Women: Finding Identity in Christ's Unfailing Love



A 7-day Bible study for women feeling forgotten by family, anchoring identity in Christ's unfailing love and discovering true belonging in Him.





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Introduction

Feeling forgotten or overlooked by family can be deeply painful and isolating. As women, our emotions often run deep, and our desire to be treasured and remembered by loved ones is a natural part of our human experience. Yet, in moments when family seems distant or indifferent, there is a constant and unchanging anchor for our identity — the unfailing love of Christ.

Throughout Scripture, God reveals Himself as a lover of the forgotten and a restorer of the brokenhearted. Many women in the Bible faced seasons of loneliness, rejection, or invisibility yet found their true worth and purpose in God's embrace. From Hannah's prayerful longing to Mary's faithful trust, their stories point us to a love that never fades or fails.

This study is designed to guide you gently, day by day, into a deeper understanding of who you are in Christ — treasured, chosen, and deeply loved — even when family forgets or fails. You'll explore encouraging Scriptures and be invited to reflect, journal, and pray with renewed hope. May you find peace as you learn to anchor your identity in the eternal, perfect love of Jesus, knowing that in Him, you are never forgotten.









Day 1: Bernembered by God









Day 1: **B** Remembered by God

Your Verse

Psalm 139:1-4 - "You have searched me, Lord, and you know me."

Supporting Scriptures

- Isaiah 49:15 "Can a mother forget the baby at her breast?... Yet I will not forget you."
- Jeremiah 31:3 "I have loved you with an everlasting love; I have drawn you with unfailing kindness."







Day 1: **B** Remembered by God

Devotional: God Remembers When Others Forget

When Feeling Invisible

It can be devastating to feel forgotten or unseen by those closest to us. Yet God's Word assures us that our Heavenly Father knows us intimately — He has searched us and knows every detail of our lives. Psalm 139 beautifully describes a God who remembers you, who knows your thoughts and your heart, and who is always present, even when family may overlook you.

Isaiah 49 reminds us that God's memory of us is unlike any human memory. Where people may forget, God never will. His love is steadfast and enduring. When feelings of loneliness arise, choose to rest in the truth that your worth and identity are not dependent on human affection but on God's unfailing kindness.







Day 1: Bernembered by God

Reflect and Apply

How does it affect you to know God knows you completely and remembers you always?
In what ways have you sought affirmation from family rather than God's love?
How might you lean more on God's unfailing kindness today when feeling overlooked?







Day 1: Bernembered by God

Journaling Prompts

	Write about a recent time you felt forgotten by family. How did it make you feel?
2.	List ways God has shown His kindness to you recently.
3.	Describe what it means to you that God 'has searched you and knows you.'







Day 1: **B** Remembered by God

Prayer for Today

Dear Lord, when I feel invisible or forgotten by my family, help me to remember that You see me, know me, and love me without fail. Anchor my heart in Your steadfast kindness and remind me that my true worth comes from You alone. Help me rest in Your everlasting love today and always. *Thank You, Lord, for never forgetting me.* In Jesus' name I pray, Amen. \triangle











Day 2: Chosen and Precious









Day 2: 💮 Chosen and Precious

Your Verse

1 Peter 2:9 - "You are a chosen people, a royal priesthood, a holy nation..."

Supporting Scriptures

- Isaiah 43:4 "You are precious and honored in my sight."
- Ephesians 1:4 "He chose us in Him before the creation of the world."







Day 2:
Chosen and Precious

Devotional: Embracing Your God-Given Worth

When family forgets us, it is tempting to doubt our significance or value. Yet God's Word reminds us that we are **chosen** by Him — not through our own efforts but by His grace. Peter calls us a royal priesthood and holy nation, emphasizing our treasured status in God's eyes.

Isaiah echoes this by affirming that you are precious and honored, a truth independent of human opinion. God chose you before the world began, setting you apart for a divine purpose. This truth invites you to see yourself through God's eyes — radiant and loved deeply.

Let today be a day to embrace your identity rooted in God's choice, not in fleeting human acceptance.







Day 2:
 Chosen and Precious

Reflect and Apply

1.	What does it mean to you to be chosen by God rather than by people?
	How do you handle feelings of rejection from family knowing you are precious to God?
3.	What steps can you take to focus more on God's opinion of you today?







Day 2:
 Chosen and Precious

Journaling Prompts

	Write about what it feels like to know God chose you before the world was made.
	Reflect on a time when you felt valued by God despite feeling rejected elsewhere.
3.	List affirmations from Scripture that remind you of your worth in God.







Day 2: 💮 Chosen and Precious

Prayer for Today

Heavenly Father, remind me today that You have chosen me and called me precious, not by my own merit but by Your grace. Help me to anchor my identity in Your love and not in human acceptance. Teach me to walk confidently in the truth that I am honored and set apart for Your purpose. Thank You for seeing me as Your treasured daughter. Amen. (?)









