## Women of Courage: Trusting God Through College Transitions



A 30-day journey for women students navigating anxiety, identity, and purpose with God's guidance and peace during life's transitions.





#### Table of contents

Introduction	4
Day 1: Finding Peace in God's Presence	6
<u>Day 2:  Embracing Your God-Given Identity</u>	12
Day 3: X Courageous Women in Scripture	18
<u>Day 4:  ➡ Trusting God Amid Uncertainty</u>	24
<u>Day 5: ₩ Strength for Today's Challenges</u>	30
<u>Day 6: ★ Overcoming Comparison and Embracing Yourself</u>	36
Day 7: Restoring Confidence in God's Purpose	42
Day 8: Wisdom for Navigating Pressure	48
Day 9: Cultivating Joy in the Journey	54
Day 10: S Confidence in God's Strength, Not Yours	60
Day 11: 😂 Friendship and Support in Community	66
Day 12: Day 13: Day 13	72
Day 13: Overcoming Fear with Faith	78
Day 14: B Embracing God's Timing	84
Day 15: S God's Faithfulness When Life Shifts	90
Day 16:  Confidence in Serving Others	96







Day 17: Mark Building Hope Through God's Promises	102
Day 18:  Contentment in God's Provision	108
Day 19: Facing Doubt and Seeking Truth	114
Day 20: 🎇 Joyful Worship as Strength	120
Day 21:  Embracing Growth Through Challenges	126
Day 22: Resting in God's Grace	132
Day 23: Cratitude in Every Season	138
Day 24: X Walking in God's Light	144
Day 25: Courage to Speak Your Truth	150
Day 26: Patience in Relationships	156
Day 27: X God's Protection in Every Season	162
Day 28: & Living in God's Freedom	168
Day 29:  Hope for a Bright Future	174
Day 30: X Committed to Walking with God	180







#### Introduction

Welcome to 'Women of Courage: Trusting God Through College Transitions.' This 30-day Bible study is crafted specifically for women who are navigating the unique challenges of college life. Whether you're stepping onto campus for the first time or moving through seasons of change, this study offers encouragement grounded in Scripture to help you wrestle with anxiety, embrace your God-given identity, and trust in His amazing purpose for your life.

College can be an overwhelming time, full of pressure to perform, make new friends, and define your identity apart from home and familiar routines. Society tells women to fit certain molds or hide their true selves. But the Bible empowers you to be uniquely and wonderfully made, called by name, and deeply loved by God.

Each day, you'll explore powerful stories of women in Scripture whose faith and courage inspire hope and strength. You'll find practical encouragement for your worries, questions, and doubts—rooted firmly in God's promises. This is more than intellectual knowledge; it's about embracing a lifechanging relationship with the One who knows your heart and walks with you through every transition.

Together, let's journey through themes of anxiety, identity, purpose, and trust, anchored in God's Word and empowered by His Spirit. Get ready to be







inspired, renewed, and equipped to face your college years with peace and confidence—not because life is easy, but because Christ strengthens you through it all.















#### Your Verse

Philippians 4:6-7 - "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God."

#### **Supporting Scriptures**

- Psalm 94:19 "When anxiety was great within me, your consolation brought me joy."
- Isaiah 26:3 "You will keep in perfect peace those whose minds are steadfast, because they trust in you."







#### Devotional: Replacing Anxiety with God's Peace

Anxiety often arrives uninvited, especially in times of change like starting college. The pressure to perform, the uncertainty of the future, and the whirlwind of new experiences can easily overwhelm. Yet, Paul's words to the Philippians remind us of a powerful truth: we are not meant to carry our worries alone. When anxiety tries to take hold, we are invited to turn to God with our concerns—through prayer, petition, and thanksgiving.

Instead of allowing fear to dictate your thoughts, practice bringing every concern to God. This act of surrender is not about ignoring what you feel but reshaping your perspective to see God's faithfulness at work amid the chaos. God promises His peace—a peace beyond human understanding—that will guard your heart and mind through life's transitions.

Today, trust that God's presence is your refuge. When doubts and pressure rise, pause, breathe, and bring your worries into His loving hands.







## Reflect and Apply

1.	What specific anxieties are you currently carrying about college life?
2.	How can prayer transform your experience of stress and uncertainty?
	In what ways have you experienced God's peace before during challenging times?







## **Journaling Prompts**

1.	List three worries you want to surrender to God today.
2.	Write a prayer thanking God for His faithfulness.
3.	Describe a past experience where prayer changed your perspective.







#### Prayer for Today

Lord, thank You for reminding me that I don't have to be anxious. Help me to bring all my worries, fears, and doubts to You with a thankful heart. Fill me with Your peace that stands firm no matter what changes come my way. Teach me to trust You deeply each day, especially when the pressure feels overwhelming. Amen. 🙏 🎾 🐇







# Day 2: Embracing Your God-Given Identity









Day 2: Embracing Your God-Given Identity

#### Your Verse

Psalm 139:14 – "I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well."

#### **Supporting Scriptures**

- Jeremiah 1:5 "Before I formed you in the womb I knew you, before you were born I set you apart; I appointed you as a prophet to the nations."
- Ephesians 2:10 "For we are God's handiwork, created in Christ Jesus to do good works."







Day 2: Embracing Your God-Given Identity

#### Devotional: Discovering Your True Identity in Christ

In college, you'll face countless voices telling you who you should be—how you should look, act, or succeed. These messages can create confusion and pressure to fit in. But God's Word tells a different story: you are *uniquely created and deeply valued.* 

Psalm 139 reveals God's intimate knowledge and care even before your birth, assuring you that your worth is not based on others' opinions or your achievements. Instead, your identity is rooted in being fearfully and wonderfully made by God Himself.

As you navigate relationships and challenges on campus, cling to this truth. Your authenticity and purpose come from God's handcrafted design, not societal standards. Courage arises when you embrace who you are in Christ—with all your strengths, weaknesses, and dreams.

Remember: you are God's masterpiece, created intentionally for a meaningful life that reflects His love.







Day 2: ? Embracing Your God-Given Identity

## Reflect and Apply

	How do you currently define your identity, and where could that perspective change?
-	
2.	What pressures on campus challenge your sense of self-worth?
-	
-	
3.	How does knowing God made you wonderfully affect your confidence?
-	
_	







## **Journaling Prompts**

1.	Write down five qualities God has given you that you appreciate.
2.	Reflect on a moment when you felt truly accepted for who you are.
	Journal about areas where you want to grow in embracing your God-given identity.







### **Prayer for Today**

Dear God, thank You for creating me uniquely and purposefully. Help me to see myself through Your eyes, not the world's expectations. Strengthen me to embrace my true identity and live boldly as the woman You designed. Teach me to walk with confidence and humility, trusting that I am wonderfully made for Your plans. Amen. ② 🙏 💝















#### Your Verse

Esther 4:14 – "And who knows but that you have come to your royal position for such a time as this?"

