



# Victory for Veterans: Overcoming Addiction Through God's Power



A 7-day journey for veterans battling opioid addiction, finding hope, freedom, and restoration through God's strength and grace.

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## Introduction

Welcome to this transformative 7-day study designed especially for veterans **wrestling with opioid addiction**. The battles you have fought in service are profound, and the warfare against addiction is a new front that calls for courage, faith, and resilience.

Many veterans face the heavy burden of addiction, often stemming from pain, trauma, or loneliness. Yet, there is a powerful promise in Scripture that God equips His warriors not only to endure hardship but to *break chains* and walk in **freedom**. This study highlights God's power to restore hope, heal wounds, and renew purpose for those who've served and now fight a different kind of war.

Each day, you will explore Scriptures that honor your strength, acknowledge your struggles, and illuminate a path forward through God's word. You will also receive reflections and prompts designed to encourage deep honesty, prayerful surrender, and active steps toward recovery. Remember, victory is not simply about winning battles but about the grace that sustains you through them.

As you journey through this week, lean into the truth that you are not alone. God, the Divine Veteran of all battles, walks beside you. He empowers you to stand firm, to overcome addiction's grip, and to rebuild your life with His love and might.







## Day 1: 🛡️ God: Our Defender and Strength





Day 1:  God: Our Defender and Strength

## Your Verse

*Psalm 18:2 - "The Lord is my rock, my fortress and my deliverer; my God is my rock, in whom I take refuge, my shield and the horn of my salvation, my stronghold."*

## Supporting Scriptures

- *Exodus 15:3 - "The Lord is a warrior; the Lord is his name."*
- *Isaiah 40:29 - "He gives strength to the weary and increases the power of the weak."*





Day 1:  God: Our Defender and Strength

## Devotional: God, Your Unshakable Fortress and Strength

**Veteran, your past battles were many, and the scars you carry are real.** Yet, Psalm 18:2 reminds us that our true fortress is not in human strength but in God alone. *He is your shield and stronghold.* Addiction may feel like an overwhelming enemy, but the Lord is a mighty warrior ready to fight for you.

When weakness seems to consume, remember Isaiah's promise that God gives strength to the weary. Your fight against opioid addiction is tough, but with God's power, you are equipped to face every challenge.

Take a moment to rest in His protection. Let His presence be your refuge today.





## Reflect and Apply

1. How do you usually respond when feeling weak or overwhelmed by addiction?

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2. In what ways can seeing God as your defender change your battle mindset?

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3. What does it mean personally to take refuge in God's protection today?

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Day 1:  God: Our Defender and Strength

# Journaling Prompts

1. Write about times when you felt God's strength in difficult moments.

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2. Describe the battle you are currently facing and ask God to be your fortress.

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3. List fears or doubts you want to surrender to God's protection.

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Day 1: 🛡️ God: Our Defender and Strength

## Prayer for Today

**Father God**, thank You for being my rock and fortress in every battle I face. I bring before You my struggle with addiction and ask for Your mighty strength to sustain me. Help me to trust You as my shield and deliverer when I feel weak. Surround me with Your peace and courage today, and remind me that I am never alone in this fight. Empower me to break free from chains of addiction through Your grace and power. In Jesus' name, amen. 🙏🛡️💪







## Day 2: ✖️ Spiritual Warfare: Facing the Battle Honestly





## Day 2: 🛡️ Spiritual Warfare: Facing the Battle Honestly

## Your Verse

*Ephesians 6:12 - "For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms."*

## Supporting Scriptures

- *2 Corinthians 10:3-4 - "For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world."*
- *1 Peter 5:8 - "Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour."*





Day 2: ✨ Spiritual Warfare: Facing the Battle Honestly

## Devotional: Recognizing and Fighting the True Enemy

**Understanding the nature of the battle you face is critical for victory.**

Addiction is more than a physical struggle – it is spiritual warfare. Ephesians 6:12 reveals that our true adversaries are not people but supernatural powers working in the shadows.

