



# Walking in the Light: An In-Depth Study of 1 John



Explore 1 John to understand love, truth, and fellowship with God through His Word and live as children of light.

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## Introduction

Welcome to an in-depth study on the Book of 1 John, a profound epistle that invites believers into a deeper understanding of God's love, holiness, and truth. Written by the Apostle John, this letter addresses key themes such as the assurance of salvation, the call to live righteously, and the centrality of love in the Christian life.

*1 John* is an intimate glimpse into early Christian fellowship and doctrinal clarity amidst challenges from false teachers. John comforts believers by encouraging genuine faith, which manifests in obedience and loving action. His message is timeless: love is the evidence of knowing God, and walking in the light means living transparently and authentically before Him and others.

Throughout this plan, you will discover how to experience *assurance of salvation*, to *discern truth amidst confusion*, and to *grow in love that reflects God's own character*. Each day offers a focused passage, rich devotional insights, thought-provoking reflections, and practical journaling prompts, designed to engage heart and mind deeply.

May this study encourage you to embrace the joyful fellowship with God described in 1 John and to walk confidently as His beloved child, empowered by His Spirit. Let us embark on this journey together, uncovering what it truly means to walk in the light and abide in the love of God.  





## Day 1: ✨ Walking in the Light



Day 1: ✨ Walking in the Light

## Your Verse

*1 John 1:5-7 NIV - "This is the message we have heard from him and declare to you: God is light; in him there is no darkness at all. If we claim to have fellowship with him and yet walk in the darkness, we lie and do not live out the truth. But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus, his Son, purifies us from all sin."*

## Supporting Scriptures

- *John 8:12 - "When Jesus spoke again to the people, he said, 'I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life.'"*
- *Ephesians 5:8 - "For you were once darkness, but now you are light in the Lord. Live as children of light."*



Day 1: ✨ Walking in the Light

# Devotional: Living Transparently: Embracing God's Light

**Walking in the light** is the foundational theme of 1 John 1:5-7. The apostle begins by declaring a profound truth: "God is light; in him there is no darkness at all." This statement sets an unshakeable standard of holiness and purity. To walk in light means to live transparently, openly, and truthfully before God and one another.

Claiming fellowship with God while living in darkness is a contradiction. It challenges us seriously—do our words and actions consistently reflect the truth about our relationship with Christ? Walking in light involves daily repentance and an honest acknowledgement of our sins. Thankfully, the blood of Jesus purifies us, enabling genuine fellowship not only with God but also with fellow believers. This purification is ongoing, a daily cleansing that invites us into freedom and intimacy in our Christian walk.

Walking in the light also means being part of a community that reflects God's purity and love. It challenges us to reject secret sin and hypocrisy and to embody God's character by loving one another sincerely.

Consider: are there areas where darkness still lingers in your life? Are you embracing the cleansing power of Jesus' blood to walk boldly in the light?



Day 1: ✨ Walking in the Light

## Reflect and Apply

1. What does "walking in the light" look like in your daily life?

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2. How does acknowledging sin openly impact your relationship with God and others?

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3. In what ways can you foster genuine fellowship by living transparently?

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Day 1: ✨ Walking in the Light

## Journaling Prompts

1. List areas in your life where you sense God calling you to walk more fully in the light.

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2. Reflect on a recent experience where being honest about a struggle brought healing or freedom.

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3. Write a prayer asking God for courage to reject darkness and walk in truth.

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Day 1: ✨ Walking in the Light

## Prayer for Today

**Heavenly Father**, thank You for Your pure and holy light that reveals truth and brings freedom. Help me to walk each day transparently before You, confessing my sins and embracing the cleansing power of Jesus' blood. Teach me to live authentically, rejecting darkness and growing in fellowship with You and others. May Your light shine through me, reflecting Your love and truth in every part of my life. In Jesus' name, *amen*. ✨ 🙏 🕯️





## Day 2: ❤️ The Command to Love



Day 2: ❤️ The Command to Love

## Your Verse

*1 John 4:7-12 NIV – "Dear friends, let us love one another, for love comes from God. Everyone who loves has been born of God and knows God. Whoever does not love does not know God, because God is love. This is how God showed his love among us: He sent his one and only Son into the world that we might live through him. This is love: not that we loved God, but that he loved us and sent his Son as an atoning sacrifice for our sins. Dear friends, since God so loved us, we also ought to love one another. No one has ever seen God; but if we love one another, God lives in us and his love is made complete in us."*

## Supporting Scriptures

- *John 13:34 – "A new command I give you: Love one another. As I have loved you, so you must love one another."*
- *Romans 5:8 – "But God demonstrates his own love for us in this: While we were still sinners, Christ died for us."*



Day 2: ❤️ The Command to Love

## Devotional: Reflecting God's Love to Others Daily

**Love stands at the heart of 1 John**, beautifully summed up in chapter 4. John emphasizes that love originates from God and is the defining mark of His children. It is not merely a sentiment or an emotion but a decisive action rooted in God's own nature.