Day 3: Strength in Weakness









Day 3: W Strength in Weakness

Your Verse

2 Corinthians 12:9 – "My grace is sufficient for you, for my power is made perfect in weakness."

Supporting Scriptures

- Psalm 46:1 "God is our refuge and strength, an ever-present help in trouble."
- Isaiah 40:29 "He gives strength to the weary and increases the power of the weak."







Day 3: Strength in Weakness

Devotional: God's Power Shines Through Weakness

Feeling forgotten can leave us vulnerable and weak in spirit. Yet God's grace is perfectly designed for these moments. Paul's words in 2 Corinthians reveal a powerful mystery: when we are weak, God's power shines brightest.

This means that your weakness is not a hindrance but an invitation to experience God's strength more fully. God is your refuge and help when trouble comes, ready to carry you when you can't carry yourself. Today, let go of trying to prove your worth and instead embrace God's empowering grace that lifts and sustains you.







Day 3: Strength in Weakness

Reflect and Apply

1.	How do you typically respond to feelings of weakness or loneliness?
2.	Can you recall a time God's strength helped you in a difficult moment?
3.	What does it mean to rely on God's grace rather than your own strength?







Day 3: Strength in Weakness

Journaling Prompts

1.	Describe your current struggles or feelings of weakness.
2.	Write about a Scripture or promise that helps you trust God's strength.
3.	List ways you can surrender your weaknesses to God this week.







Day 3: 👺 Strength in Weakness

Prayer for Today

Lord Jesus, in my weakness and loneliness, remind me that Your grace is enough. Help me to rest in Your strength today and not rely solely on myself. When I feel forgotten or powerless, meet me with Your sustaining power. Thank You for being my refuge and help in every trial. Amen.









Day 4: 😂 Called to Community









Your Verse

Hebrews 10:24–25 – "Let us consider how we may spur one another on... not giving up meeting together."

Supporting Scriptures

- Ecclesiastes 4:9–10 "Two are better than one... If either of them falls down, one can help the other up."
- Romans 12:5 "We, though many, are one body in Christ, and individually members one of another."







Devotional: Finding Family in God's Community

Feeling forgotten by family can tempt us to withdraw, but God calls us into community — to connect deeply and support one another. The writer of Hebrews encourages believers to meet together, to encourage and build each other up.

God designed us for relationship, not isolation. Ecclesiastes beautifully explains the strength found in companionship. If you feel separated or lonely within your family, seek out the family of God. Being part of a church or fellowship can fill some of the gaps and remind you that you belong to a larger spiritual family.

Today, consider how God is inviting you to lean into His community for love, encouragement, and belonging.







Reflect and Apply

	How have you experienced support or encouragement from fellow believers?
	Are there fears or barriers keeping you from engaging with God's community?
3.	What small step can you take today toward deeper fellowship?







Journaling Prompts

1.	Write about your current relationships in your church or spiritual community.
2.	Reflect on the difference between earthly family and spiritual family.
3.	List ways you can encourage or support a sister in Christ today.







Prayer for Today

Gracious God, thank You for calling me into Your family where I am never truly alone. Help me to seek and nurture community with fellow believers who encourage and strengthen me. Heal any wounds of rejection from my earthly family and remind me I am deeply loved and accepted in Your body. May Your church be a place of refuge and joy in my life. Amen. \heartsuit \clubsuit \ref{Amen}









Day 5: Nope in God's Promises









Day 5: 🕙 Hope in God's Promises

Your Verse

Romans 15:13 – "May the God of hope fill you with all joy and peace as you trust in Him."

Supporting Scriptures

- Lamentations 3:22–23 "His compassions never fail. They are new every morning."
- Jeremiah 29:11 "For I know the plans I have for you... to give you a hope and a future."







Day 5: 🕙 Hope in God's Promises

Devotional: Anchoring Your Soul in God's Hope

In seasons of feeling forgotten, hope can seem distant. Yet God's promises are a wellspring of joy and peace. Romans 15 calls God the God of hope who fills us as we trust in Him.

Each new day brings fresh mercies, as Lamentations reminds us. God's plan for your life is filled with hope, a future designed by a loving Father. Trusting His promises anchors your soul against discouragement and lifts you into a confident expectation of good things to come.

Let today be a day of hope — choosing to cling tightly to God's faithful promises.







Day 5: 👸 Hope in God's Promises

Reflect and Apply

1.	What are some promises of God that bring you comfort in hard times?
	How can hope in God's future plans change your perspective on current pain?
3.	What practical steps can you take to nurture your hope each day?







