Walking with Jesus: The Road to Emmaus Journey



Walk with Jesus through doubt, disappointment, and discovery on the Road to Emmaus in this 21-day Bible study plan.





Table of contents

4
6
12
18
24
30
36
42
48
54
60
66
72
78
84
90
96











Introduction

Welcome to your 21-day journey on the Road to Emmaus! This Bible study plan invites you to walk alongside the two disciples who encountered Jesus after His resurrection. Their path is not just a physical journey but also an emotional and spiritual one—a voyage from doubt, through disappointment, to the joyous discovery of truth. Whether you have ever wrestled with questions of faith or felt burdened by unmet expectations, this study is designed to meet you where you are.

The story recorded in Luke 24:13–35 reveals the human struggle with confusion and the challenge of recognizing Jesus in unexpected moments. It shows that even when the heart feels heavy and the mind struggles to understand, Jesus meets us, teaches us, and ignites the flame of hope within us.

Throughout these 21 days, we will explore key passages that unpack the themes of doubt, conversation, Scripture, brokenness, and revelation. We will embrace discomfort, receive truth, and experience transformation. With thoughtful devotions, Scripture reflections, and moments for prayer and journaling, you will be guided toward a deeper understanding of Jesus' presence in your life and a renewing of faith that moves beyond skepticism into faith-filled discovery.

Prepare your heart to listen, your mind to receive, and your spirit to walk alongside Jesus through every step of the journey. Let's embark together on







the Road to Emmaus, a path that leads us from darkness into the radiant light of resurrection hope! 🖴

















Day 1: 🥻 The Journey Begins

Your Verse

Luke 24:13-14 NIV - Now that same day two of them were going to a village called Emmaus, about seven miles from Jerusalem.

Supporting Scriptures

- Psalm 23:4 Even though I walk through the darkest valley, I will fear no evil, for you are with me;
- John 1:39 "Come, and you will see." So they went and saw where he was staying, and they spent that day with him.







Day 1: 🥻 The Journey Begins

Devotional: Starting the Journey with Open Hearts

The road to Emmaus begins with a journey. Two disciples leave Jerusalem, walking away from the city and the events that have shaken their hope. Their hearts are heavy, confused by recent events. This journey reminds us that sometimes when faced with disappointment or doubt, we physically or spiritually step away, seeking space to process.

Just like these two disciples, we often find ourselves on a road that seems uncertain, burdened by questions about God's promises and presence. The walk itself symbolizes a transition—an opportunity for reflection and change. What does your journey look like today? Are you carrying burdens that make your steps slow or hesitant?

As we start this study, remember that Jesus meets us not just in victories but on the road, in the moments when we feel lost or unsure. **The journey itself is part of the healing and revelation**.







Day 1: A The Journey Begins

Reflect and Apply

1.	What doubts or disappointments am I carrying on my spiritual journey?
2.	How do I respond when I feel uncertain or confused about God's plan?
	Am I open to the possibility that Jesus can meet me even when I am walking away from faith?







Day 1: A The Journey Begins

Journaling Prompts

1.	Describe a time you felt like you were on a difficult spiritual journey.
2.	Write about what you hope to discover during this 21-day study.
3.	List any questions or doubts you want to bring before God during this time.







Day 1: 🥻 The Journey Begins

Prayer for Today

Lord Jesus, thank You for meeting us where we are, even on the roads of doubt and disappointment. Help us to be open to Your guidance and presence as we start this journey. Teach us to recognize You in the small moments and lead us to a place of hope and deeper faith. *Walk with us step by step.* Amen.

















Your Verse

Luke 24:15 NIV - As they talked and discussed these things with each other, Jesus himself came up and walked along with them;

Supporting Scriptures

- James 1:5 If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you.
- Proverbs 3:5 Trust in the Lord with all your heart and lean not on your own understanding;







Devotional: Bringing Doubts Into the Light

Doubt often brings us together in conversation. The two disciples share with each other the painful questions lingering in their hearts. It's in honest discussion that Jesus enters their story, unseen at first, walking beside them.

Many times, our spiritual doubts cause us to withdraw or feel isolated, but here we see that expressing our uncertainties can be a bridge to encounter Jesus. God invites us into the conversation rather than away from it. He walks with us even when we don't yet recognize Him.

Today, consider your own doubts—are you willing to bring them into honest conversation with God or trusted friends? How might these discussions be the setting where Jesus reveals Himself?







