Walking with the Risen Jesus: Fellowship and Restoration



Explore Jesus' resurrection appearance as He shares a meal with His disciples, showing the reality of His risen body and restoring their fellowship.





Table of contents

<u>Introduction</u>	3
Day 1: † The Peace of the Risen Christ	4
Day 2: Witnessing the Physical Resurrection	10
<u>Day 3: Restored Fellowship Around the Table</u>	16
Day 4: Q Trusting Beyond Sight	22
Day 5: 9 Healing from Fear to Joy	28
Day 6: X Sending as Witnesses of Resurrection	34
<u>Day 7: A Living in Resurrection Hope</u>	40







Introduction

The resurrection of Jesus Christ stands at the very heart of the Christian faith—a moment that not only validates His divinity but also restores humanity's broken fellowship with God. One of the most touching and profound moments recorded in the Gospels is Jesus eating with His disciples after His resurrection. This event, narrated in **Luke 24:36–43**, reveals a powerful message: resurrection is physical, tangible, and relational. It is not merely a spiritual apparition, but a real restoration that involves body, mind, and spirit.

Consider the scene: the disciples are together, fearful and full of doubt after Jesus' crucifixion and disappearance. Suddenly, Jesus appears among them and invites them to touch Him, to believe He is truly risen by witnessing the scars on His hands and feet. Then, in a beautiful act of fellowship, He eats a piece of broiled fish before them—a simple yet profound demonstration that He is alive in a physical body. This meal isn't just nourishment; it's a sign that Jesus is restoring the broken relationship between God and His followers.

Through this seven-day Bible study plan, we will journey into the depths of this resurrection encounter, exploring how the physicality of Jesus' resurrection confirms hope, transforms fear into faith, and reestablishes community. Each day, we will dive into Scripture, reflect deeply on Jesus' restoration of fellowship, and be encouraged to experience the presence of the risen Lord in our own lives. Let us open our hearts to the living Christ who not only calls us to believe but also invites us to walk intimately with Him—fully alive and truly restored.

















Your Verse

Luke 24:36—39 NIV "Peace be with you," he said. ... Look at my hands and my feet. It is I myself! Touch me and see; a ghost does not have flesh and bones, as you see I have."

Supporting Scriptures

- John 20:19 "On the evening of that first day of the week... Jesus came and stood among them and said, 'Peace be with you!'"
- Isaiah 26:3 "You will keep in perfect peace those whose minds are steadfast, because they trust in you."







Devotional: Embracing Jesus' Peace Amid Doubt

After the trauma of the crucifixion, the disciples were overwhelmed by fear and confusion. Jesus' sudden appearance brought both astonishment and peace. The greeting, "Peace be with you," meant more than a polite hello—it was a profound declaration that His resurrection overcame death and fear.

Notice Jesus' invitation to touch Him, proving His resurrection was physical. This moment shifts the disciples from doubt to a renewed trust and peace. The risen Christ enters their brokenness, offering peace that transcends circumstances.

When fear grips your heart, remember that Jesus offers the same peace to you. He comes into your uncertainty, inviting you to trust in His conquering love.







Reflect and Apply

1.	What fears or doubts are you holding that Christ wants to bring peace to?
2.	How does knowing Jesus was physically resurrected impact your faith?
3.	In what ways can you extend Jesus' peace to others around you?







Journaling Prompts

	Write about a time when peace felt elusive and how Jesus' words might comfort you today.
	Reflect on what it means to have Jesus' physical, risen presence in your life.
3.	List practical ways you can seek and share Christ's peace this week.







Prayer for Today

Lord Jesus, thank You for coming to us in our fear and doubt, and for offering Your perfect peace. Help me to trust in the reality of Your resurrection and to carry Your peace into every area of my life. May Your presence calm my anxious heart and empower me to be an instrument of peace to those I encounter. *In Your name, Amen.*









Day 2: Witnessing the Physical Resurrection









Day 2: Witnessing the Physical Resurrection

Your Verse

Luke 24:40—43 NIV He showed them his hands and feet. ... He took the piece of broiled fish and ate it in their presence.

Supporting Scriptures

- John 20:27 "Then he said to Thomas, 'Put your finger here; see my hands...'"
- 1 Corinthians 15:17 "And if Christ has not been raised, your faith is futile; you are still in your sins."







Day 2: **%** Witnessing the Physical Resurrection

Devotional: Faith Anchored in Physical Reality

The risen Jesus addresses the disciples' doubts by providing undeniable physical evidence. Showing His hands and feet, and eating fish, are not trivial acts but pivotal demonstrations that God restored His Son's body—death could not hold Him.

This contrasts with spiritualized ideas of resurrection as mere symbolism or ghostly appearances. Jesus' resurrection is tangible and real, affirming that our faith is not a myth but anchored in history and physical reality.