#### Supporting Scriptures

- Hebrews 11:1 "Faith is confidence in what we hope for and assurance about what we do not see."
- Proverbs 31:25 "She is clothed with strength and dignity; she can laugh at the days to come."







#### Devotional: Learning Courage from Godly Women

Throughout the Bible, women stepped into courage-filled moments, trusting God despite uncertainty and risk. Esther's story stands out as a beacon of bravery. Faced with great danger, she chose to trust God and claim her position boldly, realizing her purpose was significant for the moment she was in.

This encourages us to embrace the unknown with faith rather than fear. Even in seasons of anxiety, God places us in situations for His greater plan. Like Esther, you are called to stand strong and lean on God's wisdom as you navigate college transitions and decisions about your future.

The Proverbs 31 woman embodies strength and dignity, laughing without fear because her confidence is grounded in God's provision, not circumstances. Your courage grows as you continue to trust God's promises and presence.







## Reflect and Apply

1.	What fears might be holding you back from embracing God's calling?
2.	How can Esther's story motivate you to act with faith right now?
3.	In what ways does strength and dignity look in your current context?







## **Journaling Prompts**

	Identify an area where you need courage and write out a faith-filled declaration.
2.	Describe how trusting God has helped you be courageous before.
	Make a list of women in your life or in Scripture who inspire your faith journey.







#### Prayer for Today

Father God, thank You for the examples of courageous women in Your Word. Grant me strength and dignity as I face new challenges. Help me to trust You fully and act with boldness when You call me to step forward. Remind me that I am positioned "for such a time as this" and equipped by Your Spirit to make a difference. Amen.







## Day 4: Trusting God Amid Uncertainty









Day 4: 🗭 Trusting God Amid Uncertainty

#### Your Verse

Proverbs 3:5-6 - "Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight."

#### **Supporting Scriptures**

- Psalm 32:8 "I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you."
- Isaiah 41:10 "So do not fear, for I am with you; do not be dismayed, for I am your God."







Day 4: Trusting God Amid Uncertainty

#### Devotional: Letting Go and Leaning into God's Plan

**Transitions like college bring big decisions that stir up uncertainty and self-doubt.** It's tempting to rely on your own understanding or the opinions of others to guide your path. Yet, God calls you to trust Him fully, even when the way forward feels unclear.

Proverbs reminds us of the importance of submitting every plan, dream, and worry to God's guidance. He promises to lead and make your paths straight. Imagine walking with the confidence of knowing the Creator of the universe is directing your every step.

Challenges may still arise, but fear loses its grip when anchored in the assurance that God is always by your side, instructing and encouraging you. His presence is a constant source of peace and direction for students navigating identity, pressures, and purpose on campus.

Today, practice letting go of the need to have all the answers and cultivate your trust in God's perfect plans.







Day 4: 🖈 Trusting God Amid Uncertainty

## Reflect and Apply

What areas of your life are hardest to trust God with right now?
How do you typically make tough decisions, and how can that change?
What does it look like for you to submit your plans to God daily?







Day 4: 🖈 Trusting God Amid Uncertainty

## **Journaling Prompts**

1.	Write down a decision you need God's guidance for and pray over it.
2.	Journal about times God has led you and how He showed His faithfulness.
3.	Reflect on what trusting God tangibly means in your college experience.







Day 4: 🖈 Trusting God Amid Uncertainty

#### Prayer for Today

**Lord, help me to trust You with all my heart.** Teach me to release my need to control and lean fully on Your wisdom. Guide my steps and reassure me in moments of uncertainty. Let Your loving eye be upon me, giving peace in the midst of fear. I surrender this season to You. Amen.







## Day 5: 🔀 Strength for Today's Challenges









Day 5: 🔁 Strength for Today's Challenges

#### Your Verse

Isaiah 40:29 - "He gives strength to the weary and increases the power of the weak."

#### **Supporting Scriptures**

- Nehemiah 8:10 "The joy of the Lord is your strength."
- Psalm 46:1 "God is our refuge and strength, an ever-present help in trouble."







Day 5: 🔁 Strength for Today's Challenges

#### Devotional: Renewed Strength Through God's Joy

College life can be physically, emotionally, and spiritually exhausting.

Sometimes the weight of assignments, friendships, and future fears steal your energy and joy. But God's Word provides a promise for every weary heart —He gives strength when you feel weak.

This strength isn't just physical; it is a deep power sustained by the joy and presence of the Lord. Nehemiah called the early people to remember that the joy found in God is not frivolous happiness but an unshakable source of endurance.

When exhaustion creeps in, pause to remember that God is your refuge and help. Let Him replenish your spirit and renew your energy. Even on days when you feel drained, God's power is made perfect in your weakness.

Trust that every moment you surrender your fatigue to God is a step toward renewed purpose and peace.







Day 5: 😂 Strength for Today's Challenges

## Reflect and Apply

1.	When have you felt weary this semester, and how did you cope?
2.	How can you invite God's joy to strengthen you in tough moments?
3.	What role does resting in God play in your daily routine?







Day 5: 😂 Strength for Today's Challenges

## **Journaling Prompts**

	List three ways you can intentionally rest and seek God's strength this week.
	Write about a time when you experienced God's help in a difficult situation.
3.	Reflect on what 'joy of the Lord' means to you personally.







Day 5: 🔁 Strength for Today's Challenges

#### Prayer for Today

Dear God, I come tired and worn out. Please fill me with Your strength and joy today. Help me to find refuge in You when I feel overwhelmed. Renew my energy and remind me that Your presence is my greatest source of power. Thank You for never leaving me alone. Amen.







## Day 6: �� Overcoming Comparison and Embracing Yourself









Day 6: Show Overcoming Comparison and Embracing Yourself

#### Your Verse

Galatians 6:4-5 - "Each one should test their own actions. Then they can take pride in themselves alone, without comparing themselves to someone else."

#### **Supporting Scriptures**

- 2 Corinthians 12:9 "My grace is sufficient for you, for my power is made perfect in weakness."
- Romans 12:6 "We have different gifts, according to the grace given to each of us."







Day 6: 🦴 Overcoming Comparison and Embracing Yourself

### Devotional: Freedom from Comparison through God's Grace

**Social media and campus life often fuel the trap of comparison.** You may feel the pressure to measure up to peers' achievements, appearance, or social status. This comparison can chip away at your peace and encourage selfdoubt.

Paul's reminder that each person should take pride in their own actions without comparing encourages a liberating mindset. God created you with unique gifts and purposes, and His grace meets you perfectly where you are, especially in your weaknesses.

Rather than envying others or harshly judging yourself, celebrate the individuality God designed in you. Cultivating gratitude for your own journey frees you to live authentically and serve uniquely.

Today, refuse the comparison trap and choose to embrace God's grace, power, and gifts in your life.







