



Women of Faith: Discipling with Grace and Wisdom



A 7-day study empowering women to disciple new believers with love, grace, and spiritual wisdom rooted in Scripture.



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Introduction

Welcome to **Women of Faith: Discipling with Grace and Wisdom**, a 7-day Bible study designed to equip women to walk alongside new believers with intentionality, love, and spiritual insight. As women of faith, we hold a unique and powerful role in God's Kingdom to nurture others, encourage spiritual growth, and lovingly guide with grace. *Discipleship* is more than teaching – it is entering someone's journey and reflecting Christ's character through patience, kindness, and wisdom.

Throughout this study, we will explore Scripture examples of impactful women who disciple others, examine practical ways to grow in spiritual leadership, and develop prayerful habits that strengthen both the discipler and the disciple. We acknowledge that discipling new believers requires humility, gentleness, and a dependence on the Holy Spirit to discern when to teach, when to listen, and when to support.

Each day offers a focused devotional grounded in God's Word, reflections for meaningful personal growth, and thoughtful journaling prompts to engage your heart. Whether you are just beginning to disciple others or seeking to deepen your influence, this study will encourage you to embrace your calling as a woman of faith, equipped with grace and wisdom to help others flourish in Christ.

Let's commit to growing together—strengthening the body of Christ one soul at a time.





Day 1: Embracing Your Role in Discipleship



Day 1: 🌿 Embracing Your Role in Discipleship

Your Verse

Titus 2:3-5 NIV – "Likewise, teach the older women to be reverent in the way they live...then they can urge the younger women to love their husbands and children..."

Supporting Scriptures

- *Proverbs 31:26 – "She speaks with wisdom, and faithful instruction is on her tongue."*
- *2 Timothy 1:7 – "For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline."*



Devotional: Receiving Your Calling with Confidence and Grace

As women of faith, we have been entrusted with a precious calling: to disciple others in the truth of God's Word and model Christ's love in our lives. **Titus 2:3–5** reminds us that older women are called to teach and guide younger women in reverence and practical godliness. This passage highlights the lifelong impact of discipling, showing us that spiritual growth happens in community and across generations.

Embrace this role with confidence. You don't need to have all the answers—God equips each of us with the Spirit's power, love, and self-control as stated in **2 Timothy 1:7**. Your role is to walk alongside new believers with patience and grace, loving them where they are, and gently encouraging growth.

Wisdom is foundational. **Proverbs 31:26** illustrates that godly women disciple by speaking truth with kindness and integrity, creating safe spaces for questions, struggles, and victories. As you begin this journey, pray for the Holy Spirit to guide your words and actions. Discipling is relational, requiring authentic love that reflects Christ's heart.

Remember: Grace fuels discipleship just as much as knowledge does. Trust God to provide wisdom as you invest in nurturing others in faith.



Day 1: 🌿 Embracing Your Role in Discipleship

Reflect and Apply

1. How do you currently view your role in discipling others, and what feelings come up around this responsibility?

2. What fears or doubts might be holding you back from discipling new believers confidently?

3. In what ways can you lean more fully on the Holy Spirit to empower your discipleship?



4. How can wisdom and grace work together in your discipling relationships?



Day 1: 🌿 Embracing Your Role in Discipleship

Journaling Prompts

1. Write about a woman of faith who has impacted your spiritual growth and why.

2. Identify one strength and one area to grow in your role as a discipler.

3. Pray and journal what you want God to teach you as you disciple others.



Day 1: 🌿 Embracing Your Role in Discipleship

Prayer for Today

Lord, thank You for calling me to disciple others. Help me embrace this role with confidence, knowing You equip me through Your Spirit. Fill me with wisdom, love, and patience as I guide new believers. May my words and actions reflect Your grace and truth, drawing others closer to You. Teach me to disciple with humility, gentleness, and joy. In Jesus' name, Amen. 🙏 ✨ 🌸





Day 2: ❤️ Shepherding with Love and Patience



Day 2: ❤️ Shepherding with Love and Patience

Your Verse

1 Thessalonians 2:7-8 NIV - "Instead, we were like young children among you. Just as a nursing mother cares for her children...so, being affectionately desirous of you...we were ready to share with you not only the gospel of God but our own selves too."

