# Wisdom for Peace: Resolving Conflict Biblically



Discover God's wisdom to transform conflict into peace through humility, justice, and grace over 21 enriching days.





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# Introduction

**Wisdom** is a divine gift that guides us through life's toughest challenges. One of the most pervasive challenges we face is conflict, especially legal or personal disputes that can fracture relationships and communities. In this 21-day study, we will *explore biblical wisdom to turn conflict into peace*, focusing on humility, justice, and godly counsel.

Conflict often arises from pride, misunderstanding, or the desire to win at all costs. Yet Scripture exhorts believers to seek peace and justice with a heart of humility. **Proverbs** teaches us that wisdom calls out to us, inviting us to choose the path of understanding, patience, and reconciliation instead of anger and strife.

Throughout this study, you will be encouraged to meditate on key Scriptures and reflect deeply on God's guidance for resolving disputes in ways that honor Him and restore relationships. By learning to listen, seek wise counsel, and submit ourselves to God's justice tempered by grace, we can become agents of peace even in difficult legal or personal conflicts.

Each day's devotional offers practical insights and heartfelt prayers to help you apply biblical principles of conflict resolution in your daily life. Whether you are dealing with a legal dispute, a workplace conflict, or relational tension, this study will equip you to respond with humility and wisdom, transforming disagreement into harmony.







Let us journey together into God's heart for peace and learn how to be wise peacemakers in a troubled world. 🙏 🛠

















### Your Verse

Proverbs 11:2 - "When pride comes, then comes disgrace, but with humility comes wisdom."

# **Supporting Scriptures**

- James 4:6 "God opposes the proud but shows favor to the humble."
- Philippians 2:3 "Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves."







# Devotional: The Foundation of Peace is Humility

**Humility** is the foundational attitude needed to navigate conflict wisely. Pride fuels disputes, making reconciliation difficult or impossible. When we humble ourselves, we open the door for God's wisdom to shape our hearts and guide our actions.

Proverbs 11:2 reminds us that with humility comes wisdom, which is essential for peace. It prepares us to listen, understand, and seek solutions instead of insisting on being right. Too often legal conflicts escalate because of an unwillingness to yield or admit fault.

As you begin this study, ask God to reveal areas where pride hinders you and to help you embrace a spirit of humility. This openness will prepare you to handle disputes in a way that honors God and brings peace.







# Reflect and Apply

1.	In what areas of conflict do I struggle with pride?
2.	How can humility help me respond differently to disputes?
3.	What does God's favor look like in contentious situations?







# **Journaling Prompts**

	Write about a recent conflict and identify where pride may have played a role.
2.	List practical steps to cultivate humility in your daily interactions.
3.	Reflect on a biblical example of humility leading to peace.







# Prayer for Today

**Heavenly Father,** thank You for teaching me the power of humility. Help me to lay aside pride and open my heart to Your wisdom. Teach me to value others above myself and to seek peace through gentle words and actions. When I face conflict, guide me to respond with a humble spirit that honors You and leads toward reconciliation. *May Your wisdom be my guide every step.* **Amen.** 



















Day 2: Day 2: Seeking Righteous Justice

### Your Verse

Micah 6:8 - "He has shown you, O mortal, what is good. And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God."

# **Supporting Scriptures**

- Psalm 82:3 "Defend the weak and the fatherless; uphold the cause of the poor and the oppressed."
- Isaiah 1:17 "Learn to do right; seek justice. Defend the oppressed."







Day 2: Day 2: Seeking Righteous Justice

# Devotional: God's Justice Guides Our Actions

**Justice** is more than a legal term; it is a God-given mandate to uphold what is right and protect those vulnerable to harm. In conflict, pursuing justice means seeking fairness tempered by mercy, not vengeance or manipulation.

Micah 6:8 summarizes God's will for His people—to act justly, love mercy, and walk humbly with Him. These three principles must guide us in any dispute, legal or personal. True biblical justice does not ignore the wrong but addresses it with compassion and humility.

When facing conflict, align your actions with God's justice. Stand up for truth and fairness, but do so with a heart that reflects His love and mercy. This balance points to God's heart and provides a path toward peace.







Day 2: 🧛 Seeking Righteous Justice

# Reflect and Apply

1.	How do I currently approach justice in conflicts?
2.	In what ways can I show mercy even when pursuing fairness?
3.	How does walking humbly with God influence my actions?