Day 6: �� Overcoming Comparison and Embracing Yourself

#### Reflect and Apply

1.	In what ways do you find yourself comparing to others?
2.	How do God's gifts in you differ from those around you?
3.	What steps can you take to celebrate your unique strengths?







Day 6: 🛠 Overcoming Comparison and Embracing Yourself

#### **Journaling Prompts**

1.	Write about a recent moment when comparison affected your peace.
2.	List your top five gifts or qualities you appreciate about yourself.
3.	Reflect on how God's grace comforts you in moments of weakness.







Day 6: 🛠 Overcoming Comparison and Embracing Yourself

#### Prayer for Today

**Lord, help me to stop comparing myself to others.** Teach me to celebrate the gifts You've given me and to rest in Your grace. Strengthen me when I feel weak and help me to live authentically before You and others. Thank You for making me unique and loved. Amen.  $\bigwedge$  �� ��







# Day 7: Restoring Confidence in God's Purpose









Day 7: 餐 Restoring Confidence in God's Purpose

#### Your Verse

Jeremiah 29:11 – "For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future."

#### **Supporting Scriptures**

- Romans 8:28 "And we know that in all things God works for the good of those who love him."
- Ephesians 3:20 "Now to him who is able to do immeasurably more than all we ask or imagine."







Day 7: 餐 Restoring Confidence in God's Purpose

#### Devotional: Hope-filled Purpose in God's Hands

In moments when the future feels uncertain or daunting, God offers a powerful reassurance—His plans are full of hope and purpose. Jeremiah's words remind you that God's vision for your life is one of prosperity and promise, even when current circumstances seem confusing or challenging.

College transitions may bring unexpected detours or disappointments, but God is actively working for your good. Trust that your life fits into a bigger story, one that unfolds with love and wisdom.

Remember, God's power exceeds your imagination, and His plans for you are designed to bring growth, opportunity, and joy in His perfect timing. Rest your confidence in His unchanging faithfulness as you step forward each day.







Day 7: 🗞 Restoring Confidence in God's Purpose

#### Reflect and Apply

1.	How do you feel about God's plans for your future?
	What doubts arise when you consider trusting God with your college journey?
3.	How can you cultivate hope when the road ahead feels unclear?







Day 7: 🗞 Restoring Confidence in God's Purpose

#### **Journaling Prompts**

1.	Write a letter to yourself affirming God's promises for your life.
2.	Reflect on a time God's plan surprised you in a good way.
3.	List ways you can remind yourself of God's faithfulness daily.







Day 7: 👸 Restoring Confidence in God's Purpose

#### Prayer for Today

God, thank You for the hope You give me through Your plans. Help me to trust that You hold my future with care and purpose. When I feel uncertain, remind me that You are working for my good beyond what I can see. Strengthen my confidence in You today and always. Amen. (§) (A) (§)















#### Your Verse

James 1:5 – "If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault."

#### **Supporting Scriptures**

- Proverbs 2:6 "For the Lord gives wisdom; from his mouth come knowledge and understanding."
- Ecclesiastes 3:1 "There is a time for everything, and a season for every activity under the heavens."







#### Devotional: Inviting God's Wisdom in Stressful Times

Pressure to excel academically, socially, and personally can weigh heavily during college. When unsure of the best choices, God invites you to ask for wisdom freely and generously.

James encourages believers to seek God's guidance as the ultimate source of understanding. This wisdom helps you prioritize, set healthy boundaries, and discern God's timing in all aspects of your life.

Recognize that not every season demands maximum output; there is a time to work hard and a time to rest. Seek God's insight daily to balance these rhythms and navigate pressures with grace rather than strain.

Asking God for wisdom is an act of humility and trust, inviting Him to shape your path amidst the challenges and opportunities of college life.







#### Reflect and Apply

What decisions are you currently facing where you need wisdom?
How comfortable are you asking God openly for guidance?
How might trusting God's timing affect your response to pressure?







#### **Journaling Prompts**

1.	Write a prayer asking God for wisdom in a specific area.
2.	List recent moments when God's guidance was clear to you.
	Reflect on areas where you need to surrender control and trust God's timing.







#### Prayer for Today

















#### Your Verse

Nehemiah 8:10 - "The joy of the Lord is your strength."

#### **Supporting Scriptures**

- Psalm 16:11 "You make known to me the path of life; in your presence there is fullness of joy."
- John 15:11 "I have told you this so that my joy may be in you and that your joy may be complete."







#### Devotional: Finding Strength Through God's Joy

Joy in college often feels elusive amid deadlines and pressure, but Scripture reveals that true joy is rooted in God's presence. Nehemiah's reminder, "The joy of the Lord is your strength," shifts our focus from external circumstances to an internal source of resilience and hope.

When you cultivate a life centered on God, joy becomes a sustaining force, not fleeting happiness. Walking closely with Jesus—through prayer, worship, and community—fills you with a lasting joy that fuels perseverance.

This joy is not dependent on perfection or constant celebration but is the fruit of trusting God's unchanging love. Choose to invite joy into your daily routine as a source of strength, encouragement, and peace.







#### Reflect and Apply

·}







#### **Journaling Prompts**

1.	Recall a joyful moment connected to your faith and describe it.
2.	List small ways to invite God's joy into your daily college routine.
3.	Write about a challenge and how focusing on God's joy could help.







#### Prayer for Today

**Lord, fill my heart with Your joy today.** Help me find strength in Your presence when the road gets hard. Teach me to embrace joy rooted in You, not fleeting situations. Thank You for being a constant source of peace and encouragement. Amen.







## Day 10: Strength, Not Yours









#### Your Verse

2 Corinthians 12:9 – "But he said to me, 'My grace is sufficient for you, for my power is made perfect in weakness.""

#### Supporting Scriptures

- Psalm 73:26 "My flesh and my heart may fail, but God is the strength of my heart and my portion forever."
- Philippians 4:13 "I can do all this through him who gives me strength."







#### Devotional: Embracing Weakness to See God's Power

It's easy to feel like you must handle everything perfectly during college, but God reminds you that His grace covers your weaknesses. Paul's experience reveals that instead of hiding or resisting weakness, we can embrace it as a place where God's power becomes most evident.

When you feel inadequate, overwhelmed, or uncertain, remember that God's strength supports and sustains you far beyond human limits. Your confidence doesn't come from self-sufficiency but from relying on His sufficient grace and power.

Today, release the pressure to perform flawlessly. Lean into God's strength in moments you feel weak or unsure. His power is working in you, even when you don't feel it immediately.







#### Reflect and Apply

1.	What areas of your life do you feel weak or inadequate?
2.	How can God's grace encourage you to view these differently?
3.	What shifts when you rely on God's strength instead of your own?







#### **Journaling Prompts**

1.	Write about a time you experienced God's power in personal weakness.
2.	List ways you can invite God's strength into daily challenges.
3.	Reflect on feelings of insecurity and how God's grace meets them.