When you battle opioid addiction, recognize that temptation and despair are part of this invisible war. But 2 Corinthians 10:3–4 encourages you that your weapons – faith, prayer, God's Word – are powerful and effective against these forces.

Stay alert as 1 Peter 5:8 warns, but also stay rooted in Christ who already defeated the enemy. Facing the battle honestly means acknowledging these forces while firmly placing your trust in God's protection and power.





Day 2: 🛡️ Spiritual Warfare: Facing the Battle Honestly

## Reflect and Apply

1. How does understanding spiritual warfare change your view of addiction?

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2. What spiritual weapons have you found helpful, or need to develop?

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3. How can alertness to the enemy's tactics help you avoid relapse?

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Day 2: 🦋 Spiritual Warfare: Facing the Battle Honestly

# Journaling Prompts

1. Write about moments when you felt spiritual attacks or temptations most strongly.

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2. List the spiritual tools you want to embrace to strengthen your battle.

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3. Reflect on times when prayer protected or restored you.

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Day 2: 🦋 Spiritual Warfare: Facing the Battle Honestly

## Prayer for Today

**Lord Jesus**, I ask for Your wisdom to see the true nature of the battle before me. Help me to stand firm against the spiritual forces that seek to destroy my hope and freedom. Equip me with Your armor and weapons, and remind me to stay alert and prayerful every day. Protect my mind and heart from temptation and raise me up in Your strength. Thank You, Jesus, for fighting this battle with me. Amen. 🕊️ 🦋 🙏





## Day 3: 🌿 Healing Begins: God Restores Brokenness





Day 3: 🌿 Healing Begins: God Restores Brokenness

## Your Verse

*Jeremiah 30:17 - "For I will restore health to you and heal you of your wounds," declares the Lord.*

## Supporting Scriptures

- *Psalm 147:3 - "He heals the brokenhearted and binds up their wounds."*
- *Isaiah 61:1 - "...to bind up the brokenhearted, to proclaim freedom for the captives and release from darkness for the prisoners."*





Day 3: 🌿 Healing Begins: God Restores Brokenness

# Devotional: God's Tender Healing for Your Broken Heart

**The path to recovery does not ignore the pain but invites God to heal it.**

Addiction often comes with deep wounds—emotional, mental, and spiritual. Jeremiah 30:17 promises that God desires to restore your health and heal your wounds.

Psalm 147:3 reminds us that the Lord tends to broken hearts. If you feel shattered by addiction's grip, you are not beyond God's healing touch. Isaiah 61 speaks of proclaiming freedom and release—words especially powerful for those trapped in addiction.

Allow yourself to admit the brokenness. Then, open your heart to God's gentle restoration. Healing is a process, but with God it is certain.





Day 3: 🌱 Healing Begins: God Restores Brokenness

## Reflect and Apply

1. What wounds from your past need God's healing?

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2. How can you actively participate in your healing process?

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3. What freedom do you long to experience through God's restoration?

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Day 3: 🌿 Healing Begins: God Restores Brokenness

# Journaling Prompts

1. Write about a recent painful experience and invite God to bring healing.

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2. List ways God has shown His healing power in your life before.

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3. Describe what freedom looks like to you after addiction.

