



Wise Choices for Teens: Navigating Life with God's Guidance



A 3-day plan helping teens make wise decisions in
school and relationships through biblical wisdom
and prayer.

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Introduction

Being a teenager often feels like standing at a busy crossroads, with countless choices pulling you in every direction. From school challenges to friendships and relationships, the decisions you make today can shape your future in profound ways. This Bible study plan is designed especially for teens seeking **God's wisdom** and guidance as they navigate these formative years.

Impulse decisions can sometimes lead to regret or unintended consequences. But when you invite God into your decision-making process, you step into a journey of **wisdom, patience, and trust**. The Bible offers timeless lessons that help you weigh your options carefully and seek the path that honors God and promotes your well-being.

Over the next three days, you will explore key scriptures, reflect deeply, and pray intentionally about the choices you face daily. You'll discover that God is not distant but eager to guide you when you ask. Remember, no choice is too small or too big for Him. Let this plan be your companion in learning how to pause, pray, and act with confidence, knowing that God's wisdom will never fail you.

Get ready to embrace God's perspective on decision-making, find peace amidst uncertainty, and build a foundation of wise choices that will bless your life now and in the years to come.





Day 1: 🏔️ Seeking God's Wisdom First



Day 1: 🏔️ Seeking God's Wisdom First

Your Verse

Proverbs 3:5-6 - "Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight."

Supporting Scriptures

- *James 1:5 - "If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you."*
- *Psalms 25:4-5 - "Show me your ways, LORD, teach me your paths. Guide me in your truth and teach me, for you are God my Savior, and my hope is in you all day long."*



Day 1: 🏔️ Seeking God's Wisdom First

Devotional: Trust God Completely for Wise Guidance

When facing tough decisions, especially as a teen, the natural tendency can be to rely on your own feelings or advice from friends. However, **God's Word invites us to trust Him completely.** Proverbs 3:5-6 reminds us not to depend solely on our limited understanding but to submit all our plans to the Lord. Doing this means actively inviting God into every choice you consider, whether it's about school, friendships, or family.

As you start your day, ask God for His wisdom just like James encourages. Wisdom from God is different—it guides us toward life and away from regret. It's generous and free for anyone who asks sincerely. Take a moment to pause before reacting impulsively. Seek God's direction in prayer and through His Word. Psalm 25 beautifully shows us how to ask God to guide us daily because our hope rests in Him.

Remember: trusting God first doesn't mean things will always be easy, but it means you won't have to face your decisions alone. When you let God straighten your path, you step into a journey of peace and confidence.



Day 1: 🏔️ Seeking God's Wisdom First

Reflect and Apply

1. In what areas of your life do you usually rely on your own understanding rather than seeking God's guidance?

2. How can praying for wisdom before making decisions change the way you respond to challenges?

3. What does it mean for you personally to submit all your ways to the Lord?

4. Have you experienced a time when following God's guidance made a difficult choice clearer?





Day 1: 🏔️ Seeking God's Wisdom First

Journaling Prompts

1. Describe a recent decision you made impulsively. How might it have been different if you had prayed first?

2. Write a prayer asking God to help you trust Him completely in your upcoming choices.

3. List three areas in your life where you want to start seeking God's wisdom daily.



Day 1: 🏔️ Seeking God's Wisdom First

Prayer for Today

Dear Lord, *help me to trust You with all my heart.* When I face decisions, big or small, remind me to seek Your wisdom first instead of acting on impulse. Teach me to lean on You and not my own understanding. Guide my steps and make my path straight so I can honor You in all I do. Thank You for always listening and generously giving wisdom when I ask. In Jesus' name, Amen.





Day 2: 🕒 Choosing Friends and Relationships Wisely



Day 2: 🕒 Choosing Friends and Relationships Wisely

Your Verse

1 Corinthians 15:33 – "Do not be misled: 'Bad company corrupts good character.'"

Supporting Scriptures

- *Proverbs 13:20 – "Walk with the wise and become wise, for a companion of fools suffers harm."*
- *Psalms 1:1 – "Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers."*



Devotional: Build Your Life Around Wise Relationships

Friendships and relationships deeply influence your decisions and character. The Bible warns clearly about the impact of the company we keep. 1 Corinthians 15:33 cautions that bad company can lead even the best of us astray. As a teen, it is easy to feel pressure to fit in, but choosing friends and close relationships wisely is essential for your spiritual and emotional health.