Reflect and Apply

1.	What doubts have I been afraid to voice out loud?
2.	How can I create space in my life for honest conversations about faith?
3.	In what ways has God shown up through others when I was struggling?







Journaling Prompts

	Write down doubts or questions you need to bring into open conversation.
	Remember a time when talking helped you grow spiritually—describe that experience.
3.	List people you can trust to share your faith journey with.







Prayer for Today

God of truth, thank You that You meet us in our doubts and questions. Help me not to fear my uncertainties but to bring them to You and to others. Teach me to trust Your wisdom and presence even when I do not understand. *Walk beside me in every conversation and every question.* Amen. \bigwedge

















Your Verse

Luke 24:27 NIV - And beginning with Moses and all the Prophets, he explained to them what was said in all the Scriptures concerning himself.

Supporting Scriptures

- 2 Timothy 3:16 All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness,
- Psalm 119:105 Your word is a lamp to my feet and a light to my path.







Devotional: Seeing Jesus Through God's Word

Jesus opens their minds to understand the Scriptures. Though the disciples had read the Law and the Prophets, they had missed seeing the fulfillment in Jesus. This spiritual blindness is common when preconceived ideas limit understanding.

When we seriously engage with Scripture, allowing Jesus to illuminate its meaning, we open ourselves to transformation. The Word becomes alive, speaking directly to our doubts and shaping our faith. The Bible is not just history; it is a living conversation with God, inviting us to see ourselves in God's unfolding story of redemption.

Take time today to ask Jesus to open your eyes and heart as you read the Bible. Seek to discover the ways He is revealed, not only as a historical figure but as the risen Savior active in your life.







Reflect and Apply

1.	How do I approach Scripture when doubts arise?
2.	Are there passages I avoid because they challenge my beliefs?
3.	How can I invite Jesus to open my understanding of the Bible today?







Journaling Prompts

1.	Write about a Scripture passage that helped you see Jesus more clearly.
-	
2.	List questions you have about the Bible and make a plan to seek answers.
-	
3.	Describe how Scripture has influenced your faith journey.
-	







Prayer for Today

Lord Jesus, open my eyes and heart to Your Word. Reveal to me Your truth through Scripture and help me to understand what I read. Transform my doubts into insight and my confusion into clarity. *Help me walk in the light of Your promises.* Amen. $\square \Leftrightarrow \diamondsuit$









Day 4: W Heartache and Hope









Day 4: V Heartache and Hope

Your Verse

Luke 24:17 NIV – 'What are you discussing together as you walk along?' They stood still, their faces downcast.

Supporting Scriptures

- Psalm 34:18 The Lord is close to the brokenhearted and saves those who are crushed in spirit.
- Romans 8:28 And we know that in all things God works for the good of those who love him,







Day 4: V Heartache and Hope

Devotional: From Brokenness to Hope

The disciples' faces reflect their pain. They are overwhelmed by disappointment and confusion about what has happened to Jesus. Their heavy hearts mirror our own in seasons of loss or unanswered questions.

God is not distant when we are brokenhearted; He is close and compassionate. Our hurt is not ignored but holds potential for hope when we allow God to heal and redeem the pain. Remember that disappointment is often the soil where faith can deepen, and hope can grow.

Today, bring your heartache honestly before God. Receive from Him the peace that surpasses understanding, knowing that your sadness does not define your story.







Day 4: 🧡 Heartache and Hope

Reflect and Apply

1.	What disappointments or losses have affected my faith journey recently?
2.	How have I experienced God's comfort in times of heartache?
3.	In what ways can my pain lead me toward deeper hope?







Day 4: V Heartache and Hope

Journaling Prompts

1.	Write about a time God brought hope through a difficult circumstance.
2.	Describe your current feelings of disappointment or brokenness.
3.	List ways you can invite God to heal those wounds.







Day 4: V Heartache and Hope

Prayer for Today

Heavenly Father, You are near to my broken heart. In my sadness and confusion, remind me of Your unfailing love and hope. Help me trust that Your goodness is working even when I cannot see it. *Hold me close and renew my strength for the journey ahead.* Amen.

















Day 5: **%** Recognizing Jesus' Presence

Your Verse

Luke 24:30–31 NIV – When he was at the table with them, he took bread, gave thanks, broke it and began to give it to them. Then their eyes were opened and they recognized him...

Supporting Scriptures

- John 10:27 My sheep listen to my voice; I know them, and they follow me.
- Matthew 28:20 And surely I am with you always, to the very end of the age.







