



# Thriving as a Woman: Embracing Singleness with Jesus



A 7-day plan for women to embrace singleness,  
deepen intimacy with Jesus, and pursue purposeful  
personal growth.

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## Introduction

**Embracing singleness** is a profound season full of opportunities for spiritual intimacy, personal growth, and deepening self-awareness. While society often emphasizes romantic relationships as the key to fulfillment, this study invites women to discover the *joy and purpose* found in a unique, fruitful season of singleness. Through Scripture, we will explore how God desires women to thrive by cultivating an intimate relationship with Jesus, focusing on personal growth, and living confidently in God's design.

Singleness is not simply a waiting period. It is a dynamic, empowered season in which women can develop their spiritual, emotional, and intellectual lives without distraction. Jesus calls each believer into an intimate walk with Him, and singleness can be a blessing that frees space for this deep connection. As Paul writes, singleness allows distinct focus on the Lord's work (1 Corinthians 7:32–35). With this freedom, you can embrace God's purpose uniquely for your current season.

This plan offers seven devotionals rooted in biblical examples and truths, highlighting how women can live intentionally, pursue meaningful growth, and treasure their relationship with God as their first love. Each day invites reflection, journaling, and prayer, inviting you to go deeper with God and embrace your singleness as a thriving season rather than a lonely one. Through these days, we will be encouraged to see singleness not as lack but as a calling filled with potential and blessing. 🌿





# Day 1: 🌸 Embracing God's Design for Singleness



Day 1: 🌸 Embracing God's Design for Singleness

## Your Verse

*1 Corinthians 7:34 - "An unmarried woman or virgin is concerned about the Lord's affairs: Her aim is to be devoted to the Lord in both body and spirit."*

## Supporting Scriptures

- *Psalm 68:6 - "God sets the lonely in families."*
- *Isaiah 62:5 - "As a bridegroom rejoices over his bride, so will your God rejoice over you."*



Day 1: 🌸 Embracing God's Design for Singleness

## Devotional: God's Purpose in Your Singleness

**God's design for singleness is purposeful and powerful.** Sometimes society can make singleness feel like a void or a waiting room, but Scripture presents it as a unique season where intimacy with God is intensified. Paul highlights that an unmarried woman can focus fully on serving the Lord without distraction. This means singleness is not a lesser state but an opportunity to cultivate your devotion deeply—body, mind, and spirit.

Psalms 68 reminds us that God places the lonely in families, including His spiritual family. You are never alone in this season because God's love for you is unfailing and rejoices over you as a bridegroom rejoices over his bride (Isaiah 62:5). This metaphor sheds light on how precious you are to God—more than any human relationship.

*Today, embrace your singleness as a divine gift and an opportunity for greater intimacy with the Lord.* Let God's perspective shape how you see this season and release any feelings of lacking. Instead, step forward with confidence, knowing you are deeply loved and chosen.



## Reflect and Apply

1. How does viewing singleness as God's purposeful gift change your attitude toward this season?

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2. In what ways can you deepen your devotion to God during singleness?

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3. What does God's rejoicing over you reveal about your value beyond human relationships?

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## Journaling Prompts

1. Write about your current feelings regarding singleness and God's design for it.

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2. List ways you can devote more time and energy to your relationship with Jesus.

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3. Describe what it means to you that God rejoices over you as a bridegroom with his bride.

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Day 1: 🌸 Embracing God's Design for Singleness

## Prayer for Today

**Dear Lord**, thank You for Your perfect design for my life and this season of singleness. Help me to see this time as a precious opportunity to grow closer to You with an undivided heart. Teach me to delight in Your presence and rest in the truth that I am deeply loved and valued by You. Guard my heart from feelings of loneliness or inadequacy, and fill me with Your peace and purpose. May I walk forward confidently, embracing the freedom and intimacy You provide. In Jesus' name, *amen*.





