



# Women of Courage: Replacing Fear with Faith



Explore how women in the Bible replaced fear with faith, walking boldly despite intimidation and challenges.

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## Introduction

Welcome to "Women of Courage: Replacing Fear with Faith." This study invites you to journey through Scripture, discovering how God empowered women to walk boldly even when facing intimidation and fear. Whether you are confronting personal fears, external pressures, or overwhelming circumstances, the examples of women in the Bible offer timeless encouragement.

Throughout this week, we will explore the stories of women like Deborah, Esther, Hannah, and Mary—each uniquely stepping out in faith when fear threatened to halt their calling. You will see how God's presence transformed their hearts, turning trembling into trust and intimidation into boldness.

*Fear can be debilitating, yet Scripture reminds us that **perfect love casts out fear** (1 John 4:18). As you study, reflect on how faith replaces fear, enabling you to stand strong amid challenges. This plan is designed not only to deepen your knowledge of God's Word but also to inspire practical steps to confidently walk forward in Christ's strength.*

Get ready for a week of reflection, encouragement, and powerful truths grounded in the lives of God-honoring women who embraced courage rather than fear. Their stories are also your stories—journeys empowered by faith, love, and divine courage. Let's start this transformative study together, trusting God to equip you to rise above intimidation.





## Day 1: 🐅 Embracing God-Given Courage



Day 1: 🐯 Embracing God-Given Courage

## Your Verse

*Judges 4:9 NIV - "I will go with you,' said Deborah, 'and give you victory.'"*

## Supporting Scriptures

- *Joshua 1:9 NIV - "Be strong and courageous. Do not be afraid; do not be discouraged..."*
- *2 Timothy 1:7 NIV - "For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline."*



Day 1: 🐯 Embracing God-Given Courage

## Devotional: Choosing Courage Over Fear

Deborah's story reminds us that **courage is not the absence of fear but the decision to trust God despite intimidation**. As a prophetess and judge, Deborah led Israel during turbulent times. She did not rely on her own strength but looked to God for boldness. When Barak hesitated, Deborah encouraged him, promising God's victorious presence.

Like Deborah, women today face many challenges that can bring fear or doubt. Yet, God's Spirit equips us with power, love, and self-discipline—tools to overcome intimidation tactics that seek to silence or paralyze. Embracing courage means fixing our eyes on God's promises, knowing He fights for us.

*Today, reflect on areas where fear holds you back. Invite God to fill you with the same bold spirit He gave Deborah. Remember, courage comes from trusting God's power, not your own.*



Day 1: 🐯 Embracing God-Given Courage

## Reflect and Apply

1. What fears or intimidation tactics are most challenging for me right now?

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2. How can Deborah's example inspire me to trust God's presence in difficult situations?

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3. In what ways do I experience God's power, love, and self-discipline during fearful moments?

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Day 1: 🐯 Embracing God-Given Courage

## Journaling Prompts

1. Describe a time when God gave you courage to face a fearful situation.

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2. Write down the fears you want to surrender to God this week.

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3. List Scripture verses that encourage you to be strong and courageous.

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Day 1: 🐯 Embracing God-Given Courage

## Prayer for Today

**Dear God**, thank You for the gift of courage through Your Spirit. Help me replace fear with faith as I face intimidation and uncertainty. Fill me with power, love, and self-discipline to walk boldly each day. May I remember Deborah's example and trust that You go before me, winning every battle in my life. Strengthen my heart, Lord, so I can live without fear and with unwavering faith. *In Jesus' name, amen.* 🙏💪🐯🌟





## Day 2: 👑 Esther's Bold Stand



## Day 2: 🏰 Esther's Bold Stand

## Your Verse

*Esther 4:14 NIV – "And who knows but that you have come to royal position for such a time as this?"*

## Supporting Scriptures

- *Proverbs 31:25 NIV – "She is clothed with strength and dignity; she can laugh at the days to come."*
- *Hebrews 13:6 NIV – "So we say with confidence, 'The Lord is my helper; I will not be afraid.'"*



Day 2: 📖 Esther's Bold Stand

## Devotional: Faithful Boldness in Purpose

Queen Esther's story beautifully illustrates how God places us in specific circumstances for His divine purpose. Faced with the threat of her people's destruction, Esther risked her own life by approaching the king without an invitation—a dangerous move. Her courage was not reckless but rooted in faith and dependence on God.

