



# Unashamed Faith for Teens



Discover how early Christians embraced courage, unity, and prayer to live out bold faith that transforms lives and communities today.

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## Introduction

Welcome to this 3-day Bible study designed especially for teens who want to **grow in bold, unashamed faith**. The early church was a powerful example of what it means to live fearlessly for Jesus, even when facing opposition. These first believers experienced persecution, yet they remained united, prayed boldly, and made a lasting impact on the world around them.

*As teens today, you face challenges that might feel overwhelming—peer pressure, doubts, social media, and more. But like the early Christians, you can live with courage, holding tightly to your faith, and inspiring others through your example.* Over these three days, we will explore how unashamed faith looks in action: standing strong, praying boldly, and turning the world upside down with the love of Jesus.

Each day includes Scriptures to ground your understanding, devotionals to encourage your heart, and thoughtful questions to help you reflect deeply. There are also journaling prompts and prayers to guide your daily walk with God. Let's step into the shoes of those first believers and discover the power of living faith without fear!





## Day 1: 🔥 Boldness in the Face of Fear



Day 1: 🔥 Boldness in the Face of Fear

## Your Verse

*Acts 4:29 – 'Now, Lord, consider their threats and enable your servants to speak your word with great boldness.'*

## Supporting Scriptures

- *2 Timothy 1:7 – 'For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.'*
- *Joshua 1:9 – 'Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.'*



## Day 1: 🔥 Boldness in the Face of Fear

## Devotional: Courage Comes from God's Spirit

**Facing challenges and fears is something every teen experiences at some point.** The early church faced serious threats, yet they asked God for boldness, not safety. They knew that sharing their faith required courage sourced in God's power. That same Spirit lives in you today, ready to transform fear into strength.

When you feel afraid or unsure about standing up for what you believe, remember the early believers who prayed boldly for strength. They didn't let threats silence them; instead, they embraced the courage God provides. *This courage isn't about being fearless but choosing to trust God even when you are afraid.* Whether it's speaking up for kindness in school, sharing your faith with friends, or living authentically, God invites you to lean on Him for boldness.

Ask God today to fill you with His Spirit so you can rise above fear. Trust that He is with you every step of the way.



Day 1: 🔥 Boldness in the Face of Fear

## Reflect and Apply

1. What fears or challenges are holding you back from living out your faith?

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2. How can you rely more on God's Spirit instead of your own strength?

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3. Who can you encourage with boldness in your life today?

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Day 1: 🔥 Boldness in the Face of Fear

## Journaling Prompts

1. Write about a time you felt afraid but trusted God anyway.

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2. List specific ways you can show boldness at school or with friends.

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3. Journal a prayer asking God for courage in your daily life.

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Day 1: 🔥 Boldness in the Face of Fear

## Prayer for Today

**God, thank You for giving me Your Spirit who fills me with courage.** Help me to face my fears by trusting You more than my worries. Teach me to speak and act boldly for You, even when it's hard. Remind me that You are always with me and that I can do great things through Your power. Strengthen my heart to live without fear and inspire others by my example. In Jesus' name, Amen. 🙏🔥❤️





## Day 2: United in Faith and Love



## Your Verse

*Acts 2:44-45 - 'All the believers were together and had everything in common. They sold property and possessions to give to anyone who had need.'*

## Supporting Scriptures

- *Ecclesiastes 4:9 - 'Two are better than one, because they have a good return for their labor.'*
- *Hebrews 10:24-25 - 'Let us consider how we may spur one another on toward love and good deeds, not giving up meeting together... but encouraging one another.'*



Day 2: 🧡 United in Faith and Love

## Devotional: Stronger Together in Christ

**The early church was strong because believers stuck together in love and unity.** Despite persecution, they shared everything, cared deeply for each other, and supported those in need. This radical unity made them unstoppable.

*In your life as a teen, relationships are powerful.* God calls you to build deep friendships rooted in faith and love—friendships that encourage, challenge, and uplift. When you connect with others who follow Jesus, you create a community that can weather difficulties just like the early church did.

Consider how you can strengthen your spiritual friendships. Are you open to sharing your struggles and victories with trusted friends? Can you encourage someone today or offer help where it's needed? Living in supportive community doesn't mean perfection but commitment to love each other well. Together, you can turn your world upside down through kindness and unity.



Day 2: 🧡 United in Faith and Love

## Reflect and Apply

1. How do your friendships help you grow in your faith?

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2. In what ways can you show love and support to others in your circle?

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3. What barriers might you need to overcome to build closer Christian community?

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Day 2: 🧡 United in Faith and Love

## Journaling Prompts

1. Write about a friend who encourages your faith and why.

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2. List ways you can be more intentional in caring for others.

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3. Journal your thoughts on what it means to be united in faith.

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Day 2: 🧡 United in Faith and Love

## Prayer for Today

**Lord, thank You for the gift of Christian community.** Help me to build friendships that honor You and uplift others. Teach me to love like the early believers who shared and cared deeply. Give me a heart of compassion and generosity, ready to support those around me. Bind me in unity with my brothers and sisters in Christ so that together we can glorify Your name.

Amen. 🧡 ❤️ 🏠





## Day 3: 🙏 Prayer That Changes Everything





Day 3: 🙏 Prayer That Changes Everything

## Your Verse

*Acts 4:31 - 'After they prayed, the place where they were meeting was shaken. And they were all filled with the Holy Spirit and spoke the word of God boldly.'*

## Supporting Scriptures

- *Philippians 4:6 - 'Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.'*
- *1 Thessalonians 5:17 - 'Pray continually.'*



Day 3: 🙏 Prayer That Changes Everything

## Devotional: Powerful Prayer Transforms Lives

**The early Christians understood the power of prayer.** When threats came, their first response wasn't fear or retreat—it was prayer. Through prayer, they were filled with the Holy Spirit and empowered to proclaim God's Word boldly.

*Prayer is your direct connection to God—the place where you bring your fears, hopes, and dreams.* No matter what situation you face as a teen, God invites you to turn to Him often. Prayer changes hearts, circumstances, and even entire communities.

Make prayer a daily priority. Talk openly with God about everything—your struggles, your gratitude, your desires. Trust that He hears you and works on your behalf. Like the early church, your prayers can shake the world around you by ushering in God's kingdom and peace.



Day 3: 🙏 Prayer That Changes Everything

## Reflect and Apply

1. How consistent is your prayer life right now? What can improve it?

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2. What fears or needs do you want to bring boldly to God in prayer?

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3. How have you seen God answer prayer in your life or others'?

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Day 3: 🙏 Prayer That Changes Everything

## Journaling Prompts

1. Write a prayer asking God to empower you with His Spirit.

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2. Journal about a time when prayer made a difference for you.

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3. List prayer requests you want to commit to bringing before God regularly.

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Day 3: 🙏 Prayer That Changes Everything

## Prayer for Today

**Father God, thank You for hearing my prayers and filling me with Your Spirit. Teach me to pray boldly and without hesitation, knowing You are always listening. Strengthen my faith as I bring my concerns and hopes to You each day. Use my prayers to change my heart and the world around me for Your glory. Help me to trust Your timing and sovereignty in all things. In Jesus' name, Amen.** 🙏🔥🌟





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