## Day 2: Finding Identity in Christ Alone



Day 2: 🌿 Finding Identity in Christ Alone

## Your Verse

*Galatians 2:20 - "I have been crucified with Christ and I no longer live, but Christ lives in me."*

## Supporting Scriptures

- *Psalm 139:14 - "I praise you because I am fearfully and wonderfully made."*
- *Ephesians 2:10 - "For we are God's handiwork, created in Christ Jesus to do good works."*



## Devotional: Rooted Identity in Jesus Christ

**Your true identity is found in Christ alone.** Society often pressures women to define themselves through relationships, status, or appearance. However, Scripture anchors us in an identity that surpasses all external labels. Galatians 2:20 powerfully declares that our old selves are crucified, and now Christ lives in us—this means our worth and purpose flow from union with Him.

Psalms 139 celebrates the intricate, beautiful way God made you, fearfully and wonderfully. Your worth is innate and ordained by God's hands. Moreover, Ephesians 2:10 reminds us that you are God's masterpiece—created intentionally to do good works that only you can accomplish.

Embracing this truth during singleness brings incredible freedom. When your value is anchored in Jesus, you are not defined or limited by your relationship status. Instead, you can grow boldly into the woman God created you to be, confident in His loving craftsmanship.



## Reflect and Apply

1. What aspects of your identity are you tempted to define apart from Christ?

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2. How can embracing your God-given worth change the way you view singleness?

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3. In what ways does knowing you are God's masterpiece inspire you to live boldly?

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Day 2: 🌿 Finding Identity in Christ Alone

## Journaling Prompts

1. Write about how your identity in Christ differs from societal expectations.

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2. Reflect on Psalm 139 and list the ways God has wonderfully made you.

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3. Describe what God might be inviting you to pursue as His handiwork.

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Day 2: 🌿 Finding Identity in Christ Alone

## Prayer for Today

**Lord Jesus**, thank You for making me Your masterpiece and for living in me. Help me to cherish my identity in You above all else, especially during this season of singleness. Guard my heart from finding worth in circumstances or opinions. Teach me to grow in confidence knowing You have fearfully and wonderfully made me, and You have a unique purpose for my life. Fill me with boldness and peace as I walk securely in Your love. Amen.





## Day 3: Cultivating Intimacy with Jesus





Day 3: 🌸 Cultivating Intimacy with Jesus

## Your Verse

*Psalm 63:1 - "You, God, are my God, earnestly I seek you; I thirst for you, my whole being longs for you."*

## Supporting Scriptures

- *James 4:8 - "Come near to God and he will come near to you."*
- *John 15:4 - "Remain in me, as I also remain in you."*



## Devotional: Pursuing Deep Intimacy with Jesus

**Intimacy with Jesus is the foundation for thriving in singleness.** Psalm 63 captures the deep longing of the soul for God's presence, portraying an earnest seeking and thirst. This passionate pursuit isn't just for occasional moments but a daily inclination toward God's heart.

James encourages us that when we draw near to God, He draws near to us—restoring intimacy and fellowship. In John 15, Jesus describes abiding in Him as remaining close, connected like branches to a vine. This staying close nurtures continual growth and spiritual vitality.

During singleness, you have a special chance to cultivate this intimacy. Make space daily to seek Jesus—through prayer, worship, and listening. Let your whole being long for Him so that His presence becomes your source of joy, strength, and purpose.



## Reflect and Apply

1. What does it mean to you to ‘earnestly seek’ God as Psalm 63 describes?

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2. How can you create daily rhythms that foster intimacy with Jesus?

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3. In what ways does abiding in Christ impact your perspective on singleness?

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Day 3: 🌸 Cultivating Intimacy with Jesus

## Journaling Prompts

1. Write about how you experience God's presence most deeply.

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2. List practical steps to seek God more earnestly each day.

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3. Reflect on times when closeness with Jesus has brought peace and joy.

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Day 3: 🌸 Cultivating Intimacy with Jesus

## Prayer for Today

Dear Jesus, I long to know You more deeply. Help me to seek You earnestly and thirst for Your presence with all my heart and soul. Teach me to abide in You daily so that my life reflects Your love and joy. Draw near to me as I draw near to You, and transform my singleness into a season of spiritual richness and closeness with You. Thank You for being my faithful friend and sustainer. Amen.





