

# The Tenderness of Jesus in the Gospels



Explore the compassionate heart of Jesus through the Gospels, focusing on His tender moment at Lazarus' tomb and how He meets us in grief.

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## Introduction

Welcome to this 7-day study on the Gospels, highlighting the tender heart of Jesus in our moments of loss and grief. The Gospels reveal not only the mighty works of Christ but also His deep empathy and love for those suffering around Him. One of the most moving passages is found in John 11:33–35, where Jesus weeps at the tomb of Lazarus. This simple yet profound moment shows us the true nature of Jesus as fully God and fully human—He feels our pain, shares in our sorrow, and brings hope even in the darkest times.

*Throughout this study, we'll journey together through key Gospel passages to understand more about Jesus' compassion and His invitation to bring our grief to Him.* We will see how Jesus meets us personally, cares for our hearts, and leads us toward resurrection hope. This study is designed to encourage you deeply, whether you are walking through loss, supporting others in grief, or simply seeking a closer relationship with Jesus.

Let this time be one of reflection, prayer, and spiritual growth as we behold a Savior who is not distant but intimately close—who weeps with us and also comforts us with His presence and promises.





# Day 1: Jesus' Compassion Revealed



Day 1: 🌿 Jesus' Compassion Revealed

## Your Verse

*John 11:33-35 - 'When Jesus saw her weeping, and the Jews who had come along also weeping, he was deeply moved in spirit and troubled. "Where have you laid him?" he asked. "Come and see, Lord," they replied. Jesus wept.'*

## Supporting Scriptures

- *Psalm 34:18 - "The Lord is close to the brokenhearted and saves those who are crushed in spirit."*
- *Isaiah 53:3 - "He was despised and rejected by mankind, a man of suffering, and familiar with pain."*



Day 1: 🌿 Jesus' Compassion Revealed

## Devotional: The Depth of Jesus' Compassion in Grief

**Jesus' tears at Lazarus' tomb reveal a deeply compassionate Savior.** In this brief but moving passage, we observe Jesus entering fully into human emotion. Though He knew He would soon raise Lazarus from the dead, He did not shy away from the heartbreak and sorrow surrounding Him. Instead, He allowed Himself to grieve alongside Mary, Martha, and others.

*Jesus' weeping shows us that it is okay to feel pain and sorrow.* He does not minimize our struggles but meets us in them. His tears remind us that God is not distant but intimately involved in our lives, aware of every tear and ache.

As we reflect on Jesus' compassion today, may we come to Him with our sorrows, trusting that He welcomes our tears. His heart beats with love and empathy for each of us, providing comfort and hope beyond our pain.



Day 1: 🌿 Jesus' Compassion Revealed

## Reflect and Apply

1. How does Jesus' willingness to weep impact your understanding of His character?

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2. In what ways do you find it challenging or comforting to bring your grief to God?

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3. What does Jesus' empathy teach you about how you might support others who are hurting?

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Day 1: 🌿 Jesus' Compassion Revealed

## Journaling Prompts

1. Describe a recent time when you felt deeply comforted by God in a moment of sadness.

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2. Write down how Jesus' example of weeping changes your view of expressing emotions.

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3. List ways you can show compassion to someone grieving in your life.

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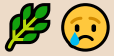




Day 1: 🌿 Jesus' Compassion Revealed

## Prayer for Today

**Lord Jesus, thank You for showing us Your heart through Your tears. Help me to bring my sorrows openly to You, knowing You understand and care deeply. Teach me to be a source of comfort to others, reflecting Your compassion. May Your presence soothe my soul today and fill me with hope. Amen.** ❤️ 🙏





## Day 2: 🐑 Jesus, The Good Shepherd



Day 2: 🐑 Jesus, The Good Shepherd

## Your Verse

*John 10:11 - “I am the good shepherd. The good shepherd lays down his life for the sheep.”*

## Supporting Scriptures

- *Psalm 23:1-4 - “The Lord is my shepherd, I lack nothing... Even though I walk through the darkest valley, I will fear no evil, for you are with me.”*
- *Isaiah 40:11 - “He tends his flock like a shepherd: He gathers the lambs in his arms and carries them close to his heart.”*



Day 2: 🐑 Jesus, The Good Shepherd

## Devotional: Jesus' Care Like a Shepherd

**Jesus calls Himself the Good Shepherd, a comforting image for those who are afraid or lost.** Unlike hired hands who run at the first sign of danger, Jesus remains faithful, willing to lay down His life for His sheep. This devotion reminds us that in moments of pain and uncertainty, we are never alone.