Such evidence invites us to trust deeply, knowing the same power that raised Jesus works in our lives, overcoming death and restoring hope where all seemed lost.







Day 2: **%** Witnessing the Physical Resurrection

Reflect and Apply

1.	How do the physical proofs of Jesus' resurrection affect your belief?
2.	What doubts or skepticisms do you wrestle with about the resurrection?
	How can this assurance of resurrection transform how you face life's challenges?







Day 2: 🜎 Witnessing the Physical Resurrection

Journaling Prompts

	Describe your current faith journey and any doubts you wish to bring before God.
	Write about what it means to trust a God who demonstrates power over death.
3.	Imagine sharing the story of Jesus' physical resurrection with someone skeptical.







Day 2: Witnessing the Physical Resurrection

Prayer for Today

Gracious Father, thank You for the living proof of Jesus' resurrection. Strengthen my faith to rest on this solid foundation. When doubts arise, remind me that the risen Christ conquered death with a real, restored body. Help me live boldly in hope and share this good news with courage. *In Jesus' name, Amen.*







Day 3: Restored Fellowship Around the Table









Day 3: Restored Fellowship Around the Table

Your Verse

Luke 24:41—43 NIV While they still did not believe it because of joy and amazement, he asked for something to eat. They gave him a piece of broiled fish, and he took it and ate it in their presence.

Supporting Scriptures

- Acts 2:46 "Every day they continued to meet together in the temple courts. They broke bread in their homes and ate together with glad and sincere hearts."
- 1 Corinthians 10:16 "The cup of blessing that we bless, is it not a participation in the blood of Christ? The bread that we break, is it not a participation in the body of Christ?"







Day 3: Restored Fellowship Around the Table

Devotional: Healing Through Shared Meal and Presence

The act of eating together in the ancient world was deeply relational, symbolizing trust, unity, and fellowship. Jesus' choice to eat with His disciples after His resurrection highlights that fellowship is restored through shared presence—He bridges the gap made by betrayal, fear, and death.

In this moment, the disciples move from isolation to community, from grief to rejoicing. The restoration is not only spiritual but communal, reaffirming that the risen Lord desires us to dwell in authentic relationships.

Today, let this scene remind us that Jesus restores broken relationships and invites us to share life—as He did around that table—with others.







Day 3: 🔲 Restored Fellowship Around the Table

Reflect and Apply

	What broken or strained relationships might Jesus want to restore in your life?
	How can sharing meals or communal time foster deeper bonds and healing?
	In what ways does Jesus' fellowship challenge your understanding of community?







Day 3: 🔃 Restored Fellowship Around the Table

Journaling Prompts

1.	Reflect on the role fellowship plays in your spiritual growth.
2.	Write about a time when communal sharing brought healing or restoration.
3.	Plan how you might intentionally build deeper fellowship with others this week.







Day 3: 🔃 Restored Fellowship Around the Table

Prayer for Today

Lord Jesus, thank You for restoring fellowship with Your disciples by sharing a meal together. Heal division and loneliness in my relationships. Teach me to build community that reflects Your love and restoration. May our shared lives around tables bring healing and hope. *In Your precious name, Amen.*

















Your Verse

John 20:24—29 NIV Jesus said, 'Put your finger here; see my hands... Because you have seen me, you have believed; blessed are those who have not seen and yet have believed.'

Supporting Scriptures

- 2 Corinthians 5:7 "For we live by faith, not by sight."
- Hebrews 11:1 "Now faith is confidence in what we hope for and assurance about what we do not see."







Devotional: Walking Faith Without Physical Proof

Thomas' story is familiar—his need to see Jesus' wounds before believing reflects a natural desire for proof. Jesus meets him with compassion and tangible evidence but blesses those who believe without seeing.

For many believers, faith means trusting the resurrection and fellowship of Christ beyond physical sight. Our experience is grounded in the testimony of Scripture, the witness of the Spirit, and transformed lives.

This journey challenges us to grow deeper in faith, embracing mystery while holding firm to the hope of the risen Lord present among us.







Reflect and Apply

1.	Where do you struggle to trust God without physical evidence?
	How can Thomas' encounter encourage patience and growth in your faith?
	What does 'blessed are those who have not seen and yet have believed' mean in your life?
•	







Journaling Prompts

1.	Write about moments when faith required you to trust without seeing.
	Reflect on how spiritual growth happens through trusting God's promises.
3.	Pray for increased faith and boldness in believing beyond what you see.







Prayer for Today

Faithful God, help me to grow in trusting You even when I cannot see. Like Thomas, I long for assurance, but may I also walk confidently by faith. Strengthen my belief in Your resurrection power and presence, even in uncertainty. *Thank You for the blessings of faith. Amen.* \bigwedge •

















Your Verse

Luke 24:41 NIV While they still did not believe it because of joy and amazement...