Day 5: **%** Recognizing Jesus' Presence

Devotional: Seeing Jesus in Everyday Moments

The moment of recognition comes in the breaking of bread. The disciples did not immediately recognize Jesus but were transformed when He revealed Himself in an intimate, everyday act.

Jesus often meets us in simple, relational moments — through acts of kindness, the rhythms of daily life, and the sacredness found in ordinary experiences. Sometimes our eyes are blind until we choose to pause and receive His presence.

Reflect today on the ways God might be revealing Himself in unexpected places. Like the disciples, we can move from missing Him to seeing Him when we open our hearts to His presence.







Day 5: Necognizing Jesus' Presence

Reflect and Apply

1.	Have I missed recognizing Jesus in the ordinary parts of my day?
2.	What simple practices help me become more aware of God's presence?
3.	How can I cultivate spiritual sensitivity like the disciples did?







Day 5: Necognizing Jesus' Presence

Journaling Prompts

1.	Recall a moment recently when you felt God's presence unexpectedly.
2.	Describe what it felt like when you recognized Jesus in a new way.
3.	Write about how you can create space to 'break bread' spiritually daily.







Day 5: Tesence Presence

Prayer for Today

Lord Jesus, open my eyes to see You in the ordinary and everyday moments. Help me recognize Your presence in simple acts and sacred rhythms of life. May my heart awaken to Your nearness now and always. *Thank You for walking beside me.* Amen.







Day 6: 1 Walking from Darkness to Light









Your Verse

Luke 24:32 NIV – They asked each other, 'Were not our hearts burning within us while he talked with us on the road and opened the Scriptures to us?'

Supporting Scriptures

- John 8:12 I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life.
- Psalm 119:130 The unfolding of your words gives light; it gives understanding to the simple.







Devotional: Hearts Ablaze With Divine Truth

Their hearts burn with new understanding. The disciples experience a spiritual awakening as the Scriptures are explained and the truth of Jesus' resurrection sinks deep.

Walking through doubt and disappointment can feel like prolonged darkness. Yet Jesus promises to be our light, guiding us forward. When we allow Scripture and the Holy Spirit to illuminate our hearts, confusion fades and faith grows bright.

Embrace today the movement from darkness into light by inviting God to burn away the shadows of uncertainty, lighting your way with His truth.







Reflect and Apply

1.	When have I felt my heart 'burn' with a new revelation of God?
2.	What areas of darkness do I need to invite God's light into?
3.	How does God's Word bring clarity and hope to my doubts?







Journaling Prompts

1.	Write about a time Scripture illuminated your spiritual understanding.
2.	List current doubts you want to surrender to God's light.
3.	Describe what it means for your heart to be set ablaze by God's truth.







Prayer for Today

Light of the World, shine brightly into the dark places of my heart. Illuminate my mind with Your Word and fill me with the flame of faith. Help me walk confidently from doubt into understanding, knowing You are always near. *May my heart burn with Your truth.* Amen. **1**









Day 7: 🖰 Holding Onto Faith









Day 7: 🕒 Holding Onto Faith

Your Verse

Hebrews 11:1 NIV – Now faith is confidence in what we hope for and assurance about what we do not see.

Supporting Scriptures

- Romans 5:3-4 Suffering produces perseverance; perseverance, character; and character, hope.
- 2 Corinthians 5:7 For we live by faith, not by sight.







Day 7: 🕒 Holding Onto Faith

Devotional: Trusting Beyond What We See

Faith involves holding on when we cannot see the full picture. The disciples struggled with confusion but clung to hope stirred within them. Faith is less about certainty and more about trust in God's character.

Life's disappointments often test our faith, but these tests produce perseverance and deeper hope. We are invited to believe in unseen realities, trusting that God is working even when our eyes are clouded.

Today, consider how you can strengthen your faith in the midst of uncertainty by focusing on the promises of God rather than immediate circumstances.







Day 7: (b) Holding Onto Faith

Reflect and Apply

1.	In what ways do I find it hardest to trust God without seeing proof?
2.	How has perseverance through trials shaped my faith journey?
3.	What steps can I take to nurture confidence in God's promises?







Day 7: (b) Holding Onto Faith

Journaling Prompts

List moments when faith helped you endure difficult times.
Identify areas where your faith feels weak or shaky.
Write a prayer asking God to increase your trust and hope.