Supporting Scriptures

- *Galatians 6:2 - "Carry each other's burdens, and in this way you will fulfill the law of Christ."*
- *Colossians 3:12 - "Clothe yourselves with compassion, kindness, humility, gentleness and patience."*



Day 2: ❤️ Shepherding with Love and Patience

Devotional: Discipling with Tenderness and Patience

Discipleship rooted in love resembles a mother's tender care for her child—as Paul describes in **1 Thessalonians 2:7–8**. Rather than forcing growth or presenting ourselves harshly, effective discipling reflects affectionate care, a willingness to share our lives, and deep patience as new believers learn and grow.

Love is not merely a feeling but a commitment to bear one another's burdens (**Galatians 6:2**). Discipling new believers means walking with them through struggles, questions, and victories without a rush or judgment.

Patience is indispensable. As **Colossians 3:12** encourages, we are called to clothe ourselves in gentleness and patience. This means listening well, extending grace for mistakes, and creating a safe environment where growth can happen authentically.

Remember, discipling is a process, not a program. When we act out of genuine love, we invite transformation that God orchestrates in His timing. Your consistent, kind presence is a powerful testament to God's love for His people.



Day 2: ❤️ Shepherding with Love and Patience

Reflect and Apply

1. How does viewing discipleship as motherly or tender care change your approach?

2. In what ways can you show increased patience to new believers during their growth?

3. Are there areas where impatience or frustration have arisen in your discipling efforts? How can you invite God into those moments?



4. How can sharing your own story and struggles help build authentic relationships?



Day 2: ❤️ Shepherding with Love and Patience

Journaling Prompts

1. Reflect on a time when someone showed you great patience and love in your spiritual journey.

2. List practical ways you can demonstrate compassion in your discipling relationships.

3. Write a prayer asking God to help you be a patient and loving shepherd.



Day 2: ❤️ Shepherding with Love and Patience

Prayer for Today

Father, thank You for teaching me to shepherd others with genuine love. Help me to be patient, compassionate, and gentle as I disciple new believers. When challenges arise, remind me to lean on Your strength and grace rather than my own. Let my presence be an encouragement and a reflection of Your heart. May my love sow seeds of faith that blossom over time. In Jesus' name, Amen. ❤️🙏🙏





Day 3: Rooting Growth in God's Word



Day 3:  Rooting Growth in God's Word

Your Verse

Psalm 119:105 NIV - "Your word is a lamp to my feet and a light to my path."

Supporting Scriptures

- *2 Timothy 3:16 - "All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness."*
- *Hebrews 4:12 - "For the word of God is alive and active...it judges the thoughts and attitudes of the heart."*



Devotional: Guiding Others Through God's Living Word

As a discipler, anchoring your guidance in Scripture is essential for healthy spiritual growth. **Psalm 119:105** beautifully describes God's Word as illuminating our path—giving direction, clarity, and wisdom for every step.

New believers especially need to encounter God's truth in tangible, understandable ways. **2 Timothy 3:16** reminds us that Scripture equips us not only to teach but to correct and train in righteousness. It forms the foundation upon which faith stands and helps expose falsehoods or misconceptions.

God's Word is living and active (Hebrews 4:12), capable of transforming hearts and minds. When discipling, encourage others to engage directly with the Bible—by reading, memorizing, and reflecting—so that they can experience this transformative power personally.

Remember, Scripture is not just information but a Lifeline. As you disciple, seek God's guidance in sharing His Word in ways that resonate with each individual's journey. Pray that the Holy Spirit will open hearts and bring revelation that leads to lasting change.



Reflect and Apply

1. How do you currently integrate Scripture into your discipling conversations?

2. Which verses have been most impactful in your own spiritual growth and why?

3. How can you encourage new believers to build their own relationship with the Bible?



4. What challenges do you face when teaching or sharing Scripture, and how can you overcome them through prayer?



Journaling Prompts

1. Write about a Bible verse that has illuminated your path during a difficult time.

2. Plan a simple Scripture-sharing exercise you can use in your discipling relationships.

3. Pray for God's Word to become alive and active in your heart and those you disciple.



Day 3: 📖 Rooting Growth in God's Word

Prayer for Today

Lord, thank You for the gift of Your Word. Help me to faithfully share Scripture as the foundation for discipleship. Open the hearts of those I disciple to receive Your truth with joy and understanding. Teach me to explain and live Your Word with clarity and love. May Your Word guide every step we take together in faith. In Jesus' name, Amen. 📖 ✨ 🙏





Day 4: 💛 Building Authentic Spiritual Relationships



Your Verse

Ecclesiastes 4:9-10 NIV - "Two are better than one... If either of them falls down, one can help the other up."

