



Trusting the Bible as a Teen



Explore why the Bible is trustworthy through history, prophecy, and faith, building confidence in your walk as a teen.



Table of contents

<u>Introduction</u>	3
<u>Day 1: 🔍 Examining Historical Evidence</u>	4
<u>Day 2: 📖 Seeing Prophecies Fulfilled</u>	10
<u>Day 3: 💡 Building a Solid Faith</u>	16



Introduction

Why trust the Bible? This is a question that many teens ask as they navigate life's challenges and seek a firm foundation for their beliefs. The Bible is more than just an ancient book; it is a living testimony of God's faithfulness and truth. Throughout history, countless fulfilled prophecies, archaeological findings, and the consistent message of hope and salvation give us strong reasons to trust its words.

As a teen, you are at a critical time of forming your worldview. It's important to understand that the Bible's trustworthiness is not based on blind faith alone but on solid evidence. From the accuracy of its historical accounts to the detailed prophecies Jesus fulfilled, the Bible shows itself as reliable and relevant. This study plan will guide you to see how the Bible's message stands firm through time and why your faith in it can be confidently built.

Each day you will explore key scriptures that affirm God's trustworthiness and the Bible's role as our guide. Alongside, you'll be invited to reflect deeply and journal your thoughts, helping you own this truth personally. Remember, trusting the Bible means trusting the God who inspired it — a God who loves you and wants to walk with you through every joy and challenge of your teen years. 🚀





Day 1: Examining Historical Evidence



Your Verse

2 Timothy 3:16 - "All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness."

Supporting Scriptures

- *Psalm 119:160 - "All your words are true; all your righteous laws are eternal."*
- *Luke 1:1-4 - "...carefully investigated everything from the beginning, so you can know the certainty of the things you have been taught."*



Devotional: Grounding Faith in Historical Facts

Understanding the Bible's historical **reliability** gives you a foundation of trust. The Bible was written by many authors over centuries, yet it maintains a unified message. Archaeological discoveries repeatedly affirm biblical accounts, aligning with records from other ancient sources. For example, the places, people, and events mentioned in the Bible are often confirmed by non-biblical historical evidence.

As a teen, questioning is natural. But it's encouraging to know that *the Bible's history can be verified*. This means your faith isn't just based on stories but on facts. God's Word has been preserved through time and challenges, proving its lasting value.

Trusting Scripture means trusting God's inspiration and the human history it reveals. When you rely on God's Word, you stand on solid ground, prepared for life's uncertainties.



Reflect and Apply

1. What historical details in the Bible have you learned about that deepen your trust?

2. How does knowing the Bible aligns with archaeology affect your belief?

3. What doubts about the Bible's history do you want to explore further?



Journaling Prompts

1. List three historical events or people in the Bible you find fascinating and why.

2. Write about a time when knowing the Bible's truth helped your confidence in faith.

3. Reflect on questions or doubts you have about the Bible's accuracy.



Day 1: 🔍 Examining Historical Evidence

Prayer for Today

Lord, thank You for the Bible, a trustworthy record of Your truth. Help me to trust its historical accounts and to seek understanding with an open heart. Strengthen my faith as I learn more about the evidence behind Your Word. Guide me when doubts arise and remind me that my foundation is secure on You. Amen. 🙏📖✨





Day 2: Seeing Prophecies Fulfilled



Your Verse

Isaiah 53:5 - "But he was pierced for our transgressions, he was crushed for our iniquities... and by his wounds we are healed."

Supporting Scriptures

- *Micah 5:2 - "But you, Bethlehem Ephrathah... from you will come a ruler..."*
- *Matthew 27:35 - "They divided up his clothes by casting lots."*



Devotional: Confidence in God's Perfect Prophecies

The Bible contains many prophecies — specific predictions about events that would come true in the future. What makes this extraordinary is that many were fulfilled with astonishing accuracy, especially those concerning Jesus Christ. For example, Isaiah's prophecy about the suffering servant describes details long before the crucifixion happened. Micah predicted Jesus' birthplace centuries earlier. The Gospel of Matthew even records tiny details like soldiers casting lots for Jesus' clothes.