Day 5: 👸 Hope in God's Promises

Journaling Prompts

Write down your favorite God promises and what they mean to you.
Reflect on a moment when hope sustained you through difficulty.
List actions or habits that help you maintain hope when feeling forgotten.







Day 5: 👸 Hope in God's Promises

Prayer for Today

Father of hope, fill my heart with Your joy and peace as I place my trust in You. Help me to cling to Your promises and remember Your mercies are new every morning. When I feel forgotten, remind me You have good plans for my life, filled with hope and a future. Strengthen my faith today. Amen. \triangle $\not\!\!\!\!\!/$









Day 6: 😂 Empowered by Grace









Day 6: 😂 Empowered by Grace

Your Verse

Ephesians 2:8-10 - "For it is by grace you have been saved... created in Christ Jesus to do good works."

Supporting Scriptures

- 2 Timothy 1:7 "For the Spirit God gave us does not make us timid, but gives us power."
- Philippians 4:13 "I can do all this through Him who gives me strength."







Day 6: 😂 Empowered by Grace

Devotional: Walking Boldly in God's Grace

When family neglect or rejection weighs heavy, it can be tempting to withdraw or doubt your purpose. Yet God's grace empowers you beyond limitations. Ephesians 2:8–10 reminds you that you are saved by grace, not works, and created for good works prepared by God.

The Spirit within you is not one of fear but of power, love, and self-discipline. You are equipped and enabled to live boldly and purposefully, shining God's light even when others fail to recognize your worth.

Today, embrace God's grace as strength to rise above feelings of rejection and actively walk in your God-given calling.







Day 6: <a>\$\overline{\text{\text{\$\overline{\text{\$\end{\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\end{\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\end{\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\end{\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\end{\end{\overline{\overline{\text{\$\overline{\text{\$\end{\overline{\end{\overline{\end{\overline{\tince{\end{\overline{\end{\overline{\end{\overline{\overline{\end{\overline{\overline{\overline{\overline{\overline{\overline{\overline{\overline{\overline{\overline{\overline

Reflect and Apply

	How does understanding you are empowered by God's Spirit influence your daily life?
	What good works might God be calling you to, despite feelings of rejection?
3.	Where do fear or self-doubt try to rob you of your confidence in Christ?







Day 6: <a>\$\overline{\text{\text{\$\overline{\text{\$\end{\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\end{\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\end{\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\end{\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\overline{\text{\$\end{\end{\overline{\overline{\text{\$\overline{\text{\$\end{\overline{\end{\overline{\end{\overline{\tince{\end{\overline{\end{\overline{\end{\overline{\overline{\end{\overline{\overline{\overline{\overline{\overline{\overline{\overline{\overline{\overline{\overline{\overline

Journaling Prompts

1.	Write about a gift or calling you sense from God in your life.
2.	Reflect on times God's strength helped you overcome fear.
3.	List ways you can rely on God's power instead of your own in struggles.







Day 6: 😂 Empowered by Grace

Prayer for Today

Lord God, thank You that Your grace saves me and empowers me to live a life of purpose. When I feel unseen or rejected, remind me that Your Spirit gives me power, love, and self-discipline. Help me walk boldly in the calling You placed on my life and trust Your strength every step of the way. Amen.



















Your Verse

John 15:9 – "As the Father has loved me, so have I loved you. Now remain in my love."

Supporting Scriptures

- Romans 8:38–39 "Nothing can separate us from the love of God that is in Christ Jesus."
- Zephaniah 3:17 "The Lord your God is with you... He will rejoice over you with gladness."







Devotional: Abiding in Unfailing Love

The ultimate source of comfort and identity for women feeling forgotten is Jesus' unfailing love. He calls you to remain in His love, just as He remains in the Father's. This is not a fleeting or conditional love — it is eternal and unshakeable.

Romans assures us that nothing can separate us from God's love in Christ, no matter the pain or rejection we face. And Zephaniah pictures God rejoicing over you with gladness, singing over you with love.

Rest today in this perfect love, allowing it to heal your heart and anchor your soul in security, joy, and peace.







Reflect and Apply

1.	How can you cultivate remaining in Christ's love daily?
2.	What fears or doubts does God's unbreakable love dispel for you?
3.	How might resting in God's love transform your view of your worth?







Journaling Prompts

	Write about what it means to you that Jesus loves you as the Father loves Him.
	Reflect on how knowing nothing can separate you from God's love changes your perspective.
	Describe ways you can remind yourself of God's joy and gladness over you.







Prayer for Today

Jesus, thank You for Your unfailing love that never turns away or forgets me. Help me to remain firmly rooted in Your love each day. When I feel abandoned or forgotten by those around me, remind me of the joy You take in me and the peace found in resting in Your arms. I choose to abide in Your love, my true home. Amen.







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