Day 2: Seeking Righteous Justice

# **Journaling Prompts**

	Describe a situation where you witnessed God's justice and mercy in conflict.
	Write about how you can defend the marginalized in your sphere of influence.
3.	List ways to maintain humility while advocating for what is right.







Day 2: Day 2: Seeking Righteous Justice

# Prayer for Today

















### Your Verse

Proverbs 15:1 – "A gentle answer turns away wrath, but a harsh word stirs up anger."

# **Supporting Scriptures**

- Ephesians 4:29 "Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up."
- James 1:19 "Everyone should be quick to listen, slow to speak and slow to become angry."







### Devotional: Soft Words Calm Fierce Hearts

Conflict often escalates through harsh or careless words. Proverbs 15:1 highlights the tremendous impact of gentle speech—how a soft answer can defuse anger and open hearts to peace.

When disputes feel heated, it is tempting to respond defensively or raise our voices. But Scripture calls us to be quick to listen and slow to speak, choosing words that build up rather than tear down. Our speech can either fan the flames or pour oil on troubled waters.

Today, focus on your words. Ask God to help you respond with gentleness, patience, and kindness. This simple practice is a powerful tool in turning conflict toward resolution and restoring relationships.







# Reflect and Apply

1.	How do my words affect others during conflict?
2.	What can I do to cultivate gentleness in my speech?
3.	How does listening well impact the outcome of disputes?







# **Journaling Prompts**

1.	Recall a conflict where gentle words changed the situation's direction.
2.	Write down phrases or scriptures to help you speak kindly in disputes.
3.	Reflect on times when harsh words caused harm and how it might have been different.







# Prayer for Today

**Dear God,** please guard my tongue and help me speak with gentleness and love. Teach me to listen deeply and respond thoughtfully, so my words bring healing instead of hurt. In moments of conflict, remind me to rely on Your wisdom to guide my speech. *May I be a peacemaker through the words I choose.* **Amen.** 

















### Your Verse

Matthew 5:9 - "Blessed are the peacemakers, for they will be called children of God."

# **Supporting Scriptures**

- 2 Corinthians 5:18 "All this is from God, who reconciled us to himself through Christ and gave us the ministry of reconciliation."
- Romans 12:18 "If it is possible, as far as it depends on you, live at peace with everyone."







### Devotional: Peacemakers Reflect God's Heart

Jesus calls those who actively seek to bring peace and reconciliation "children of God." Conflict often leaves wounds that can only be healed by intentional efforts to restore broken relationships.

Reconciliation requires humility, forgiveness, and a willingness to seek common ground. It is often difficult, especially when emotions are raw, but it is central to living out God's kingdom principles.

Remember that God Himself initiated reconciliation with us through Christ, offering grace despite our faults. As His followers, we have been entrusted with this ministry to extend that grace and pursue restoration in our interactions.







# Reflect and Apply

1.	Where in my life is God calling me to be a peacemaker?
	What obstacles do I face in seeking reconciliation, and how can I overcome them?
3.	How does God's reconciliation with us empower me to forgive others?







# **Journaling Prompts**

	Identify a broken relationship you feel called to reconcile and pray about your first step.
2.	Write about how forgiveness plays a role in your peace-making journey.
3.	Reflect on how being a peacemaker has blessed your life or others'.







# **Prayer for Today**

**Lord Jesus,** thank You for making peace possible through Your sacrifice. Help me become a faithful peacemaker, seeking reconciliation even when it's hard. Give me courage to forgive and to reach out with grace and humility. May I be Your hands and feet, bringing healing to broken relationships. *Restore peace where there is conflict.* **Amen.**  $\heartsuit$ 

















Day 5: **(**) Trusting God's Sovereignty

### Your Verse

Romans 12:19 – "Do not take revenge, my dear friends, but leave room for God's wrath, for it is written: 'It is mine to avenge; I will repay,' says the Lord."

# **Supporting Scriptures**

- Psalm 37:5 "Commit your way to the Lord; trust in him and he will do this."
- Matthew 6:14 "If you forgive others their trespasses, your heavenly Father will also forgive you."







Day 5: **(**) Trusting God's Sovereignty

# Devotional: Letting Go and Trusting God

When involved in conflict or legal disputes, the desire for revenge or to 'win' can be strong. Romans 12:19 cautions us to resist that impulse and trust God to bring justice in His time and way.

