



# True Faith and Its Fruit in the Gospels



Explore how the Gospels reveal true faith through good fruit, inspired by Matthew 7:15–20, and grow in authentic Christian living.

---



# Table of contents

<u>Introduction</u>	3
<u>Day 1: 🌳 Examining the Tree: True and False Faith</u>	4
<u>Day 2: 🍎 Bearing Fruit Through Love and Obedience</u>	10
<u>Day 3: 🌿 Cultivating Good Fruit Through the Holy Spirit</u>	16



## Introduction

Welcome to this 3-day Bible study on "True Faith and Its Fruit in the Gospels." The Gospels—Matthew, Mark, Luke, and John—offer profound insight into the life and teachings of Jesus Christ. One key lesson Jesus taught is about recognizing true faith by the fruit it produces. *Just as a tree is recognized by its fruit, our faith is revealed by our actions, attitudes, and character.*

In **Matthew 7:15–20**, Jesus warns us to be cautious of false prophets who appear harmless but produce bad fruit. This is a vivid metaphor that challenges us to examine ourselves closely—what kind of fruit is visible in our lives? True faith isn't just professed with words; it is demonstrated through love, kindness, patience, and the fruits of the Spirit.

Over the next three days, we'll dive into the Gospels to understand how Jesus' life and teachings illustrate true faith in action. We will consider how His followers can reflect authentic faith through the "fruit" they bear. This study invites you to reflect deeply on the authenticity of your own faith and encourages growth toward becoming a fruitful disciple.

As we explore these Scriptures and reflections, ask God to reveal areas where your fruit may need tending. Embrace His grace as your guide to cultivating a faith that not only professes Him but also makes a visible impact in the world around you. Let's begin this journey of growing in faith that truly bears good fruit! 🍏🌿





# Day 1: 🌳 Examining the Tree: True and False Faith



Day 1: 🌳 Examining the Tree: True and False Faith

## Your Verse

*Matthew 7:15–20 - "Watch out for false prophets. They come to you in sheep's clothing, but inwardly they are ferocious wolves."*

## Supporting Scriptures

- *John 15:5 - "I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing."*
- *Galatians 5:22–23 - "But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control."*



Day 1: 🌳 Examining the Tree: True and False Faith

## Devotional: Recognizing True Faith by Its Fruit

**What does it mean for our faith to be true?** Jesus challenges us in Matthew 7:15–20 to beware of false teachers who may appear good outwardly but produce bad fruit. This metaphor reminds us that external appearances can be deceiving.

Faith is not merely a label or outward declaration; it is an inner reality that transforms the way we live. The true test of faith is the fruit it produces. Jesus' teaching points to the importance of spiritual authenticity—a faith rooted in Him and expressed through our actions.

*John 15:5* expands on this by emphasizing our connection to Jesus as the source of true life and fruitfulness. Without abiding in Him, our faith will be sterile and ineffective. The fruit Paul describes in *Galatians 5:22–23* gives us a practical picture of what true faith looks like: love, joy, kindness, self-control, and more.

Take a moment today to reflect on your spiritual 'fruit.' Are there areas where the fruit of the Spirit is thriving? Are there places where you sense weakness or dryness? Jesus invites us to remain deeply connected to Him to bear fruit that lasts and truly glorifies God.



Day 1: 🌳 Examining the Tree: True and False Faith

## Reflect and Apply

1. How can you distinguish between genuine faith and mere outward appearance?

---

---

---

2. What fruit do you see evident in your life, and what fruit feels lacking?

---

---

---

3. In what ways are you staying connected to Jesus as the true vine?

---

---

---



Day 1: 🌳 Examining the Tree: True and False Faith

## Journaling Prompts

1. List the qualities of the fruit of the Spirit you experience most in your life.

---

---

---

2. Write about a time when someone's actions revealed their true spiritual state to you.

---

---

---

3. Reflect on how you can deepen your connection to Christ to bear more fruit.

---

---

---





Day 1: 🌳 Examining the Tree: True and False Faith

## Prayer for Today

**Lord, help me to discern true faith in myself and others.** May my life reflect the genuine fruit of Your Spirit. Teach me to stay connected to You daily so I can bear fruit that honors You. Guard my heart from falsehood and lead me into authentic faith that transforms.

Guide me to produce love, kindness, and faithfulness as evidence of Your presence in my life. *Thank You for being the true vine that sustains me.* In Jesus' name, Amen. 🍇 🙏 🌿





## Day 2: 🍏 Bearing Fruit Through Love and Obedience



Day 2: 🍎 Bearing Fruit Through Love and Obedience

## Your Verse

*John 15:9–17 – "As the Father has loved me, so have I loved you. Now remain in my love."*

## Supporting Scriptures

- *Matthew 22:37–39 – "Love the Lord your God with all your heart... Love your neighbor as yourself."*
- *1 John 3:18 – "Dear children, let us not love with words or speech but with actions and in truth."*



Day 2: 🍎 Bearing Fruit Through Love and Obedience

## Devotional: Fruitful Faith Grows in Loving Obedience

**Love is the foundation of all true fruitfulness in the Christian life.** Jesus teaches in John 15:9–17 that remaining (abiding) in His love leads to a life that bears lasting fruit. This love is not merely a feeling but a steadfast commitment expressed through obedience.