Day 7: 🖰 Holding Onto Faith

Prayer for Today

Faithful God, help me to trust You even when I cannot see what lies ahead. Strengthen my faith and help me persevere through doubts and trials. May my hope rest firmly in Your unchanging promises. *Guide me by faith, not by sight.* Amen. 🖰 🙏 💸

















Your Verse

Proverbs 2:3-5 NIV - ...if you call out for insight and cry aloud for understanding, and if you look for it as for silver and search for it as for hidden treasure, then you will understand the fear of the Lord and find the knowledge of God.

Supporting Scriptures

- Colossians 1:9 We continually ask God to fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives,
- James 3:17 But the wisdom that comes from heaven is first of all pure; then peace-loving, considerate, submissive, full of mercy and good fruit, impartial and sincere.







Devotional: Pursuing God's Wisdom Earnestly

Spiritual understanding requires intentional pursuit. The disciples were opened to truth because Jesus explained the Scriptures patiently. We too are invited to seek wisdom and revelation with urgency and persistence.

Understanding is not passive; it requires longing and dedication to God's Word and Spirit. Searching as for treasure changes perspective, valuing insight above immediate comfort or assumptions.

Ask yourself today: Am I actively seeking God's wisdom with urgency? How can I prioritize time to listen carefully and learn deeply?







Reflect and Apply

1.	Am I actively seeking deeper understanding of God's Word?
2.	What distractions keep me from pursuing spiritual insight?
3.	How do I respond when God's wisdom challenges my current beliefs?







Journaling Prompts

1.	Write about your current approach to studying the Bible.
2.	List ways you can improve your pursuit of spiritual knowledge.
3.	Describe an insight or truth you recently discovered about God.







Prayer for Today

God of Wisdom, I seek You with my whole heart. Grant me understanding and insight as I study Your Word. Help me treasure Your truths above all else and apply them faithfully. *Open my eyes and my mind to Your guidance.* Amen. \bigcirc









Day 9: TGifts of the Holy Spirit









Day 9: 🎁 Gifts of the Holy Spirit

Your Verse

John 14:26 NIV - But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you.

Supporting Scriptures

- 1 Corinthians 12:4 There are different kinds of gifts, but the same Spirit distributes them.
- Romans 8:14 For those who are led by the Spirit of God are the children of God.







Day 9: TGifts of the Holy Spirit

Devotional: Relying on the Spirit's Guidance

The Holy Spirit is our teacher and guide. After the resurrection, Jesus promised the disciples a Helper who would bring clarity, teach truth, and strengthen faith.

Sometimes we try to navigate doubt and disappointment alone, but God's Spirit is active within us, equipped to lead and encourage. The Spirit also distributes spiritual gifts to support the body of Christ and to empower us for faithful living.

Today, reflect on your openness to the Holy Spirit's presence and gifts. Are you relying on His guidance in moments of uncertainty?







Day 9: TG Gifts of the Holy Spirit

Reflect and Apply

1.	How do I experience the presence of the Holy Spirit in my life?
2.	Am I attentive to the Spirit's teaching and reminders?
3.	What spiritual gifts has God given me to help me and others?







Day 9: TG Gifts of the Holy Spirit

Journaling Prompts

1.	Journal about a time the Holy Spirit guided or comforted you.
2.	List spiritual gifts or strengths you recognize in yourself.
3.	Write a prayer asking the Spirit to increase His work in you.







Day 9: 🎁 Gifts of the Holy Spirit

Prayer for Today

Holy Spirit, come teach me and remind me of Jesus' words. Guide me through doubts and strengthen my faith. Help me recognize and use the gifts You have given to serve You and others. *Lead me daily in Your wisdom and love.* Amen.

















Your Verse

John 14:27 NIV - Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

Supporting Scriptures

- Philippians 4:6-7 Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.
- Isaiah 26:3 You will keep in perfect peace those whose minds are steadfast, because they trust in you.







Devotional: Receiving Jesus' Peace Today

Jesus offers peace unlike any the world can give. Even in moments of doubt or fear, His peace calms our troubled hearts and minds.

Often, uncertainty in life produces anxiety and unrest. But God's peace is a gift that transcends circumstances and guards us from despair. Choosing to fix our eyes on Jesus enables us to experience that peace deeply, even when the future is unclear.

Reflect on where anxiety may be trying to steal your peace, and invite Jesus to replace it with His calm and assurance.







Reflect and Apply

1.	What worries or fears are troubling my heart right now?
2.	How do I typically seek to find peace during difficult times?
3.	What does it look like to actively receive Jesus' peace in daily life?







