures

- ***1 Peter 5:8 (NIV)*** – *"Your enemy the devil prowls around like a roaring lion looking for someone to devour."*



## Day 3: Guarding Against Isolation

## Devotional: The Devil's First Strategy Is Isolation

When a lion hunts, it doesn't go for the whole herd—it goes for the one who's drifting. The same is true for you. When you're disconnected from godly friends, you're an easy target for sin, depression, and self-destruction.

Isolation isn't always physical. You can be around people and still hide your heart. You might even convince yourself that “no one understands” or “I'm fine alone.” But that's a lie the enemy loves to whisper.

God's truth says: *You belong*. And not just to Him—but to a community. Brotherhood is your **covering** in the fight.





## Day 3: Guarding Against Isolation

# Journaling Prompts

1. When do I tend to isolate myself—and why?

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2. What lies have I believed about friendship or community?

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3. What step can I take to reconnect with godly friends this week?

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## Day 3: Guarding Against Isolation

# Prayer for Today

Father, I confess that I've pulled away when I needed connection the most. I've let fear, shame, or pride isolate me. But I want to come back into the light. Help me break down the walls I've built. Surround me with friends who love You—and help me open up to them.

**Amen.**





## Day 4: Choosing the Right Circle



## Day 4: Choosing the Right Circle

## Your Verse

**1 Corinthians 15:33 (NIV)**

*"Do not be misled: 'Bad company corrupts good character.'"*

## Supporting Scriptures

- **Psalm 1:1–2 (NIV)** – *"Blessed is the one who does not walk in step with the wicked... but whose delight is in the law of the Lord."*



## Day 4: Choosing the Right Circle

## Devotional: Your Circle Will Shape Your Character

You become like the people you hang around most. It's not just a motivational quote—it's biblical truth. If you spend all your time with people who mock God, ignore truth, or chase the world, it will rub off.

That doesn't mean ditch every non-Christian friend. It means your **inner circle** should consist of people who are running the same race. You need guys who push you toward Christ—not pull you toward compromise.

Choose wisely. Your circle today is shaping your future tomorrow.



## Day 4: Choosing the Right Circle

# Journaling Prompts

1. Who are the top 3 people I spend time with—and how are they influencing me?

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2. Do I have any friendships I need to set boundaries in?

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3. What kind of friend do I want to be known as?

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## Day 4: Choosing the Right Circle

## Prayer for Today

Jesus, help me choose my friends wisely. Show me where I've let unhealthy influence shape my thoughts and choices. Give me the strength to set boundaries when needed, and bring the right people into my life—people who run hard after You.

**Amen.**





## Day 5: Confessing, Not Just Joking





## Day 5: Confessing, Not Just Joking

## Your Verse

**James 5:16 (NIV)**

*"Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective."*

## Supporting Scriptures

- **Galatians 6:2 (NIV)** – *"Carry each other's burdens, and in this way you will fulfill the law of Christ."*



## Devotional: Real Brotherhood Isn't Built on Banter Alone

It's easy to joke, meme, and talk about sports or video games with your boys. But real friendship requires more than banter. It requires **brave honesty**. If your circle can't talk about real struggles—sin, shame, temptation, heartbreak—then it's not brotherhood. It's just noise.

James says to confess your sins to one another *so that you may be healed*. That means some healing won't come through personal prayer alone—it'll come when you open up to a godly friend and they pray for you.

It's not about oversharing. It's about trusting the right brothers with the right parts of your story. When you confess, they don't just listen—they help carry your burden. That's what makes brotherhood holy.



## Day 5: Confessing, Not Just Joking

# Journaling Prompts

1. Do I have anyone in my life I can confess my struggles to?

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2. What burdens have I been trying to carry alone?

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3. Who could I open up to this week—and ask for prayer?

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## Day 5: Confessing, Not Just Joking

## Prayer for Today

Father, I've gotten used to hiding. I cover up with jokes and smiles. But underneath, I'm carrying burdens that feel heavy. I want real friendship—one that brings healing. Give me courage to be honest with the right people. Help me not just laugh with my friends, but also **pray** with them. Help me build brotherhood that sets both of us free.

**Amen.**





## Day 6: Becoming a Loyal Friend



## Day 6: Becoming a Loyal Friend

## Your Verse

**Proverbs 17:17 (NIV)**

*"A friend loves at all times, and a brother is born for a time of adversity."*

## Supporting Scriptures

- **John 15:13 (NIV)** – *"Greater love has no one than this: to lay down one's life for one's friends."*



## Day 6: Becoming a Loyal Friend

## Devotional: Be the Friend You Want to Have

Everyone wants loyal friends—but few people work to become one. Loyalty is rare. It's easy to stick around when life is good, but a true brother **stands firm** when things fall apart. He doesn't ghost you when you're struggling. He doesn't switch sides when others are talking behind your back.

Jesus showed us perfect friendship. He didn't just support His friends—He **sacrificed** for them. And He calls us to love the same way: with loyalty that costs something.

If your friends know you'll never walk away... if they know you'll pray for them, check in on them, stand up for them—you'll not only reflect Christ, you'll change lives.



## Day 6: Becoming a Loyal Friend

# Journaling Prompts

1. Am I a consistent, loyal friend—or only present when it's convenient?

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2. Who in my life needs encouragement or loyalty from me right now?

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3. What can I do this week to invest in a friendship that matters?

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## Day 6: Becoming a Loyal Friend

## Prayer for Today

Jesus, thank You for being the most loyal friend I'll ever have. You didn't walk away when I failed. You stayed—and You gave everything. Help me love others the same way. Teach me to be the kind of brother who's dependable, faithful, and full of grace. Let my loyalty point others back to You.

**Amen.**





## Day 7: A Brotherhood That Lasts



## Day 7: A Brotherhood That Lasts

## Your Verse

**Acts 2:42 (NIV)**

*"They devoted themselves to the apostles' teaching and to fellowship, to the breaking of bread and to prayer."*

## Supporting Scriptures

- **1 Thessalonians 5:11 (NIV)** – *"Encourage one another and build each other up..."*



## Day 7: A Brotherhood That Lasts

## Devotional: Friendship Rooted in Faith Goes the Distance

Not every friendship will last—but the ones built on Christ **can**. The early church wasn't just a Sunday thing. They were brothers who shared life—truth, meals, laughter, tears, prayer, everything. That kind of fellowship wasn't accidental. It was **intentional**.

You need people who will grow with you spiritually, not just vibe with you temporarily. Brotherhood that lasts isn't about playing the same sport or liking the same music—it's about chasing the same Savior.

This kind of friendship doesn't happen overnight. It takes vulnerability, forgiveness, effort, and commitment. But it's worth it. Because when storms come—and they will—you'll be held up by a circle that doesn't just know your name, but knows your heart.



## Day 7: A Brotherhood That Lasts

# Journaling Prompts

1. What kind of legacy do I want to build through friendship?

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2. How can I commit more deeply to Christ-centered brotherhood?

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3. What will I do differently after this 7-day journey?

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## Day 7: A Brotherhood That Lasts

## Prayer for Today

God, thank You for showing me what true friendship looks like. I don't want to settle for surface-level connections anymore. I want brotherhood that's deep, real, and rooted in Christ. Help me keep growing. Help me build relationships that last—not because of personality, but because of shared purpose. Teach me to encourage others, pray with others, and never walk alone.

**Amen.**





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