#### Prayer for Today

God, thank You that Your grace is enough for me. Help me to embrace my weaknesses and let Your power shine through them. Teach me to depend on You and not my own efforts. Strengthen my heart and remind me that You are my constant portion and support. Amen.  $\triangle$ 















#### Your Verse

Ecclesiastes 4:9-10 - "Two are better than one, because they have a good return for their labor: If either of them falls down, one can help the other up."

#### **Supporting Scriptures**

- Proverbs 27:17 "As iron sharpens iron, so one person sharpens another."
- Galatians 6:2 "Carry each other's burdens, and in this way you will fulfill the law of Christ."







## Devotional: Building Strength Through Godly Community

College is not meant to be walked alone; God designed us for community and mutual support. As pressures mount, having trusted friends and mentors can make all the difference in maintaining faith, hope, and joy.

Ecclesiastes celebrates partnership—two are better than one because they help each other through challenges and celebrate victories together. This principle reminds you to seek and nurture relationships that sharpen, encourage, and lift you up.

Carrying each other's burdens reflects Christ's love through action. Find or build a community where it's safe to be honest about struggles and hopeful for growth.

Today, consider who you can reach out to, and how you can be a source of strength for others.







#### Reflect and Apply

1.	Who are the key people supporting your faith journey?
2.	How do you contribute to the encouragement of those around you?
3.	What steps can you take to deepen your relationships on campus?







#### **Journaling Prompts**

1.	List three friends or mentors who encourage your faith.
2.	Reflect on a time when community helped you through a hard season.
3.	Write about ways you can support others in your spiritual journey.







#### Prayer for Today

**Lord, thank You for the friends and community You provide.** Help me to both receive support and be a source of encouragement to others. Teach me how to carry burdens with grace and love, reflecting Your heart. Surround me with godly relationships that strengthen my faith. Amen. **2** 







### Day 12: V Living with Purpose and Passion









Day 12: V Living with Purpose and Passion

#### Your Verse

Colossians 3:23 – "Whatever you do, work at it with all your heart, as working for the Lord, not for human masters."

#### **Supporting Scriptures**

- Ecclesiastes 9:10 "Whatever your hand finds to do, do it with all your might."
- 1 Corinthians 10:31 "So whether you eat or drink or whatever you do, do it all for the glory of God."







Day 12: W Living with Purpose and Passion

#### Devotional: Glorifying God through Passionate Living

Your college years are a season filled with opportunities to discover and live out your God-given passions and purposes. Paul's exhortation in Colossians challenges you to approach every task—academic, relational, or spiritual—with wholehearted dedication as if serving God Himself.

This perspective transforms mundane or difficult activities into meaningful acts of worship. Pursuing your studies, friendships, and growth with intention honors God and helps you cultivate a vibrant faith.

Passion for God's calling fuels motivation and joy even when challenges arise. Living purposefully means aligning your goals and actions with God's larger story and trusting Him to guide your steps.

Today, ask God to ignite a passion for all you do, transforming ordinary moments into extraordinary opportunities to glorify Him.







Day 12: 🞾 Living with Purpose and Passion

#### Reflect and Apply

1.	How aligned are your daily activities with your sense of purpose in God?
2.	What passions has God placed in your heart to pursue this season?
3.	How does working 'as for the Lord' change your approach to tasks?







Day 12: 🞾 Living with Purpose and Passion

# **Journaling Prompts**

1.	List daily activities you want to offer to God with new passion.
2.	Reflect on moments when serving God felt joyful and fulfilling.
3.	Write about how you can bring God's glory into your college environment.







Day 12: W Living with Purpose and Passion

#### Prayer for Today

**Lord, help me to work with all my heart as if serving You directly.** Ignite my passion for the purpose You've placed in me. May every task be an opportunity to glorify You and reflect Your love. Guide my steps and fuel my joy in this journey. Amen.

















Day 13: **Q** Overcoming Fear with Faith

#### Your Verse

2 Timothy 1:7 - "For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline."

#### Supporting Scriptures

- Psalm 56:3 "When I am afraid, I put my trust in you."
- Joshua 1:9 "Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go."







Day 13: **Q** Overcoming Fear with Faith

#### Devotional: Spirit Empowerment to Conquer Fear

Fear can feel like a constant companion in college—fear of failing, rejection, or the unknown future. Yet, God's Spirit equips you not with timidity, but with power, love, and self-discipline.

When fear tries to take hold, choose faith by consciously trusting God's presence and strength. The Psalms encourage bringing fears openly before God, recognizing Him as refuge and peace.

God's command to Joshua to be strong and courageous reassures you that fear is not the final word. God walks with you in every moment, giving the courage needed to face challenges head-on with confidence.

Lean into the Spirit's strength today and replace fear with faith-filled action.







Day 13: 🛡 Overcoming Fear with Faith

# Reflect and Apply

1.	What fears are holding you back from fully embracing your college experience?
2.	How can remembering God's presence change your response to fear?
3.	In what ways can you practice courage daily through God's Spirit?







Day 13: 🛡 Overcoming Fear with Faith

#### **Journaling Prompts**

1.	Write about a fear you want to surrender to God.
2.	Describe an experience where faith helped you overcome fear.
3.	Plan a step of courage you will take this week supported by God's power.







Day 13: 🛡 Overcoming Fear with Faith

#### Prayer for Today

Holy Spirit, fill me with Your power and love. Help me not to be timid but to stand strong in courage and faith. When fear arises, remind me to trust You fully. Teach me self-discipline to choose faith each day. Thank You for Your constant presence. Amen. 🙏 🕻 💍

















Day 14: **B** Embracing God's Timing

#### Your Verse

Ecclesiastes 3:1 - "There is a time for everything, and a season for every activity under the heavens."

#### **Supporting Scriptures**

- Habakkuk 2:3 "For the revelation awaits an appointed time; it speaks of the end and will not prove false."
- Psalm 27:14 "Wait for the Lord; be strong and take heart and wait for the Lord."







Day 14: BEmbracing God's Timing

#### Devotional: Patience in God's Perfect Timing

Waiting can be incredibly difficult when life feels fast-paced and full of expectations, especially in college. However, God's Word reassures you that every season has its proper time—there is a divine rhythm to unfolding plans.

Often, God's purposes develop in ways beyond immediate understanding. Habakkuk reminds you that revelation and fulfillment come at God's appointed time and will never fail.

Psalm 27 encourages waiting with strength and courage, not passive frustration or despair. Trusting God's timing grows your patience, deepens faith, and strengthens your hope.

Embrace this season by surrendering your timelines to God. Believe that He is working even in moments of waiting and transition.







Day 14: **B** Embracing God's Timing

#### Reflect and Apply

What areas of your life reveal impatience or frustration with timing?
How can waiting on God be an active, hopeful process?
How might God's timing refine your character or faith?







