



# Trusting God Together in Financial Hardship



A 7-day journey to strengthen marriage by trusting God's provision and peace during financial challenges.

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## Introduction

**Marriage** is a sacred covenant that intertwines two lives into one journey filled with joys and challenges. Financial hardship—whether it’s job loss, mounting debt, or unexpected expenses—can be particularly stressful and can test any marriage. However, as couples, we are called not only to support each other but also to rely on *God’s unwavering provision and peace* during these times.

In this 7-day Bible study, we will explore how trusting God can transform the way couples face financial difficulties. Instead of fear and anxiety, we’ll cultivate faith and hope, grounding our hearts in Scripture where God’s promises are steadfast. From the early days of creation in Genesis to the teachings of Jesus in the New Testament, God’s word guides us to partner with Him, not only for our needs but for our peace.

**Marriage is about unity**—unity between husband and wife and unity with God. By walking together in faith, couples can overcome fear and worry that come with financial troubles. This study provides you with Scriptures to meditate on, reflective questions that encourage honest communication, and prayer prompts to help you seek God’s direction and peace as a team.

Remember, God is *our provider (Philippians 4:19)* and the giver of peace that surpasses all understanding (Philippians 4:7). Through this study, you are invited to deepen your trust in Him, build resilience in your marriage, and find hope amidst uncertainty.





## Day 1: 🙏 Trusting God's Provision



Day 1: 🙏 Trusting God's Provision

## Your Verse

*Philippians 4:19 - "And my God will meet all your needs according to the riches of his glory in Christ Jesus."*

## Supporting Scriptures

- *Matthew 6:31-33 - "...But seek first his kingdom and his righteousness, and all these things will be given to you as well."*
- *Psalms 34:10 - "The lions may grow weak and hungry, but those who seek the LORD lack no good thing."*



Day 1: 🙏 Trusting God's Provision

## Devotional: God's Provision Is Certain

**Financial hardship can shake the foundation of our confidence** in the future. Yet Scripture assures us that God is neither surprised nor powerless in these seasons. *Philippians 4:19* promises that God will supply all our needs according to His glorious riches. This means His provision is abundant and perfectly timed.

In marriage, it's easy to feel isolated in financial struggles. But today's passage reminds us to rely not on our own plans or resources but on God's faithful provision. When facing job loss or debt, couples can find peace in surrendering worries to Him, trusting that His care extends beyond what we see.

Seek His kingdom first by focusing on His righteousness and abiding in His presence. This priority helps husbands and wives align their hearts, encouraging mutual faith instead of fear. When your marriage stands firm on God's promises, your hope remains steady, even when finances falter.



Day 1: 🙏 Trusting God's Provision

## Reflect and Apply

1. How does relying on God's provision change your view of your current financial struggles?

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2. What fears or doubts arise when you think about trusting God for your financial needs?

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3. In what ways can you and your spouse encourage each other to seek God's kingdom first?

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Day 1: 🙏 Trusting God's Provision

## Journaling Prompts

1. Write about a time when God provided unexpectedly during a financial challenge.

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2. List ways your marriage can reflect trust in God during financial hardship.

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3. Describe moments you felt peace that can only come from God amidst uncertainty.

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Day 1: 🙏 Trusting God's Provision

## Prayer for Today

**Heavenly Father**, help us to fully trust Your provision in every aspect of our lives. When financial pressures weigh heavily on us, remind us that You are our source and supply. Strengthen our marriage to lean on Your promises and to seek Your kingdom first. Fill our hearts with peace and remove fear. Guide our decisions and unite us in faith. *Thank You for being our provider and faithful refuge.* Amen. 🙏💖🙏💡





## Day 2: 🧑🧑❤️ Unity in Financial Trials



## Day 2: 🧡👥 Unity in Financial Trials

## Your Verse

*Ecclesiastes 4:9-10 – "Two are better than one... If either of them falls down, one can help the other up."*

## Supporting Scriptures

- *Genesis 2:24 – "That is why a man leaves his father and mother and is united to his wife, and they become one flesh."*
- *1 Corinthians 12:26 – "If one part suffers, every part suffers with it; if one part is honored, every part rejoices with it."*



## Day 2: 🧡👫 Unity in Financial Trials

## Devotional: Strength in Unity

Tackling financial difficulties alone can be overwhelming, but marriage is designed for **shared strength and support**. *Ecclesiastes 4:9-10* reminds us that two people working together can uplift each other in times of hardship.

Financial struggles often bring tension, but they also offer an opportunity to deepen connection. Husband and wife can pray together, talk honestly about their worries, and encourage each other with hope. This unity strengthens the marriage bond and breaks down isolation that stress can cause.

Remember, marriage is not just emotional companionship but a spiritual partnership where burdens are shared. When one person stumbles under the weight of financial strain, the other can provide support, reminding them of God's presence and peace. As a couple, seek to be each other's help and encouragement through every trial.