*The shepherd's care is tender and personal.* He carries the weak, protects the vulnerable, and brings us safely home. When facing loss, like Lazarus' death, we can hold on to the truth that our Shepherd watches over us, offering guidance, protection, and intimate love.

Today, reflect on how the Good Shepherd meets you where you are and carries you through every valley. Trust in His unwavering presence and care.



Day 2: 🕊️ Jesus, The Good Shepherd

## Reflect and Apply

1. What does it mean to you that Jesus is called the Good Shepherd?

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2. How can you experience Jesus' shepherd-like care in your current life circumstances?

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3. In what ways might you allow Jesus to carry your burdens more fully?

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Day 2: 🐑 Jesus, The Good Shepherd

## Journaling Prompts

1. Recall a time when you felt God's protective presence like a shepherd's care.

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2. Write about how you can deepen your trust in Jesus as your shepherd.

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3. Identify areas in your life where you need to surrender control and let Jesus lead.

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Day 2: 🕊️ Jesus, The Good Shepherd

## Prayer for Today

Dear Jesus, my Good Shepherd, thank You for Your faithful care and love. In times of sadness and uncertainty, help me rest in Your presence and guidance. Carry me when I am weak and remind me that I am safe and deeply loved. *Amen.* 🐑 🕊️ ❤️ 🙏





## Day 3: 💡 Jesus Brings Light to Darkness





Day 3: 💡 Jesus Brings Light to Darkness

## Your Verse

*John 8:12 - “I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life.”*

## Supporting Scriptures

- *Psalm 119:105 - “Your word is a lamp to my feet and a light to my path.”*
- *Isaiah 9:2 - “The people walking in darkness have seen a great light; on those living in the land of deep darkness a light has dawned.”*



## Devotional: Walking from Darkness into Light

**In the depths of grief and loss, darkness often feels overwhelming.** Yet Jesus promises to be the light that breaks through the shadows. He doesn't just shine for those who feel strong or hopeful; He shines brightest for those walking through the darkest valleys.

*Following Jesus means stepping out of despair into hope, even when it seems impossible.* His light brings clarity, peace, and the promise of new life. Just as He called Lazarus out of the tomb, He calls us out of spiritual darkness into freedom and joy.

Today, reflect on where you might need Jesus' light to penetrate your darkness. Let His radiant presence lead and restore your soul.



## Reflect and Apply

1. What areas in your life feel dark or hopeless right now?

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2. How can Jesus' promise as the Light of the World give you courage?

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3. In what ways can you share this light with others who are struggling?

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## Day 3: 💡 Jesus Brings Light to Darkness

# Journaling Prompts

1. Write about a time when Jesus' light helped you overcome fear or confusion.

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2. List ways you can invite Jesus' light into your daily life.

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3. Consider someone living in darkness; how might you be a light for them?

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Day 3: 💡 Jesus Brings Light to Darkness

## Prayer for Today

**Lord Jesus, thank You for being the Light in my darkness. Help me to follow You faithfully, trusting You to illuminate my path and heart. Shine Your hope into every shadow and empower me to shine Your light to those around me.**

*Amen.* ✨ 🕯️ 💡 🙏





## Day 4: ❤️ Jesus' Healing Touch



## Day 4: ❤️ Jesus' Healing Touch

## Your Verse

*Matthew 9:20-22 - “Just then a woman who had been subject to bleeding for twelve years came up behind him and touched the edge of his cloak. She said to herself, ‘If I only touch his cloak, I will be healed.’ Jesus turned and saw her. ‘Take heart, daughter,’ he said, ‘your faith has healed you.’ And the woman was healed at that moment.”*

