Wise Up: God's Blueprint for Smart Living



Explore God's wisdom, guidance, and principles for living a successful and righteous life through Biblical truths and reflection.





Table of contents

| <u>Introduction</u> | 3 |
|--|----|
| Day 1: The Source of True Wisdom | 5 |
| <u>Day 2: Wisdom Guards the Heart</u> | 11 |
| Day 3: Wisdom in Hearing and Learning | 17 |
| Day 4: Wisdom Leads to Right Decisions | 23 |
| Day 5: Trowing in Godly Wisdom | 29 |
| <u>Day 6: Wisdom in Relationships</u> | 35 |
| Day 7: Y Living Out Wisdom Daily | 41 |







Introduction

Welcome to "Wise Up: God's Blueprint for Smart Living." This 7-day study invites you to discover the profound wisdom God offers for living a life marked by success, righteousness, and spiritual insight. In a world swirling with countless voices and conflicting advice, God's Word stands as the ultimate source of truth and guidance. Wisdom is more than knowledge—it is the skillful application of God's principles to every aspect of life, enabling us to navigate challenges, make godly decisions, and reflect His character to those around us.

Throughout this study, we will unpack key Scriptures that reveal how wisdom comes from the Lord and how embracing it transforms not only our decisions but our hearts and relationships. You will be challenged to reflect deeply, pray earnestly, and journal thoughtfully as you uncover practical ways to "wise up" and apply God's blueprint for smart living.

Remember, the Bible says in **Proverbs 2:6**,: "For the Lord gives wisdom; from his mouth come knowledge and understanding." This divine wisdom is a gift promised to those who seek it with intention and humility. As you engage with these lessons, pray for God's Spirit to open your heart and mind to His truth. Let His Word be a lamp to your feet and a light to your path (*Psalm 119:105*), guiding your steps into a life filled with peace, purpose, and eternal significance.







Are you ready to wise up? Let's journey together into God's blueprint for smart living, discovering how true wisdom leads to joyful, successful, and righteous living.

















Your Verse

Proverbs 2:6 - For the Lord gives wisdom; from his mouth come knowledge and understanding.

Supporting Scriptures

- James 1:5 If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you.
- Psalm 111:10 The fear of the Lord is the beginning of wisdom; all who follow his precepts have good understanding.







Devotional: God Is Our Ultimate Source of Wisdom

True wisdom begins with God. Too often, we seek knowledge and advice from the world or trust our own understanding. Yet, Proverbs reminds us that wisdom originates from the Lord. It is a divine gift that brings knowledge and understanding beyond the surface. When we fear the Lord—recognize His authority and honor Him—we open ourselves to receiving wisdom that guides every choice with clarity and integrity.

James 1:5 encourages us to ask God boldly for wisdom without hesitation. It is not a secret reserved for a select few but a generous gift for all who earnestly seek it. Reflect on your daily decisions: where do you currently look for wisdom? Are you inviting God into these decisions?

Today, commit to seeking God's wisdom as your foundation—not just for spiritual matters but for every aspect of your life.







Reflect and Apply

| | How does recognizing God as the source of wisdom change the way you approach decisions? |
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| 2. | In what areas of your life do you find it hard to seek God's wisdom first? |
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| | How can you cultivate reverence for God as the starting point for gaining wisdom? |
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Journaling Prompts

| | Write about a time when God's wisdom helped you make a difficult decision. |
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| 2. | List areas where you want to invite God's wisdom more intentionally. |
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| 3. | Reflect on what 'the fear of the Lord' means personally to you. |
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Prayer for Today

Father, thank You for being the wellspring of true wisdom. Help me to turn to You first in every decision I face. Teach me to fear You rightly, so I may walk in understanding and keep Your precepts. Open my heart to receive Your knowledge and guide me in Your truth. I long to live by Your divine wisdom, not my own limited understanding. Fill me with discernment and humility as I grow closer to You today and always. *In Jesus' name, Amen.*



















Day 2: Wisdom Guards the Heart

Your Verse

Proverbs 4:23 - Above all else, guard your heart, for everything you do flows from it.