Taking matters into our own hands often leads to more hurt and complication. Instead, surrender your desire for revenge and commit your struggles to God's sovereignty, knowing He is working all things for good.

Christian wisdom in conflict includes patience and faith in God's perfect justice. As you release burdens to Him, you find peace amidst turmoil and demonstrate trust that honors God.







Day 5: **(** Trusting God's Sovereignty

# Reflect and Apply

1.	What grudges or desires for revenge am I holding onto?
2.	How can I better trust God's timing and justice in my conflicts?
3.	What steps help me practically surrender control to God?







Day 5: **(** Trusting God's Sovereignty

# **Journaling Prompts**

	Write about a situation where you struggled with forgiveness and surrender.
2.	List Bible verses that encourage you to trust God's justice.
3.	Reflect on how releasing vengeance has brought peace or could do so.







Day 5: **(**) Trusting God's Sovereignty

# Prayer for Today

**Father God,** teach me to release the burden of revenge and trust Your perfect justice. Help me commit my struggles and disputes to You, knowing You hold all things in Your hands. Give me patience and peace as I wait for Your righteous work. May Your will be done in every circumstance. *Thank You for being my refuge.* **Amen.**









# Day 6: B Cultivating Patience









Day 6: **B** Cultivating Patience

#### Your Verse

James 1:4 – "Let perseverance finish its work so that you may be mature and complete, not lacking anything."

#### **Supporting Scriptures**

- Ecclesiastes 7:8 "The end of a matter is better than its beginning, and patience is better than pride."
- Galatians 5:22–23 "But the fruit of the Spirit is... patience... against such things there is no law."







Day 6: **B** Cultivating Patience

#### Devotional: Patience Matures Our Wisdom

Patience is a fruit of the Spirit that fosters maturity and completeness in our character. As James encourages, perseverance through difficult conflicts accomplishes much in shaping our wisdom and trust in God.

Conflict resolution rarely happens instantly. Patience helps us avoid rash decisions or words that could worsen the situation. It allows us space to listen, pray, and act thoughtfully.

Reflect on how cultivating patience during disputes can transform them into opportunities for growth. Trust God to work through the process, maturing your faith and building peace.







Day 6: 💋 Cultivating Patience

# Reflect and Apply

How do I typically respond when conflict feels prolonged or frustrating?
In what ways can I practice patience more intentionally?
How can patience improve my relationships and dispute resolutions?







Day 6: 💋 Cultivating Patience

## **Journaling Prompts**

1.	Describe a time when patience led to a better outcome in a conflict.
2.	List practical ways to develop patience in stressful situations.
3.	Reflect on the role of the Holy Spirit's fruit in your life today.







Day 6: **B** Cultivating Patience

## Prayer for Today

**Gracious God,** teach me to be patient in the midst of trials and disputes. Help me to persevere and trust Your timing so that I may grow in maturity and wisdom. Fill me with Your Spirit so I reflect patience in every interaction. *Thank You for Your constant presence.* **Amen.**  $\nearrow$   $\nearrow$   $\nearrow$ 

















#### Your Verse

Proverbs 15:22 - "Plans fail for lack of counsel, but with many advisers they succeed."

#### **Supporting Scriptures**

- Proverbs 12:15 "The way of fools seems right to them, but the wise listen to advice."
- Ecclesiastes 4:9 "Two are better than one, because they have a good return for their labor."







### Devotional: Valuing Godly Advice in Conflict

Wise counsel provides perspective and insight that our own limited views often miss. Proverbs 15:22 teaches that plans intended to resolve conflicts succeed when grounded in godly advice.

When facing disputes, seek trustworthy, wise advisors who fear the Lord and understand His principles. Their guidance can protect you from rash decisions and give you clarity rooted in Scripture.

Don't isolate yourself in conflict; surround yourself with counsel that builds peace and aligns with God's truth.







# Reflect and Apply

1.	Am I open to receiving counsel in difficult situations?
2.	Who in my life can provide wise, Christ-centered advice?
3.	How might seeking counsel change the approach I take in conflict?







# **Journaling Prompts**

1.	Write about a time when wise advice helped you avoid a mistake.
2.	List qualities you want in a trusted counselor.
3.	Reflect on how you can build a stronger support network.