Journaling Prompts

1.	Write down areas of your life where you need God's peace.
2.	Describe how God's peace has comforted you before.
3.	Journal a prayer asking Jesus to guard your heart and mind.







Prayer for Today

Prince of Peace, calm my troubled heart. Replace anxiety with Your supernatural peace. Teach me to trust You more deeply and rest in Your unfailing presence. *May Your peace guard me today and always.* Amen. 🥞 💭















Your Verse

Lamentations 3:22-23 NIV - Because of the Lord's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness.

Supporting Scriptures

- Deuteronomy 7:9 Know therefore that the Lord your God is God; he is the faithful God, keeping his covenant of love to a thousand generations of those who love him and keep his commandments.
- Psalm 36:5 Your love, Lord, reaches to the heavens, your faithfulness to the skies.







Devotional: Trusting God's Unfailing Faithfulness

Even when we feel broken and lost, God's faithfulness remains steadfast. The disciples on the road had to learn anew that God's promises are sure and His love endures through every trial.

Each morning brings fresh mercies, reminding us that no matter yesterday's pain or today's doubts, God remains constant. His faithfulness is a firm foundation to build our lives upon.

Today, celebrate the unwavering nature of God's love and faithfulness. Allow this truth to renew your hope and strengthen your spirit.







Reflect and Apply

1.	In what ways have I experienced God's faithfulness personally?
2.	How does trusting God's faithfulness impact my response to hardships?
3.	What promises of God am I holding on to during difficult seasons?







Journaling Prompts

1.	Reflect on moments when God's faithfulness sustained you.
2.	Write about a time you doubted but then saw God's steadfast love.
3.	List promises from Scripture that encourage your faith today.







Prayer for Today

Faithful God, thank You for Your great love and unchanging compassion. Help me to trust Your promises even when I face challenges. Renew my hope with each new day and remind me that Your faithfulness never fails. *Guide my steps in Your steadfast love.* Amen. 💸 🙏 💙

















Your Verse

Philippians 4:6 NIV - Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

Supporting Scriptures

- 1 Thessalonians 5:17 Pray without ceasing.
- Matthew 7:7 Ask, and it will be given to you; seek, and you will find; knock, and the door will be opened to you.







Devotional: Embracing Prayer in Every Situation

Prayer connects us intimately with God in every circumstance. The disciples eventually recognized Jesus through their interaction, conversation, and openness. Prayer similarly opens channels for God's voice and peace.

When doubts swirl and disappointments press, prayer is a lifeline—a steadying force that draws us closer to the heart of God. It invites honesty, transparency, and thanksgiving, all of which nurture faith and resilience.

Set aside time today to pray intentionally, offering your deepest needs and also your gratitude to God.







Reflect and Apply

1.	How consistent is my prayer life during times of doubt or struggle?
2.	What feelings or barriers keep me from praying openly?
3.	How can I make prayer a more essential part of my daily journey?







Journaling Prompts

1.	Write about a powerful prayer experience you have had.
2.	List specific needs or praises to bring to God in prayer.
3.	Describe how prayer changes your view of difficult situations.







Prayer for Today

Gracious God, thank You for the gift of prayer that connects me to You at every moment. Teach me to pray with honesty and thanksgiving. Help me to lean on You in doubts and fears and find peace in Your presence. *Be my constant companion and guide*. Amen. \bigwedge

















Day 13: 🕰 Patience in God's Timing

Your Verse

Ecclesiastes 3:1 NIV - There is a time for everything, and a season for every activity under the heavens:

Supporting Scriptures

- Psalm 27:14 Wait for the Lord; be strong and take heart and wait for the Lord.
- Isaiah 40:31 But those who hope in the Lord will renew their strength.







Day 13:

Patience in God's Timing

Devotional: Learning to Wait With Trust

Healing and understanding often unfold in God's timing, not ours. The disciples' realization came after walking and talking for some time. Patience is necessary on the road of faith.

When tests, doubts, or delays make us anxious, it is crucial to remember that God's timing is perfect. Waiting does not mean inactivity but trusting that God is working actively in unseen ways, preparing us to receive His truth and grace fully.

Reflect today on how you respond to waiting and how you can cultivate patience with God's timing.







Day 13: 🕰 Patience in God's Timing

Reflect and Apply

1.	How do I handle waiting during spiritual or life challenges?
2.	Where can I cultivate more trust in God's timing?
3.	What does patience teach me about God's character and my faith?