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Day 3: 🌿 Healing Begins: God Restores Brokenness

## Prayer for Today

**Dear Heavenly Father,** I come broken and in need of Your healing hand. Please mend the wounds addiction has left on my heart and body. Restore my health, renew my spirit, and help me to walk in the freedom You promise. Give me patience in the process, courage in my weakness, and hope for a future filled with Your peace. Thank You for never giving up on me. In Jesus' name, amen. 🌿 ❤️ 🙏







## Day 4: 🔥 Transforming Renewal: Mind and Spirit





Day 4: 🔥 Transforming Renewal: Mind and Spirit

## Your Verse

*Romans 12:2 - "Do not conform to the pattern of this world, but be transformed by the renewing of your mind."*

## Supporting Scriptures

- *2 Corinthians 5:17 - "If anyone is in Christ, the new creation has come: The old has gone, the new is here!"*
- *Philippians 4:8 - "...think about such things... whatever is true, noble, right, pure, lovely, admirable..."*





## Day 4: 🔥 Transforming Renewal: Mind and Spirit

# Devotional: Renewing Your Mind for Lasting Change

**Breaking free from addiction requires a transformation of heart and mind.**

Romans 12:2 calls you not to be shaped by past cravings or worldly patterns but to be renewed by God's truth.

When you come to Christ, 2 Corinthians 5:17 offers the beautiful promise that you become a new creation. Your old chains no longer define you; instead, God's grace writes a new story on your heart.

To live this transformation, Philippians 4:8 guides you to focus your thoughts on purity and goodness. Renewing your mind daily helps guard against relapse and strengthens your faith.





Day 4: 🔥 Transforming Renewal: Mind and Spirit

## Reflect and Apply

1. What are some old thought patterns you need to let go of?

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2. How can you intentionally focus on God's truth daily?

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3. In what ways does seeing yourself as a new creation inspire hope?

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Day 4: 🔥 Transforming Renewal: Mind and Spirit

# Journaling Prompts

1. Write down recurring negative thoughts you want to replace with God's promises.

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2. Create a list of Bible verses that bring encouragement to meditate on.

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3. Describe your vision for the new version of yourself in Christ.

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Day 4: 🔥 Transforming Renewal: Mind and Spirit

## Prayer for Today

**Gracious God**, transform my mind and renew my spirit each day. Help me not to conform to old harmful habits but to embrace Your truth fully. Fill me with thoughts that are worthy and pure, and remind me that I am a new creation in You. Strengthen my resolve and guide me toward freedom and wholeness. Thank You for Your transforming power. In Jesus' name, amen. 🔥 🧠 📖







## Day 5: 💛 Support and Fellowship: You Are Not Alone





Day 5: 🧡 Support and Fellowship: You Are Not Alone

## Your Verse

*Galatians 6:2 - "Carry each other's burdens, and in this way you will fulfill the law of Christ."*

## Supporting Scriptures

- *Ecclesiastes 4:9-10 - "Two are better than one... if either of them falls down, one can help the other up."*
- *Hebrews 10:24-25 - "Let us consider how we may spur one another on toward love and good deeds... encouraging one another."*





Day 5: 🧡 Support and Fellowship: You Are Not Alone

## Devotional: The Power of Support and Fellowship in Recovery

**Warfare against addiction is not meant to be fought alone.** Galatians 6:2 encourages us to carry one another's burdens, reminding you that community and fellowship are vital.

Ecclesiastes 4:9-10 beautifully notes that with partners, falls can be remedied and encouragement offered. You can lean on trusted brothers and sisters who understand your fight and can lift you up.

Hebrews 10 calls the church to spur each other on in love and good works, which includes supporting those battling addiction. Identify those you can reach out to or groups providing strength and accountability. God's healing often flows through the embrace of community.





Day 5: 🧡 Support and Fellowship: You Are Not Alone

## Reflect and Apply

1. Who do you currently have in your life to support you in this journey?

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2. What fears or barriers keep you from seeking help?

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3. How can you be a source of encouragement to others battling struggles?

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Day 5: 🧡 Support and Fellowship: You Are Not Alone

# Journaling Prompts

1. List people or groups you can turn to for support and accountability.

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2. Write about what it would look like to accept help from others.

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3. Reflect on ways you have supported or been supported through challenges.