## Prayer for Today

**Lord,** give me the humility to seek and accept wise counsel. Surround me with advisers who reflect Your wisdom and help me make decisions that honor You. Help me listen carefully and apply godly guidance to bring peace. *Thank You for providing wisdom through others.* **Amen.**  $\bigcirc$   $\bigcirc$   $\bigcirc$   $\bigcirc$ 









# Day 8: SExtending Forgiveness









Day 8: **S** Extending Forgiveness

#### Your Verse

Colossians 3:13 – "Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you."

#### **Supporting Scriptures**

- Matthew 18:21–22 "Forgive not seven times, but seventy-seven times."
- Ephesians 4:32 "Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."







Day 8: **S** Extending Forgiveness

#### Devotional: Forgiveness Breaks the Cycle of Conflict

Forgiveness is a powerful catalyst for peace. It stops bitterness and retaliation from perpetuating conflict. Colossians 3:13 reminds us to forgive as the Lord has forgiven us—fully and freely.

Often, forgiveness is one of the hardest steps during disputes, especially when injustice feels deep. Yet it is essential for healing and reconciliation. Forgiving does not ignore wrongdoing but releases the hold it has on our hearts.

Choose today to practice forgiveness, trusting God to heal and restore what has been broken.







Day 8: **\$\mathbb{Y}\$** Extending Forgiveness

# Reflect and Apply

1.	Who do I need to forgive to experience peace?
2.	What are the obstacles I face in forgiving others?
3.	How does God's forgiveness empower me to forgive?







Day 8: **S** Extending Forgiveness

# **Journaling Prompts**

1.	Write a letter of forgiveness (you don't need to send it).
2.	Reflect on how forgiving has changed or could change a relationship.
3.	List ways to ask God for help to forgive difficult offenses.







Day 8: **S** Extending Forgiveness

## Prayer for Today









# Day 9: 🕹 Practicing Self-Control









Day 9: 👶 Practicing Self-Control

#### Your Verse

Proverbs 16:32 – "Better a patient person than a warrior, those with self-control than those who take a city."

#### **Supporting Scriptures**

- Galatians 5:22-23 "But the fruit of the Spirit is... self-control..."
- Titus 2:11-12 "Train yourself to be godly."







Day 9: 👶 Practicing Self-Control

### Devotional: Strength in Restraint

Self-control is essential in handling conflict with wisdom. Proverbs 16:32 highlights that controlling our emotions and reactions is more powerful than physical conquest.

During disputes, emotions can run high, tempting us to respond impulsively or aggressively. Exercising self-control enables us to respond in ways that reflect God's peace rather than escalating strife.

Ask the Holy Spirit to produce this fruit in your life, helping you remain calm, patient, and wise amid turmoil.







Day 9: \delta Practicing Self-Control

# Reflect and Apply

1.	Where do I struggle most with self-control?
2.	How can I prepare myself to respond well under pressure?
3.	What benefits have I experienced when practicing restraint?







Day 9: 👶 Practicing Self-Control

## **Journaling Prompts**

Recall a conflict where exercising self-control led to better outcomes.
Write ways to cultivate self-control as a spiritual discipline.
Reflect on the role of the Holy Spirit in helping you stay controlled.







Day 9: 👶 Practicing Self-Control

### Prayer for Today

















#### Your Verse

Psalm 139:23-24 - "Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting."

#### **Supporting Scriptures**

- Jeremiah 17:9 "The heart is deceitful above all things and beyond cure."
- James 4:8 "Come near to God and he will come near to you. Wash your hands, you sinners, and purify your hearts, you double-minded."







#### Devotional: Hearts Honest Before God

Conflict resolution begins within our own hearts. Psalm 139 calls us to invite God to search and reveal areas where pride, anger, or injustice may reside.

Without this inner examination, we risk projecting blame or acting out of unhealed wounds. Honest self-assessment and repentance open us to God's transforming power, preparing us for peaceful resolutions.

Today, reflect on your heart condition and invite the Holy Spirit to lead you on the path of integrity and peace.







# Reflect and Apply

What attitudes or feelings might God want me to address in myself?
How can searching my heart improve my responses to conflict?
What does coming near to God look like practically for me today?







# **Journaling Prompts**

1.	Write honestly about areas of struggle in your heart.
2	List steps for daily heart examination and prayer.
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3.	Reflect on changes God has made in your heart over time.