She embodies the truth that lasting faith converts fear into purposeful action. We too may feel intimidated by the unknown or pressured by others, but Esther's example encourages us to prayerfully embrace our calling, trusting God's protection and timing.

*Remember: your current position, challenges, or opportunities might be God's way of setting you up for impact. Boldness flows from knowing God's plan and relying on Him amid uncertainty.*



Day 2: 🏰 Esther's Bold Stand

## Reflect and Apply

1. How does Esther's story challenge me to confront fears tied to responsibility or influence?

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2. What "royal positions" or roles might God have prepared me for in this season?

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3. How can I practically pray and seek God before stepping out boldly like Esther?

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Day 2: 📖 Esther's Bold Stand

## Journaling Prompts

1. Write about a time you felt called to take a risk for the sake of others.

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2. List ways you can prepare yourself spiritually to face intimidating situations.

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3. Record prayers asking God to reveal your divine purpose and courage.

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Day 2: 🏰 Esther's Bold Stand

## Prayer for Today

**Lord**, thank You for Esther's example of bold faith and trust in Your plan. Help me to recognize the unique role You have placed me in and give me courage to act when fear tempts me to remain silent. Strengthen my heart to lean on Your wisdom and protection. May I always remember You are my helper and I have nothing to fear. *In Jesus' powerful name, amen.* 🏰 🙏 🛡️ 🔥





## Day 3: 🙏 Hannah's Prayerful Persistence





Day 3: 🙏 Hannah's Prayerful Persistence

## Your Verse

*1 Samuel 1:27 NIV - "I prayed for this child, and the Lord has granted me what I asked of him."*

## Supporting Scriptures

- *Philippians 4:6 NIV - "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God."*
- *Psalms 34:4 NIV - "I sought the Lord, and he answered me; he delivered me from all my fears."*



Day 3: 🙏 Hannah's Prayerful Persistence

## Devotional: Overcoming Fear Through Persistent Prayer

**Hannah's story reveals how turning fear into faith often begins with heartfelt prayer.** Struggling with deep personal pain and social stigma due to infertility, she chose to pour out her heart honestly before God. Her persistent devotion opened the door for divine intervention.

When intimidation tactics in life create anxiety or hopelessness, we are invited to respond like Hannah—bringing our burdens to God with faith-filled prayers. *Trusting God's timing and goodness renews our hope and frees us from fears that seek to paralyze us.*

Through prayer, we connect deeply with God's peace, empowering bold faith that moves mountains. Hannah's faith journey assures us that God hears every cry and is never distant in moments of intimidation.



Day 3: 🙏 Hannah's Prayerful Persistence

## Reflect and Apply

1. How do I respond when fears overwhelm me—do I turn to prayer or withdrawal?

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2. In what ways can Hannah's example inspire me to pray persistently amid struggles?

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3. What fears can I trust God to deliver me from today?

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Day 3: 🙏 Hannah's Prayerful Persistence

## Journaling Prompts

1. Write a prayer bringing your deepest fears and hopes before God.

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2. Describe how you have experienced God's answers to persistent prayers.

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3. Journal about how prayer has strengthened your faith during fearful times.