## Supporting Scriptures

- *Mark 1:40-42 - “A man with leprosy came to him and begged him, ‘If you are willing, you can make me clean.’ Jesus was indignant. He reached out his hand and touched the man. ‘I am willing,’ he said. ‘Be clean!’”*
- *Luke 6:19 - “And the people all tried to touch him, because power was coming from him and healing them all.”*



Day 4: ❤️ Jesus' Healing Touch

## Devotional: Faith and Healing Through Jesus' Touch

**Jesus' ministry was marked by healing—body, mind, and soul.** The woman who touched His cloak came with faith in her heart and experienced immediate restoration. Jesus not only healed physically but also spoke words of encouragement and reassurance.

*His healing touch reminds us that no condition is too broken for Jesus.*

Whether we face physical illness, emotional wounds, or spiritual despair, Jesus invites us to come to Him in faith. He sees our needs and responds with compassion and power.

Reflect today on your own areas of need. Bring them to Jesus, trusting in His loving ability to heal and restore.





## Day 4: ❤️ Jesus' Healing Touch

## Reflect and Apply

1. Where in your life do you need Jesus' healing touch?

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2. How does faith influence the way you approach Jesus with your needs?

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3. How can you encourage others to come to Jesus for healing?

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Day 4: ❤️ Jesus' Healing Touch

## Journaling Prompts

1. Write about a time when Jesus healed or comforted you, physically or spiritually.

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2. Describe how you can grow in faith when seeking Jesus' help.

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3. Think about someone you know who needs healing; how can you pray or support them?

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Day 4: ❤️ Jesus' Healing Touch

## Prayer for Today

**Lord Jesus, I bring my brokenness and needs to You today.** Touch my heart and body with Your healing power. Help me to trust You fully and to have faith in Your loving care. Use me to show Your healing to others in need. *Amen.* 🙌





## Day 5: Jesus, The Resurrection and Life



Day 5: 🌱 Jesus, The Resurrection and Life

## Your Verse

*John 11:25 – Jesus said to her, “I am the resurrection and the life. The one who believes in me will live, even though they die.”*

## Supporting Scriptures

- *1 Corinthians 15:20 – “But Christ has indeed been raised from the dead, the firstfruits of those who have fallen asleep.”*
- *Romans 6:23 – “For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.”*



Day 5: 🌱 Jesus, The Resurrection and Life

## Devotional: Hope Beyond Death in Jesus

**Jesus' declaration as the Resurrection and Life offers profound hope against the sadness of death.** When Lazarus died, Martha believed Jesus held the key to life beyond the grave. This promise is not just for the future but can bring comfort and courage amid present grief.

*Belief in Jesus transforms how we face loss.* Death no longer has the final word because Jesus conquered it. This truth encourages us to live boldly, with hope and joy, knowing our ultimate destiny rests secure in Him.

Today, reflect on this promise. What does it mean to you that Jesus is life itself, unending and victorious?



Day 5: 🌱 Jesus, The Resurrection and Life

## Reflect and Apply

1. How does Jesus' identity as Resurrection and Life shape your views on death?

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2. In what ways can the hope of eternal life help you cope with loss?

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3. How might this truth encourage you to live differently today?

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Day 5: 🌱 Jesus, The Resurrection and Life

## Journaling Prompts

1. Write about how the resurrection changes your fear of death or grief.

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2. Describe how you can remind yourself daily of the life Jesus offers.

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3. List ways you can encourage others with the message of resurrection hope.