## Prayer for Today

**Search me, O God,** and reveal every hidden attitude or feeling that hinders peace. Help me to confess and turn away from anything offensive to You. Lead me in Your everlasting way, purifying my heart so I may act with wisdom and love. *Thank You for Your grace that redeems and renews.* **Amen.** 



















#### Your Verse

Ecclesiastes 3:1 - "There is a time for everything, and a season for every activity under the heavens."

#### **Supporting Scriptures**

- Psalm 27:14 "Wait for the Lord; be strong and take heart and wait for the Lord."
- Isaiah 40:31 "Those who hope in the Lord will renew their strength."







## Devotional: Patience in God's Perfect Timing

Patience often includes waiting—waiting not only in attitude but for the right moment to act decisively. Ecclesiastes reminds us that God ordains the perfect time for every purpose.

In conflicts, rushing to judgment or resolution can cause more harm than good. Waiting on God's timing requires faith and courage, trusting that He is working behind the scenes even when we cannot see it.

Practice waiting with hope, strength, and readiness, knowing God's timing is always perfect for peace to be established.







# Reflect and Apply

1.	How do I handle delays or waiting periods during conflict resolution?
2.	What fears or doubts arise when waiting on God?
3.	How can trusting God's timing bring peace to my heart?







# **Journaling Prompts**

1.	Write about a time when waiting led to a better outcome.
2.	List scriptures that encourage you to wait on the Lord.
3.	Reflect on personal growth experienced during waiting seasons.







## Prayer for Today

**Lord,** teach me to wait patiently for Your perfect timing. Strengthen my heart and renew my hope as I trust You to work in all things. Help me to rest in Your sovereignty, knowing You bring peace in Your way and time. *Thank You for never being late or early.* **Amen.**  $\square$   $\triangle$ 









# Day 12: Ohowing Compassion









Day 12: <equation-block> Showing Compassion

#### Your Verse

Colossians 3:12 – "Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience."

## **Supporting Scriptures**

- Ephesians 4:32 "Be kind and compassionate to one another, forgiving each other."
- Matthew 9:36 "When he saw the crowds, he had compassion on them."







Day 12: <equation-block> Showing Compassion

### Devotional: Compassion Opens Hearts

Compassion is empathy in action—the willingness to feel another's pain and respond with kindness. Colossians 3:12 urges believers to clothe themselves with such compassion as a mark of God's love.

In conflict, compassion softens hardened hearts and promotes understanding beyond mere words. Considering others' perspectives and hurts fosters peace and paves the way for healing.

Ask God to help you view disputes through a lens of compassion, enabling you to respond with grace and patience.







Day 12: 🌕 Showing Compassion

## Reflect and Apply

1.	How can compassion transform difficult interactions?
2.	What prevents me from showing compassion in conflict?
3.	How does compassion reflect God's character?







Day 12: 🖰 Showing Compassion

## **Journaling Prompts**

	Write about a time when someone's compassion helped you during conflict.
2.	List obstacles you can pray against in showing compassion.
3.	Reflect on ways to grow in kindness and gentleness.







Day 12: <equation-block> Showing Compassion

## Prayer for Today

**God of Compassion,** soften my heart to others' pain and perspectives. Help me to clothe myself daily with kindness, humility, and gentleness. Teach me to respond in ways that heal rather than hurt. *Thank You for showing perfect compassion to me.* **Amen.**  $\bigcirc$   $\bigcirc$   $\bigcirc$ 

















#### Your Verse

Psalm 1:2-3 - "But whose delight is in the law of the Lord, and who meditates on his law day and night."

### **Supporting Scriptures**

- Joshua 1:8 "Keep this Book of the Law always on your lips; meditate on it day and night."
- 2 Timothy 3:16 "All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness."







## Devotional: God's Word, Our Guiding Light

God's Word is our ultimate source of wisdom and peace. Meditating on Scripture brings understanding and equips us to handle conflict with godly discernment.

The psalmist describes a person who delights in God's law and meditates on it continually, resulting in stability and fruitfulness. This steady connection nourishes our spirit and governs our responses.

Commit to daily meditation on Scripture during this study. Let God's truth renew your mind and shape your approach to conflict with grace and wisdom.