These fulfilled prophecies reveal God's control over history and His plan for salvation. Seeing prophecy come true helps you know the Bible is not merely human words or guesses but inspired truth. As a teen, this can empower you to face questions about your faith with confidence.

God's promises don't fail. When scripture foretells something, it's a sure foundation for trusting God's character and loving plan.



Reflect and Apply

1. Which prophecy about Jesus strikes you as the most compelling and why?

2. How do fulfilled prophecies strengthen your trust in the Bible's message?

3. What does the certainty of God's promises mean for your daily life?



Journaling Prompts

1. Write about a prophecy you find powerful and what it means for your faith.

2. Reflect on what trusting God's promises looks like for you as a teen.

3. Describe any struggles you have in believing God's plan and how you might overcome them.



Day 2: 📖 Seeing Prophecies Fulfilled

Prayer for Today

Father, thank You for Your faithful promises that never fail. Help me to remember the prophecies You fulfilled through Jesus and to trust Your Word in all circumstances. When I face uncertainty or doubts, remind me that You are always in control and that Your plans are perfect. Strengthen my faith to stand firm on Your promises today and always. Amen. ✨📖❤️





Day 3: 💡 Building a Solid Faith



Your Verse

Romans 10:17 – "Consequently, faith comes from hearing the message, and the message is heard through the word about Christ."

Supporting Scriptures

- *Hebrews 4:12 – "For the word of God is alive and active..."*
- *James 1:5 – "If any of you lacks wisdom, you should ask God..."*



Devotional: Growing Your Faith Through God's Word

Trust in the Bible is the foundation of a strong and lasting faith. Faith is not wishful thinking but confidence based on God's revealed truth. As a teen, it's natural to face many challenges and questions that can shake your belief. God's Word is alive and powerful, able to guide you and shape your character in every season.

Romans reminds us that faith grows as we hear and accept God's message. This means reading, studying, and reflecting on the Bible daily is key to deepening your relationship with God. The Bible speaks with authority and offers wisdom—sometimes comforting, sometimes challenging, but always leading you closer to God's best for your life.

Ask God for wisdom (James 1:5) and be open to what the Holy Spirit reveals through Scripture. Each step of trusting and following the Bible builds a faith that can withstand doubts and difficulties. Your teen years are a perfect time to create this firm foundation that lasts a lifetime.



Reflect and Apply

1. How does reading the Bible impact your faith and daily decisions?

2. What fears or doubts do you want to bring to God for wisdom?

3. In what practical ways can you commit to building your faith this week?



Journaling Prompts

1. List three ways you can engage with God's Word more consistently.

2. Write about a Bible verse that gave you strength or clarity recently.

3. Reflect on what you want your faith to look like in the coming year.



Day 3: 💡 Building a Solid Faith

Prayer for Today

Lord, thank You for Your living Word that helps me grow in faith. Teach me to trust Your message and to seek Your wisdom every day. When doubts come, remind me to lean on Your promises and to ask for guidance. Help me build a strong foundation in You that lasts through all seasons of my life. Amen. 📖





Where God's Word Meets Your Daily Life

A Personal Invitation from HolyJot

We pray this Bible Study has blessed you and drawn you closer to the heart of God. If you enjoyed this study, we'd love for you to join our growing HolyJot community online.



What you'll discover when you visit [HolyJot.com](https://www.holyjot.com):



 **100k+ Bible Study Plans** on every topic of life

 Access studies anytime on your phone, tablet, or computer

 Studies for individuals, families, small groups, and churches

 Secure online journaling — or keep using print for privacy

 A place to grow your faith alongside believers worldwide

Bonus for You:

Download exclusive study bundles and resources when you create a [free HolyJot account](#). No spam. No gimmicks. Just God's Word.

Visit Now:

 [www.HolyJot.com](https://www.holyjot.com)

 Scan this QR code to start your next Bible Study today:



 We'd love to hear your story.
Email us at info@holyjot.com.

 Connect with us at:

[Facebook](#) • [Instagram](#) • [YouTube](#) • [TikTok](#)



You are welcome to share this PDF with others.
Please keep it intact so the full study and credits remain.

© 2025 HolyJot LLC. All Rights Reserved.