## Day 4: 🌻 Growing Through Solitude and Reflection



Day 4: 🌻 Growing Through Solitude and Reflection

## Your Verse

*Psalm 46:10 - "Be still, and know that I am God."*

## Supporting Scriptures

- *Lamentations 3:25 - "The Lord is good to those whose hope is in him."*
- *Proverbs 3:5 - "Trust in the Lord with all your heart and lean not on your own understanding."*



## Day 4: 🌻 Growing Through Solitude and Reflection

## Devotional: Embracing Solitude for Growth

**Solitude is a sacred space where God meets the heart.** Psalm 46:10 invites us to be still, taking intentional moments to pause from the busyness and noise. In singleness, solitude can become an enriching friend, allowing clarity, deep reflection, and spiritual restoration.

God's goodness shines brightest when our hope is fixed firmly on Him (Lamentations 3:25). This hope anchors us even when the future feels uncertain or lonely. Trusting God wholeheartedly, rather than leaning on our own understanding, gives us peace in this season (Proverbs 3:5).

Embrace the gift of solitude as a time to listen, learn, and grow. Use reflection to understand your heart, align your desires with God's, and prepare yourself for what He has ahead. Singleness offers the spaciousness to cultivate wisdom and strength.





## Reflect and Apply

1. How do you currently respond to silence and solitude?

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2. What insights has God revealed to you in quiet moments?

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3. In what ways can trusting God change your experience of solitude?

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## Journaling Prompts

1. Journal about a recent time when being still brought you peace or clarity.

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2. Write down fears or hopes you want to surrender to God during solitude.

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3. Describe how you can create space for reflective stillness in your routine.

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Day 4: 🌻 Growing Through Solitude and Reflection

## Prayer for Today

**Father God**, thank You for the gift of quiet moments where I can be still and know You. Teach me to embrace solitude as a time of growth and restoration. Help me place my trust fully in You, especially when the path seems unclear. Renew my hope and fill me with peace, knowing You are always with me. Guide my heart to rest in Your sovereignty as I wait on Your perfect timing. Amen.





## Day 5: 🌻 Nurturing Your Passions and Gifts



## Day 5: 🌸 Nurturing Your Passions and Gifts

## Your Verse

*1 Peter 4:10 – "Each of you should use whatever gift you have received to serve others."*

## Supporting Scriptures

- *Romans 12:6 – "We have different gifts, according to the grace given to each of us."*
- *Colossians 3:23 – "Whatever you do, work at it with all your heart, as working for the Lord."*



Day 5: 🌸 Nurturing Your Passions and Gifts

## Devotional: Developing Gifts for God's Glory

**Singleness is an ideal season to develop your God-given gifts and passions.** 1 Peter 4:10 reminds us that every believer is entrusted with gifts to serve others. This stewardship is an act of worship and impact, done wholeheartedly as for the Lord (Colossians 3:23).

Romans 12 explains that we each have unique gifts given by God's grace—these might be creativity, wisdom, encouragement, leadership, or compassion. Singleness creates space to explore and deepen these gifts without divided attention.

Investing in your passions and talents not only benefits others but also fosters personal fulfillment and prepares you for seasons ahead. Let this season be marked by intentional growth, service, and joy in what God has uniquely placed within you.



## Reflect and Apply

1. What gifts and passions has God already placed within you?

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2. How can you use this season to invest more deeply in those God-given abilities?

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3. In what ways does serving others through your gifts increase your joy and purpose?

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## Journaling Prompts

1. List your spiritual gifts and interests, and note areas for growth.

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2. Write about how serving God with your gifts makes you feel fulfilled.

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3. Set goals for how you can use your talents intentionally this season.

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Day 5: 🌸 Nurturing Your Passions and Gifts

## Prayer for Today

**Gracious God**, thank You for the unique gifts and passions You have given me. Help me to recognize and cultivate them fully during this season of singleness. Teach me to serve others joyfully and with all my heart, honoring You in all I do. Use my talents for Your glory and prepare me for the plans You have ahead. Let my life be a reflection of Your grace and goodness. In Jesus' name, amen.