Day 14: **B** Embracing God's Timing

#### **Journaling Prompts**

1.	. Write about a time you had to wait on God and what you learned.
2.	Reflect on current areas where you need God's perfect timing.
3.	List ways to cultivate patience and strength during waiting periods.







Day 14: BEmbracing God's Timing

#### Prayer for Today

**Lord, teach me to wait patiently for Your timing.** Help me to be strong and take heart as I trust You with the unfolding of my life. Remind me that Your plans are perfect and worth waiting for. Shape my character through waiting and help me embrace this season with faith. Amen.







# Day 15: Shifts God's Faithfulness When Life









Day 15: Sod's Faithfulness When Life Shifts

#### Your Verse

Lamentations 3:22-23 - "Because of the Lord's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness."

#### **Supporting Scriptures**

- Deuteronomy 31:6 "The Lord himself goes before you and will be with you; he will never leave you nor forsake you."
- Psalm 36:5 "Your love, Lord, reaches to the heavens, your faithfulness to the skies."







Day 15: Sod's Faithfulness When Life Shifts

#### Devotional: Daily Hope from God's Unfailing Love

Transition brings change, sometimes disruption; it can shake your sense of stability, but God's faithfulness stands firm. Lamentations beautifully expresses how God's compassion is renewed every morning, promising fresh hope and strength daily.

This truth anchors you regardless of uncertainties you face in college: each new day offers God's loving kindness and unwavering presence.

God goes before you, preparing the way and guaranteeing you will never face transition alone. His love is vast and constant, a shield against fear and doubt.

Embrace each morning as a reminder of God's great faithfulness, trusting Him to sustain you through every new chapter and challenge.







Day 15: 😂 God's Faithfulness When Life Shifts

# Reflect and Apply

1.	How has God shown His faithfulness in your life recently?
2.	What changes or transitions are you currently experiencing?
3.	How can recognizing God's daily compassion influence your outlook?







Day 15: 😂 God's Faithfulness When Life Shifts

#### **Journaling Prompts**

1.	Write about a morning when you felt God's renewed compassion.
2.	List transitions you've faced and how God sustained you.
3.	Reflect on ways to remember God's faithfulness in hard moments.







Day 15: 😂 God's Faithfulness When Life Shifts

#### Prayer for Today

God, thank You for Your unfailing love and faithfulness. Help me to remember Your compassion is new each day. Strengthen me through every transition and change I encounter. May Your presence bring peace and hope in every season. Amen. 🙏 😂 💝







# Day 16: Confidence in Serving Others









Day 16: Confidence in Serving Others

#### Your Verse

Mark 10:45 – "For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many."

#### **Supporting Scriptures**

- Galatians 5:13 "Serve one another humbly in love."
- Philippians 2:3 "Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves."







Day 16: ② Confidence in Serving Others

#### Devotional: Serving with Humility and Love

Serving others is a powerful way to live out your faith on campus. Jesus models servant leadership, reminding you that true confidence is expressed through humility and love.

The college environment can sometimes promote competition, but God invites you to serve selflessly, putting others' needs above your own.

This posture cultivates community, reflects Christ's heart, and brings deeper joy than self-centered pursuits. Serving also shapes your character and opens doors for meaningful connections and purpose.

Today, ask God to reveal ways you can serve those around you—whether through listening, encouragement, or practical support.







Day 16: ۞ Confidence in Serving Others

# Reflect and Apply

1.	How do you view service in the context of your college life?
2.	What barriers prevent you from serving others generously?
3.	In what ways has serving impacted your faith journey?







Day 16: 💮 Confidence in Serving Others

#### **Journaling Prompts**

1.	Write about a serving opportunity you feel called to pursue.
	Reflect on how serving others has helped you grow personally or spiritually.
3.	List qualities that help you serve humbly and effectively.







Day 16: 🕸 Confidence in Serving Others

#### Prayer for Today

Jesus, teach me to serve others with humility and love. Help me to look beyond myself and reflect Your heart in my actions. Give me confidence in serving and opportunities to bless those around me. Use me as Your hands and feet on campus. Amen. 😩 🙏 😂 💝







# Day 17: X Building Hope Through God's Promises









Day 17: 🗱 Building Hope Through God's Promises

#### Your Verse

Romans 15:13 – "May the God of hope fill you with all joy and peace as you trust in him."

#### **Supporting Scriptures**

- Hebrews 10:23 "Let us hold unswervingly to the hope we profess."
- Psalm 33:22 "May your unfailing love be with us, Lord, even as we put our hope in you."







Day 17: 🗱 Building Hope Through God's Promises

#### Devotional: Hope That Steadies the Heart

Hope anchors your soul amid challenges, and God offers abundant hope through His promises. Romans assures you of joy and peace as you put your trust in Him, reminding you that hope is not wishful thinking but confident expectation rooted in God's character.

Holding firmly to God's promises sustains you through stress, uncertainty, and transition. It prompts you to live boldly, anticipating God's faithfulness despite present difficulties.

Let this hope fuel you today to face life's pressures without sinking into despair. Trust that God's plans are good and His love unfailing.







Day 17: 🞇 Building Hope Through God's Promises

# Reflect and Apply

1.	What promises of God encourage your hope right now?
2.	How do you maintain hope when circumstances seem uncertain?
3.	In what ways can hope shape your outlook and actions daily?







Day 17: 🞇 Building Hope Through God's Promises

# **Journaling Prompts**

1.	List Bible verses that give you hope in hard times.
2.	Write about a situation where hope helped you persevere.
3.	Reflect on how you can share hope with others in college.







Day 17: 🎇 Building Hope Through God's Promises

#### Prayer for Today

God of hope, fill me with peace and joy as I trust You. Strengthen my faith and steady my heart with Your promises. Help me to live each day confident in Your unfailing love and plans. May my hope inspire others and bring glory to You. Amen. 💥 🙏 👀 🐒







# Day 18: n Contentment in God's Provision









#### Your Verse

Philippians 4:11-12 - "I have learned to be content whatever the circumstances."

### **Supporting Scriptures**

- 1 Timothy 6:6 "Godliness with contentment is great gain."
- Psalm 34:10 "Those who seek the Lord lack no good thing."







### Devotional: Finding Peace in God's Provision

College life sometimes breeds dissatisfaction—comparing possessions, achievements, or status. Paul's words in Philippians show that true contentment rests not in circumstances but in relationship with God.

By learning to be content whatever the situation, you discover freedom from anxiety and restlessness. God provides what you need for your journey, and seeking Him ensures no good thing is lacking.

Contentment is a spiritual practice worth cultivating, especially in a culture pushing for more. It helps you focus on gratitude and dependence on God's faithful provision.

Today, thank God for His daily provision and strive to embrace contentment.







# Reflect and Apply

1.	What areas of your life stir discontent or longing?
2.	How can you practice gratitude and contentment in college?
3.	What difference does trusting God's provision make in your peace?