## Reflect and Apply

1. How can you work more closely with your spouse to face financial challenges together?

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2. What barriers might keep you from fully sharing your concerns and seeking support?

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3. In what ways can your unity reflect God's faithful care during hardship?

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# Journaling Prompts

1. Write about a time your spouse was a great support during a difficulty.

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2. List practical ways you can strengthen unity in your marriage through financial pressure.

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3. Describe how sharing your worries with your spouse affects your faith and peace.

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Day 2: 🧡👩👧 Unity in Financial Trials

## Prayer for Today

**Lord, unite our hearts and minds as we face financial challenges.** Help us to support each other and to remind each other of Your unfailing love. Teach us to be partners who uplift rather than divide. Fill our home with peace and understanding, so that we may grow closer together as we trust You. In Jesus' name, Amen. ❤️💛🕊️🙏





## Day 3: Finding Peace Amidst Anxiety





## Your Verse

*Philippians 4:6-7 - "Do not be anxious about anything... and the peace of God, which transcends all understanding, will guard your hearts and your minds."*

## Supporting Scriptures

- *John 14:27 - "Peace I leave with you; my peace I give you... Do not let your hearts be troubled."*
- *Isaiah 26:3 - "You will keep in perfect peace those whose minds are steadfast, because they trust in you."*



## Devotional: God's Peace Guards Us

Financial hardship often breeds anxiety — a natural human response to uncertainty. Yet God calls us to a different response. *Philippians 4:6-7* invites us to replace anxiety with prayer, thanksgiving, and trust, promising that His peace will guard our hearts.

In marriage, anxiety can create distance and fear. But when couples choose prayer over worry, gratitude over despair, and trust over fear, God's peace becomes a shield that protects their relationship and individual hearts.

This peace is not just an emotion but a divine presence that surpasses human understanding. Couples can anchor themselves in this promise during sleepless nights and difficult days by praying together and reminding each other of God's sovereignty and care.



## Reflect and Apply

1. What anxieties do you currently feel about your financial situation and marriage?

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2. How can prayer and thanksgiving help you to experience God's peace more fully?

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3. In what practical ways can you and your spouse guard your hearts together?

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# Journaling Prompts

1. Write a prayer releasing your anxieties to God.

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2. Describe moments when you have experienced God's peace in difficult times.

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3. List ways you and your spouse can cultivate peace in your home.

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Day 3: 🕊️ Finding Peace Amidst Anxiety

## Prayer for Today

**Dear God,** teach us to cast our anxieties on You and to pray instead of worrying. Let Your peace, which surpasses all understanding, guard our hearts and minds in Christ Jesus. Help us to be thankful even in difficulty and to encourage one another daily. Let Your calming presence fill our marriage and bring comfort to our souls. Amen. 🕊️ 🙏 📖 🛡️





## Day 4: Wisdom in Financial Decisions



## Your Verse

*Proverbs 3:5-6 - "Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight."*

## Supporting Scriptures

- *James 1:5 - "If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault."*
- *Luke 14:28 - "Suppose one of you wants to build a tower... won't you first sit down and estimate the cost to see if you have enough money?"*



## Devotional: Seeking God's Wisdom Together

Financial hardship calls for wise decisions, but in the midst of stress, it can be tempting to rely solely on our own understanding. *Proverbs 3:5-6* encourages us to fully trust the Lord and submit our plans to Him for guidance.

Marriage provides a partnership for seeking God's wisdom through prayerful decision-making. Couples are to consult God together, ask for wisdom (James 1:5), and carefully evaluate choices (Luke 14:28). This approach fosters unity and trust in God's leadership over finances.

Rather than impulsive reactions or secretive decisions, build a habit of prayerful conversations. This cultivates peace and direction in financial matters. Trusting God's guidance ensures your steps forward align with His will, even amid uncertainty.





## Reflect and Apply

1. How do you currently make financial decisions as a couple?

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2. In what ways can you depend more on God's wisdom rather than your own understanding?

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3. What steps can you take to better submit your plans to God together?

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## Journaling Prompts

1. Write about a past financial decision where you sought God's guidance.

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2. List ways you and your spouse can improve communication about money.

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3. Describe what trusting God with your financial path looks like practically.

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Day 4:  Wisdom in Financial Decisions

## Prayer for Today

**Lord**, grant us wisdom as we navigate financial decisions. Help us to trust You fully and to seek Your guidance together as husband and wife. Teach us to submit our plans to Your will so our paths may be made straight. May we lean not on our own understanding but on Your perfect counsel. Amen.   





## Day 5: Honest Communication with Love



## Your Verse

*Ephesians 4:15 - "Speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ."*

## Supporting Scriptures

- *James 1:19 - "Everyone should be quick to listen, slow to speak and slow to become angry."*
- *Colossians 3:13 - "Bear with each other and forgive one another if any of you has a grievance against someone."*



## Devotional: Love Through Honest Dialogue

Financial challenges often lead to difficult conversations and heightened emotions. Yet God calls us to communicate honestly and lovingly. *Ephesians 4:15* teaches that speaking the truth in love builds maturity and unity in marriage.