Jesus calls us to love God fully and to love our neighbors as ourselves (Matthew 22:37–39). These commandments summarize the essence of living a fruitful faith: love in action and truth.

*1 John 3:18* reminds us that such love must go beyond mere words; it requires tangible actions that demonstrate the reality of our faith. When our lives are rooted in Jesus' love, our deeds naturally reflect compassion, mercy, and selflessness.

Consider today the ways your love for God and others is expressed practically. Are there areas where you know God wants you to grow in obedience and act more lovingly? True faith produces fruit because it springs from abiding in Christ's love and obeying His commands.



Day 2: 🍏 Bearing Fruit Through Love and Obedience

## Reflect and Apply

1. How does Jesus' love motivate you to bear fruit in your life?

---

---

---

2. In what ways do your actions reflect love to those around you?

---

---

---

3. Where can you grow in obedience to God's commands to love?

---

---

---



Day 2: 🍎 Bearing Fruit Through Love and Obedience

## Journaling Prompts

1. Write about a time when you experienced God's love in a transformative way.

---

---

---

2. List practical ways you can show love to your neighbors this week.

---

---

---

3. Reflect on obstacles that hinder you from fully obeying God's commands.

---

---

---



Day 2: 🍎 Bearing Fruit Through Love and Obedience

## Prayer for Today

**Dear Jesus, help me to remain in Your love.** Teach me to love You with my whole heart and to show that love in practical ways to others. May my obedience be a joyful response to Your grace, bearing fruit that honors You.

Strengthen me to love not just in words but through genuine acts of kindness and faithfulness. Fill me with Your Spirit so my life reflects Your perfect love. In Your name I pray, Amen. ❤️ 🙏 🌸





## Day 3: Cultivating Good Fruit Through the Holy Spirit





Day 3: 🌱 Cultivating Good Fruit Through the Holy Spirit

## Your Verse

*Galatians 5:22-25 - "But the fruit of the Spirit is love, joy, peace...against such things there is no law."*

## Supporting Scriptures

- *Romans 8:5 - "Those who live according to the Spirit have their minds set on what the Spirit desires."*
- *Ephesians 5:9 - "For the fruit of the light consists in all goodness, righteousness and truth."*



# Devotional: Living by the Spirit to Produce Lasting Fruit

**True fruitfulness springs from the work of the Holy Spirit in our lives.** Paul reminds believers in Galatians 5:22–25 about the qualities the Spirit cultivates: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

These are not traits we can manufacture on our own but fruits that grow as we surrender to God’s Spirit and set our minds on Him (Romans 8:5). Living according to the Spirit means daily yielding control and walking in alignment with God’s will.

Paul further describes this fruit as light for the world (Ephesians 5:9), showing us that a Spirit-led life shines with goodness, righteousness, and truth.

Today, ask yourself if you are allowing the Holy Spirit to cultivate His fruit in your heart. Are there habits or attitudes that need pruning? True faith bears good fruit because it is nurtured by the Spirit’s power and presence.



## Reflect and Apply

1. How do you recognize the Holy Spirit's work in producing fruit in your life?

---

---

---

2. What areas of your life need more surrender to the Spirit's guidance?

---

---

---

3. How can you practically set your mind on the things of the Spirit each day?

---

---

---



Day 3: 🌿 Cultivating Good Fruit Through the Holy Spirit

## Journaling Prompts

1. Identify which fruit of the Spirit you see most clearly in your life today.

---

---

---

2. Write about a challenge where you need more self-control or patience.

---

---

---

3. Plan tangible ways to cultivate a Spirit-led mindset this week.

---

---

---



Day 3: 🌱 Cultivating Good Fruit Through the Holy Spirit

## Prayer for Today

**Holy Spirit, I invite You to lead my life.** Cultivate Your fruit within me so that my faith is visible and genuine. Help me surrender daily, walk in Your guidance, and shine with love, joy, peace, and all good fruit.

May my life bring glory to God through Your power working within me.

Strengthen my faith to produce fruit that lasts. In Jesus' name, Amen. 🌿 🙏





## Where God's Word Meets Your Daily Life

### **A Personal Invitation from HolyJot**

We pray this Bible Study has blessed you and drawn you closer to the heart of God. If you enjoyed this study, we'd love for you to join our growing HolyJot community online.




What you'll discover when you visit [HolyJot.com](https://www.holyjot.com):



 **100k+ Bible Study Plans** on every topic of life

 Access studies anytime on your phone, tablet, or computer

 Studies for individuals, families, small groups, and churches

 Secure online journaling — or keep using print for privacy

 A place to grow your faith alongside believers worldwide

### **Bonus for You:**


Download exclusive study bundles and resources when you create a [free HolyJot account](#). No spam. No gimmicks. Just God's Word.

### **Visit Now:**

 [www.HolyJot.com](https://www.holyjot.com)

 Scan this QR code to start your next Bible Study today:



 We'd love to hear your story.  
Email us at [info@holyjot.com](mailto:info@holyjot.com).

 Connect with us at:

[Facebook](#) • [Instagram](#) • [YouTube](#) • [TikTok](#)



You are welcome to share this PDF with others.  
Please keep it intact so the full study and credits remain.

© 2025 HolyJot LLC. All Rights Reserved.