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Day 3: 🙏 Hannah's Prayerful Persistence

## Prayer for Today

**God of Comfort**, thank You for inviting me to bring my fears to You through prayer. Help me to be persistent like Hannah, trusting that You hear every plea and respond in Your perfect timing. Replace my anxiety with peace and renew my faith. Give me boldness to face intimidation, knowing You are my Deliverer. *In Jesus' name, amen.* 🙏👉❤️🔮





## Day 4: ✨ Mary's Trust in God's Plan



Day 4: ✨ Mary's Trust in God's Plan

## Your Verse

*Luke 1:38 NIV - "I am the Lord's servant," Mary answered. "May your word to me be fulfilled." Then the angel left her.*

## Supporting Scriptures

- *Isaiah 41:10 NIV - "So do not fear, for I am with you; do not be dismayed, for I am your God."*
- *Psalms 56:3 NIV - "When I am afraid, I put my trust in you."*



Day 4: ✨ Mary's Trust in God's Plan

## Devotional: Faithful Surrender Amid Uncertainty

**Mary's response to the angel is a profound example of faith replacing fear despite the unknown.** Facing societal risks and personal uncertainty, Mary accepted God's call to be Jesus' mother with humble trust.

Her willingness demonstrates how surrendering to God's plan—even when intimidating—brings peace and purpose. Mary's faith wasn't a denial of fear but a triumph over it by choosing trust in God's goodness.

*Often, God's calling will push us beyond comfort zones. Like Mary, we can say "yes" willingly because our faith is anchored in God's presence and promises.* Reflect on areas where God may be asking you to step forward in faith despite fear.





## Reflect and Apply

1. What uncertainties in my life require me to trust God like Mary did?

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2. How can I cultivate a heart that says 'yes' to God even when things seem risky?

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3. In what ways does knowing God is with me reduce my fear?

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Day 4: ✨ Mary's Trust in God's Plan

## Journaling Prompts

1. Write about a time when you said 'yes' to God despite fear or doubt.

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2. Journal your fears and then write a prayer surrendering them to God.

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3. Record Scripture promises that help you trust God's plan.

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Day 4: ✨ Mary's Trust in God's Plan

## Prayer for Today

**Lord Jesus**, thank You for Mary's example of faithful surrender. Help me to trust Your plans fully, even when I face fear or uncertainty. Strengthen my heart to say 'yes' to You boldly, knowing You walk with me every step. Replace my doubts with peace, and fill me with Your courage. *In Your holy name, amen.* 🙏🏻 🌹 ✨ 🌀





## Day 5: 🔥 Ruth's Loyalty and Boldness



Day 5: 🔥 Ruth's Loyalty and Boldness

## Your Verse

*Ruth 1:16 NIV - "Where you go I will go, and where you stay I will stay."*

## Supporting Scriptures

- *Galatians 6:9 NIV - "Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up."*
- *Psalms 27:1 NIV - "The Lord is my light and my salvation—whom shall I fear?"*



## Day 5: 🔥 Ruth's Loyalty and Boldness

## Devotional: Loyalty Breeds Courage

**Ruth demonstrates that bold faith often involves loyalty and commitment beyond comfort zones.** Choosing to follow Naomi to an unknown land, Ruth faced intimidation through loss, uncertainty, and cultural challenges.

Her story shows that steadfastness in faith, even amidst difficulties, allows God to work powerfully through our lives. Ruth's boldness was rooted in trust in God's provision and willingness to act sacrificially for loved ones.

*When fear tempts us to abandon courageous paths, Ruth's commitment reminds us to persevere and rely on God's guidance, confident that He will light our way.*



Day 5: 🔥 Ruth's Loyalty and Boldness

## Reflect and Apply

1. In what ways does loyalty, whether to God or others, strengthen my faith during fear?

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2. How can Ruth's example encourage me to stay faithful through intimidating challenges?

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3. Where do I need to trust God's timing not to give up?

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Day 5: 🔥 Ruth's Loyalty and Boldness

# Journaling Prompts

1. Recall a moment when your faithfulness resulted in spiritual growth.

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2. Write about areas where you feel tempted to give up and ask God for strength.

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3. List ways you can show bold loyalty in your spiritual journey today.