# **Journaling Prompts**

1.	List blessings you often overlook that you can thank God for.
2.	Write about a time when contentment brought peace.
3.	Reflect on how contentment influences your faith and trust.







# Prayer for Today

**Lord, teach me to be content with what You provide.** Help me trust Your timing and provision, even when I want more. Fill my heart with gratitude and peace that transcends circumstances. Thank You for always meeting my needs. Amen.















#### Your Verse

John 20:27 - "Then he said to Thomas, 'Put your finger here; see my hands. Reach out your hand and put it into my side. Stop doubting and believe."

### **Supporting Scriptures**

- Psalm 34:18 "The Lord is close to the brokenhearted and saves those who are crushed in spirit."
- James 1:6 "But when you ask, you must believe and not doubt."







### Devotional: Welcoming Doubt on Your Faith Journey

Doubt is a natural part of the faith journey, especially through challenging seasons like college. Thomas's story shows that Jesus welcomes honest questions and gently invites belief beyond uncertainty.

Doubt doesn't disqualify you; instead, it can deepen your faith if you bring it openly to God. The Psalms assure that God is near to broken hearts and those struggling inside.

As you wrestle with questions, pray for wisdom and openness that leads to conviction and peace. Remember, faith grows in the soil of honest seeking, not forced certainty.

Today, bring your doubts to God and ask Him to meet you with truth and grace.







# Reflect and Apply

1.	What doubts or questions about faith do you experience?
2.	How do you respond when faith feels uncertain or hard?
3.	What steps can you take to seek truth with openness?







# **Journaling Prompts**

1.	Write honestly about your doubts and feelings towards God.
2.	List questions you want to explore further in your faith journey.
3.	Describe ways to invite God's grace into moments of uncertainty.







# Prayer for Today

**Jesus, I bring my doubts and questions to You.** Help me to stop doubting and to grow in faith. Meet me in my uncertainty with truth and grace. Comfort my broken heart and guide my seeking spirit. Thank You for loving me through it all. Amen.  $\bigwedge$   $\swarrow$   $\swarrow$ 







# Day 20: 🗱 Joyful Worship as Strength









Day 20: 💥 Joyful Worship as Strength

#### Your Verse

Psalm 100:1-2 - "Shout for joy to the Lord, all the earth. Worship the Lord with gladness; come before him with joyful songs."

### **Supporting Scriptures**

- Hebrews 12:28 "Let us be grateful and worship God acceptably with reverence and awe."
- Psalm 95:1-2 "Come, let us sing for joy to the Lord; let us shout aloud to the Rock of our salvation."







Day 20: 🎇 Joyful Worship as Strength

### Devotional: Worship That Revives Your Spirit

Worship is more than music; it is a powerful expression of joy and reverence that strengthens your soul during college challenges. The Psalms encourage shouting for joy and coming before God with gladness, reminding you that worship uplifts and reorients your heart towards God's goodness.

Through worship, you acknowledge God's sovereignty and invite His presence to fill and invigorate you. It creates space to release burdens, celebrate His faithfulness, and gain fresh strength.

Whether in a campus gathering or personal time, joyful worship fuels resilience and deepens intimacy with God.

Today, make worship a meaningful priority, allowing joy to be your strength and praise your refuge.







Day 20: 🎇 Joyful Worship as Strength

# Reflect and Apply

1.	How does worship impact your mood and perspective?
2.	What barriers might hold you back from joyful worship on campus?
3.	How can you incorporate worship into your daily routine?







Day 20: 🎇 Joyful Worship as Strength

# **Journaling Prompts**

1.	Describe a recent worship experience that encouraged you.
2.	List favorite worship songs or scripture passages that uplift you.
3.	Write about ways to make worship a consistent source of joy.







Day 20: 💥 Joyful Worship as Strength

# Prayer for Today

Lord, I come to worship You with gladness and joy. Fill me with Your presence and strengthen my soul. Help me to praise You in all circumstances and find refuge in Your love through worship. May my heart shout your praise today and always. Amen. 📆 💸 🛵















#### Your Verse

James 1:2-3 - "Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance."

### **Supporting Scriptures**

- Romans 5:3-4 "Suffering produces perseverance; perseverance, character; and character, hope."
- 1 Peter 1:6-7 "Though now for a little while you may have had to suffer grief in all kinds of trials, these have come so that your faith—of greater worth than gold—may be proved genuine."







# Devotional: Joyful Endurance in Trials

Challenges and trials are inevitable parts of your college journey, but Scripture invites you to see them as opportunities for growth. James encourages you to embrace trials with joy because they refine your faith and build perseverance.

This spiritual growth shapes character and hope, preparing you for greater strength and maturity. It's often hard to see growth while in the midst of testing, but God's refining process is purposeful and powerful.

Rather than resisting challenges, lean into what God is teaching through them. Trust that hardship is shaping a deeper and more resilient faith that will sustain you far beyond college.







# Reflect and Apply

1.	How have past challenges shaped your faith and character?
2.	In what ways can you reframe current struggles as growth opportunities?
3.	What helps you maintain hope and joy during difficult seasons?







# **Journaling Prompts**

1.	Write about a recent challenge and what God might be teaching you.
2.	List lessons learned from past trials that strengthened you.
3.	Reflect on hopes you have for growth through current difficulties.







# Prayer for Today

Father, thank You for using challenges to grow my faith. Help me to face trials with joy and perseverance. Strengthen my character and fill me with hope through every difficulty. Teach me to trust Your refining hand and embrace Your purpose in every season. Amen. ② 🙏 🖒 💸









# Day 22: W Resting in God's Grace









Day 22: Westing in God's Grace

#### Your Verse

Matthew 11:28 - "Come to me, all you who are weary and burdened, and I will give you rest."

### **Supporting Scriptures**

- Hebrews 4:16 "Let us then approach God's throne of grace with confidence."
- Psalm 62:1 "Truly my soul finds rest in God; my salvation comes from him."







Day 22: Westing in God's Grace

### Devotional: Finding Peace in Jesus' Rest

College can leave you feeling weary and burdened by expectations and stress. Jesus invites you to come to Him for rest—a deep spiritual renewal beyond physical sleep.

Approaching God's throne of grace means you can come confidently, knowing He understands your struggles and offers mercy and help.

Resting in God's grace provides peace for your soul and salvation that sustains every part of your being. It's an ongoing invitation to release burdens and find strength in His love.

Today, accept Jesus' invitation to rest. Pause, breathe, and allow His grace to refresh your spirit.







Day 22: W Resting in God's Grace

# Reflect and Apply

1.	What areas of your life feel most weary or burdened?
2.	How do you currently find rest, and what might change with God's help?
3.	What does it look like for you to approach God's grace with confidence?







Day 22: Westing in God's Grace

# **Journaling Prompts**

1.	Write a prayer accepting Jesus' invitation to rest.
2.	Describe ways to incorporate spiritual rest into your routine.
3.	Reflect on how God's grace has renewed you recently.







