



# Walking Wisely: Avoiding Regret Through Wisdom






Discover how God's wisdom guides you to decisions filled with confidence, helping you avoid regret and walk with peace.

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## Introduction

**Welcome to this transformative journey on wisdom!** 🌿 In life, choices are everywhere—some small, others life-altering. Often, those choices come with the risk of regret, weighing heavily on our hearts. But what if there was a way to walk forward confidently, making decisions that echo with God's goodness rather than remorse?

*Wisdom* is more than knowledge or experience; it's a divine gift that shapes how we see, decide, and live. The Bible teaches us that true wisdom comes from God (Proverbs 2:6), offering insight far beyond human understanding. It is the compass that keeps our feet steady and our hearts peaceful, even in the midst of uncertainty.

Throughout this study, we will explore how embracing God's wisdom helps you avoid the painful trap of regret. You will learn practical ways to seek, receive, and live out wisdom daily. Whether facing big decisions or everyday choices, wisdom empowers you to walk a path marked not by hesitation or remorse, but by confidence and clarity.

**Let's open our hearts and minds to God's instruction, remembering that wisdom is a lamp to our feet, guiding us through every shadowed valley.** Together, let's journey into the richness of God's wisdom and discover how to walk boldly in His grace and guidance.





## Day 1: 🕯️ The Source of True Wisdom



Day 1: 📖 The Source of True Wisdom

## Your Verse

*Proverbs 2:6 - "For the LORD gives wisdom; from his mouth come knowledge and understanding."*

## Supporting Scriptures

- *James 1:5 - "If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault."*
- *Psalms 111:10 - "The fear of the LORD is the beginning of wisdom; all who follow his precepts have good understanding."*



## Devotional: God is the Ultimate Source of Wisdom

**Wisdom begins with God.** To avoid regret, we must first understand where true wisdom originates. Proverbs 2:6 declares that the LORD Himself gives wisdom, knowledge, and understanding. This divine wisdom is a gift, not merely something we accumulate through life experience or intellect.

In moments of indecision or when facing complex challenges, it's tempting to rely solely on our own understanding. Yet, human insight is limited and often clouded by emotions or bias. God's wisdom, however, transcends all obstacles, offering clarity and sound judgment.

*When we fear the LORD—that is, hold Him in reverent awe and trust—beginning with Him lays a solid foundation for wise living.* James encourages us to ask God for wisdom confidently, assuring that He gives generously and without reproach. This means no question is too small, no concern too trivial for God's guiding wisdom.

Today, reflect on where you seek wisdom. Will you turn to God first? Inviting His wisdom into your decisions can help you avoid the path of regret and instead walk with confident assurance.



Day 1: 📖 The Source of True Wisdom

## Reflect and Apply

1. When faced with tough decisions, how often do you seek God's wisdom before acting?

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2. What fears or doubts prevent you from fully trusting God's guidance?

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3. How does understanding that wisdom starts with reverence for God change your approach to challenges?

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## Journaling Prompts

1. Write about a recent decision where you sought God's wisdom or wished you had.

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2. List ways you can cultivate a daily habit of asking God for wisdom.

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3. Reflect on what fearing the LORD means in your life and how it affects your choices.

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Day 1: 📖 The Source of True Wisdom

## Prayer for Today

**Dear Heavenly Father,** I come before You today asking for Your precious gift of wisdom. Help me to seek You first in every decision I face and to trust Your guidance fully. May Your wisdom fill my heart and mind so that I walk confidently without regret. Teach me to fear You rightly, embracing Your instruction as the path to peace and clarity. Thank You for generously giving wisdom to all who ask. *In Jesus' name, Amen.* 🙏📖✨





## Day 2: Walking Confidently Without Regret



Day 2: 🏔️ Walking Confidently Without Regret

## Your Verse

*Proverbs 3:5-6 - "Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight."*

## Supporting Scriptures

- *Psalm 32:8 - "I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you."*
- *Isaiah 30:21 - "Whether you turn to the right or to the left, your ears will hear a voice behind you, saying, 'This is the way; walk in it.'"*



Day 2: 🏞️ Walking Confidently Without Regret

## Devotional: Trusting God Leads to Regret-Free Paths

**Regret often arises from uncertainty and second-guessing our decisions.** But when we walk under God's guidance, we can move forward with confidence. Proverbs urges us to trust the LORD wholeheartedly, not leaning on our own limited understanding. This is not always easy—our feelings, fears, and past mistakes can cloud our judgment.