# Reflect and Apply

1.	How does Scripture influence my attitudes in conflict?
2.	What barriers might keep me from meditating regularly on God's Word?
3.	How can focusing on the Word bring peace to troubled situations?







## **Journaling Prompts**

1.	Write about a Bible verse that has helped you during conflict.
2.	Record insights from meditating on a passage this week.
3.	Plan a personal habit for regular Scripture meditation.







## Prayer for Today

**Lord,** deepen my love for Your Word and help me meditate on it day and night. Let Your Scriptures guide my actions and bring wisdom in every situation. Teach me to apply Your truth in resolving conflict and pursuing peace. *Thank You for Your unfailing Word.* **Amen.**  $\square$   $\swarrow$ 

















Day 14: 

Applying Biblical Principles

#### Your Verse

James 1:22 - "Do not merely listen to the word, and so deceive yourselves. Do what it says."

### **Supporting Scriptures**

- Matthew 7:24 "Everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock."
- Colossians 3:17 "Whatever you do, whether in word or deed, do it all in the name of the Lord Jesus."







Day 14: 

Applying Biblical Principles

## Devotional: Living Out God's Wisdom

True biblical wisdom moves beyond knowledge to action. James warns us that listening without doing leads to self-deception. Peace emerges when we apply God's principles consistently.

In conflict, intentionally practicing humility, forgiveness, gentleness, and patience reveals God's kingdom to those around us. Our conduct becomes a testimony to the power of His Word in transforming hearts.

Today, evaluate how you can put God's teachings about conflict resolution into practical steps in your life.







Day 14: 🖓 Applying Biblical Principles

# Reflect and Apply

1. V	What biblical principles do I find challenging to practice?
2. F	How can I implement these principles more consistently?
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3. I	n what ways does obedience deepen my peace and wisdom?
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Day 14: 🖓 Applying Biblical Principles

## **Journaling Prompts**

1.	Identify one specific principle to focus on applying this week.
2.	Write about a past experience where obedience to God's Word changed a conflict.
3.	Set practical goals for living out your faith daily.







Day 14: 

Applying Biblical Principles

## Prayer for Today

**Dear Jesus,** help me to not only hear Your Word but to live it out faithfully. Teach me to practice Your wisdom in every area, especially in conflict. Let my actions reflect Your love and peace that I may glorify You. *Empower me to be obedient today and always.* **Amen.**  $\bigcirc$   $\bigcirc$   $\bigcirc$ 







# Day 15: @ Practicing Silence and Listening









Day 15: • Practicing Silence and Listening

#### Your Verse

Proverbs 17:28 – "Even fools are thought wise if they keep silent, and discerning if they hold their tongues."

### **Supporting Scriptures**

- James 1:19 "Be quick to listen, slow to speak."
- Ecclesiastes 3:7 "A time to be silent and a time to speak."







Day 15: 😯 Practicing Silence and Listening

## Devotional: The Wisdom of Listening

Silence and listening are often overlooked elements of wisdom. Proverbs points out that restraint in speaking can be a mark of discernment.

In conflict, hearing others fully before responding reduces misunderstandings and tension. Being quick to listen and slow to speak, as James advises, helps us grasp the heart of the issue and choose our words carefully.

Challenge yourself today to practice active listening and counting to ten before responding in difficult conversations. This discipline will bring better outcomes and reflect God's wisdom.







Day 15: 😯 Practicing Silence and Listening

# Reflect and Apply

1.	How often do I truly listen before responding?
2.	What hinders me from staying silent and listening well?
3.	How can practicing this discipline improve my conflicts?







Day 15: 😯 Practicing Silence and Listening

## **Journaling Prompts**

1.	Recall an instance where listening prevented conflict escalation.
2.	Write strategies to improve your listening skills.
3.	Reflect on what God reveals to you when you listen more.







Day 15: • Practicing Silence and Listening

## Prayer for Today

















#### Your Verse

Psalm 25:21 - "May integrity and uprightness protect me, because my hope, Lord, is in you."

## **Supporting Scriptures**

- Proverbs 10:9 "Whoever walks in integrity walks securely, but whoever takes crooked paths will be found out."
- 2 Corinthians 8:21 "For we are taking pains to do what is right, not only in the eyes of the Lord but also in the eyes of man."







## Devotional: Integrity Builds Trust and Peace

Integrity means living transparently and honestly, consistent with God's standards. In conflict, walking in integrity protects us from suspicion and ensures that our actions are trustworthy.