Day 22: Westing in God's Grace

# Prayer for Today

Jesus, I come to You weary and burdened. Thank You for offering rest and renewal. Help me to approach Your grace with confidence and lay my burdens at Your feet. Refresh my soul and renew my strength today. Amen. 🙏 👺

















Day 23: 😩 Gratitude in Every Season

#### Your Verse

1 Thessalonians 5:18 – "Give thanks in all circumstances; for this is God's will for you in Christ Jesus."

### **Supporting Scriptures**

- Psalm 107:1 "Give thanks to the Lord, for he is good; his love endures forever."
- Colossians 3:15 "Let the peace of Christ rule in your hearts... and be thankful."







Day 23: 😂 Gratitude in Every Season

### Devotional: Choosing Thanks Amid Change

Gratitude transforms your view of life, especially when college pressures tempt you to focus on what's wrong or lacking. Paul reminds you to give thanks in all circumstances, recognizing that gratitude aligns your heart with God's will.

Thankfulness is an active choice, inviting peace to rule your heart regardless of circumstances. It acknowledges God's goodness and eternal love, sustaining you through every season.

By cultivating gratitude, you foster resilience and joy that enrich your faith journey and relationships.

Today, choose thankfulness, letting it shape your perspective and bring peace to your busy days.







Day 23: 😂 Gratitude in Every Season

# Reflect and Apply

1.	What challenges make gratitude difficult for you right now?
2.	How does giving thanks influence your emotional and spiritual health?
3.	What daily habits support a thankful heart?







Day 23: 😂 Gratitude in Every Season

# **Journaling Prompts**

1.	List five specific things you are thankful for today.
2.	Write about how gratitude has helped you during tough times.
3.	Reflect on how you can encourage a grateful spirit in your peer community.







Day 23: 😩 Gratitude in Every Season

# Prayer for Today

**God, thank You for Your goodness and enduring love.** Help me to give thanks in every situation and to let Your peace rule my heart. Teach me to cultivate gratitude daily and find joy in Your presence. Amen. 😩 🙏 💝 🥬

















Day 24: 🎇 Walking in God's Light

#### Your Verse

Psalm 119:105 - "Your word is a lamp to my feet and a light to my path."

### **Supporting Scriptures**

- John 8:12 "I am the light of the world. Whoever follows me will never walk in darkness."
- Proverbs 6:23 "For this command is a lamp, this teaching is a light."







Day 24: 🎇 Walking in God's Light

### Devotional: Letting God's Word Illuminate Your Path

College introduces new choices and paths, sometimes leaving you feeling lost or uncertain. Psalm 119 reveals that God's Word provides guidance and clarity, acting as a lamp to your feet and a light to your path.

Jesus declares Himself as the light of the world, promising that those who follow Him will not walk in darkness. This means His truth gives direction amid confusion, fear, and pressure.

Immerse yourself daily in Scripture and prayer to keep your path illuminated. Let God's light shape your decisions, relationships, and purpose.

Today, seek God's light to guide each step and dispel shadows of doubt or fear.







Day 24: 💥 Walking in God's Light

### Reflect and Apply

1.	How often do you engage with God's Word for guidance?
2.	What areas of your life feel unclear and need God's light?
3.	How can following Jesus' light affect your daily choices?







Day 24: 💥 Walking in God's Light

### **Journaling Prompts**

1.	Write about a time God's Word brought clarity in confusion.
2.	List scripture verses that guide your path.
3.	Reflect on how you can prioritize God's Word amid busy routines.







Day 24: 🎇 Walking in God's Light

### Prayer for Today

**Lord, be the light that guides my every step.** Help me to rely on Your Word to navigate life's choices with wisdom and peace. Shine Your truth into dark and uncertain areas. Thank You for being my constant light. Amen.  $\bigwedge$ 

















Day 25: 😂 Courage to Speak Your Truth

#### Your Verse

Proverbs 31:8-9 - "Speak up for those who cannot speak for themselves..."

### **Supporting Scriptures**

- Ephesians 4:15 "Speak the truth in love."
- Acts 4:29 "Enable your servants to speak your word with great courage."







Day 25: 😂 Courage to Speak Your Truth

### Devotional: Boldly Speaking Truth in Love

College may challenge you to find your voice and stand firm in your convictions. Proverbs 31 encourages courageous advocacy and speaking up for justice and truth.

Speaking truth in love reflects God's heart and builds trust and integrity. It requires humility and confidence, especially when facing peer pressure or opposition.

Jesus' followers are empowered by the Holy Spirit to speak boldly and lovingly. Embrace this courage to share your faith, support others, and live authentically.

Today, pray for the strength to speak your truth with grace and conviction in your community.







Day 25: See Courage to Speak Your Truth

### Reflect and Apply

1.	What truths do you find difficult to express openly?
2.	How do faith and love shape the way you communicate?
3.	Where can you practice speaking courageously this week?







Day 25: See Courage to Speak Your Truth

### **Journaling Prompts**

	Write about an experience where speaking your truth was hard or rewarding.
2.	List ways to prepare yourself for courageous conversations.
3.	Reflect on Jesus' example of truth and love in communication.







Day 25: 😂 Courage to Speak Your Truth

### Prayer for Today

















Day 26: 🛞 Patience in Relationships

#### Your Verse

Ephesians 4:2 - "Be completely humble and gentle; be patient, bearing with one another in love."

### Supporting Scriptures

- Colossians 3:13 "Bear with each other and forgive one another if any of you has a grievance against someone."
- 1 Corinthians 13:4 "Love is patient, love is kind."







Day 26: 🛞 Patience in Relationships

# Devotional: Nurturing Patience for Loving Relationships

Relationships on campus can be a rich blessing but also sources of frustration and conflict. God calls you to embody humility, gentleness, and patience—qualities that nurture love and forgiveness.

Patience involves bearing with others' imperfections and forgiving grievances. It reflects Christ's love and is essential for healthy friendships and community.

When relationships are strained, ask God to help you respond with grace instead of impatience or anger. Remember that love is patient and kind, choosing long-term harmony over immediate reaction.

Today, seek God's help to grow patience and nurture uplifting relationships.







Day 26: 🏠 Patience in Relationships

### Reflect and Apply

1.	In what relationships do you feel tested in patience?
2.	How do humility and gentleness influence your interactions?
3.	What steps can you take toward forgiveness and peace?







Day 26: 🏠 Patience in Relationships

### **Journaling Prompts**

1.	Write about a relationship where patience is needed.
2.	Reflect on ways you can practice gentleness in conflict.
3.	List prayer requests related to relationships and patience.







Day 26: 🛞 Patience in Relationships

### Prayer for Today

**Lord, teach me to be patient, humble, and gentle in my relationships.** Help me to bear with others in love and to forgive as You forgive me. Strengthen my heart to build peace and harmony on campus. Amen.