Yet, God promises to direct our paths when we submit to Him. Submission means letting go of the urge to control everything and choosing to rely on God's perfect plan. Psalm 32:8 reassures us that God lovingly instructs and counsels us, watching over us attentively.

*When confident in God's direction, we avoid the weight of regret because we know He is making our paths straight—even when the way isn't clear immediately.* Isaiah describes a comforting picture of God's voice guiding us anytime we stray, helping us stay on the path He has set.

Today, practice surrendering your plans to God. Trust that He will lead you confidently and help you avoid the pitfalls that cause remorse.



Day 2: 🏞️ Walking Confidently Without Regret

## Reflect and Apply

1. What does trusting God ‘with all your heart’ look like in your current life situation?

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2. Are there ways you still ‘lean on your own understanding’? How might you release those?

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3. How does knowing God watches over and guides you affect your confidence in decision-making?

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Day 2: 🏔️ Walking Confidently Without Regret

## Journaling Prompts

1. Describe a time you trusted God and avoided regret in a difficult choice.

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2. Identify any past regrets that stemmed from not trusting God fully and write a prayer for healing.

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3. Commit to one action today that shows submission to God's guidance and write about it.

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Day 2: 🏔️ Walking Confidently Without Regret

## Prayer for Today

**Lord**, I surrender my plans and desires to You today. Help me trust You completely even when I don't understand the path ahead. Thank You for promising to guide me and make my ways straight. Teach me to listen for Your voice and follow it without hesitation. Guard my heart against doubt and regret, and fill me with peace as I walk with You. *In Jesus' name, Amen.* 🙏 🏔️





## Day 3: 🌿 Living Wisdom Daily to Avoid Remorse





Day 3: 🌿 Living Wisdom Daily to Avoid Remorse

## Your Verse

*James 3:17 – "But the wisdom that comes from heaven is first of all pure; then peace-loving, considerate, submissive, full of mercy and good fruit, impartial and sincere."*

## Supporting Scriptures

- *Colossians 3:16 – "Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom."*
- *Ephesians 5:15-16 – "Be very careful, then, how you live—not as unwise but as wise, making the most of every opportunity."*



Day 3: 🌿 Living Wisdom Daily to Avoid Remorse

## Devotional: Embrace Wisdom for a Fruitful Life

**Wisdom is an active, daily journey—not a one-time decision.** James reminds us that godly wisdom is pure, peace-loving, and full of mercy and good fruit. This kind of wisdom shapes our character and choices consistently, helping us avoid decisions that lead to remorse.

Living wisely means intentionally applying God's principles in every area of life—relationships, work, and even in the small, daily moments. Colossians encourages us to let Christ's message dwell within us richly, allowing His wisdom to influence our words and actions.

*By being careful and making the most of every opportunity, as Ephesians instructs, we step into lives marked by purpose and freedom from regret.* Wisdom leads us to live with integrity and love, bearing fruit that honors God and blesses those around us.

As you close this study, commit to walking in wisdom each day. Let it guide you away from remorse and toward a life overflowing with peace and confidence.



Day 3: 🌿 Living Wisdom Daily to Avoid Remorse

## Reflect and Apply

1. In what practical ways can you demonstrate godly wisdom daily?

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2. How do mercy and peace-loving attitudes help you avoid regrettable choices?

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3. What opportunities do you have now to live more wisely and intentionally?

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Day 3:  Living Wisdom Daily to Avoid Remorse

## Journaling Prompts

1. Write about how heavenly wisdom has changed your perspective on a past mistake.

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2. List habits you can develop to live each day with godly wisdom.

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3. Reflect on how you can encourage others to seek and live in God's wisdom.

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Day 3: 🌿 Living Wisdom Daily to Avoid Remorse

## Prayer for Today

**Gracious Father**, help me to embrace Your wisdom as a daily guide in all I do. Fill me with purity, peace, and mercy so I may reflect Your character. Teach me to live carefully and intentionally, making choices that honor You and bring joy. Thank You for Your patience and loving correction. May my life bear good fruit and inspire others to seek Your wisdom too. *In Jesus' name, Amen.* 🌿💡❤️🙏





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