Walking with wise people, as Proverbs 13:20 admonishes, helps you grow and stay on the right path. These relationships encourage good choices and support your faith journey. On the other hand, surrounding yourself with those who make unhealthy choices can pull you away from God's best for you.

Psalm 1 paints a powerful picture of blessing for those who avoid negative influences. You have the power to decide who you spend time with and how deeply you allow relationships to affect your life. Pray for discernment to recognize the influences that will build you up and the courage to step away from those leading you down a harmful path.

Remember: Your relationships are not just about having fun. They form part of the foundation for your future decisions and the person you are becoming.



Day 2: 🕒 Choosing Friends and Relationships Wisely

Reflect and Apply

1. How do your current friendships influence your choices, positively or negatively?

2. What qualities in friends encourage you to grow closer to God?

3. Are there any relationships in your life that challenge your values? How can you respond wisely?

4. What steps can you take to nurture friendships that honor God?





Day 2: 🚫 Choosing Friends and Relationships Wisely

Journaling Prompts

1. List the qualities you want in friends who help you make wise decisions.

2. Write about a time when a friend influenced you to make a good or bad choice.

3. Pray and ask God to show you how to strengthen godly friendships and walk away from harmful ones.



Day 2: 🕒 Choosing Friends and Relationships Wisely

Prayer for Today

Heavenly Father, please give me discernment to choose friends who encourage me to follow You. Help me to recognize influences that lead me away from Your path and give me the strength to make wise choices about my relationships. Surround me with companions who build me up in faith and character. Thank You for being my ultimate friend and guide. In Jesus' name, Amen.





Day 3: 🙏 Praying Before Decisions



Day 3: 🙏 Praying Before Decisions

Your Verse

Philippians 4:6 - "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God."

Supporting Scriptures

- *Matthew 7:7 - "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you."*
- *Psalms 37:5 - "Commit your way to the LORD; trust in him and he will do this."*



Day 3: 🙏 Praying Before Decisions

Devotional: Make Prayer Your First Step in Decisions

When decisions press in, anxiety and doubt can overwhelm you. But Philippians 4:6 encourages us not to be anxious about anything. Instead, the key is **bringing every concern to God through prayer**. This practice is vital—not just for big choices but for everyday decisions.

Prayer opens a conversation with the One who knows all and holds your future. Matthew 7:7 reminds us to ask, seek, and knock, showing that God welcomes our honest requests. When you present your choices to God, it means you trust Him with the outcomes and lean on His perfect timing.

Psalms 37:5 encourages committing your way to the Lord and trusting Him to act. This shows that after praying, it is also important to rest in God's sovereignty, knowing He is working on your behalf even when you don't see immediate answers.

Prayer isn't a last resort but your first and constant resource. It guards you against impulsive decisions and brings peace that surpasses understanding. Practicing prayer before and after your decision-making processes builds your faith and aligns your will with God's.



Day 3: 🙏 Praying Before Decisions

Reflect and Apply

1. How often do you pray before making a decision? What changes when you do?

2. What feelings or worries do you bring to God in your decision-making prayers?

3. How can you develop a habit of seeking God first through prayer regularly?



4. What does trusting God's timing mean in your personal decision challenges?



Day 3: 🙏 Praying Before Decisions

Journaling Prompts

1. Write a prayer asking God to guide an upcoming decision you need to make.

2. Reflect on a past situation where prayer helped you find peace about a choice.

3. List three ways to remind yourself to pray first before deciding in the future.



Day 3: 🙏 Praying Before Decisions

Prayer for Today

Lord, help me to bring all my decisions to You through prayer. Replace my anxiety with Your peace as I seek Your guidance. Teach me to trust Your timing and rest in Your plan. I want to make choices that honor You by inviting You first into every step. Thank You for always hearing me and answering in Your perfect way. In Jesus' name, Amen.





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