## Day 6: 🌹 Trusting God Through Seasons of Waiting



Day 6: 🌹 Trusting God Through Seasons of Waiting

## Your Verse

*Psalm 27:14 – "Wait for the Lord; be strong and take heart and wait for the Lord."*

## Supporting Scriptures

- *Isaiah 40:31 – "Those who hope in the Lord will renew their strength."*
- *Romans 8:28 – "In all things God works for the good of those who love him."*



## Day 6: 🌹 Trusting God Through Seasons of Waiting

## Devotional: Strength and Hope in Waiting

**Waiting can be difficult, but it is never wasted when placed in God's hands.** Psalm 27:14 encourages believers to be strong and take heart as we wait for the Lord. This waiting is active trust, not passive surrender.

Isaiah 40 promises that those who hope in the Lord will find renewed strength, a vital encouragement as singleness stretches on. Romans 8 reassures that God is working all things for your good—even the waiting moments.

During seasons of waiting, cling to God's promises. Let hope and trust fuel your strength to thrive now, not just endure. Embrace faith as your anchor and allow God's timing to shape your growth and future joy.



Day 6: 🌹 Trusting God Through Seasons of Waiting

## Reflect and Apply

1. How do you typically handle waiting seasons in your life?

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2. What does it look like practically to 'be strong and take heart' while waiting?

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3. How can trusting God's good purposes transform your view of singleness?

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Day 6: 🌹 Trusting God Through Seasons of Waiting

## Journaling Prompts

1. Reflect on a time when waiting produced unexpected growth or blessing.

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2. Write a prayer of surrender for patience and trust in God's timing.

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3. Identify ways to nurture hope while navigating waiting seasons.

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Day 6: 🌹 Trusting God Through Seasons of Waiting

## Prayer for Today

**Lord**, help me to wait with strength and courage, trusting Your perfect timing. When waiting feels hard or discouraging, renew my hope and faith in Your goodness. Remind me that You are always working for my good, even when I cannot see it. Give me patience and joy in this season, and help me embrace Your plans with open hands and a grateful heart. Amen.





## Day 7: 💖 Celebrating Wholeness and Joy in Christ





Day 7: ❤️ Celebrating Wholeness and Joy in Christ

## Your Verse

*John 15:11 - "I have told you this so that my joy may be in you and that your joy may be complete."*

## Supporting Scriptures

- *Nehemiah 8:10 - "The joy of the Lord is your strength."*
- *Philippians 4:4 - "Rejoice in the Lord always. I will say it again: Rejoice!"*



Day 7: ❤ Celebrating Wholeness and Joy in Christ

## Devotional: Joy and Wholeness in Jesus

**Joy and wholeness come from a vibrant relationship with Christ alone.** Jesus promises His joy will be complete within us if we abide in Him. This complete joy is not dependent on circumstances or status but flows from our connection to the Vine.

Nehemiah reminds us that the joy of the Lord is our strength, providing resilience and peace even in difficult seasons. The Apostle Paul exhorts believers to rejoice always, underscoring that joy is a choice rooted in faith.

As you conclude this study, celebrate the wholeness that Jesus offers. Singleness can be a joyful, strong season when your soul is anchored in Him. Keep cultivating joy through fellowship with God, trusting He satisfies every longing and fulfills your deepest needs.



## Reflect and Apply

1. How does Jesus' promise of complete joy challenge your view of singleness?

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2. In what ways can you choose joy daily regardless of circumstances?

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3. How can the joy of the Lord be your strength today and always?

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Day 7: ❤️ Celebrating Wholeness and Joy in Christ

## Journaling Prompts

1. Write about moments when God's joy has strengthened you.

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2. List practical ways to rejoice in the Lord every day.

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3. Describe what wholeness in Christ means for your life and singleness.

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Day 7: ❤️ Celebrating Wholeness and Joy in Christ

## Prayer for Today

Jesus, thank You for the joy and wholeness You give that surpass all understanding. Help me to abide deeply in You, so Your joy fills my heart and strengthens my spirit. Teach me to rejoice always, trusting that You satisfy my soul completely. May Your joy be my anchor and strength in every season, especially singleness. I celebrate Your love and presence in my life, now and forever. Amen.





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