#### Your Verse

Psalm 91:4 - "He will cover you with his feathers, and under his wings you will find refuge."

### **Supporting Scriptures**

- Isaiah 41:10 "So do not fear, for I am with you... I will strengthen you and help you."
- 2 Thessalonians 3:3 "The Lord is faithful, and he will strengthen and protect you from the evil one."







### Devotional: Resting Safely under God's Wings

Feeling vulnerable is normal in new seasons, but God promises protective care like a mother bird sheltering her young. Psalm 91 paints a picture of God covering you and providing refuge under His wings.

This imagery offers reassurance that no matter the pressures or dangers, God's protective hand is over your life. Isaiah and Thessalonians add assurance of God's presence, strength, and faithful defense.

Rest in this promise today, knowing God shields you emotionally, spiritually, and physically through every change.







### Reflect and Apply

1.	Where do you feel most vulnerable right now?
2.	How does God's protective promise affect your fears?
3.	In what ways can you rely more on God's strength daily?







### **Journaling Prompts**

1.	Write about a time you experienced God's protection.
2.	Reflect on fears you want to hand over to God.
3.	List scriptures that remind you of God's care and safety.







### Prayer for Today

God, thank You for being my refuge and protector. Cover me with Your wings and help me rest in Your peace. Strengthen me against fear and harm, and remind me of Your constant faithful presence. Amen. 🙏 🎇 😂

















Day 28: 👸 Living in God's Freedom

#### Your Verse

Galatians 5:1 - "It is for freedom that Christ has set us free."

### **Supporting Scriptures**

- John 8:36 "So if the Son sets you free, you will be free indeed."
- 2 Corinthians 3:17 "Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom."







Day 28: 👸 Living in God's Freedom

### Devotional: Freedom to Live Fully in Christ

College often confronts you with choices that can either constrain or liberate your soul. Jesus offers freedom that transcends circumstances—freedom from bondage to fear, guilt, and expectations.

This freedom empowers you to live authentically and joyfully, walking in the Spirit's guidance rather than worldly pressures.

Living free in Christ involves daily surrender and trust, but the reward is a life filled with peace, purpose, and joy.

Today, embrace the freedom Christ offers and reject anything that threatens your wellbeing or identity in Him.







Day 28: 餐 Living in God's Freedom

### Reflect and Apply

1.	What areas of your life feel restricted or burdened?
2.	How can God's freedom bring healing or change?
3.	What daily choices honor the freedom Christ gives?







Day 28: 餐 Living in God's Freedom

### **Journaling Prompts**

1.	Write about what freedom in Christ means to you personally.
2.	Reflect on habits or thoughts that limit your freedom.
3.	Make a plan for embracing God's freedom more fully.







Day 28: 餐 Living in God's Freedom

### Prayer for Today

**Jesus, thank You for setting me free.** Help me to live in the freedom You provide and resist anything that enslaves me. Fill me with Your Spirit and guide me to live fully for You. Amen. 人 ❤ ❤️

















#### Your Verse

Jeremiah 29:11 - "For I know the plans I have for you... plans to give you hope and a future."

### **Supporting Scriptures**

- Psalm 37:4 "Take delight in the Lord, and he will give you the desires of your heart."
- Romans 8:38–39 "Nothing can separate us from the love of God."







### Devotional: Clinging to God's Hope for Tomorrow

Looking ahead can stir anxiety, but God promises a bright future filled with hope for those who trust Him. Jeremiah affirms God's intention for your life —prosperity, hope, and purpose.

Taking delight in the Lord aligns your heart's desires with His will, opening doors to deep fulfillment and joy.

Nothing can sever the love God has for you; this unshakeable foundation gives courage to pursue dreams and steps ahead with confidence.

Hold tightly to this hope today and envision the amazing plans God has for your life beyond college.







### Reflect and Apply

1.	What hopes do you hold for your future?
2.	How can God's promises shape your expectations?
3.	What actions today reflect trusting in God's plans?







### **Journaling Prompts**

1.	Write a vision statement for your future rooted in faith.
2.	Reflect on God's love and how it boosts your confidence.
3.	List practical steps to pursue your goals with hope.







### Prayer for Today

Lord, thank You for the hope and future You have planned for me. Help me trust Your plans and delight in You each day. Strengthen my faith to pursue my dreams boldly, confident in Your unending love. Amen. ② 🙏 🧼 👽















#### Your Verse

Micah 6:8 - "What does the Lord require of you? To act justly and to love mercy and to walk humbly with your God."

### **Supporting Scriptures**

- Joshua 1:9 "Be strong and courageous. Do not be afraid; do not be discouraged..."
- 1 John 1:7 "If we walk in the light, as he is in the light, we have fellowship with one another."







### Devotional: Faithfully Walking Forward with God

The final day of this journey invites you to commit to walking faithfully with God beyond college transitions. Micah outlines a life that honors God—a commitment to justice, mercy, and humility.

This call empowers you to live with integrity, compassion, and reverence for God's presence. Strength and courage come from embracing this path, knowing you are never alone.

Walking in God's light fosters deep fellowship and community, rooting you in truth, love, and hope.

Celebrate the growth and lessons of these past 30 days and step forward confidently in your ongoing journey with God.







### Reflect and Apply

1.	How will you continue to act justly, love mercy, and walk humbly?
2.	What commitments are you making as you leave this study?
3.	How can you cultivate daily fellowship with God and others?







### **Journaling Prompts**

1.	Write a personal commitment statement for your faith journey.
2.	Reflect on how this study has impacted your view of God and self.
3.	Plan practical ways to stay connected to God and community.







### Prayer for Today

Lord, I commit to walking humbly with You, acting justly and loving mercy. Strengthen me to live with courage and integrity. May I walk each day in Your light, growing in faith, hope, and love. Thank You for Your presence and guidance. Amen. 🙏 💥 💙 🐒







### Where God's Word Meets Your Daily Life



We pray this Bible Study has blessed you and drawn you closer to the heart of God. If you enjoyed this study, we'd love for you to join our growing HolyJot community online.



- 100k+ Bible Study Plans on every topic of life
- Access studies anytime on your phone, tablet, or computer
- Studies for individuals, families, small groups, and churches
- Secure online journaling or keep using print for privacy
- A place to grow your faith alongside believers worldwide

#### **Bonus for You:**

Download exclusive study bundles and resources when you create a <u>free HolyJot account</u>. No spam. No gimmicks. Just God's Word.

#### Visit Now:

- \* www.HolyJot.com
- Scan this QR code to start your next Bible Study today:

We'd love to hear your story. Email us at info@holyjot.com.



Connect with us at:

Facebook • Instagram • YouTube • TikTok

You are welcome to share this PDF with others. ase keep it intact so the full study and credits remain.

© 2025 HolyJot LLC. All Rights Reserved.