



# Women of Bold Faith: Stepping Out Fearlessly



Explore the stories of courageous women in the Bible who trusted God and stepped out boldly, inspiring your own journey of faith.

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## Introduction

When God asks us to do something scary, stepping out in faith can feel **overwhelming**. Yet, throughout the Bible, we see women who faced daunting challenges yet chose obedience and trust over fear. This study invites you to walk alongside these women—like Esther, Mary, and Deborah—as they responded to God’s call with boldness and courage. Their stories remind us that stepping out of the boat requires faith that perseveres despite uncertainty.

*Bold faith is not the absence of fear, but the choice to trust God even when the path is unclear.* Over the next seven days, you’ll dive into scripture that highlights the courage embedded in women’s lives throughout God’s redemptive work. You’ll be encouraged to identify with their fears and victories, discovering that you too are empowered by the same Spirit to accomplish God’s purposes.

Through reflection, journaling, and prayer prompts, this plan will equip you to embrace God’s call—even when it’s scary—and step out with confidence. As you engage deeply, may you experience the peace and strength that comes from trusting God’s perfect plan. 💪 ✨





# Day 1: Trusting God in Fearful Moments



Day 1: 🌊 Trusting God in Fearful Moments

## Your Verse

*Matthew 14:28-31 - "‘Lord, if it’s you,’ Peter replied, ‘tell me to come to you on the water.’ ‘Come,’ he said. Then Peter got down out of the boat, walked on the water and came toward Jesus."*

## Supporting Scriptures

- *Isaiah 41:10 - "So do not fear, for I am with you; do not be dismayed, for I am your God."*
- *Psalms 56:3 - "When I am afraid, I put my trust in you."*



## Devotional: Fear Meets Faith: Stepping Out with Trust

**Peter's bold step onto the water is a powerful example of stepping out of comfort zones with courageous faith.** Yet, this leap came with moments of doubt and fear as the winds and waves threatened to overwhelm him. Like Peter, we may feel called to step into scary situations, uncertain of what lies ahead. But the key lies in keeping our eyes on Jesus, not on the storm around us.

*Women in scripture often faced frightening calls—to lead, to proclaim truth, to risk their safety for God's kingdom.* Trusting God does not mean fear vanishes instantly. It means choosing to move forward because God is faithful, even when fear tries to paralyze us.

Remember, God invites us beyond our safety nets, not to harm but to grow our faith and impact the world through obedience. What fearful step is God inviting you to take today? Are you willing to trust Jesus's voice above the noise of your doubts?



## Reflect and Apply

1. When have you faced a situation that felt scary but required you to trust God?

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2. How did focusing on Jesus change your perspective during that time?

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3. What distractions pull your focus from God when you are stepping out in faith?

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# Journaling Prompts

1. Describe a 'boat' in your life that you feel God is asking you to step out of.

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2. Write about your current fears and how they affect your faith decisions.

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3. List ways you can fix your eyes on Christ when doubts and fears arise.

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Day 1: 🌊 Trusting God in Fearful Moments

## Prayer for Today

**Lord, grant me the courage to step out of my comfort zone and trust You completely.** Help me keep my eyes fixed on You, especially when fear threatens to overwhelm me. May Your presence calm my heart and strengthen my faith. Teach me to hear and obey Your voice, even when the path ahead seems uncertain. *Thank You for walking with me on this journey of bold faith.* Amen. 🙏❤️🌟





## Day 2: 👑 Esther: Courage to Save a Nation



Day 2: 🏰 Esther: Courage to Save a Nation

## Your Verse

*Esther 4:14 – "And who knows but that you have come to your royal position for such a time as this?"*

## Supporting Scriptures

- *Joshua 1:9 – "Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go."*
- *Psalms 27:1 – "The Lord is my light and my salvation—whom shall I fear?"*



Day 2: 📖 Esther: Courage to Save a Nation

## Devotional: Esther's Bold Step: Courage in the Unknown

**Esther's story is a profound testimony of God's providence and a woman's bold faith in stepping into terrifying circumstances.** Risking her life, she approached the king uninvited to plead for her people's safety. The weight of the moment was immense; a 'no' could mean death. Yet, she embraced her unique calling, trusting that God had placed her in that position for this exact purpose.

*Her bravery inspires women today to answer God's call, even when it demands great personal cost.* When God asks you to do something scary, remember Esther's resolve. Faith is not the absence of fear but the determination to move ahead because God's greater plan is at work.

Consider the times you have needed to speak up or act boldly. Like Esther, God equips and empowers ordinary people for extraordinary purposes. Your obedience in the face of fear can be a catalyst for God's kingdom breakthroughs.



## Reflect and Apply

1. What 'royal position' might God have placed you in for a specific purpose?

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2. How does Esther's example encourage you to face your own fears?

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3. In what ways can you discern God's calling when it feels overwhelming?

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# Journaling Prompts

1. Write about a moment you felt 'called' like Esther but hesitated.

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2. Reflect on what holding back due to fear has cost you or others.

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3. List practical steps you can take to respond courageously to God today.