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Day 5: 🧡 Support and Fellowship: You Are Not Alone

## Prayer for Today

**Lord**, thank You for the gift of community. Help me to be open to receiving help and to carry the burdens of others. Surround me with people who will encourage, pray for, and walk alongside me during this battle. Remove fears that keep me isolated and remind me that I am never alone. Make me a light to those who need support too. In Jesus' name, amen. 🧡 ❤️ 🙏







## Day 6: Breaking Chains: Freedom in Christ





## Your Verse

*John 8:36 – "So if the Son sets you free, you will be free indeed."*

## Supporting Scriptures

- *Psalm 107:14 – "He brought them out of darkness, the utter darkness, and broke away their chains."*
- *Galatians 5:1 – "It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery."*





Day 6:  Breaking Chains: Freedom in Christ

# Devotional: Embracing Freedom Through Jesus Christ

**Chains of addiction bind heavily, but Jesus offers true freedom.** John 8:36 declares that freedom in Christ is not partial or temporary – it is complete and eternal.

Psalms 107:14 celebrates God's power to break chains and rescue from darkness. This is the hope available to every veteran battling addiction.

Galatians 5 warns against returning to slavery after being set free. Freedom requires vigilance, faith, and active choice. Embrace Jesus' gift today and commit to walking strong in the liberty He provides.





## Reflect and Apply

1. In what ways has addiction felt like chains in your life?

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2. How does Jesus' promise of freedom impact the way you see yourself?

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3. What practical steps will help you stand firm in freedom daily?

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# Journaling Prompts

1. Write about what freedom feels like or means to you.

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2. List actions or habits that help keep you free from addiction's hold.

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3. Describe moments when you've experienced God breaking chains in your life.

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Day 6: 🌀 Breaking Chains: Freedom in Christ

## Prayer for Today

**Jesus**, thank You for setting me free from every chain that binds me. Help me to live fully in that freedom and to reject anything that would enslave me again. Strengthen me to stand firm, to rely on Your power daily, and to walk boldly as a child of freedom. Use my story as a testimony of Your deliverance and grace. Amen. 🌀 ☩ 🙌





## Day 7: New Beginnings: Hope and Restoration





Day 7: 🌱 New Beginnings: Hope and Restoration

## Your Verse

*Lamentations 3:22-23 - "Because of the Lord's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness."*

## Supporting Scriptures

- *2 Corinthians 12:9 - "My grace is sufficient for you, for my power is made perfect in weakness."*
- *Psalms 40:3 - "He put a new song in my mouth, a hymn of praise to our God."*





Day 7: 🌄 New Beginnings: Hope and Restoration

## Devotional: Embracing Hope, Grace, and Fresh Starts

**Healing and recovery are journeys filled with new beginnings.** Lamentations 3:22-23 assures you that God's mercies are new every morning, no matter how dark the night.

In moments of weakness, 2 Corinthians 12:9 reminds us that God's grace is enough; His power shows most clearly when we feel weakest.

God promises restoration, a new song, and a fresh start for your life. Hold on to hope. Today is a new dawn on your journey as a victorious veteran, renewed and restored by God's unfailing love.





## Reflect and Apply

1. How does remembering God's daily mercy give you hope?

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2. What areas in your life need fresh grace and restoration?

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3. How can you celebrate small victories as new beginnings?

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Day 7: 🌄 New Beginnings: Hope and Restoration

# Journaling Prompts

1. Write a prayer of gratitude for God's compassion and faithfulness.

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2. Reflect on a new beginning you are embracing today.

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3. List ways to keep hope alive during moments of struggle.

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Day 7: 🌄 New Beginnings: Hope and Restoration

## Prayer for Today

**Faithful God**, thank You for Your unwavering mercy and new mercies every morning. Help me to embrace each day as a fresh start filled with hope. Let Your grace be my strength when I feel weak and grant me the courage to keep moving forward. Restore my spirit and fill me with praise as I walk the path of recovery and restoration. In Jesus' powerful name, amen. 🌄 ❤️ 🙏







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