Day 13: 🕰 Patience in God's Timing

Journaling Prompts

1.	Write about a season when waiting led to growth or blessing.
2.	Identify areas in your life where impatience causes stress.
3.	Pray for God's help in trusting Him while waiting.







Day 13: 🙇 Patience in God's Timing

Prayer for Today







Day 14: 🎇 Companionship on the Journey









Day 14: 🙀 Companionship on the Journey

Your Verse

Ecclesiastes 4:9-10 NIV - Two are better than one, because they have a good return for their labor: If either of them falls down, one can help the other up.

Supporting Scriptures

- Hebrews 10:24–25 Let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another,
- Proverbs 27:17 As iron sharpens iron, so one person sharpens another.







Day 14: 🧌 Companionship on the Journey

Devotional: The Strength of Faith Companions

We were never meant to walk the faith journey alone. The disciples' journey to Emmaus was together, sharing their confusion and encouraging one another.

Companionship provides encouragement, correction, and support, especially in times of doubt or disappointment. Fellowship helps us see realities we may miss on our own and find strength in shared faith.

Consider today the companions in your faith life. Are you walking deliberately with others who encourage your spiritual growth?







Day 14: 🕍 Companionship on the Journey

Reflect and Apply

1.	Who walks with me in my spiritual journey?
2.	How do I encourage and support others in faith?
3.	Are there relationships I need to cultivate or deepen for mutual growth?







Day 14: 🕍 Companionship on the Journey

Journaling Prompts

1.	Write about a friend who has positively influenced your faith.
2.	List ways you can be a better companion to others.
3	Pray about fostering new spiritual friendships.
٦.	







Day 14: 🧌 Companionship on the Journey

Prayer for Today

God of Community, thank You for the gift of companions on the journey. Help me to support and be supported in faith. Guide me to relationships that strengthen my walk with You and others. *May I cherish and nurture these bonds.* Amen. \heartsuit \bigwedge \heartsuit

















Your Verse

2 Corinthians 5:17 NIV – Therefore, if anyone is in Christ, the new creation has come. The old has gone, the new is here!

Supporting Scriptures

- Romans 12:2 Do not conform to the pattern of this world, but be transformed by the renewing of your mind.
- Ephesians 4:22–24 You were taught... to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness.







Devotional: Embracing New Life in Christ

Encountering Jesus transforms us fundamentally. The two disciples left Emmaus changed; their eyes opened, their hearts alive with new faith and understanding.

Faith is not static; the journey with Jesus invites continual renewal and transformation. As we walk in step with Him, old doubts, disappointments, and fears give way to new confidence, hope, and purpose.

Today, reflect on changes God has begun in your life and ask Him to continue His work of renewal.







Reflect and Apply

1.	In what ways am I being transformed through my faith journey?
2.	Are there habits or doubts I need to release to receive new life?
3.	How can I cooperate with God's renewing work in me today?







Journaling Prompts

	Describe a recent change in your thoughts, attitudes, or actions due to faith.
2.	Write about areas where you desire God's transformative work.
3.	Pray a prayer of surrender to God's renewing power.







Prayer for Today

Jesus, thank You for making me new. Continue to transform my heart and mind, breaking old patterns and creating new life in me. Help me walk faithfully in this newness and reflect Your love and truth. *May I be a living testimony of Your grace*. Amen.







Day 16: 🔑 Empowered by the Resurrection









Day 16: 🔈 Empowered by the Resurrection

Your Verse

Romans 8:11 NIV - And if the Spirit of him who raised Jesus from the dead is living in you, he who raised Christ from the dead will also give life to your mortal bodies because of his Spirit who lives in you.

Supporting Scriptures

- 1 Peter 1:3 In his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead,
- John 11:25 Jesus said to her, 'I am the resurrection and the life. The one who believes in me will live, even though they die;'







Day 16: 💪 Empowered by the Resurrection

Devotional: Living in Resurrection Power

The resurrection power that raised Jesus is alive within us. This living hope empowers us to overcome doubt, fear, and even death itself.

The disciples began their journey overwhelmed but ended empowered, ready to share the good news boldly. The same Spirit dwells in us, renewing our strength and giving us courage to walk forward in faith.

Reflect on the resurrection power at work in your life. Are you living in the fullness of hope that this power provides?







Day 16: 💪 Empowered by the Resurrection

Reflect and Apply

1.	How does the resurrection of Jesus influence my daily life?
2.	Do I rely on the Spirit's power or my own strength during challenges?
3.	In what ways can I live more boldly in the hope of resurrection?