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Day 2: 👑 Esther: Courage to Save a Nation

## Prayer for Today

God, like Esther, help me to be courageous and obedient, even when I feel afraid. Remind me that You are with me for such a time as this. Give me strength to speak and act boldly for Your purposes, trusting You to guide and protect me. I surrender my fears and step forward in faith, confident in Your faithful presence. Amen. 🙏 👑 💪





## Day 3: Mary: Saying Yes to God's Plan





Day 3: 🌸 Mary: Saying Yes to God's Plan

## Your Verse

*Luke 1:38 - "I am the Lord's servant," Mary answered. 'May your word to me be fulfilled.' Then the angel left her."*

## Supporting Scriptures

- *Proverbs 3:5 - "Trust in the Lord with all your heart and lean not on your own understanding;"*
- *2 Corinthians 12:9 - "My grace is sufficient for you, for my power is made perfect in weakness."*



Day 3: 🌸 Mary: Saying Yes to God's Plan

## Devotional: Mary's Yes: Trusting God's Unseen Plan

**Mary's acceptance of God's plan was a radical act of faith.** When faced with an unimaginable and risky call—to bear the Messiah—she responded with humble surrender. This 'yes' echoed through eternity because Mary chose trust over fear and obedience over comfort.

*Her example teaches us that bold faith sometimes means embracing God's will without fully understanding it.* Like Mary, we might face calls that disrupt our plans and feel frightening. But God's grace sustains those who step out in trust.

Remember, saying yes to God's scary calling opens the door for His power to work through your weaknesses. Bold faith begins with submission and trust, not always with confidence or clarity. Are you ready to say yes to God today, even if the path looks uncertain?



Day 3: 🌸 Mary: Saying Yes to God's Plan

## Reflect and Apply

1. What fears do you have about saying yes to God's call?

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2. How can embracing weakness open space for God's power in your life?

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3. In what areas do you need to lean less on your understanding and more on God's?

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Day 3: 🌸 Mary: Saying Yes to God's Plan

## Journaling Prompts

1. Write your own 'yes' prayer to God for the uncertain call on your life.

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2. Describe how trusting God has helped you in past difficult moments.

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3. List specific ways God's grace has sustained you when scared or weak.

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Day 3: 🌸 Mary: Saying Yes to God's Plan

## Prayer for Today

**Lord, help me to say yes like Mary, trusting You completely, even when I don't understand. Fill me with Your grace to face every fear and answer Your call with obedience. May Your power be made perfect in my weaknesses as I step out in faith today. Amen.** 🙏 🌸 ❤️





## Day 4: 🔥 Deborah: Leading with God's Strength



Day 4: 🔥 Deborah: Leading with God's Strength

## Your Verse

*Judges 4:9 – "Go, said Deborah, 'I will surely go with you.'"*

## Supporting Scriptures

- *Philippians 4:13 – "I can do all this through him who gives me strength."*
- *Psalms 46:5 – "God is within her, she will not fall; God will help her at break of day."*



Day 4: 🔥 Deborah: Leading with God's Strength

## Devotional: God's Strength Empowers Bold Leadership

Deborah's leadership as a judge and prophet reveals the power of God working through those who boldly step into His plans. In a time when courage was crucial, she not only encouraged Barak to act but assured him of God's presence. Her faith was a bulwark in dark times that demanded decisive, godly action.

*Bold faith often requires stepping up to lead, whether in big or small ways.* Deborah's story encourages us to embrace the roles God entrusts to us—even if they seem daunting—knowing God equips and strengthens us.

When God calls you to do something scary, remember that His strength is yours. Bold faith means trusting God to empower you beyond your limitations. What leadership or influence is God asking you to embrace today?





## Reflect and Apply

1. How does God's strength change your approach to challenges?

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2. Where might God be calling you to lead with courage?

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3. What fears hold you back from fully embracing God's call?

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## Journaling Prompts

1. Reflect on a time God empowered you to lead or take initiative.

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2. Identify fears that limit your leadership and how to overcome them.

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3. Pray for boldness and strength to lead where God calls you.

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Day 4: 🔥 Deborah: Leading with God's Strength

## Prayer for Today

**God, empower me with Your strength to lead boldly and faithfully.** Help me trust that You go before me and will never leave me. May I lean on You in every fearful moment and embrace the calling You've placed on my life with courage. Amen. 🙏🔥💪





## Day 5: 💧 Woman at the Well: Bold Faith in Healing



Day 5: 💧 Woman at the Well: Bold Faith in Healing

## Your Verse

*John 4:28-29 - "Then, leaving her water jar, the woman went back to the town and said to the people, 'Come, see a man who told me everything I ever did.'"*

## Supporting Scriptures

- *James 5:16 - "The prayer of a righteous person is powerful and effective."*
- *Mark 5:34 - "Daughter, your faith has healed you. Go in peace and be freed from your suffering."*



Day 5: 💧 Woman at the Well: Bold Faith in Healing

## Devotional: Sharing Your Story: Courage to Witness Boldly

**The woman at the well demonstrates how encountering Jesus leads to bold faith that changes lives.** Having faced rejection and shame, she openly testified to the transformative power of Jesus, inviting others to meet Him. Her courage in sharing her story brought healing not only to herself but to her entire community.