Supporting Scriptures

- Matthew 15:18 But the things that come out of a person's mouth come from the heart, and these defile them.
- Jeremiah 17:9 The heart is deceitful above all things and beyond cure. Who can understand it?







Day 2: Visdom Guards the Heart

Devotional: Protect Your Heart as the Wellspring of Life

Our hearts are the root of our lives. The heart represents the core of our thoughts, desires, and motivations. Proverbs 4:23 commands us to guard it carefully because everything we do stems from what's inside. Wisdom equips us to protect this sacred inner life from harmful influences—whether through sinful desires, negative thoughts, or toxic relationships.

Jesus teaches us in Matthew that our words reflect the condition of our hearts, and Jeremiah reminds us how easily our hearts can deceive us. This means we must be intentional about what we allow to take root inside us.

Guarding your heart means regularly examining your thoughts and feelings, rejecting anything that contradicts God's truth, and cultivating virtues like love, humility, and faithfulness. Wisdom helps us see potential dangers before they destroy us and empowers us to choose righteousness over fleeting temptation.







Day 2: **(**) Wisdom Guards the Heart

Reflect and Apply

| 1. | What are some influences you need to guard your heart against right now? |
|----|---|
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| 2. | How can wisdom help you cultivate a heart aligned with God's truth? |
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| 3. | Are there any hidden attitudes or desires you need to bring before God for healing? |
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Day 2: Visdom Guards the Heart

Journaling Prompts

| 1. | Describe what guarding your heart looks like in your daily life. |
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| 2. | Write about a time when protecting your heart changed a difficult situation. |
| | |
| 3. | List practical steps to keep your heart focused on God's truth. |
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Day 2: Visdom Guards the Heart

Prayer for Today

Lord, I ask You to help me guard my heart diligently. Protect me from deceitful thoughts and harmful desires that lead me away from Your path. Fill my heart with Your peace and truth so that my words and actions may honor You. Help me to see what threatens my inner life and give me the strength to say no to anything that does not glorify You. Teach me wisdom that flows from the heart that seeks You. *In Jesus' name, Amen.*



















Your Verse

Proverbs 1:5 - Let the wise listen and add to their learning, and let the discerning get guidance.

Supporting Scriptures

- Ecclesiastes 7:12 Wisdom preserves those who have it.
- Psalm 34:11 Come, my children, listen to me; I will teach you the fear of the Lord.







Devotional: Wisdom Grows When We Listen and Learn

Wisdom thrives in a heart that listens. Proverbs encourages the wise to continue learning and seeking guidance. This is a lifelong journey rather than a one-time event. In a culture fast to speak and quick to judge, God's wisdom calls us first to listen—to others, to His Word, and to the prompting of the Holy Spirit.

Ecclesiastes reminds us that wisdom acts as a preservative, keeping us safe from many pitfalls if we embrace it. Learning and discernment protect our hearts and minds as we mature spiritually.

Todays' challenge is to be intentional about listening—actively tuning our ears to God's voice and the counsel He provides through people and Scripture. Ask yourself: am I open to correction and willing to learn from others with humility?







Reflect and Apply

| Are there voices or advice you need to listen to more carefully? |
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| How can you develop a habit of learning God's ways daily? |
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| In what ways does listening to God differ from just hearing His word? |
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Journaling Prompts

| 1. | Write about a lesson you learned recently from God or others that increased your wisdom. |
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| 2. | List areas where you need to seek more counsel or guidance. |
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| 3. | Reflect on moments when listening led you to better decisions. |
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Prayer for Today

Father, give me a heart that listens and a mind eager to learn. Help me not to be quick to speak but slow to hear Your voice and the advice of others. Teach me through Your Word and community so I may grow in wisdom and discernment. Guard me against pride that rejects correction. Preserve my soul by the wisdom You provide daily. Thank You for patiently guiding me as I grow. *In Jesus' name, Amen.*

















Your Verse

James 3:17 - But the wisdom that comes from heaven is first of all pure; then peace-loving, considerate, submissive, full of mercy and good fruit, impartial and sincere.