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Day 5: 🔥 Ruth's Loyalty and Boldness

## Prayer for Today

**Gracious God**, thank You for Ruth's example of loyal courage. Help me to remain steadfast in faith even when the path is hard and uncertain. Teach me to trust Your provision and to persevere without fear. May Your light guide me and Your love sustain me on this journey. *In Jesus' name, amen.* 🙏🔥🌿❤️





## Day 6: 💡 Deborah's Leadership and Wisdom



## Your Verse

*Judges 5:7 NIV – "The villagers in Israel would not fight; they held back until I, Deborah, arose."*

## Supporting Scriptures

- *Proverbs 3:5-6 NIV – "Trust in the Lord with all your heart... He will make your paths straight."*
- *Romans 8:15 NIV – "... for you did not receive a spirit that makes you a slave again to fear, but you received the Spirit of adoption as sons and daughters."*



## Day 6: 💡 Deborah's Leadership and Wisdom

## Devotional: God-Given Wisdom for Bold Leadership

Deborah's leadership showcases how God equips women with wisdom and boldness to overcome fear and lead courageously. In a male-dominated society, she rose as a judge and prophetess, guiding Israel through spiritual and military challenges.

Her legacy reminds us that fear can be replaced with confident leadership when we lean on God's wisdom and Spirit. Deborah's story is a powerful testament to the fact that God calls and empowers each of us uniquely, regardless of intimidation or opposition.

*Consider where God may be leading you to step into leadership roles—whether in family, church, or community—and trust Him to provide the wisdom and courage needed.*



## Reflect and Apply

1. Where has God called me to lead despite feeling intimidated?

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2. How can I rely more on God's wisdom to replace fear with confidence?

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3. What steps can I take to embrace leadership opportunities with boldness?

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# Journaling Prompts

1. Write about a time you felt God's wisdom guiding a difficult decision.

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2. Describe any fears you have about leadership and pray over them.

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3. List ways you can prepare and equip yourself for leading with courage.

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## Day 6: 💡 Deborah's Leadership and Wisdom

## Prayer for Today

**Father God**, thank You for the example of Deborah's bold leadership. Fill me with Your wisdom and courage to lead with confidence, even when fear tries to hold me back. Help me trust You fully to guide my steps and empower me with Your Spirit. May I be a light in every role You assign to me. *In Jesus' name, amen.* 🙏💡👩🏾✍️





## Day 7: Walking Boldly in Faith





Day 7: 🌿 Walking Boldly in Faith

## Your Verse

*2 Timothy 1:7 NIV - "For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline."*

## Supporting Scriptures

- *Isaiah 41:13 NIV - "I am the Lord your God who takes hold of your right hand and says to you, Do not fear; I will help you."*
- *Psalms 56:11 NIV - "In God I trust; I will not be afraid. What can mere mortals do to me?"*



Day 7: 🌿 Walking Boldly in Faith


## Devotional: Empowered to Walk Boldly

**The culmination of this study encourages you to live each day boldly empowered by the Spirit.** Fear and intimidation are common challenges, but God's Spirit within you provides power, love, and self-discipline to overcome.

Walking boldly means actively choosing faith over fear, recognizing that God's help is constant and unfailing. Like the women we have studied, your faith journey is strengthened when you rely on God's presence to face each challenge with confidence and love.

*As you move forward, commit to replacing fear with faith daily, knowing you are deeply loved and equipped by God to walk boldly.*



Day 7:  Walking Boldly in Faith

## Reflect and Apply

1. How will I practically choose faith over fear this week and beyond?

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2. What support or spiritual disciplines help me maintain boldness in Christ?

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3. In what situations can I demonstrate God's love and power courageously?

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Day 7: 🌿 Walking Boldly in Faith

## Journaling Prompts

1. Set three goals for walking boldly in your faith this week.

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2. Reflect on how the Holy Spirit empowers you to replace fear with faith.

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3. Write a letter to yourself encouraging boldness and trust in God.

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Day 7: 🌿 Walking Boldly in Faith

## Prayer for Today

**Holy Spirit**, thank You for the power, love, and self-discipline You give me to replace fear with faith. Help me to walk boldly each day, confident in God's unchanging help and love. May I be a testimony of courage and trust, shining Your light in all I do. *In Jesus' name, amen.* 🙏 🌿 🔥 ❤️





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