*Faith often pushes us beyond fear to share what God has done, despite potential judgment.* Sometimes, stepping out means vulnerability — sharing our struggles and victories with others as a witness to God's work.

When God asks you to do something scary, like sharing your faith or healing journey, remember the woman at the well. Bold faith invites others into the hope you've found in Christ. Who might God be asking you to reach out to with your story?



## Reflect and Apply

1. What fears do you have about sharing your faith or story?

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2. How can your testimony be a source of hope to others?

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3. What keeps you from stepping out in vulnerability for God's glory?

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## Journaling Prompts

1. Write your own story of how God has shown up in your life.

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2. Identify people God may be prompting you to encourage or witness to.

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3. Pray for boldness to share God's love openly and authentically.

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Day 5: 💧 Woman at the Well: Bold Faith in Healing

## Prayer for Today

**Jesus, thank You for healing and restoring me.** Help me to boldly share my story so others may see Your power and love. Give me courage to overcome fear and rejection as I point others to You. May my life be a witness to Your grace and transformation. Amen. 🙏💧❤️





## Day 6: 🕊️ Hannah: Faithful Persistence in Prayer



Day 6: 🕊️ Hannah: Faithful Persistence in Prayer

## Your Verse

*1 Samuel 1:27-28 - "I prayed for this child, and the Lord has granted me what I asked of him. So now I give him to the Lord."*

## Supporting Scriptures

- *Luke 18:1 - "Then Jesus told his disciples a parable to show them that they should always pray and not give up."*
- *Romans 12:12 - "Be joyful in hope, patient in affliction, faithful in prayer."*



Day 6: 🕊️ Hannah: Faithful Persistence in Prayer

## Devotional: Persistent Prayer: Trusting God's Perfect Timing

**Hannah's persistent prayers amid deep longing and pain embody bold faith that trusts God's timing.** Though initially barren and mocked, she poured out her heart to God with unwavering hope. When God answered, she demonstrated faith by dedicating her son to His service.

*Stepping out in faith may require patient, persistent devotion despite delays and difficulty.* Hannah's story encourages us to keep praying boldly and trusting God's perfect plan even when answers seem distant.

When God asks you to do something scary, like surrendering things deeply precious to you, bold faith remains steadfast in prayer and hope. How can you cultivate the same persistence in your own walk?



## Reflect and Apply

1. What are you currently praying for with persistent faith?

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2. How do you maintain hope when answers seem delayed?

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3. In what ways can patience strengthen your trust in God?

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Day 6: 🕊️ Hannah: Faithful Persistence in Prayer

## Journaling Prompts

1. Write a prayer expressing your deepest hopes and fears to God.

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2. Reflect on a past time when God answered your persistent prayers.

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3. List ways you can grow in faith through patient, consistent prayer.

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Day 6: 🕊️ Hannah: Faithful Persistence in Prayer

## Prayer for Today

**Lord, grant me the persistence of Hannah, faithful in prayer and hopeful for Your promises.** Help me trust Your timing and surrender my deepest desires to Your perfect will. Strengthen my faith when waiting is hard and fill me with peace as I wait on You. Amen. 🙏🕊️❤️





## Day 7: ✨ Stepping Out Boldly: Your Faith Journey





## Your Verse

*2 Timothy 1:7 – "For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline."*

## Supporting Scriptures

- *Hebrews 11:1 – "Now faith is confidence in what we hope for and assurance about what we do not see."*
- *Joshua 3:5 – "Consecrate yourselves, for tomorrow the Lord will do amazing things among you."*



## Day 7: ✨ Stepping Out Boldly: Your Faith Journey

## Devotional: Empowered to Step Out Boldly Today

**All the women we've studied demonstrate that God doesn't call us to timid, fearful faith but to bold, empowered obedience.** He gives us His Spirit to lead with power, love, and self-discipline as we step into the unknown.

*Now it's your turn to respond.* Whether your 'boat' is a decision, a relationship, or a calling, step out confidently knowing God is with you. Faith is the assurance of things unseen, and the courage to act on God's promises despite fear or uncertainty.

As you close this study, ask God to fill you anew with boldness and strength. Celebrate each small step you take toward obedience, knowing your journey inspires others and glorifies God. Step out boldly—your faith story is unfolding.



## Reflect and Apply

1. What scary step is God asking you to take now?

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2. How can God's Spirit empower you through fear or hesitation?

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3. What does bold faith look like in your daily life?

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## Journaling Prompts

1. Write a faith declaration committing to step out boldly with God's help.

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2. Identify fears to surrender and promises of God to cling to.

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3. Plan practical next steps in obedience to God's call.

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Day 7: ✨ Stepping Out Boldly: Your Faith Journey

## Prayer for Today

**Father, fill me with Your Spirit of power, love, and self-discipline.** Help me to walk in bold faith, trusting You in every step. Remove my fear and replace it with courage to obey Your call, knowing You do amazing things through those who trust You. Amen. 🙏 ✨ 💪 ❤️





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