Supporting Scriptures

- Proverbs 3:5-6 Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.
- Psalm 25:4 Show me your ways, Lord, teach me your paths.







Devotional: God's Wisdom Guides Our Decisions

God's wisdom shapes the decisions we make. James describes heavenly wisdom as pure and peace-loving, overflowing with mercy and sincerity. When we seek wisdom from God, our decisions reflect His character and result in peace rather than conflict or regret.

Trusting God fully, as Proverbs encourages, means intentionally relying on His guidance instead of leaning on our limited understanding. It involves submitting all our ways to Him and inviting His direction in every choice, big or small.

When you face decisions, ask yourself whether they exhibit the qualities of godly wisdom: purity, peace, mercy, and sincerity. Pray for wisdom to discern God's will clearly and act faithfully, knowing He will direct your paths toward righteousness and blessing.







Reflect and Apply

| | How do you typically make difficult decisions? Is God's wisdom part of that process? |
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| | In what ways does submitting to God change the outcomes of your decisions? |
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| | What characteristics of heavenly wisdom do you most need to cultivate today? |
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Journaling Prompts

| 1. | Write about a recent decision where God's wisdom made a difference. |
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| | |
| 2. | List obstacles that keep you from fully trusting God in your decisions. |
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| | Journal a prayer asking God to shape your decision-making with His wisdom. |
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Prayer for Today

Lord, I ask for Your pure and loving wisdom as I face many decisions. Help me to be peace-loving, considerate, and merciful in all I do. Teach me to trust You deeply and submit my plans to Your will. Guide me where my understanding falls short, and help me to walk in integrity and sincerity. Thank You for directing my paths to the good things You have prepared. *In Jesus' name, Amen.*



















Day 5: Forowing in Godly Wisdom

Your Verse

Colossians 1:9-10 - We continually ask God to fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives, so that you may live a life worthy of the Lord.

Supporting Scriptures

- Ephesians 5:15–17 Be very careful, then, how you live—not as unwise but as wise, making the most of every opportunity.
- 2 Timothy 3:16–17 All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness.







Day 5: Forowing in Godly Wisdom

Devotional: Commit to Lifelong Growth in Wisdom

Wisdom is a journey of growth. Paul prays for believers to be filled with knowledge and understanding through the Spirit so they can live lives worthy of the Lord. Wisdom is not static but a continual process that requires Spiritled growth.

Walking wisely means making the most of every opportunity, avoiding foolishness, and allowing Scripture to teach, correct, and train us in righteousness.

Ask God to reveal areas where you need to grow in wisdom. Commit to daily reading of His Word and reliance on His Spirit to deepen your understanding. Each step in growth reflects a life increasingly aligned with God's purposes and shining as a witness to His grace.







Day 5: 🍞 Growing in Godly Wisdom

Reflect and Apply

| 1. | How can you foster daily habits to grow in God's wisdom? |
|----|--|
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| 2. | What role does the Holy Spirit play in your understanding of God's will? |
| | |
| 3. | In what ways has Scripture challenged you to grow wiser? |
| | |







Day 5: 🍞 Growing in Godly Wisdom

Journaling Prompts

| Describe your current season in growing spiritually and in wisdom. |
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| Make a plan to engage more deeply with Scripture this week. |
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| Reflect on a time God's Spirit revealed new wisdom to you. |
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Day 5: Forowing in Godly Wisdom

Prayer for Today

Spirit of God, fill me with wisdom and knowledge of Your will. Help me to live each day worthy of You by making wise choices and growing in understanding. Guide me through Your Word to be corrected, encouraged, and transformed in righteousness. Teach me to steward well every opportunity You give. May my life glorify You as I grow closer to Your perfect wisdom. *In Jesus' name, Amen.*



















Day 6: Wisdom in Relationships

Your Verse

Proverbs 13:20 – Walk with the wise and become wise, for a companion of fools suffers harm.