Day 16: 💪 Empowered by the Resurrection

Journaling Prompts

1.	Write about experiences where God's power felt tangibly present.
2.	Describe what resurrection hope means to you personally.
3.	Pray asking the Spirit to empower your faith and life.







Day 16: 🔈 Empowered by the Resurrection

Prayer for Today

Resurrecting Spirit, breathe new life into my weary soul. Fill me with hope and power to rise above doubt and fear. Help me live boldly as a witness to Your victory over death and despair. *May Your resurrection power sustain me every day.* Amen.

















Your Verse

Luke 9:23 NIV - Then he said to them all: 'Whoever wants to be my disciple must deny themselves and take up their cross daily and follow me.'

Supporting Scriptures

- Matthew 16:24 Whoever wants to be my disciple must deny themselves and take up their cross and follow me.
- Galatians 2:20 I have been crucified with Christ and I no longer live, but Christ lives in me.







Devotional: Choosing to Follow Jesus Every Day

Walking with Jesus means daily commitment and surrender. The road to Emmaus is symbolic of the ongoing journey of discipleship.

Following Jesus is not a one-time decision but a daily choice to trust, obey, and carry the cross of challenges and sacrifices. This path is shaped by faith, obedience, and surrender to God's will.

Consider today how actively you are choosing to follow Jesus in all areas of your life and what it means to take up your cross daily.







Reflect and Apply

1.	What does it mean to me to take up my cross daily?
2.	How consistent am I in following Jesus in my daily life?
3.	Where do I struggle most with surrender and obedience?







Journaling Prompts

1.	Write about a time you made a difficult choice to follow Jesus.
2.	List areas where you need to surrender more fully to God.
3.	Pray for courage to follow Jesus faithfully each day.







Prayer for Today

Jesus, help me to deny myself and take up my cross daily. Teach me to follow You with faith and obedience, trusting Your plan even when it's hard. Give me strength to walk in Your footsteps every step of the way. *Lead me faithfully, Lord.* Amen.

















Your Verse

1 Thessalonians 5:18 NIV – Give thanks in all circumstances; for this is God's will for you in Christ Jesus.

Supporting Scriptures

- Psalm 100:4 Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name.
- Colossians 3:15 Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful.







Devotional: Grateful Hearts Build Strong Faith

Gratitude shifts our focus from doubt and disappointment to God's goodness.

The disciples' transformation began when they chose to listen and recognize God's faithfulness, which naturally leads to thankfulness.

Choosing thanksgiving amidst struggles fosters peace and strengthens faith. It reminds us to trust the goodness that underlies every season.

Today, reflect on the blessings, big and small, in your life and cultivate a heart of gratitude as an act of faith.







Reflect and Apply

1.	How often do I express gratitude to God in difficult times?
2.	What blessings might I be overlooking right now?
3.	How can a thankful heart change my perspective on challenges?







Journaling Prompts

1.	Write a list of things you are thankful for today.
2.	Describe how gratitude has helped you through a tough time.
3.	Pray a prayer of thanksgiving for God's faithfulness.







Prayer for Today

Generous Father, thank You for Your countless blessings and unwavering love. Teach me to cultivate gratitude in every circumstance. Help me remember Your goodness and find joy in Your presence always. *Fill my heart with thanksgiving.* Amen. \bigwedge

















Your Verse

2 Peter 3:18 NIV – But grow in the grace and knowledge of our Lord and Savior Jesus Christ.

Supporting Scriptures

- Ephesians 4:15 ...we will grow to become in every respect the mature body of him who is the head, that is, Christ.
- Hebrews 6:1 Let us move beyond the elementary teachings about Christ and be taken forward to maturity.







Devotional: Nurturing Continuous Spiritual Growth

Faith is a lifelong process of growth and maturity. After encountering Jesus, the disciples didn't stop growing in understanding and grace. We are called to continually deepen our relationship with Christ.

Growth involves challenges, learning, and renewal. It requires humility to accept correction and eagerness to deepen knowledge and practice of faith.

Consider where God might be inviting you to grow spiritually and how you can pursue that growth intentionally.







Reflect and Apply

1.	What areas of my spiritual life need more growth?
2.	How do I respond to correction and teaching from God or others?
3.	What steps can I take to mature in grace and knowledge today?







Journaling Prompts

1.	Identify spiritual habits that help you grow in faith.
2.	Write about a time when learning challenged and strengthened you.
3.	Pray for humility and eagerness to grow in Christ.