Successful marriages facing financial hardship need clear, honest dialogues free from blame and anger. *James 1:19* encourages listening carefully and responding patiently. When frustrations arise, forgiveness and grace (Colossians 3:13) keep communication healthy.

Couples must create safe spaces to share fears, hopes, and plans without judgment. This openness fosters trust, strengthens emotional bonds, and aligns spouses to face financial trials united, not divided.



## Reflect and Apply

1. How open and honest are you with your spouse about your financial fears and hopes?

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2. What changes can you make to speak truth in love during tough conversations?

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3. How can forgiveness and patience improve your communication about money?

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## Journaling Prompts

1. Write about a conversation with your spouse that helped or hindered your financial unity.

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2. List ways you can practice better listening and more loving speech.

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3. Describe how vulnerability in financial discussions can build trust in marriage.

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Day 5: 💬 Honest Communication with Love

## Prayer for Today

**Father God**, please help us to communicate honestly and lovingly, especially when finances bring stress. Teach us to listen well, speak kindly, and forgive quickly. May our conversations build unity and bring healing. Lead us to grow in understanding and patience, reflecting Your love in our marriage. Amen.





## Day 6: ✨ Hope and Perseverance



## Your Verse

*Romans 5:3-5 - "...we also glory in our sufferings, because we know that suffering produces perseverance; perseverance, character; and character, hope."*

## Supporting Scriptures

- *James 1:12 - "Blessed is the one who perseveres under trial because, having stood the test, that person will receive the crown of life."*
- *Hebrews 10:23 - "Let us hold unswervingly to the hope we profess, for he who promised is faithful."*



Day 6: ✨ Hope and Perseverance

## Devotional: Growing Hope Through Trials

Financial hardship is a test of faith and endurance. Yet Scripture reminds us that suffering produces perseverance, character, and ultimately *hope* (Romans 5:3–5). This hope is not wishful thinking but a confident expectation rooted in God’s faithfulness.

In marriage, persevering through financial difficulty strengthens both character and the bond between spouses. It builds resilience, teaching couples to rely on God rather than circumstances.

Hope is renewed each day by focusing on God’s promises and faithfulness. Together, husbands and wives can encourage one another to keep holding on, knowing God is faithful to bring them through.



## Reflect and Apply

1. How has perseverance through financial difficulty shaped your character and hope?

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2. What promises from God sustain your hope in hard times?

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3. How can you encourage your spouse to persevere and hope together?

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Day 6: 🌟 Hope and Perseverance

## Journaling Prompts

1. Reflect on challenges that built perseverance and hope in your life or marriage.

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2. Write down God's promises that bring you hope amid financial hardship.

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3. Describe how you and your spouse can encourage each other to keep trusting.

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Day 6: ✨ Hope and Perseverance

## Prayer for Today

**Gracious God,** help us to persevere in faith during financial hardships. Strengthen our character and fill us with hope rooted in Your promises. Teach us to encourage one another daily and to hold fast to the truth that You are faithful. Thank You for walking with us through every trial. Amen. ✨ 🙏 💪





## Day 7: 🎉 Celebrating God's Faithfulness





## Your Verse

*Lamentations 3:22-23 – "Because of the LORD's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness."*

## Supporting Scriptures

- *Psalm 107:1 – "Give thanks to the LORD, for he is good; his love endures forever."*
- *2 Corinthians 9:8 – "God is able to bless you abundantly... so that in all things at all times, having all that you need, you will abound in every good work."*



## Devotional: Faithfulness to Praise

As this journey concludes, take time to celebrate God's incredible faithfulness. *Lamentations 3:22-23* reminds us that His love and compassion never fail and are renewed each day.

In the midst of financial hardship, couples can praise God for His ongoing provision, peace, and strength. Recognizing His faithfulness fosters gratitude, joy, and renewed trust.

Marriage thrives when partners celebrate together, acknowledging how God has carried them through past trials and trusting Him for the future. This celebration strengthens the marriage and turns hardships into testimonies of grace.



## Reflect and Apply

1. What evidence of God's faithfulness have you witnessed during financial struggles?

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2. How can celebrating God's goodness impact your marriage and outlook?

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3. What are specific ways you can express gratitude to God together daily?

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## Journaling Prompts

1. Write a gratitude list of God's provisions and faithfulness in your marriage.

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2. Describe a time when God's faithfulness brought you hope and joy.

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3. Plan ways you and your spouse can regularly celebrate and praise God.

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Day 7: 🎉 Celebrating God's Faithfulness

## Prayer for Today

**Faithful God**, we thank You for Your never-failing love and compassion renewed each morning. Help us to recognize Your provision and faithfulness daily. May our marriage be a testimony of Your grace and strength in every circumstance. Teach us to celebrate You with joy and gratitude all our days.

Amen. 🎉 🙏 ❤️ ✨





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