Supporting Scriptures

- Ephesians 4:29 Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up.
- Hebrews 10:24–25 Consider how to stir up one another to love and good works.







Day 6: Wisdom in Relationships

Devotional: Choose and Nurture Godly Relationships Wisely

Wisdom is reflected in the relationships we choose and how we treat others.

Proverbs warns us about the company we keep because it influences our character and decisions. Surrounding ourselves with wise, godly people fosters wisdom, while foolish influences can lead to harm.

Additionally, wisdom in relationships means speaking life and encouragement, as Paul urges in Ephesians, and spurring one another to love and good deeds as Hebrews describes. Wise living is relational—it brings healing, builds community, and reflects the love of Christ.

Take time to evaluate your friendships and community. Are they nurturing your spiritual growth? How is your speech building others up? Ask God for wisdom to cultivate relationships that honor Him and flourish in love.







Day 6: 🍑 Wisdom in Relationships

Reflect and Apply

| 1. | How have your relationships influenced your wisdom or foolishness? |
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| | What steps can you take to build relationships that encourage godly growth? |
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| 3. | Are your words contributing to others' growth and peace? |
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Day 6: Wisdom in Relationships

Journaling Prompts

| | List wise people you can learn from and how you can invest in those relationships. |
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| 2. | Write about a difficult relationship that needs God's wisdom to heal. |
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| 3. | Reflect on how your speech has impacted others recently. |
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Day 6: Wisdom in Relationships

Prayer for Today

Lord, help me to choose companions wisely and build others up with my words. Surround me with godly friends and mentors who encourage me to grow in Your wisdom. Teach me to speak grace-filled words that edify and bring peace. Give me wisdom to love others well, reflecting Your character in my relationships. May I be a blessing to those around me. *In Jesus' name, Amen.*



















Your Verse

Proverbs 3:13 - Blessed are those who find wisdom, those who gain understanding.

Supporting Scriptures

- Psalm 1:1-3 Blessed is the one who does not walk in step with the wicked but delights in the law of the Lord.
- Matthew 7:24 Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock.







Devotional: Embrace Wisdom as a Lifestyle for Blessing

Wisdom leads to blessing and stability. Proverbs highlights the joy and blessing that come from gaining wisdom and understanding. It influences not only what we know but how we live day by day.

Psalm 1 reminds us that delighting in and meditating on God's law produces a fruitful, secure life. Jesus uses the imagery of a wise builder who acts on His teaching to portray wisdom's power to protect and sustain us through life's storms.

As we conclude this study, reflect on how you will live out God's wisdom daily. Will you meditate on His Word, put His teachings into practice, and delight in following Him? Wisdom is not just knowledge to gain but a lifestyle to embrace, one that blesses you richly and radiates God's glory.







Reflect and Apply

| 1. | What does living out wisdom daily look like in your life? |
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| | |
| | |
| 2. | How can you build your life on the firm foundation of God's Word? |
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| | |
| 3. | How have you been blessed through applying wisdom? |
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Journaling Prompts

| 1. | Write your personal commitment to live wisely going forward. |
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| 2. | Reflect on changes you've noticed during this study in how you think or act. |
| | |
| 3. | List scriptural truths that will guide you in walking wisely. |
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Prayer for Today

Heavenly Father, thank You for the gift of wisdom that blesses and guides my life. Help me to delight in Your Word, meditate on it day and night, and put Your teachings into practice faithfully. May my life be firmly founded on You, standing strong through all challenges. Let the wisdom I receive overflow to others, bringing glory to Your name. Empower me to walk wisely every day. *In Jesus' name, Amen.*









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