Supporting Scriptures

- *John 15:12 - "My command is this: Love each other as I have loved you."*
- *Romans 12:10 - "Be devoted to one another in love. Honor one another above yourselves."*



Day 4: 💛 Building Authentic Spiritual Relationships

Devotional: Forming Deep and Loving Connections

Discipleship thrives in the soil of authentic relationships. **Ecclesiastes 4:9–10** teaches us the value of companionship and mutual support—together we are stronger and better equipped to face life’s challenges.

True discipling relationships are built on *love, devotion, and mutual respect*. Jesus’ command in **John 15:12** reminds us that our foundation is love modeled after His perfect example. This means putting the needs of others above our own and creating safe spaces to be vulnerable.

Romans 12:10 calls us to honor one another and nurture a culture of care where new believers feel valued and understood. Building trust allows for honest conversations, spiritual growth, and shared victories that deepen faith.

As you disciple, invite authentic connection by listening deeply, sharing honestly, and praying together. These relationships are not simply about information transfer but about reflecting Christ’s heart to one another.



Reflect and Apply

1. What qualities make a discipling relationship feel authentic and safe for you?

2. How can you cultivate deeper connection and trust in your current discipling relationships?

3. Are there any barriers (fear, past hurt, busyness) hindering authentic relationships you should address?



4. How do you balance being a leader and a friend when discipling new believers?



Journaling Prompts

1. Describe a meaningful spiritual relationship you've experienced and what made it special.

2. List three ways you can demonstrate love and devotion in your discipling roles.

3. Pray for openness and deeper connections with those you are discipling.



Day 4: 🧡 Building Authentic Spiritual Relationships

Prayer for Today

Jesus, thank You for calling us into relationship. Help me to build authentic, loving connections that honor You. Teach me to listen deeply and love selflessly so new believers feel safe and encouraged. Heal any walls or fears that keep me from fully investing in others. May my relationships be a reflection of Your grace and unity. Amen. 🧡 ❤️ 🙏





Day 5: ✨ Leading with Humility and Wisdom



Day 5: ✨ Leading with Humility and Wisdom

Your Verse

James 3:13 NIV – "Who is wise and understanding among you? Let them show it by their good life, by deeds done in the humility that comes from wisdom."

Supporting Scriptures

- *Philippians 2:3 – "Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves."*
- *Proverbs 11:2 – "When pride comes, then comes disgrace, but with humility comes wisdom."*



Day 5: ✨ Leading with Humility and Wisdom

Devotional: Servant Leadership Rooted in Humble Wisdom

Leadership in discipleship requires a foundation of humility and wisdom. **James 3:13** challenges us to demonstrate true wisdom not just through knowledge but through humble actions that serve others.

Humility is essential—it shifts our focus from self-promotion to Christ-exalting service. **Philippians 2:3** teaches that valuing others above ourselves empowers us to lead with the heart of a servant, reflecting Jesus' example.

Practical wisdom also guards against pride, which Proverbs 11:2 warns leads to disgrace. When we lead humbly, we create space for God's Spirit to work powerfully in our discipleship efforts, building trust and openness.

Remember, your influence is greatest when motivated by a sincere desire to serve rather than to be recognized. As you disciple, continually seek God's wisdom through prayer and Scripture, submitting your leadership to His guidance.



Day 5: ✨ Leading with Humility and Wisdom

Reflect and Apply

1. How do humility and wisdom currently show up in your discipleship efforts?

2. Are there moments when pride or self-interest have influenced your leadership?

3. How can embracing servant leadership transform your discipling relationships?

4. What steps can you take to seek God's wisdom continually as you lead?





Day 5: ✨ Leading with Humility and Wisdom

Journaling Prompts

1. Write about a leader you admire for their humility and wisdom and what you can learn from them.

2. Reflect on areas where you need to grow in humility as a discipler.

3. Pray for God's guidance to lead with servant-hearted wisdom.



Day 5: ✨ Leading with Humility and Wisdom

Prayer for Today

Father, teach me to lead with humility and wisdom. Remove all pride and self-centeredness from my heart. Help me to value those I disciple above myself and serve with joy and sincerity. Grant me wisdom to navigate challenges and inspire growth rooted in You. May my leadership bring glory to Your name alone. In Jesus' name, Amen. 🙏🌿💡





Day 6: 🔥 Empowering New Believers to Serve



Day 6: 🔥 Empowering New Believers to Serve

Your Verse

1 Peter 4:10 NIV – "Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms."

Supporting Scriptures

- *Romans 12:6 – "We have different gifts, according to the grace given to each of us."*
- *Ephesians 4:12 – "To equip his people for works of service, so that the body of Christ may be built up."*



Day 6: 🔥 Empowering New Believers to Serve

Devotional: Encouraging Gifts to Flourish in Service

Part of discipling new believers is helping them discover and use their spiritual gifts to serve God and His Church. **1 Peter 4:10** encourages us to be faithful stewards of the gifts God has entrusted to us, using them to bless others with grace.