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Day 5: 🌅 Jesus, The Resurrection and Life

## Prayer for Today

**Jesus, You are the Resurrection and the Life—thank You for this hope.** Help me to trust in the victory You have won over death. Strengthen my faith to live boldly and to share this hope with those grieving. May Your promise bring peace to my soul. *Amen.* ✚ 🌅 🌟 🙏





## Day 6: 🙌 Jesus' Invitation to Bring Our Burdens



Day 6: 🙏 Jesus' Invitation to Bring Our Burdens

## Your Verse

*Matthew 11:28-30 - 'Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.'*

## Supporting Scriptures

- *Psalm 55:22 - 'Cast your cares on the Lord and he will sustain you; he will never let the righteous be shaken.'*
- *1 Peter 5:7 - 'Cast all your anxiety on him because he cares for you.'*



Day 6: 🙏 Jesus' Invitation to Bring Our Burdens

## Devotional: Rest for the Weary in Jesus' Arms

**When grief and troubles weigh heavily, Jesus invites us to come to Him for rest.** His gentle and humble heart offers comfort to the brokenhearted and the overwhelmed. Taking His yoke means walking alongside Him, sharing the load, and learning from His example.

*This invitation is more than relief; it's a relational promise.* Jesus wants to carry our burdens so that we don't have to suffer alone. He provides peace that recharges and sustains us.

As you reflect today, consider what burdens you need to bring to Jesus. Let Him carry your distress and give your soul true rest.



Day 6: 🙏 Jesus' Invitation to Bring Our Burdens

## Reflect and Apply

1. What burdens are you currently carrying that need to be given to Jesus?

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2. How can you learn from Jesus' gentleness in dealing with your struggles?

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3. What does 'rest for your souls' mean in your daily life?

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Day 6: 🙏 Jesus' Invitation to Bring Our Burdens

## Journaling Prompts

1. List the worries or burdens you want to surrender to Jesus today.

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2. Write about how you can intentionally come to Jesus daily for rest.

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3. Describe ways you can embrace gentleness and humility in your own life.

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Day 6: 🙌 Jesus' Invitation to Bring Our Burdens

## Prayer for Today

**Lord Jesus, I come to You tired and burdened.** Teach me to trust Your gentle heart and share my struggles with You. Help me find true rest and peace in Your presence. Carry me through every challenge with Your loving care.

*Amen.* 🙌 ❤️ 🌿 🙏





## Day 7: 🎉 Celebrating Jesus' Victory





Day 7: 🎉 Celebrating Jesus' Victory

## Your Verse

*Matthew 28:5-6 - 'The angel said to the women, "Do not be afraid, for I know that you are looking for Jesus, who was crucified. He is not here; he has risen, just as he said."'*

## Supporting Scriptures

- *Romans 8:37 - "In all these things we are more than conquerors through him who loved us."*
- *Revelation 21:4 - "He will wipe every tear from their eyes. There will be no more death or mourning or crying or pain."*



Day 7: 🎉 Celebrating Jesus' Victory

## Devotional: Victory Over Death and Sorrow

**Our journey through the Gospels ends with the triumphant resurrection of Jesus.** The stone rolled away is a powerful symbol of new beginnings and God's victory over death and grief. The resurrection guarantees that sorrow and loss will not have the last word.

*Because Jesus lives, we can celebrate life abundantly now and forever.* This celebration includes bringing our pain to Him and trusting in His promise to restore all things.

Let this day remind you that Jesus' victory is personal and eternal. Rejoice in the hope and joy that only He can provide.



## Reflect and Apply

1. How does the resurrection give you hope in times of loss?

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2. What does it look like to live as a person who celebrates Jesus' victory daily?

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3. How can the promise of no more tears transform your outlook on suffering?

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Day 7: 🎉 Celebrating Jesus' Victory

## Journaling Prompts

1. Write a letter of celebration to Jesus for His resurrection and victory.

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2. Describe ways you can share the joy of Jesus' victory with others.

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3. Reflect on how the resurrection changes your perspective on life and death.

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Day 7: 🎉 Celebrating Jesus' Victory

## Prayer for Today

**Risen Savior, thank You for conquering death and bringing eternal life.** Fill me with joy and hope that surpasses all sorrow. Help me to live each day celebrating Your victory and sharing Your love. Wipe away every tear and keep me strong in faith. *Amen.* 🎉 ✝️ 🙌 ❤️





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