Psalm 25:21 links integrity with protection, indicating that God honors those who live uprightly, helping preserve peace and a good reputation.

Commit today to be transparent, truthful, and upright as you navigate disputes. Integrity strengthens relationships and reflects God's holiness.







## Reflect and Apply

1.	Does my behavior consistently reflect my faith and values?
2.	Where might I be tempted to compromise integrity in conflict?
3.	How does integrity impact others' willingness to reconcile?







## **Journaling Prompts**

1.	Write about a time integrity led to positive outcomes in conflict.
	List challenges you face in maintaining integrity and how to overcome them.
3.	Reflect on how integrity glorifies God in your life.







## Prayer for Today

**Lord,** help me to walk in integrity in all I do. Keep my actions transparent and honest so that I may honor You and build peace with others. Strengthen me to do what is right even when it is difficult. *Thank You for guiding my steps.* 

Amen. 🐧 🙏 🛛

















#### Your Verse

Proverbs 3:3 – "Let love and faithfulness never leave you; bind them around your neck, write them on the tablet of your heart."

### **Supporting Scriptures**

- Ephesians 4:2 "Be completely humble and gentle; be patient, bearing with one another in love."
- Hebrews 12:15 "See to it that no one falls short of the grace of God."







## Devotional: Grace Transforms Conflict to Compassion

Grace is unmerited favor that changes how we relate to others, especially in conflict. Proverbs instructs us to hold tightly to love and faithfulness, which foster grace-filled interactions.

Offering grace requires humility and patience, allowing us to bear with others' shortcomings and errors rather than demanding perfection or victory.

By extending grace, we move disputes from contention toward compassion, inviting God's healing into the situation.







## Reflect and Apply

1.	How does grace shape the way I handle disputes?
2.	When has receiving or giving grace changed a conflict?
3.	What barriers prevent me from offering grace freely?







## **Journaling Prompts**

1.	Write about a time you experienced grace during a conflict.
2.	List ways to practice grace when tensions rise.
3.	Reflect on how grace impacts your relationships.







## Prayer for Today

**Father of Grace**, fill my heart with Your love and faithfulness. Teach me to extend grace to others, especially when conflict arises. Help me to be humble, gentle, and patient, bearing with one another in love. *Thank You for Your endless grace toward me.* **Amen.**  $\bigcirc$   $\bigcirc$ 









# Day 18: 🙏 Relying on Prayer









#### Your Verse

Philippians 4:6-7 - "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God."

#### **Supporting Scriptures**

- 1 Thessalonians 5:17 "Pray without ceasing."
- James 5:16 "The prayer of a righteous person is powerful and effective."







### Devotional: Praying Through Conflict

Prayer is our direct communication with God and essential during conflict. Philippians encourages us to bring every concern, including disputes, before God with thanksgiving, experiencing His peace in return.

Continuous prayer keeps our hearts aligned with God's will and calms fears and frustrations that conflict can stir. It also opens us to His guidance and empowers us to act rightly.

Commit to rely on prayer daily as you face challenges and seek peace, trusting in God's powerful presence.







# Reflect and Apply

1.	How consistent is my prayer life during times of conflict?
2.	What emotions or worries do I need to bring to God in prayer?
3.	How has prayer changed the outcome of difficult situations?







# **Journaling Prompts**

1.	Write a prayer about a current conflict you face.
2.	List prayers you can use when feeling anxious or angry.
3.	Reflect on the peace you've experienced through prayer.







### Prayer for Today

**Lord,** teach me to bring every struggle, worry, and conflict to You in prayer. Calm my heart and fill me with Your peace that surpasses understanding. Guide my words and actions and strengthen my faith through persistent prayer. *Thank You for always hearing me.* **Amen.**  $\bigwedge$   $\heartsuit$ 









# Day 19: 7 Growing in Wisdom









Day 19: 7 Growing in Wisdom

#### Your Verse

Proverbs 4:7 – "The beginning of wisdom is this: Get wisdom. Though it cost all you have, get understanding."

### **Supporting Scriptures**

- James 3:17 "But the wisdom that comes from heaven is first of all pure; then peace-loving..."
- Ecclesiastes 7:12 "Wisdom preserves those who have it."