Every believer is uniquely gifted, as stated in **Romans 12:6**. As a discipler, encourage those you lead to explore their abilities, pray for guidance, and take steps toward serving within their communities.

Equipping others for service strengthens the entire body of Christ, as explained in **Ephesians 4:12**. When new believers actively serve, they grow in faith, confidence, and joy.

Invite them to small opportunities for ministry or acts of kindness and celebrate their contributions. Empowerment builds ownership and helps new believers live out their identity in Christ with purpose and passion.



Day 6: 🔥 Empowering New Believers to Serve

Reflect and Apply

1. Have you identified your spiritual gifts? How have you used them to serve?

2. How do you currently encourage new believers to discover and use their gifts?

3. What fears or doubts might keep someone from stepping into service, and how can you address those?

4. How can you create opportunities for new believers to serve and grow?





Day 6: 🔥 Empowering New Believers to Serve

Journaling Prompts

1. Reflect on a time you felt fulfilled serving others using your gifts.

2. List gifts you sense God has given you and ways to develop them.

3. Write a prayer asking God to help those you disciple recognize and utilize their gifts.



Day 6: 🔥 Empowering New Believers to Serve

Prayer for Today

Lord, thank You for the gifts You entrust to each believer. Help me encourage those I disciple to discover and use their spiritual gifts boldly. Give them confidence to serve others and steward Your grace faithfully. May our service build up the body of Christ and glorify You. In Jesus' name, Amen. 🙌❤️🕊️





Day 7: 🙏 Continuing in Prayer and Dependence



Day 7: 🙏 Continuing in Prayer and Dependence

Your Verse

Philippians 4:6-7 NIV - "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God."

Supporting Scriptures

- *Colossians 4:2 - "Devote yourselves to prayer, being watchful and thankful."*
- *James 1:5 - "If any of you lacks wisdom, you should ask God...and it will be given to you."*



Day 7: 🙏 Continuing in Prayer and Dependence

Devotional: Sustaining Discipleship Through Prayer

Prayer is the lifeblood of effective discipleship. As you guide others, remember that lasting spiritual growth happens through ongoing dependence on God's wisdom, strength, and peace.

Philippians 4:6-7 teaches us to bring every concern to God with thanksgiving, allowing His peace to guard our hearts. This peace empowers a discipler to persevere, encourage, and respond with grace.

Being watchful and devoted to prayer (Colossians 4:2) ensures that your discipling efforts are aligned with God's will and timing. Prayer invites God's direct involvement in transforming lives beyond what we can do on our own.

Finally, **James 1:5** reminds us that when we lack wisdom, God generously provides it. In moments of uncertainty or challenge, commit to turning to prayer first, trusting that God will guide your words, actions, and decisions.

Maintaining a lifestyle of prayer not only sustains your spiritual health but models dependence on God for those you lead.



Day 7: 🙏 Continuing in Prayer and Dependence

Reflect and Apply

1. How often do you pray about your discipling relationships and challenges?

2. What changes could you make to pray more consistently and intentionally?

3. How does relying on God's wisdom through prayer reshape your approach?

4. In what ways can you invite those you disciple into shared prayer?





Day 7: 🙏 Continuing in Prayer and Dependence

Journaling Prompts

1. Write a prayer committing your discipling journey to God's guidance.

2. Reflect on answered prayers related to your spiritual leadership.

3. Plan a devotional or prayer time to share with those you disciple.



Day 7: 🙏 Continuing in Prayer and Dependence

Prayer for Today

Father, I choose to depend on You daily. Help me to bring every worry, decision, and need before You with gratitude. Fill me with Your peace that surpasses understanding. Grant me wisdom and discernment for discipling new believers. May my life model constant prayer and trust in You. Keep my heart watchful and thankful as I serve. In Jesus' name, Amen. 🙏 🕊️ 🌟





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