Prayer for Today

Lord Jesus, help me grow in grace and knowledge of You. Guide me toward maturity in faith and transform my heart to reflect Your love. Give me humility to learn and courage to change. *Shape me into Your likeness.* Amen.



















Your Verse

Matthew 28:19–20 NIV - Therefore go and make disciples of all nations... teaching them to obey everything I have commanded you.

Supporting Scriptures

- Acts 1:8 But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth.
- Romans 1:16 I am not ashamed of the gospel, because it is the power of God that brings salvation to everyone who believes.







Devotional: Becoming Bold Witnesses for Christ

The journey with Jesus leads us to share His story with others. Once the disciples recognized Jesus and were transformed, they became bold witnesses of the resurrection and grace.

We too are called to proclaim the good news, not out of obligation but from the overflow of faith and hope within. Sharing takes courage, humility, and reliance on the Holy Spirit.

Reflect on how you can be part of God's mission by sharing your faith story and living out the gospel daily.







Reflect and Apply

1.	How comfortable am I sharing my faith story with others?
2.	What fears or obstacles hinder me from witnessing boldly?
3.	How can I rely more on the Holy Spirit to empower my testimony?







Journaling Prompts

1.	Write your personal faith story focusing on Jesus' work in your life.
2.	List people you wish to share the gospel with and consider ways to do so.
3.	Pray for boldness and opportunities to be a witness.







Prayer for Today

Great Commission God, empower me to boldly share the good news of Jesus. Help me overcome fear and speak with love and truth. Guide me to those You want me to reach and use my story to bring glory to You. *Fill me with Your Spirit; make me Your witness.* Amen.







Day 21: 🗱 Journey's End, New Beginning









Day 21: 🛠 Journey's End, New Beginning

Your Verse

Luke 24:33-34 NIV - They got up and returned at once to Jerusalem. There they found the Eleven and those with them, assembled together and saying, 'It is true! The Lord has risen and has appeared to Simon.'

Supporting Scriptures

- Isaiah 43:19 See, I am doing a new thing! Now it springs up; do you not perceive it?
- Philippians 3:13–14 ...forgetting what is behind and straining toward what is ahead, I press on toward the goal...







Day 21: 🛠 Journey's End, New Beginning

Devotional: New Beginnings in Resurrection Hope

The road to Emmaus story ends with a return and a bold proclamation. The disciples moved from confusion and doubt to confident witness. What began as a journey of uncertainty becomes a new beginning filled with resurrection hope.

Likewise, your 21-day journey concludes not at a finish line but at a new starting point. Armed with faith, understanding, and hope, you are invited to live transformed and share the truth of Christ with the world.

Celebrate the progress you've made, embrace the new horizons, and press on with joyful confidence in the risen Savior.







Day 21: 🦴 Journey's End, New Beginning

Reflect and Apply

1.	How has this journey changed my perspective on doubt and faith?
2.	What new beginnings am I embracing after this study?
3.	How will I continue walking with Jesus beyond these 21 days?







Day 21: 🦴 Journey's End, New Beginning

Journaling Prompts

1.	Reflect on your favorite insight or moment during this study.
2.	Write about how you plan to live out what you have learned.
3.	Pray for continued growth and courage to follow Jesus daily.







Day 21: 🛠 Journey's End, New Beginning

Prayer for Today

Risen Lord, thank You for walking with me through doubt and into revelation. Help me to live each day empowered by Your resurrection and filled with hope. Guide my steps as I begin this new chapter of faith with confidence and joy. *May Your presence go before me always.* Amen. �� 🙏 🛡







Where God's Word Meets Your Daily Life



We pray this Bible Study has blessed you and drawn you closer to the heart of God. If you enjoyed this study, we'd love for you to join our growing HolyJot community online.



- 100k+ Bible Study Plans on every topic of life
- Access studies anytime on your phone, tablet, or computer
- Studies for individuals, families, small groups, and churches
- Secure online journaling or keep using print for privacy
- A place to grow your faith alongside believers worldwide

Bonus for You:

Download exclusive study bundles and resources when you create a free HolyJot account. No spam. No gimmicks. Just God's Word.

Visit Now:

- * www.HolyJot.com
- Scan this QR code to start your next Bible Study today:

We'd love to hear your story. Email us at info@holyjot.com.



Connect with us at:

Facebook • Instagram • YouTube • TikTok

You are welcome to share this PDF with others.

ase keep it intact so the full study and credits remain.

© 2025 HolyJot LLC. All Rights Reserved.