This passage reminds us of the ultimate demonstration of love—God sending His Son, Jesus Christ, as an atoning sacrifice for our sins. This love is unconditional and sacrificial, calling us to mirror it in our relationships with others. Genuine love is the evidence of truly knowing God.

When we love others, we testify to God's presence within us. Conversely, a lack of love betrays spiritual disconnect. The love we extend to one another is a reflection and completion of God's love in us, a tangible expression of divine life touching the world.

Today's challenge lies in internalizing this truth and practicing love intentionally. Love in action often demands humility, forgiveness, and patience. It invites us to step beyond convenience and comfort to serve and care wholeheartedly.



Day 2: ❤️ The Command to Love

## Reflect and Apply

1. How does recognizing God as love change your understanding of your identity?

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2. In what ways can you better mirror God's sacrificial love to the people around you?

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3. What barriers keep you from loving others as God commands?

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Day 2: ❤️ The Command to Love

## Journaling Prompts

1. Recall a time when you experienced God's love deeply—how did it affect you?

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2. Write about specific ways you can show God's love to a friend, family member, or neighbor this week.

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3. Journal your thoughts on how love transforms relationships and communities.

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Day 2: ❤️ The Command to Love

## Prayer for Today

Dear Lord, thank You for loving me first and for showing the greatest love through Jesus' sacrifice. Fill my heart with Your love so that I can love others genuinely and unconditionally. Help me to overcome fears or barriers that keep me from loving as You do. Teach me to serve and forgive with grace, reflecting Your character in every relationship. May Your love be visible through me today and always. *Amen.* ❤️ 🙏💛





## Day 3: Assurance of Salvation





## Your Verse

*1 John 5:11-13 NIV - "And this is the testimony: God has given us eternal life, and this life is in his Son. Whoever has the Son has life; whoever does not have the Son of God does not have life. I write these things to you who believe in the name of the Son of God so that you may know that you have eternal life."*

## Supporting Scriptures

- *John 10:28 - "I give them eternal life, and they shall never perish; no one will snatch them out of my hand."*
- *Romans 8:38-39 - "For I am convinced that neither death nor life... will be able to separate us from the love of God that is in Christ Jesus our Lord."*



## Devotional: Living in the Confidence of God's Promise

**One of the most comforting themes in 1 John is the assurance of salvation.** In 5:11-13, John clearly states that eternal life is a gift given by God and that this life is found only in His Son, Jesus Christ. The certainty of belonging to God and possessing eternal life is what John desires believers to fully grasp.

This assurance is not based on feelings or works but on the objective reality of God's promise and Christ's finished work. When we have Christ, we possess life that transcends time, offering security against doubt and fear.

John's purpose in writing is explicitly to instill confidence so believers do not live in uncertainty. Trusting in Jesus brings peace, joy, and boldness to live as children of God. This assurance also influences how we live—we become empowered by love and truth rather than fear or condemnation.

As you meditate on this passage, consider the ways you rest in God's promise. How does assurance affect your everyday faith and hope? This eternal life begins now and is forever secure.



## Reflect and Apply

1. What does assurance of salvation mean to you personally?

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2. How do you respond to doubts about your faith or standing before God?

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3. In what practical ways can assurance of eternal life transform your daily choices?

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## Journaling Prompts

1. Write about your journey toward trusting Jesus as your Savior and possessing eternal life.

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2. Reflect on moments when doubt crept in—how did you overcome it or what helped you regain assurance?

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3. Journal your prayer of faith, asking God to deepen your confidence in His promises.

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## Day 3: 🛡 Assurance of Salvation

## Prayer for Today

**Gracious Father**, thank You for the gift of eternal life through Your Son, Jesus Christ. Help me to rest fully in this truth, knowing my salvation is secure in You. When doubts arise, remind me of Your steadfast love and the promises You have given. Empower me to live boldly and joyfully as Your child, grounded in assurance. Strengthen my faith each day, Lord, that I may reflect Your peace in all circumstances. *In Jesus' name, Amen.* 🕊️ 🙏 📖





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