Day 19: 🍞 Growing in Wisdom

### Devotional: Pursuing Wisdom Prayerfully

Wisdom is a treasure worth pursuing at any cost. Solomon urges us to make wisdom and understanding our highest priorities because they preserve life and promote peace.

Heavenly wisdom is pure and peace-loving, qualities needed to resolve disputes victoriously. This wisdom is not merely intellectual but deeply spiritual and relational.

Today, commit to grow in your wisdom through prayer, study, and applying God's principles so you are equipped to transform conflict into peace.







Day 19: 🍞 Growing in Wisdom

# Reflect and Apply

1.	What steps can I take to pursue greater wisdom?
2.	How does prayer deepen my understanding and peace?
3.	How has God's wisdom helped me in past conflicts?







Day 19: 🍞 Growing in Wisdom

# **Journaling Prompts**

1.	List resources or habits that help you gain wisdom.
2.	Write about how wisdom has impacted your relationships.
3.	Reflect on a scripture that teaches about wisdom.







Day 19: 7 Growing in Wisdom

### Prayer for Today

**God of All Wisdom,** I desire Your understanding above all else. Help me to seek wisdom diligently and to apply it in my daily walk, especially in difficult relationships. Teach me to reflect Your peace and purity through wise decisions. *Thank You for generously giving wisdom to all who ask.* **Amen.**

















Day 20: Kreflecting Christ's Peace

#### Your Verse

John 14:27 - "Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid."

#### **Supporting Scriptures**

- Colossians 3:15 "Let the peace of Christ rule in your hearts."
- Romans 5:1 "Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ."







Day 20: Kreflecting Christ's Peace

### Devotional: Being Ambassadors of Peace

Christ offers a peace unlike anything the world can provide—a lasting peace that calms fear and trouble in our hearts. When we embrace His peace, it becomes the foundation for how we engage with others.

As followers of Jesus, we are called to let His peace rule in our hearts and to be ambassadors of that peace in the world, including in times of conflict.

Allow Christ's peace to be visible in your attitude and words so that you reflect His character and draw others toward healing and reconciliation.







Day 20: 🛠 Reflecting Christ's Peace

# Reflect and Apply

1.	How does Christ's peace influence my response to conflict?
2.	What fears keep me from fully embracing His peace?
3.	How can I become a more effective ambassador of peace?







Day 20: 🛠 Reflecting Christ's Peace

# **Journaling Prompts**

1.	Write about moments of experiencing Christ's peace in trial.
2.	List ways to cultivate peace in daily life and relationships.
3.	Reflect on how you can share this peace with others.







Day 20: Kreflecting Christ's Peace

### Prayer for Today

**Prince of Peace**, fill my heart with Your perfect peace. Help me not to be troubled or afraid but to rely on Your calming presence. May Your peace rule in me so I can be a reflection of Your love and harmony to those around me. *Thank You for the gift of Your peace*. **Amen.** �� 🙏 😂

















#### Your Verse

Romans 12:18 - "If it is possible, as far as it depends on you, live at peace with everyone."

#### **Supporting Scriptures**

- Hebrews 12:14 "Make every effort to live in peace with everyone and to be holy."
- Matthew 5:23-24 "Leave your gift there... first go and be reconciled to them."







### Devotional: A Daily Pursuit of Peace

Living at peace with others is both a calling and a daily commitment. Romans 12:18 challenges us to do everything in our power to maintain harmony.

This study culminates by inviting you to renew your dedication to being a peacemaker in all realms of life, actively pursuing reconciliation, humility, and godly wisdom.

Conflict may arise, but through the practices you have learned—humility, forgiveness, prayer, and integrity—you can embody Christ's peace and influence others toward it.

May this be a lifelong pursuit marked by grace and perseverance.







# Reflect and Apply

1.	How will I commit to living at peace going forward?
2.	What practical changes will help me maintain peace daily?
3.	How can I encourage others to pursue peace as well?







# **Journaling Prompts**

1.	Write a personal covenant to live as a peacemaker.
2.	Identify habits or mindsets to cultivate peace in life.
3.	Reflect on how God has transformed your heart through this study.







### Prayer for Today

**Faithful God,** I commit to live at peace with everyone, as far as it depends on me. Empower me with Your wisdom, humility, and love to be a true peacemaker. Guide me to reflect Christ in all relationships and to persevere in this pursuit. *May Your peace reign in my heart always.* **Amen.** 







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