Supporting Scriptures

- Psalm 30:5 "Weeping may stay for the night, but rejoicing comes in the morning."
- Philippians 4:4 "Rejoice in the Lord always. I will say it again: Rejoice!"







Devotional: From Fear to Joy in Christ's Presence

The disciples' initial fear turns to joy as they realize Jesus is truly alive. This transformation from trembling doubt to amazement-filled celebration speaks to Jesus' restorative power over emotions, weaknesses, and despair.

Joy is not mere happiness but a deep-seated hope anchored in God's victory. It infuses every part of our being, offering strength for life's trials.

Jesus' resurrection ushers us into a joy that heals and empowers—may we embrace it fully today.







Reflect and Apply

1.	What fears is Jesus inviting you to release into joy?
2.	How can you allow the resurrection joy to shape your daily attitude?
3.	Who around you needs to experience this joy through your witness?







Journaling Prompts

1.	Write about a time God replaced your fear with joy.
2.	Reflect on areas where you need resurrection joy today.
3.	Plan steps to cultivate and share joy with others this week.







Prayer for Today

Jesus, our risen King, You turn fear into joy and despair into hope. Teach me to lean into Your resurrection joy that surpasses all troubles. Let my heart overflow with gladness and become a beacon of hope to those around me.

Thank You for Your unending love. Amen.

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Day 6: 🛠 Sending as Witnesses of Resurrection

Your Verse

Luke 24:47—48 NIV Repentance and forgiveness of sins will be preached in his name to all nations, beginning at Jerusalem. You are witnesses of these things.

Supporting Scriptures

- Acts 1:8 "You will receive power when the Holy Spirit comes on you; and you will be my witnesses..."
- Matthew 28:19 "Therefore go and make disciples of all nations..."







Day 6: K Sending as Witnesses of Resurrection

Devotional: Empowered to Proclaim New Life

After restoring fellowship, Jesus commissions His disciples as witnesses of His resurrection. The encounter around the table transforms them from fearful followers into bold proclaimers of the gospel.

We, too, are called to share the reality of the risen Christ. This mission springs from personal encounter and communal restoration, empowered by the Holy Spirit.

May our lives reflect the risen Jesus so others may experience repentance, forgiveness, and new life.







Day 6: X Sending as Witnesses of Resurrection

Reflect and Apply

	How has your encounter with the risen Jesus prepared you to be His witness?
	What fears or barriers do you need God's power to overcome in sharing your faith?
3.	In what practical ways can you participate in the mission Jesus gives?







Day 6: X Sending as Witnesses of Resurrection

Journaling Prompts

1.	Journal about your role as a witness of Jesus' resurrection.
2.	Pray for boldness and guidance in sharing your faith story.
3.	Identify a person or group to invite into a conversation about Jesus.







Day 6: K Sending as Witnesses of Resurrection

Prayer for Today

Holy Spirit, empower me to be a faithful witness of the risen Jesus. Fill me with boldness to share the gospel of repentance and forgiveness. Help me live as a testimony of new life through Christ's resurrection. Use me to bring hope and restoration to others. *In Jesus' name, Amen.*

















Your Verse

Romans 6:4 NIV We were therefore buried with him through baptism into death in order that, just as Christ was raised from the dead through the glory of the Father, we too may live a new life.

Supporting Scriptures

- 1 Peter 1:3 "Praise be to the God and Father of our Lord Jesus Christ! ... He has given us new birth into a living hope through the resurrection of Jesus Christ from the dead."
- Colossians 3:1 "Since, then, you have been raised with Christ, set your hearts on things above..."







Devotional: Embracing New Life Every Day

Jesus' resurrection is not just past history but a present reality inviting us into newness of life. Just as He was raised bodily, we are called to live transformed —walking in hope, purpose, and love.

Baptism symbolizes this profound union with Christ's death and resurrection. It reminds us daily that through Him, death's power is broken.

As you close this study, embrace the call to live fully in resurrection hope—walking with Jesus, restored and empowered for life's journey.







Reflect and Apply

	How can resurrection hope change your perspective on everyday challenges?
2.	What steps will you take to live in newness of life with Christ?
3.	How can you encourage others to embrace resurrection hope?







Journaling Prompts

1.	Write a personal prayer committing to live in resurrection power.
	Reflect on how resurrection hope impacts your outlook on death and eternity.
3.	Plan a practical way to express your new life in Christ this week.







Prayer for Today

Father God, thank You for raising Jesus from the dead and inviting me into newness of life. Help me to live each day empowered by resurrection hope, setting my heart on You above all things. May my life reflect Your glory and draw others to Your love. *In Jesus' victorious name, Amen.*







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